

# Emmitsburg NEWS-JOURNAL

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## All American eatery opening soon

A local couple has launched a hot dog and ice cream business just outside of Emmitsburg that will feature a patriotic theme.

Jack and Dana Collins, co-owners, hope to have the new eatery, named All American Hot Dogs and Ice Cream, open on September 7.

The new restaurant is located at 14700 Tract Road, the corner of Tract and 140. "Ernie the Eagle," a 600-pound eagle statue, is at the point looking out at traffic. A few people have stopped to take pictures with Ernie.

The eatery will be offering hot dogs with a variety of toppings, soft serve ice cream, snow cones, and milkshakes, and it will feature live and piped-in music.

Jack Collins said, as far as operating hours, "We're going to try and have it open from 3 to 8 p.m. during the week, and from 11 to 9 p.m. on the weekends. As the business grows and additional help is hired, we will open at 11 a.m. every day. Eventually we will open at 5 a.m. for coffee, doughnuts, bagels and breakfast sandwiches. We're going to have all-beef hot dogs, Kunzler pretzel dogs, and different sausages with a variety of toppings, served with a drink and chips," Collins stated.

But unlike other eateries in the area, this one will have a definitive patriotic atmosphere.

Tributes to the armed forces, police, and fire companies will be displayed, along with a stone for each of the military branches and civil services circling a battlefield cross.

Collins, formerly with Navy intelligence, lost his brother, Steve, in the late-1970s while he was serving at a strategic Air Force base in Spokane, thus the battlefield cross around which the stones are circled. His brother was 19 at the time of his death.

Collins said the restaurant will serve as a "patriotic place in honor of God, family and country."

As an aside, the various hot dogs will be named after "good All-Americans living in the area and the people who inspired and helped me put this place this together."

The Collins have been living in Emmitsburg for about five years and actually moved to town so their daughter, Faith, could attend Mother Seton School.

Jack Collins is employed at a Frederick-based vaccine production plant and operates a biotech equipment repair/calibration business out of his home. Dana is the



Jack and Dana Collins plan to open All American Hot Dog and Ice Cream on September 7. Faith, their daughter, will be in charge of scooping the ice cream.

office manager at Dr. Bringardner's dental practice in Emmitsburg.

When asked why they wanted to start a hot dog eatery, Collins said, "We just wanted something my family could run," and there "seemed to be a need" for this type of restaurant that benefits "a lot of old timers."

Plus, Collins has other plans for the restaurant.

"We're going to do some cool stuff," he said. "I'm a coin collector, so I want to do some [essay] contests for children and give them some collectible coins as prizes. The essays would be on issues relating to government, the Constitu-

tion and American history, and the things that make America great."

Collins said the restaurant will also be sponsoring benefits for veterans and various other needs of the community.

The eatery, he said, "will improve as we grow. There are a lot of things I want to add to it, including a pavilion, trees and menu expansion. We also want to cater to the ski crowd so they have a place to get warm drinks, chili or soup, and so they have warm fires to sit around after a hard day of skiing".

"Basically," he said, "it's going to be a patriotic place for our community."

## The Pippins are coming!

Linda Kelley Junker  
Sally Thomas

Fairfield's 33rd annual Pippinfest, slated for the last weekend in September, offers a family-friendly weekend of crafts, entertainment, a car show, community yard sale, food, self-guided walking tour, musical entertainment, and many other activities.

Saturday, September 28, features a community yard sale. Numerous borough residents and businesses will hold yard sales throughout the Borough, with some craft and food vendors selling their goods. For the third year, residents are NOT required to obtain permits. Other Saturday events include a Quilt Show, organized by the Stitch 'N Peace quilters, at the Village Hall, and a display of Pippinfest Pottery Over the Years, also at Village Hall. During the afternoon on Saturday an Apple Desert Contest will take place and the Fairfield Show Choir will perform. Both the Apple Desert Contest and the Show Choir performance will take place in the Community Room of the Fairfield Fire Department.

Pippinfest Sunday, September 29, is the main event day featuring crafts

and entertainment. Nancy Wenschhof and Joan Sanders, Pippinfest Committee members, have made contact over the past year with numerous vendors who have not previously participated at Pippinfest and their effort has paid off. According to Linda Junker, "Over 100 craft and food vendors are expected to be in Fairfield on Sunday. As of this date nearly 25% are new vendors!"

Sunday's entertainment offerings have been enhanced this year, with a focus on music from the 19th century. Commemorating the 150th anniversary of the Battle of Fairfield, the festival will offer an exciting list of entertainers. Starting the line-up is Tom Jolin performing a mix of traditional American, old timey, and Civil War tunes. Kent Courtney, Civil War musician, actor, and historian, will follow. Kent is known internationally to bring the life and culture of the Civil War era through in his music. The musical duo Generation Gap will also perform. Paul Wojciechowski and Maison Shearer are a grandfather/granddaughter team, Paul playing guitar and banjo and Maison playing fiddle and mandolin. In addition, the Sunday performances will include the talented



Fairfield's 33rd annual Pippinfest, slated for the last weekend in September, offers a family-friendly weekend of crafts and entertainment.

Fairfield Show Choir and Jazz Band under the direction of Katie Myers and Rachel Thompson.

For the second year Grant Bryant is organizing a Cruise-In Car Show and Swap Meet featuring antique automobiles, hot rods, vintage race cars, muscle cars, rat rods, street rods, motorcycles, trucks scooters, and trikes. There is no required entry fee to participate in the car show, but donations to benefit Pippinfest will be accepted.

Other participants on Sunday will include clowns from Harrisburg's Tall Cedars of Lebanon organization, an "Abe Lincoln" stilt walker and costumed Strawberry Hill Nature Preserve's "ambassadors."

For additional information including activity times, see article on page 36. For apple desert contest entry forms, and vendor applications visit the Pippinfest web site at pippinfest.com

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## NEWS

## EHS graduation pictures needed

The Emmitsburg Alumni Association is compiling materials for a book of Emmitsburg High School's history. Class graduation pictures have been obtained for all years from 1939 to 1968 when the high school closed. The association asks your as-

sistance in locating the following class graduation photos: 1922-1927; 1930; 1935; 1937 and 1938. Pictures of school groups prior to the opening the Emmitsburg High School in 1922 would also be appreciated.

The 175-page paperback book will

be available in October, costing \$15. Shipping cost is \$5. For more information contact Joyce Bruchey, 410-775-7921 or jbruchey6444@gmail.com. Photos may be sent to her at 6444 Middleburg Road, Keymar, MD 21757.

## Sewer facility to open in 2015

Emmitsburg's new wastewater treatment facility is proceeding as planned and expected to be fully functional in 2015.

Work on the \$20 million treatment plant was mandated by the state in conjunction with efforts that would reportedly help clean-up the Chesapeake Bay.

The state directed that existing wastewater treatment facilities would have to meet stringent processing criteria to reduce various bay-threatening pollutants, such as nutrients, by either upgrading existing facilities or building new ones.

Planning the proposed new Emmitsburg treatment facility, which is being constructed at the site of the existing plant off Creamery Way, began in 2007, and the launch date for the plant is expected to occur in spring 2015.

Money to pay for the new plant comes from several sources. \$14.5 million of the total price tag has been approved in the form of grants from the Maryland Department of the Environment (MDE) and the federal Department of Agriculture (DOA).

In addition, DOA will be providing the town with a \$5.5 million loan bearing a 2.4 percent interest rate payable over 40 years.

The recently town Board of Commissioners-approved increase in user fees will provide additional money for the project, such as payment on the loan interest.

The town awarded the construction project to Conewago Enterprises, Inc., and work has already progressed, the company having initiated site work in October 2012.

Emmitsburg water and sewer Superintendent Dan Fissel estimated that approximately 20 percent of the on-site work has been completed as of July.

According to Town Manager David Haller, when the new plant goes online, the old Emmitsburg facility will be taken off-line.

Both the old and new facilities will be equipped to process up to 750,000 gallons of wastewater a day, but the new facility will produce a cleaner end-product.

Only the maintenance structures and the existing lab will be retained,

as well as one or two of the existing wastewater storage lagoons.

Haller described the wastewater treatment process at the new plant as a "very active treatment," as compared to the "passive treatment" employed at the existing facility.

Passive treatment is relatively "low tech," while active treatment involved aerating the water and thus intensifying bacteria growth, which is necessary in treating the raw wastewater.

However, an active treatment system also uses up much for electricity than a passive system, and Emmitsburg will see the electric costs of processing their wastewater increase by \$100,000 a year.

The help defray that increase, town staff are also working towards constructing solar panels, expected to generate enough electricity to more than compensate for the increase in electric usage. The solar energy installations will also be located on the same site and the wastewater treatment facility.

The power generated would be fed into the general power grid, and the town would then receive credit on what it owes for power consumption.

## Emmitsburg NEWS-JOURNAL

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## Town considers nuisance law changes

The Emmitsburg Board of Commissioners sent proposed changes to the nuisance law (intended to hold

rental property owners responsible for tenant offense) back to town staff for further consideration.

In introducing the proposals for consideration before the board, town Mayor Donald N. Briggs noted that the issue of addressing problems associated with rental properties began "back before I was here."

The issue of regulating various offenses relating to rental properties dates back several years when the town was receiving numerous complaints regard-

ing "noisy" rentals.

The complaints even generated one special town meeting held at the Sleep Inn devoted solely to this issue.

"I think we've been here before," Briggs stated. "Do we want to do anything more?"

Commissioner Christopher V. Staiger noted that they have seen a reduction of these issues, stating, "I don't

know that we have had the rash of issues that the town previously had."

But in addition to noise issues, trash and litter complaints associated with rental properties have increased, especially last year, according to Town Manager David Haller.

Haller stated, "Ninety percent of all of the complaints are noise or trash. Those are the call-ins that we get. Trash was a really bad one last year."

Regarding the town establishing a means to hold rental owners accountable, Haller said, "I can't throw the tenant out, but if I can fine you as an owner I can sell your house at tax sale next March if you don't pay. If that renter doesn't pay, there's nothing you can do."

Several of the board members were concerned about singling out rental property owners when it came to nuisance issues.

Commissioner Tim O'Donnell stated, "I agree we have some owners disengaged in what goes on on their properties. There has to be a blanket policy covering rentals and owner-occupied dwellings." This opinion was shared by Commissioner Patrick A. Joy who said, "I don't see the difference between owner and rental."

In conclusion, Staiger was opposed to having the board members render any decision on the issue before an actual draft ordinance amendment was presented to the board by the town staff.

"Bring us a proposal for an ordinance change," Staiger said. "I think that is the best way to go about it, not just give us a concept, then we will approve it or not, instead of trying to involve all of us as individuals."

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## Bob Jackson launches campaign for Treasurer

The Republican candidate running for Adams County treasurer stated during a campaign lunch that the position should have greater involvement in county affairs.

Liberty Township Supervisor Robert "Bob" Jackson stated at his official campaign launch event held August 17 at the Gettysburg Recreation Park. "The role, I think, of the treasurer of the county can be a lot greater than it has been in the past."

Basically, he said, the role of the treasurer is to "collect the taxes," but noted that in other areas, the treasurer is more involved with the day-to-

day operations of the government.

"Others (county treasurer) are actively involved in the government of the county," he said.

Jackson hopes to take-over as county treasurer, a four-year seat, in the upcoming November 5 general election, a seat presently occupied by Democrat Theresa "Terry" Adamik. Adamik became the first woman to hold the position in Adams County when she was first elected in 1997.

Jackson's rally drew a crowd of around 50 supporters. State House Rep. Dan Moul introduced Jackson, telling the crowd, "Bob has earned

my respect and he will make a great Treasurer."

Aside from increasing the participation of the treasurer in county governance, Jackson said he is concerned over the diminishment of available federal and state funding sources.

"A good portion of the county budget goes to youth and to support personal services," the candidate stated. "That," he said, "is in danger. The situation is really quite serious and of great concern."

The inability of the federal government to manage its financial affairs, he noted, "will be passed down to the

states, where the economic problems are equally serious, and then cascade down (to the counties)."

Jackson said, if elected, he would "spend my effort contributing to solutions to the problem," in addition to conducting the business of the treasurer. "I have a lot of ideas," he said.

In addition to serving as a Liberty Township supervisor, Jackson has as an adjunct professor of business management at HACC (Gettysburg Area Community College), president of the Mid-Atlantic Soaring Association, Adams Coun-

ty radio project review board member, county Children and Youth advisory Board member, county Assessment Appeal Board member, Regional Emergency management Association member, Adams County Council of Government member, and York-Adams Tax Bureau Board member.

The county Office of the Treasurer is tasked with "receiving and depositing all monies received by the county, releasing and disbursing all expenditures on the treasury, maintaining the cash management by investing the monies in short term investments, and only transferring monies on an as needed basis," according to the county web site.

## Development law changes sent to council

The Carroll Valley Borough Planning Commission voted at their August 5 meeting to send proposed zoning ordinance changes to council that would, if adopted, facilitate the creation of a 428-unit housing development.

In a 5-2 votes, the board decided to send the draft, revised zoning ordinance to the borough Council for further consideration with conditions. The conditions revolved essentially around developing what the word "phase" would entail.

The development is being proposed

by Eluma, Inc. on a 107-acre wooded site bordered by Sanders and Tract roads and butted-up against the borough's K-section residential area. The developers would like to create the housing project in multiple phases.

Eluma is seeking to be able to build the housing complex, based on the creation of a number of phases spread over an unspecified period of time, with proposed housing types based on prevailing housing demands which might occur during the various periods of construction.

The planning commission said that

the term "phase" had no definitive definition. They also expressed concerns about what percent of a phase needs to be completed before additional phases could commence. The board then decided to let the borough attorney review the phase issues and pass the decision-making regarding the specifics of phasing on to the council.

Current zoning on the 107-acre tract allows for 535 single family homes, the representatives of Eluma said there is not viable market for those types of homes at the present time, and may not be viable for some time to come.

The changes to the zoning ordinance proposed only concern cluster housing, a housing category that the developers are interested in employing in lieu of the potentially less economically viable single family homes currently permitted.

Board members and representatives of Eluma have been working together for nearly a year to hone zoning ordinance changes that would even allow for the development to be built as proposed.

As the result of previous meetings with the planning commission, some

additional changes were offered by the developers at the August 5 meeting, including the elimination to any reference to apartments, proposed maximum building heights was reduced from 45 feet to 35 feet, and the gross density was reduced from five units per acre to four units per acre.

Planning commission members Robert Verderaine and John Schubring voted against moving the proposed amended ordinance to council, Verderaine stating the applicants, in his opinion, had not fully presented a compelling case for the proposed changes.

Commission member Dan Patton was absent.

## Hamiltonban wastewater treatment plant sold

The Hamiltonban Township Board of Supervisors voted unanimously at their August 6 meeting to sign a proposed state order to address the problematic Orrtanna wastewater treatment plant.

The treatment facility came under fire from the state Department of Environmental Protection (DEP) in 2010, the state agency claiming that the plant was deficient and was too old, and that the facility had to be upgraded to current standards.

The state also had issues with the spray-application of processed

wastewater to designated spray fields.

As a result of the township board agreeing to sign a consent order agreement with the state DEP, the municipality will have 120 days to development and submit a plan with the state regarding the implementation of the order.

In signing the order, the board agrees to dismantle the existing wastewater treatment plant, close existing detention ponds, and end the spraying of wastewater, as well as to build a pumping station and

transmission lines to connect to a facility in Franklin Township.

Board Chairman Robert L. Gordon was not exactly thrilled with the terms of the state's demands, stating, "I've been struggling with this thing. I have a problem (with some of the terms) but I know they won't change it."

"The document gives away everything (controls to the state). We're giving them a blank check," he stated, adding, "We're at a critical point now where we need to do something (to address the Orrtanna

plant's issue)."

As the township reviewed its options after being contacted by DEP in 2010, Hamiltonban was approached by Franklin Township, also seeking to dispose of their wastewater facility, to partner in the sale of both township plants, and to allow Hamiltonban to send its wastewater to a proposed new Franklin Township treatment plant.

Hamiltonban has been approved for a \$496,500 H2O grant to apply towards the construction of the proposed pumping station and the in-

frastructure needed to get the wastewater to Franklin.

The board also confirmed at their August 6 meeting that the Pennsylvania America Water Company, Hershey, has agreed to pay Hamiltonban more than \$339,000 for the existing facility and its associated infrastructure. The township will keep the former spray fields, which amounts to some 30 acres of land.

As a result of that sale, the Pennsylvania America Water Company will ultimately take-over wastewater management in the township.

## Thurmont "Main Street" projects advance

A number of projects relating to Thurmont's Main Street Program are either nearing completion or in the planning stages.

According to Vickie Grinder, one of the original proponents who helped achieve Thurmont's designation as a Main Street Maryland Community and recently renamed as the program manager, highlighted a number of projects to enhance the community's business and tourist visibility.

First and foremost, she said a full-color, glossy Main Street brochure "is almost complete" and highlights "the natural resources of the area." This brochure, "Gateway to Gettysburg," is geared toward tourism, "and will be distributed to all nine Maryland welcome centers, and distributed to various venues in Gettysburg.

The brochure is being produced in conjunction with local businesses through the purchase of advertisement.

Three proposed tours are almost complete, Grinder said. "The tours are day tours with three different themes. They will be marketed through Star Spangled Tours for large groups and also marketed to assisted living communities, organizations, and tourism centers within a 60 mile range."

"Each tour is designed to target specific socio-economic and generation based," Grinder stated. The three tours are designed for a day trip and include points of interest in Em-

mitsburg and Gettysburg.

The program manager also said, "A gift certificate program will be implemented for all 21788 businesses to assist in localizing consumer spending."

Visitors will be able to purchase the gift certificates at the town office, where they will also be given a pamphlet of participating businesses. This will be in effect by December 1, in time for Christmas shopping."

Artists Elizabeth Prongas, Don Frame, and Annie Hess are work-

ing on arts-related projects to add to Main Street, Grinder said. "In addition, Rebecca Pearl will be involved as well. One event planned is a spring gallery showing of various artists and a gallery stroll on Main Street with local wineries participating as well."

A bi-annual publication magazine will also be published in partnership with the Frederick-News Post. "The publication will feature stories of

the history and natural resources of North County," Grinder stated, and will provide businesses with another venue in which to advertise.

Lastly, Friday Night Lights, sponsored by Thurmont Eye Care, will elevate activities in conjunction with Main Street in 2014 for more entertainment, activities, art, and wineries.

"Friday Night Lights will end in October, and begin again in April 2014 when this event will expose something for everyone," she stated.

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# NEWS

## Harney to hold second Ball Field Tournament

Several Harney organizations are coming together again to hold the second annual Harney Ball Field Tournament.

The event, to be held September 14 and 15, is being sponsored by the Harney Volunteer Fire Department, Harney Veterans of Foreign Wars (VFW), and Saint Paul's Lutheran Church. The ball park is owned by Saint Paul's, which is located at Conover and Bowers roads in Harney.

Frank M. Rauschenberg, an active member of the VFW, said, "Back in the 50s and 60s, many of the citizens in and around the community of Harney remember the Harney Ball Club at Conover and Bowers Road in Harney."

"People from all around came to play and/or watch on any given Sunday afternoon," Rauschenberg said. "The field lay dormant for many years. Now, the ball field will come alive again."

In 1946, 15 men from Harney, Carroll County, Maryland and neighboring communities, formed a baseball club known as the Harney Baseball Club, Inc., Rauschenberg noted. "In August, 2001, the ball club disbanded and the property was deeded to Saint Paul's Lutheran Church in Harney."

The two day softball low-D tournament will be held from 9 a.m. until 8 p.m. on September 14, and from noon until 4 p.m.



The original Harney baseball players who built their own field after returning home from WWII.

on September 15.

This will be a ten team, single elimination event, with cash prizes awarded to the final top three

teams. Gift certificates will be given to all participating teams.

The field and concession stand will be restored for the game, along

with the addition of a back stop and bases. Food and drinks will also be available at a nominal price.

Rauschenberg stated that proceeds from the tournament "will be given to a local family for medical expenses of their 9-year old daughter who is battling a serious illness. It's hoped that the family and their daughter will be present on Saturday to open the ceremonies."

Service clubs, civic organizations, church assemblies, and community groups are welcome to organize a team and participate in the tournament. The entry fee is \$125 per team.

Additional information can be obtained by calling Rauschenberg at 410-756-5444.

## Taneytown Lions to hold Family Fun Days

The Taneytown Lions will be kicking off their first Family Fun Days event at Memorial Park on September 12, with the festivities planned continuing through September 15.

The Lions Club is partnering with the Town of Taneytown and the Taneytown Chamber of Commerce in holding the four-day event.

Taneytown Lions Club President Steve Van Scoyk told the News-Journal the new event has

been in the works for some time. "We got together a couple of years ago to try and develop a signature event with the city and the businesses with the chamber."

"This is the first time we're trying Taneytown Family Fun Days," he said. "We're hoping it would be something of interest to people within one mile of Taneytown."

The event will feature carnival rides and a midway, races, arts and crafts, flea market, fire-

works, and an Oktoberfest. Other activities will include hot air balloon launches, a car show, cross country run, and a petting zoo.

Entertainment provided will include traditional bluegrass and gospel music band Glade Valley Express, September 12 from 7 until 10 p.m., Ken & Wayne, September 13 from 7 until 10 p.m.; Rick Gallaway, September 14 from 10 a.m. until 1 p.m.; Timeless Tunes for Two, September 14 from 2

until 4 p.m.; Silver Oak jazz and blues band, September 14 from 5 until 6 p.m.; the Dixie HIWAY Band, September 14 from 6 until 8 p.m.; Karaoke by Marshall's Melodies, September 15 from 1 until 4 p.m.; and Ms. April Latham, September 15 from 4 until 6 p.m.

Oktoberfest festivities will kick-off at 4 p.m. September 13, and will run through September 14.

For a full schedule of events and times, visit the Family Fun Days

web site at [taneytownlion.org](http://taneytownlion.org).

Family Fun Days will be open to the public on September 12 from 6 p.m. to 10 p.m.; September 13 from 4 p.m. to 10 p.m.; September 14 from 7 a.m. to 10 p.m.; and September 15 from noon until 6 p.m.

The partnership will be holding its breath to see how the premier event is received.

"After it is over we'll evaluate and see if we want to continue," Van Scoyk stated. "I think we're going to be looking at a good turnout for the four days."

## Catoctin Baseball Club gearing up for 2014 season

After a successful 2013 program, the Catoctin Baseball Club is conducting tryouts for their 2014 teams. Entering their third year as a compet-

itive baseball club, the CBC has competed against some of the toughest competition within state of Maryland and the Mid-Atlantic Region. The

CBC off season regimen will begin in January with their speed & agility program and indoor workouts. Workouts are conducted locally indoor as well

as at Oriole great Chris Hoiles Gold Glove Academy in York, PA.

This winter the CBC will partner with Gold Glove Academy to provide multiple structured sessions with various instructors to continue to foster the development of our players. 2013 saw the program add two additional teams for a total of four teams: 8U, 9U, 10U, and 12U. In 2014, the club will look to add an additional team to the program, an 11U team. "It was nice to see the success of the program this past year. Especially at our younger age division teams- 8U and 9U" said Ed Lowry General Manager of the program. "These players are the foundation of our program. They have significant experience in tournament level play at a very young age and understand how to deal with the pressures and emotional components of

the game. Not only that, but they have excelled in these conditions.

It is exciting to think about what successes they will have as they develop in our program. We'll get right back to work at Gold Glove Academy come January and look to keep improving our program." Lowry went on to say. The Catoctin Baseball Club will conduct tryouts for Players (ages 7 through 12) on the following dates: Sunday, September 22, 2013, at 10:00 a.m. (Thurmont Little League Complex); Sunday, October 20, 2013, at 10:00 a.m. (Thurmont Little League Complex). Please email us at [catoctinbaseballclub@hotmail.com](mailto:catoctinbaseballclub@hotmail.com) for questions, or call Ed Lowry at 267-664-5059. Like us on facebook at "Catoctin Cougars Baseball Club" or visit us on the web at [CatoctinBaseballClub.com](http://CatoctinBaseballClub.com)

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# One hundred years ago this month

## September 5

### Boy Scouts Enjoy Visit to Emmitsburg

It was a band of sturdy little scouts that came into Emmitsburg on Friday afternoon and there is not one among the number had he been asked, who would not have said that Emmitsburg is about as nice a place to camp as any in Maryland.

The spot allotted them, Fireman's Field, was ideal for this purpose and the entertainment afforded them by the Christian Endeavor Society of the Lutheran Church left nothing to be desired.

Soon after their arrival these gentlemanly little fellows, "put their house in order," and then gave themselves up to innocent enjoyment. This of course included a plunge in the old swimming hole and various sightseeing expeditions to neighboring points of interest.

A liberal collection was taken up in town to be applied to the fund which enables these little fellows-most of whom are sons of parents who cannot afford to send them on an outing-to enjoy such an interesting vacation.

### Farm For Sale Or Rent

Farm, 4 miles west of Emmitsburg, in Eylers Valley. 146 acres, 46 acres in wood land. Splendid Wheatland. Weather board house, seven rooms and basement. Large fine barn. Out-buildings in good condition. Abundance of good spring water. Apples and pears. For sale for \$4,250 or rent for \$20 per month.

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### New Veterinarian In Town

Dr. Wrigley announced this week that he has secured the services of Dr. Luther Rumsburg, a veterinary surgeon of 10 years experience, to assist in his professional practice. Dr. Rumsburg can be reached at Dr. Wrigley's residence on E. Main St.. He will respond to calls day and night.

### Death of Samuel Florence

Samuel Florence, the 20-year-old son of Mr. and Mrs. Sebastian Florence, of near this place, died of typhoid phenomena on Friday morning. Mr. Florence was spending a few weeks with his parents. He had been sick only a few days and his death was a great shock to the community. He is survived by his parents and five brothers and one sister.

## September 12

### University of Harney Invents Unique Airship

Probably one of the most unique airplanes ever constructed is that which has just been finished by Dr. Jerry Overholser and Dr. Daniel Shorb, both of the faculty of Harney University. This airplane may be seen for the next few days at the hangar of Dr. Shorb's Estates, "Pig's Misery."

It took 27 men, working day and night underwater, to build the machine. Many of the mechanical devices were designed by Adm. Bushman and the air digging devices by Dr. John Glass.

According to Dr. Overholter: "The main feature of the engine, which is of the complex eccentric type, is the simplicity of the duplicidentate. The meta centre articulates with the friction real and top burtons on the warping chock. This flutes the suction pipe in such a manner as to lap joint the back gear. The lubricator, connecting with a center balance spring, throws the pinch cock under the carburetor, at the same time opening the muffler cutout near the nephoscope. This feeds the silo juice through the bung-hole and sparks the fifth wheel near the gunwale. The cloud anchor, which is regulated by a heliograph, is so adjusted on the pinochle deck that its releases automatically from the whiffletree, making it possible to stop and remain stationary by putting on the reverse clutch while going at the rate of 184 knots a second."

Dr. Overholter and his crew will make a flight next week at four o'clock from the Popular Ridge standpipe to the Eiffel Tower, stopping for lunch at the Sandwich Islands.

### Knitting Mills

In the short time in which the Union Knitting Mill has been established in Emmitsburg the output has been so satisfactory that the manager has advertised for more hands. This factory began operation less than a year ago and in that time it has progressed rapidly. It is very probable that if more employees are obtained and more machinery installed it will be necessary in the future to make larger arrangements for a larger accommodation.

### Tom Hays Thrown from Motorcycle

Mr. Thomas Hays apparently does not feel the effects of the accident that occurred to him Monday morning as he is again able to attend to his business. The handlebars of his motorized cycle became loose as he was returning from Mount St. Mary's and he was thrown

him unconscious to the ground. He was taken to the home of Mrs. Favorite where Dr. Jamison treated him. It was discovered that he had sustained a badly bruised and lacerated arm. Later that day he complained of a sickly feeling in his head.

Tom's motorized cycle was so badly damaged it had to be shot.

## September 19

### Meeting of Equal Suffrage League

A special meeting of the Equal Suffrage League of Emmitsburg was held at the home of Mrs. Annan Saturday afternoon. A number of ill-informed local women and out of town visitors were present. The league members are very enthusiastic over the fact that the membership has doubled itself. The next regular meeting will be at the home of Mrs. Annan on October 10. Husbands of women choosing to attend the next meeting are invited to deal with their shame by getting "loaded" at the Hotel Stag's bar.

### Drunks

Several men contributed towards the support of the corporation this week. One man who was under the impression he could ride a bicycle while he was "snooted up" was entertained for a while Tuesday night by the authorities. He evidently took exception to the deluxe apartments provided him and departed under cover of darkness without leaving his address.

## September 26

### William Eyerl Refused Pardon

Application for the pardon of William Eyerl, convicted of first-degree murder



Sailing on St. Anthony's lake in 1913

der in Adams County and later sent to the Eastern penitentiary for life after his sentence was commuted by the Board of Pardons, was refused last week for further consideration by that body. The board was presented a widely signed petition and letters from Eyerl and his family. The petitions stated that Mr. Eyerl have repented sincerely of his crime of killing Tom Miller of Mount Joy Township, and had become thoroughly converted to the Christian faith and was now one of the best prisoners in the penitentiary.

Following the presentation of the petitions a member of the board said that he recall distinctly the details of the case and that he regarded it as one of the most horrible murders that had been committed in this section and saw no reason why any pardon should be granted at this time. The District Attorney, who tried the case for the Commonwealth, presented briefly the evidence produced at that time and offered further objections to the granting of a pardon.

### Loses Way On Mountain

One day the past week, a gentle-

man who prides himself on being a fine pedestrian, and also as having a unique facility of finding his way from place to place, started for a walk to Indian Lookout and Carrick's Knob. He succeeded in getting to those points without any trouble. On his way home however, Mr. G. followed the path which he thought would take him homeward; but alas, paths are many and confusing in the mountains. Mr. G. lost his way entirely for a while and wandered through brushes, briars, stones and rocks. After three hours tramping he finally landed in the backyard of one of the farmers living close to the foot of the mountain and was met, not by the family dog, but by the family cow, which, being unused to strangers, preceded with lowered head to chase the intruder to the public road. Mr. G. did not stand on ceremony, but made good time in reaching the road and placing a fence between himself and the cow.

To read past editions of 100 Years Ago this Month visit the Historical Society section of Emmitsburg.net.

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## GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

### From the Desk of County Commissioner Blaine Young

Some of you may have seen an article in the local paper earlier this week about a matter the Frederick County Farm Bureau recently brought to the attention of the county government. I find it to be a very interesting issue, and one that is worthy of discussion.

As background, a few months ago the Farm Bureau submitted a request to the county that consideration be given to a proposed text amendment to the zoning ordinance to create an "Agricultural Rights Transfer Option." Immediately, comparisons were made to a traditional transferable development right, or "TDR" mechanism, which is found in other, generally more urbanized, counties.

TDRs have been discussed in Frederick County a number of times over the years. Each time, and I think rightfully so, the county has decided that they don't really fit here. The

most nearby and relevant example of a true TDR program is in Montgomery County. There, agricultural areas of the county are designated as "sending" areas, and more urbanized portions of the county are designated as "receiving" areas. Property in the sending areas can transfer to property owners in the receiving areas the right to additional development, and the receiving property owner can thereby increase the density of his or her development.

In Frederick County that really doesn't work. In the first place, most of our more dense development is located within municipalities, using municipal facilities, and therefore a county program would not translate well into the cities and towns. Also, the growth areas in the unincorporated regions of the county are already dense enough. We don't need to add density to these areas to have

viable development.

Thus, the Farm Bureau came up with something different, and which represents some creative thinking. They have proposed a "Rural to Rural" transfer of development rights, which would impact agricultural land only. The idea would be that we would create no additional development rights at all. Agricultural properties under current law, and which law has been praised by the Maryland Department of Planning, have limited development rights. As it stands today, those rights must be utilized directly on the property that, under the ordinance, possesses such rights.

Under the Farm Bureau's proposal, one farm owner could transfer his or her development rights to a different farm property. The receiving farm owner would be able to potentially realize more development on

the receiving parcel, and the sending parcel would thereafter be barred from using the rights transferred out.

Thus, if two farms had four development rights each, one owner could send three of those rights to the other owner (they must retain one for a farm dwelling), and thereafter the receiving parcel could create seven lots, the sending parcel would have only one development right, and you would still have a total of eight potential home sites. No new development rights are created; they are just used in one place rather than two.

The Farm Bureau's proposal also sets an absolute maximum density of one lot for every two acres, to ensure we are not talking about dense development, but typical rural one, two, three-acre lots.

The Board of County Commissioners looked at the Farm Bureau's

proposal, and decided that at a minimum it merits consideration. A work group has been formed, which represents a broad array of interests in the community. The agricultural community is well represented on the work group, as is county staff and other interests.

I, for one, look forward to the recommendations from the work group. If we can come up with a plan where a farmer can unlock the value in what I have always called the "Farmer's 401K Plan," which is his land, and still keep it under agricultural production, it is an absolute win-win not only for the farmer, but for the county. We would be creating no additional development rights, merely giving agricultural landowners flexibility in where those rights would be utilized.

I will be very interested to see how this turns out.

### From the Desk of Town Commissioner Pat Joy

In 2010, I was honored to be elected Emmitsburg Town Commissioner. My political platform consisted of economic development and fiscal discipline. In the past three years, I have lived up to those goals. We have eliminated the water and sewer surcharges. It was hoped that this would help spur a devel-

oper to finish both the Brookfield and Southgate developments. Although we have had some interest, no one has made the commitment yet. Currently, under the Mayor's direction, we are working on a revitalization plan for the Town square. This is a long term project. The Town also currently has a program

to match 50% of the cost for repairs in the Historic Zone. We received a grant of \$50,000 last year and have applied for another \$200,000. We were also able to complete the sidewalk up N. Seton all the way to Northgate and extend the sidewalk along Lincoln Avenue. Other sidewalk projects are in the planning stage. Lastly, we have been able to work with Seton Heritage to develop senior housing in the unused

portion of the Basilica. Hopefully construction on this project can start next year.

I have emphasized transparency in our Town Government especially in the area of Town finances. I have written ordinance changes to standardize our treatment of the budget and requested the 10 largest checks for the last month be included in the Treasurers monthly presentation. The public now has great-

er visibility on how their tax dollars are being spent. We were also able to keep our tax rate level while many municipalities throughout Frederick County have raised taxes. By getting the Commissioners more actively involved in the budget, we have been able to find savings while not reducing vital services.

If re-elected I hope to be able to work with the Mayor to finalize the plans for the Town square including the budget and schedule for completion. See the new sewer plant completed and examine our long term debt with an eye to paying our bonds off. We also need to work on plans for parking in the Downtown. Half a dozen years ago, property along S. Seton was purchased ostensibly to provide a parking lot in the future. The property is not ideal for this purpose and we need to work on figuring out the best way to provide the needed parking especially in light of the Square revitalization project. Therefore, I ask for your vote on October 1<sup>st</sup>.

#### TOWN OF EMMITSBURG ELECTION DAY, TUESDAY

October 1, 2013, 22 East Main Street  
7:00 a.m. - 8:00 p.m.

Last day to register to vote at Frederick County  
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Registration applications can be obtained at the Town office  
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Candidates must file written application for candidacy  
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# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## From the Desk of Town Commissioner Chris Staiger

Does anyone have tomato and zucchini recipes to share? How about cucumber salad??? While September brings school and the breath of Fall, it also happily provides a flood of garden vegetables! I have fond memories of enjoying fresh vegetables and fruit when they were a seasonal treat instead of available every day on the grocery store shelf. The annual delivery of oranges and grapefruit from my grandparents in Florida was always a treat. Oh well, enough reminiscing...

Town Election Day is Tuesday, October 1. This is "the Tuesday before the first Monday in October." As of this writing, only one candidate, Pat Joy, has registered – but registration goes through at least August 30. The current incumbents are Commissioners Pat Joy and Jim Hoover.

There are no new updates on the town square re-design project. At the August 19 Board Meeting, Mayor Don Briggs outlined his plans for spending an additional \$10,000 to have our design consultant continue to lobby the State Highway Administration (SHA) to allow proposed traffic changes at the square. SHA continues to resist the proposal to move back the crosswalks – a concept meant to provide more open space and safer pedestrian crossing points. This design element is a key to improving the look and function of the Town Square. Giving it up removes the "spatial" improvement and reduces the project to a new coat of paint.

Although dated June on the cover, the Final Report from the design consultant

was also presented at the August Board Meeting. It is a polished piece of marketing that sheds (only) positive light on the project. When allocating the additional \$10,000 in June, the Board requested, and the Mayor agreed to provide, a funding plan in September. Although the Final Report presents a clear table of detailed estimates, the Mayor now seems to believe that construction drawings must be paid for before we can begin to talk about how we might pay for this project.

The Mayor continues to confuse a desire to complete the project with a willingness to pay ANY price. We need to have a public discussion of how we might meet the cost estimates. Right now, that is not forthcoming from the Mayor. Aren't the estimates in the Con-

sultant's Final Report (produced at a cost of \$50,000) a valid starting point? When the Mayor's chosen time does come – after we have spent an additional \$60,000 on construction drawing preparation??? – I hope the argument is not, "We've already spent \$120,000. It's too late to turn back now!" In other words, the hook is in too deep...

In fact, the best thing to do would be to have a ballot question on October 1 asking the voters if they are 'willing to spend up to \$800,000 in construction costs' - a majority voting 'YES' would surely help to clarify the discussion. The Mayor and the Board could then begin to work on how to structure the details with a firmer conviction about popular support beyond the small cadre con-

tinually summoned to town meetings. Wasn't it just two short years ago after all that we reduced the number of Town Deputies from three to two due to budgetary concerns???

The standards for spending close to a million dollars (in total) as a public/private partnership should be more stringent and more open than a private business venture. Otherwise it's guaranteed to turn into a circus... And even in private industry, I've never seen a project this big proceed without even a preliminary budget in place(!)

As always, please keep an eye out for opportunities to contribute and don't hesitate to share your opinions with your elected officials by sending an e-mail to [towncouncil@emmitsburgmd.gov](mailto:towncouncil@emmitsburgmd.gov)

## From the Desk of Emmitsburg Mayor Don Briggs

Maybe it's the weather, the dry Colorado like kind framing recalibration of schedules, adjusting to a surge in activity and enhanced traffic, but "back to school" has come and gone with nary a hitch.

Likewise for two commissioner seat openings for election, very quietly the time of decision is upon us. From the town calendar September 18<sup>th</sup> at 12 noon is the write-in election deadline. Election Day is Tuesday, September 24<sup>th</sup>. Polls open: 7 am - 8 pm at the old town office on Main Street.

In September the town will present its solar energy plan for existing uses and the now under construction waste water treatment plant. Proposed savings for solar can be dramatic from a shift of dependence on the overburdened grid to renewable energy. I have asked both Vigilant Hose and the ambulance company to join the town. As I wrote almost two years ago Emmitsburg has to become self sufficient (again). This is the second energy savings program to be put in place.

The retail store I talked about attracting to Emmitsburg almost two years ago is moving more to becoming a reality. Stay tuned!

Just can't stop talking about them, the 2013 Cal Ripken Maryland State

12u Boys Baseball Champions. They did us proud. After winning the Maryland State Championship, Emmitsburg's first championship, the team went on to sweep the Pen-Mar tournament on to the regional tournament in Waynesboro. The team went 1-1 in the regional with a close heartbreaking loss in the opener and a season ending win over Western New York before a large appreciative Emmitsburg following. Great year!

Awaken Emmitsburg: The 2<sup>nd</sup> annual interdenominational event started Friday evening in Community Park with prayer and music. Picked up on Saturday at the Seton Center with youth groups washing cars and finished up that evening with food, testimonies, music and prayer. All donations went to a drug rehabilitation fund. Thank you Council of Churches.

- Record breaking attendance at pool parties this summer. One night over 240 people attended.

-Over 400 parents and students attended the back to school party held at Community Park. Food, games, moon bounce, train rides and free school supplies sponsored by Christ Community Church, Knights of Columbus and the Council of Churches.

- Make sure children get involved in the town winter programs at the Community Center gym. Last year over 200 youth who participated in winter basketball and other activities held at the Community Center. We also have an after school (elementary) program.

-Team Emmitsburg, local youth, will represent the town in the State endorsed "Day of Service" scheduled for any day during the week of September. Youth volunteers will be out tidying up the square and cleaning out flower beds. If you would like to get involved Contact Pastor John Talcott at Christ Community Church. 301-447-4224, [revjohnt@comcast.net] or [revjw3@gmail.com]

Connecting Emmitsburg: The sidewalk on W. Lincoln Avenue, behind the elementary school, is complete. This is an important link for residents, elderly and children alike, as it affords safe pedestrian accessibility to the pool, elementary school, restaurants and the Community Center attractions – gym, library and senior center. For the same reason a sidewalk connection between West Lincoln Avenue the walking path in Community Park will be completed this fall.

Also this fall the town will resurface Schoolhouse Lane, Creamery Road (E. Main St to US 15) and possibly North Alley. Watch for door hangers, channel 99, [www.emmitsburg.net](http://www.emmitsburg.net) and the official Town of Emmitsburg Facebook page.

Last month the town was awarded a third matching grant for our revitalization of the square and downtown program. Two of the matching fund grants for design and bid work documents. The third grant was to provide matching funds for improvements by private property owners in a designated section of historic area. The response to this 50-50 private residents grant program has been overwhelming. Over \$185,000 in work has been requested to be offset by grants! So this month the town, now armed with the documented strong demand, applied for second private property owner matching grant of \$200,000. The town will invest \$56,000 for its design matching grant, but with the additional property owners grant matched, over \$560,000 could be invested in the town in three to four years; a ratio of \$10 for every \$1 the town invested.

There has been recent vandalism in Brookfield and downtown. A suspect has been apprehended for the down incidents. If you suspect anything call 911. Tips can be anonymous. Police Task Force

Meeting: As follow up to the strong response and productive meeting in July, another meeting with the deputy sheriff will be scheduled an evening meeting in October.

### Public Notice

The Federal Emergency Management Agency (FEMA) of the Department of Homeland Security has elected to negotiate a programmatic agreement with the Maryland Historic Preservation Officer (MD SHPO), the National Fallen Firefighters Foundation, the Daughters of Charity of St. Vincent de Paul, Emmitsburg, Maryland, and other consulting parties to establish a process for review of FEMA undertakings at its National Emergency Training Center (NETC) located at 16825 South Seton Avenue, Borough of Emmitsburg, Frederick County, Maryland, in compliance with Sections 106 and 110 of the National Historic Preservation Act (NHPA).

Section 106 of NHPA requires Federal agencies to adequately consider the effects of their undertakings on properties listed or eligible for listing on the National Register of Historic Places (NRHP) (historic properties), while Section 110 of NHPA requires the heads of all Federal agencies to assume responsibility for the preservation of historic properties which are owned or controlled by the agency and to manage and maintain the property in a way that considers the preservation of their historic, archaeological, architectural and cultural values.

FEMA NETC was created in 1979 to ensure that Federal, State, Tribal and local responders are trained adequately to prevent, mitigate, respond to, and recover from natural and manmade disasters. The 107-acre FEMA NETC campus is occupied by the United States Fire Administration, National Fire Academy, and the Emergency Management Institute.

The campus includes historic properties listed on the NRHP in 1973 as part of the "St. Joseph's College and Mother Seton Shrine" his-

toric district (Maryland Inventory of Historic Properties No. F-6-020); and FEMA has conducted cultural resource surveys as part of its Section 110 responsibilities and has determined in consultation with the MD SHPO that additional buildings and structures located on the FEMA NETC campus as part of MHIP #F-6-020 are eligible for NRHP listing under Criteria A and C for their significance in the areas of Architecture, Religion and Education.

FEMA NETC, in order to carry out its responsibilities as the national focal point for the development and delivery of emergency management training, conducts a variety of undertakings including, but not limited to, maintenance; rehabilitation; repair, construction and demolition of buildings, structures and roads; and work regarding grounds and associated landscaping within the campus, that may affect historic properties.

FEMA is issuing this public notice as part of its Section 106 compliance responsibilities. Any member of the public is encouraged to provide comments to FEMA about the draft programmatic agreement during a 10-day period beginning on Friday, August 30, 2013. A copy of the draft agreement is available at: [http://www.usfa.fema.gov/ax/pa\\_fema\\_mshpo\\_nff\\_doc.pdf](http://www.usfa.fema.gov/ax/pa_fema_mshpo_nff_doc.pdf). Comments should be submitted via e-mail to John Ketchum, FEMA Preservation Officer, at [John.Ketchum@fema.dhs.gov](mailto:John.Ketchum@fema.dhs.gov) by 5:30 pm, September 9, 2013; or by sending a letter through regular mail to:

Mr. John Ketchum  
FEMA Preservation Officer  
1800 South Bell Street, Room 744  
Arlington, VA 20598  
If mailed, comments must be postmarked by September 9, 2013.

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## GOVERNMENT—NORTH OF THE MASON-DIXON LINE

# From the Desk of Carroll Valley Mayor Ron Harris

On August 6<sup>th</sup> the 2013 National Night Out event was held at Carroll Valley Commons. The purpose was to strengthen the relationship between the citizens and first responders. Over 400 adults and children were in attendance. The Good Samaritan Lodge #336, Free and Accepted Masons of Pennsylvania of Gettysburg fingerprinted and videoed approximately 58 children as part of the Child Identification Program. Special thanks goes to our Carroll Valley Borough Police Secretary, Jo Ann Myers, our Police Chief Richard L. Hileman II, and the Carroll Valley Municipal Services. I would like to thank the following who met with our residents: Representative Dan Moul, Adams County Constables Association, Adams County Sport Handgunners Association, Cub Scout Pack#76 who held the Bike Rodeo, the Battlefield Harley Owners Group, Keeney Fire Extinguisher Company, Strawberry Hill Nature Center, PA Counseling Service Collaborating for Youth, Tobacco Prevention Task Force, Children's Advocacy Center, Safe Kids, RABBITT Transit Authority, and the Adams County Sheriff James Muller. The SPCA Mobile Neuter/Spray Hospital administered 60 rabies shots and micro-chipped 15 animals. Carroll Valley, through the Boy Scouts, handed out approximately 117 free hot dogs to children. New this year was the Adams Electric Cooperative high voltage demonstration. Also, special thanks go to our first responders: Fairfield Fire & EMS, Fountaindale Fire Department, and the police departments of Carroll Valley Borough, Cumber-

land Township, and Liberty Township. If you are interested in seeing the pictures of the event, go to [www.ronspictures.net](http://www.ronspictures.net).

Where are we on the calendar? September 1<sup>st</sup> means that we are 59 days from Halloween, 65 days to the general election, 80 days from Thanksgiving, 114 days from Christmas, and 120 days until 2014. Do you realize that when you are young you want to be older and time goes by so slowly? However, when you do get older the time seems to go so much faster than when you were young. The month of September brings with it a time to honor the American worker on September 2<sup>nd</sup>. Labor Day was first celebrated in 1882 by the Central Labor Union in New York City. September 6<sup>th</sup> has been set aside to celebrate Fight Procrastination. The theme of the day is best expressed by Mark Twain, "Never put off until tomorrow, what you can do today." Make a decision. On a more somber note, September 11<sup>th</sup> is a time to reflect on the lives lost during a terrorist attack on our homeland during the morning of September 11, 2001. Nineteen militants hijacked four planes. Two planes hit the north and south towers of the World Trade Center in New York (2,606 victims). One plane hit the Pentagon in Washington D.C. (125 victims). And, the fourth plane crashed in Shanksville, Pennsylvania (40 victims) because of the heroic efforts of the passengers. It was thought that the fourth plane's target was the Capitol Building in Washington D.C. I encourage you to take a moment on September 11<sup>th</sup> to reflect on this horrible event

and say a prayer for the victims who died and their families, especially the children. In order to show gratitude to all the first responders in our area, the Knights of Columbus of St. Mary's Church will sponsor a special "Blue Mass", on Sunday, September 8<sup>th</sup>, at 8:00 a.m. Following the mass, a monument on the church grounds honoring first responders will be dedicated. This monument is the result of an Eagle Scout project of a young man, Anthony Venzin, who felt the need to recognize the work of so many brave men and women who frequently put their lives on the line for others. If you have time, attend the dedication.

School has started which means school buses will be on the road again. Let us partner with the parents, teachers, administrators, and transportation personnel to keep our young residents safe when they are being transported to and from school. How do we do that? Follow the law. According to the Pennsylvania's School Bus Stopping Law, when you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended you must stop. When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended, you must stop. You must stop at least 10 feet away from the school bus. You must wait until the red lights have stopped flashing and the stop arm has been withdrawn before moving. And most important, do not move until the children have reached a place of safety.

On September 18<sup>th</sup>, the Carroll Valley Borough Council, Fairfield Area Borough Council, Fairfield Area

School Board and Hamiltonban Township Board of Supervisors will hold a joint workshop at 7:00 PM at the Fairfield Fire Company Community Building. The purpose of the workshop will be to receive a presentation by the appointed members of the Peer to Peer Study Group for Recreation in the Southwest Region that was funded by a DCNR grant. This meeting is open to the public.

On September 20<sup>th</sup> from 6:30 to 9:30 pm, the Carroll Valley Citizens Association plans to hold their 2013 Exhibit of Local Artists in the Carroll Valley Common pavilion. The general guidelines are: it is open to resident artists of Carroll Valley, Fairfield (zip code 17320); 16 years old or older; and you will be asked to pay a fee of \$10 to enter up to three pieces of art. The art should reflect the best work of experienced amateurs or professionals. CVCA reserves the right to reject artwork that is not properly presented. Work must be original art, two-dimensional, and may be oil paint, watercolor, acrylic, pastel, mixed media, drawing, collage, or hand-pulled print. No artworks from prior years' CVCA art shows are eligible. No sculpture, tole, decorative painting, photography, or computer-generated art will be shown. Winners will be determined by a paid judge. Prizes of \$100 for 1<sup>st</sup>, \$50 for 2<sup>nd</sup>, and \$25 for 3<sup>rd</sup>, will be awarded as well as two ribbons for honorable mention. If you are interested, please contact Jale Dalton, email [jaledalton@aol.com](mailto:jaledalton@aol.com) or call/text her cell at (717) 420-0743 or work at (717) 642-5844. Carroll Valley's Founders' Day will also be celebrated. Come down and join your fellow neighbors and enjoy a piece of cake.

The Adams County Conservation District's West Nile Virus (WNV) Program is conducting mosquito control operations in a number of Adams County municipalities. WNV is a virus that is transmitted by infected mosquitoes. These mosquitoes spread the virus from birds to humans and other animals. Based on the

Pennsylvania Department of Health (DOH) only one in 150 people infected with WNV will develop severe illness. Symptoms include disorientation, headache, high fever, numbness, and paralysis. Symptoms may last for several weeks and the neurological effects may be permanent. Approximately 80% who are infected will not show any symptoms. If you do experience symptoms, see your physician. What can be done? There is no WNV vaccine. The Pennsylvania DOH recommends that children and adults wear mosquito repellent (that contains DEET, picaridin or oil of lemon eucalyptus) during the mosquito season (April thru October) and especially during dusk and dawn when the mosquito are actively feeding. You also may want to give some thought to performing some home yard protective steps such as: (1) remove any standing water around the house; (2) turn over plastic wading pools and wheelbarrows when not in use; (3) clean clogged roof gutters that may allow the pooling of rain water; (4) Do not allow water to stagnate in either bird baths or ornamental ponds; (5) Use landscaping to eliminate standing water that routinely collects on your property; and (6) maintain good screens on your windows and doors to keep those mosquitoes out of the house. If you want any further information, you should browse the following website: [www.westnile.state.pa.us/index.html](http://www.westnile.state.pa.us/index.html) and/or call the Adams County Conservation District's West Nile Virus Program Coordinator, Matthew Stough at (717) 334-0636 or email at [mstough@adamscounty.us](mailto:mstough@adamscounty.us).

Borough meetings to be held in September are: Planning Commission (Sept 3<sup>rd</sup>), Public Safety Committee (Sept 9<sup>th</sup>), Council Borough (Sept 10<sup>th</sup>), and Parks/Recreation (Sept 25<sup>th</sup>). Please reduce your driving speed when you are in the Valley and watch out for our young citizens walking to and from school. If you have any questions call me at (301) 606-2021 or email me at [mayor@carrollvalley.org](mailto:mayor@carrollvalley.org).

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## GOVERNMENT—NORTH OF THE MASON-DIXON LINE

# From the Desk of County Commissioner Randy Phiel

If you are a resident of Adams County you should be aware that we now have a lasting tribute to those emergency responders who gave the ultimate sacrifice for our community. On Saturday morning August 17th, all three commissioners attended the dedication of the Adams County Line Of Duty Death Memorial Wall at the Adams County Emergency Services facility, along with several representatives of the Courts and other agencies. I was especially honored when I was requested to deliver remarks representing Adams County's staff and residents. Here is an encapsulation of a few sentences of those remarks that I believe capture the essence of my thoughts that day:

On behalf of the Adams County Board of Commissioners, the staff and the residents of Adams County, it is an honor and privilege for me to be standing here this morning at the dedication of the Line Of Duty Death Memorial Wall. It is especially poignant and a privilege for me having served this community for thirty years during a professional career in the field of emergency services - to not only have the opportunity to recognize, honor and commemorate the names on the wall before you; but to also recognize all of our Adams County emergency responder, both past and present, as well as the many folks who had the passion and vision to make this memorial possible. Too often

after we lose one of our own emergency responders in the line of duty, there is an initial outpouring of grief, attention and remembrance; and with the passing of time, we as a community tend to move on to the tasks and responsibilities that confront us every day and that consume our lives. This memorial will ensure that ourselves, our children, our grandchildren and their children - will pause as they walk in this building, and remember those that gave the ultimate sacrifice to our community in perpetuity.

There are eleven individuals on the wall beginning in 1924 with PSP Trooper Francis Haley who was killed at Caledonia by a bank robbery suspect. Unfortunately, in the past two years WCO David Grove and New Oxford Firefighter Brandon Little were added. I would like to give a huge shout out to Adams County Emergency Services staff members Donna Powers and Kim Frank for having the vision and commitment to make this memorial become reality. The funding was entirely supported by donations. Thank you to those many individuals and organizations for their support. At your first opportunity, I urge every Adams County resident to stop by and view this tribute. It will make you pause and reflect!

Uncanny, eerie, predictable, unpredictable, relevant, timely, intuitive, insightful, extremely valuable? After our

first Adams County Courthouse Active Shooter Training Exercise - which was held on the 1st and 2nd floor in the courthouse on August 2nd - these are all adjectives that immediately came to my mind when I heard about the tragic shooting that occurred in Monroe County in northeastern Pennsylvania on Monday August 5th. The shooter in Ross Township was upset that his junk strewn property with sewage issues had been condemned, when he entered the township building and opened fire during a township meeting. Three persons were killed and several wounded. How ironic our training exercise that Friday in the Adams County was a disgruntled resident who had lost his property due to non-payment of taxes - and was coming for the chair commissioner (yours truly) - shooting his way to the second floor.

As you can imagine on Tuesday morning August 6th, the news of the Ross Township incident spread rapidly at the Pennsylvania County Commissioners Conference in Erie which I was attending. During the ensuing conversations, I was so proud to tell other commissioners from around the state what we had just cooperatively and proactively done the active shooter training exercise the previous Friday in Adams County - and that we intend to do these exercises consistently in the future. The training is not only valuable for our se-

curity staff and deputies, but is so valuable for our entire courthouse staff to experience the dynamics of such an event. It forces us all on planning and thinking of what we would do in this situation.

A huge shout out to all the agencies that helped make this important exercise happen safely and effectively - both inside and outside the building, whether it be standby EMS, law enforcement securing the outside of the building or supplying outside expertise and incident oversight. The Board would like to give special recognition to the Adams County Sheriff's Department & Courthouse Security for recognizing the critical nature of this exercise and their cooperative efforts in creating institutional procedures and planning this exercise. Thank you to Sheriff Jim Mueller for supporting this important effort and especially Chief Deputy Len Supenski and Security Director Mike Baltzley for their long hours of planning - and the successful result.

This was a very big and important step to ensure the safety of our officers, staff and residents..... and we have taken it. The challenge is now to continue to use this exercise as a springboard to similar periodic training that is of the utmost importance to our Adams County deputies, security officers, our staff and our residents!

On Thursday, August 8th, all three commissioners attended a reception for

Governor Corbett at the Gettysburg Hotel hosted by the Gettysburg Convention & Visitors Bureau. We got a chance to personally speak to the Governor and thanked him for his role in appropriating funds to help defray some of the cost of 150<sup>TH</sup> activities. The Governor recognizes while his operating and budget philosophy is not spending more than you bring in, he is quite aware of the economic impact, state recognition and return on investment that Gettysburg and Adams County provide. Yes - we agree supporting Adams County is a great return on investment!

Where did the summer go? It was way too short for me! Part of the answer was there was so much going on this summer it seemed to pass with the speed of light. Don't forget there are still more events to come. To name a few we have The National Medal of Honor Convention September 16 -21 with a large public program at the PA Monument that Friday evening, Apple Harvest Weekends, Dedication Day November 19 with a potential presidential visit and Remembrance Day Weekend the following weekend with a reported 15,000-20,000 reenactor parade. So get out there and enjoy all the historical, natural, cultural and educational activities that beautiful Adams County has to offer. ....there are certainly lots of opportunities that I mentioned and many others!

# From the Desk of Representative Dan Moul

The manufacturing industry accounts for more than a half million jobs in Pennsylvania and job growth is crucial to the state's economic future. That is why the bipartisan House Manufacturing Caucus is meeting with manufacturers around the state.

Caucus members are touring manufacturing operations, both large and small, to learn more about the challenges they face and what can be done at the state level to improve the business climate. The tours are not only revealing the diversity of products produced here, but they offer a first-hand look at the processes, equipment and workforce necessary to do the work they do.

On a recent tour of two plants in southeastern Pennsylvania, members visited Action Manufacturing Com-

pany in Bristol Township, a major manufacturer of precision ordnance products that employs 300 workers, and AugustaWestland, a British-Italian multinational helicopter design and manufacturing company that employs 560. Lawmakers will use what they learn to further advance policies and initiatives that support the Commonwealth's manufacturing industry.

In other business news, the Pennsylvania Department of Environmental Protection (DEP) is once again accepting applications for its Small Business Advantage Grant Program. The program, which aids small businesses in implementing energy conservation and pollution prevention measures, provides 50 percent matching grants up to \$9,500 to qualified applicants. To qualify, the business must be a for-profit corpo-

ration, limited liability corporation, partnership, sole proprietorship or other legal entity with 100 or fewer full-time employees. The grant-supported project must also be in a Pennsylvania facility owned by the applicant and must save the business at least 25 percent, plus \$500 annually.

All applicants will be required to provide a Commonwealth of Pennsylvania Vendor Registration number with their application. The deadline to apply is Sept. 6. Eligible applications will be approved on a first-come, first-served basis until all funds are exhausted. The work funded by the grant must be completed by June 30, 2014.

For more information about the grants or to apply, go to:


[http://www.portal.state.pa.us/portal/server.pt/community/small\\_business\\_ombudsman/10493](http://www.portal.state.pa.us/portal/server.pt/community/small_business_ombudsman/10493)

One issue that has a significant impact on taxpayers and jobs in Pennsylvania, particularly in more rural regions of the state, is the Prevailing Wage Act. The act requires municipalities to pay workers a wage that is based on urban-area union wage rates for public projects more than \$25,000, such as schools and infrastructure improvements. These wage rates typically exceed market averages in many areas of the state, which puts additional stress on economically strapped municipal governments and school districts, and threatens needed infrastructure improvements.

The Pennsylvania State Association of Township Supervisors has long argued that the definition of "public work" in the Prevailing Wage Act is overly broad and compliance


with it can add as much as 30 percent to the wage costs of a public project. The House Labor and Industry Committee is holding a series of public hearings around the state on proposed changes to the act. House Bill 796 would increase the threshold for public projects subject to the prevailing wage to \$100,000, and House Bill 665 would clarify language in the law that pertains to road maintenance covered by the act.

The House Appropriations Committee is also holding public hearings around the state to explore the economic impact of the state's aging transportation infrastructure on businesses and other stakeholders. PennDOT Secretary Barry Schoch recently announced weight restrictions for about 1,000 structurally deficient bridges statewide to extend the life of the bridges. This fall, the Legislature will continue its work to craft a comprehensive transportation plan.



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## COMMENTARY

## Words from Winterbilt

## Judicial soup

Shannon Bohrer

In recent years, we as a nation seem to be obsessed with criminal trials, especially homicide trials—Casey Anthony and the Jodie Arias, just to name a couple. While trials have always been news in this country, I believe the trial of George Zimmerman was different. The entire trial was broadcasted every day and seemed to be on every news channel. Panels of experts reviewed each day, telling us who scored points, who messed up, and most importantly, whether the day was won by the prosecution or the defense. After the verdict, everything started all over again—and it still continues. Did the verdict divide our nation or just expose our differences?

A foretelling of coming events came to me while watching the evening news about the trial. A panel of experts each gave their opinion about what happened on a particular day. Of the experts on the panel one was sure the prosecution had a good day and another said the defense is making its case. It was very apparent that these two experts had widely differing perspectives. The differences were obvious, and you could even feel an emotional intensity. How did two attorneys watching the same event come away with such opposite perspectives?

A general summation of perspectives before and after the verdict might be that one side believes that since Zimmerman followed Martin, that action initiated and caused the fight that would have justified him being found guilty of murder. The other side believes that Martin was having a beat down on Zimmerman and the receiver of the beat down had the right to shoot. A trial is televised and witnessed by millions, so how do we come to such different conclusions? Of course, another way to look at it is, why would you assume that we would have the same perspective?

We have different political perspectives and on many topics we are greatly divided, so maybe it should not be a surprise that we have different opinions about a trial. There are theories and some sciences as to why two people witnessing the same event can come to opposing views of what they saw. To begin with, the differences we start with before an event occurs, is related to what we each see and hear. These differences are well known in the law enforcement community, which is why the credibility of some witnesses is sometimes questioned. Think of a large screen around you that filters what you see and hear. Psychologists refer to this screen as a schema. Our schema is our beliefs, what we know, and what we believe, and if information does not fit with our beliefs, our schema often filters it. Emotions can add weight to our beliefs and the strength of those emotions can be significant. Many times we really do hear and see what we want to. Two people can witness the same event, and their description of the event would seem to describe two separate events.

“When two people meet, there are

really six people present. There is each man as he sees himself, each man as the other person see him and each man as he really is.” William James, psychologist

If you are black and your ancestors endured 300 years of slavery, you may have a different perspective. If you knew that between 1882 and 1962, there were 3446 black people lynched, your perspective may be influenced. In 1946, a man was taken of a bus in South Carolina and beat so bad that he was blinded for life. The man was U.S. Army Sergeant Isaac Woodard Jr. who had been given honorable discharge hours earlier and was still in uniform, wearing his combat metals. Sgt. Woodard was black. His assailants were town policemen including the police chief, all white. All were later charged and all were found not guilty. A year later, 1947, the federal government tried to make lynching a federal crime; it was also the year I was born. In 1948 President Harry Truman, by executive order, integrated the military services. Prejudicial behaviors did not end with civil rights legislation in the 1960s; the legislation was enacted because of it. I could go on and on, but the point is that some people may have reasons to have different filters and/or perspectives and even a distrust of the system.

Another filter that many people have is age and appearances. Trayvon Martin was a 17 year old child that was unarmed. He did not look like a bad person. There are many people that see children in just that light, as children and not capable of committing a crime. Our society in general has this filter and it is often perpetuated through television. “Pretty” people are good, but what does that infer for the non-pretty people? The emotional attachment to this filter can be strong and is often viewed within the contexts of children being the victims of crime and or neglect.

An example of this filter/bias occurred in October of 2002, with the Washington beltway snipers. When the snipers were caught; there was one adult; John Mohammad and one juvenile; Lee Malvo. The investigation showed that it was the juvenile that killed most of the victims, not the adult. And yet the press coverage at that time seemed to infer that the adult took the juvenile down the dark road. The juvenile was often referred to with sympathy, almost in terms that would make him a victim. Lee Malvo wrote while in jail “I have been accused on my mission. Allah knows I’m suffer now.” We sentenced the adult to death, but the juvenile was given life. Many – still see the juvenile as a victim.

Recently Rolling Stone magazine had Dzhokhar Tsarnaev; the Boston bomber, on its cover and there was much outrage. A lot of the complaining centered on the idea that Tsarnaev looked “glamorous”. Our villains are not supposed to look glamorous; they are supposed to look hideous. When a police officer sent arrest photos of Tsarnaev to the news media the officer was deemed a good and honorable person, after all this made Tsarnaev look hideous. Or did it? When you first saw the battered and bloody victims of the Bos-

ton Bombing, did they look hideous, or did they look like victims? Context matters, in reality and in our heads. Our society wants the bad guys to look – bad. They don’t want them to look young and glamorous and they certainly don’t want them to look like children. The problem with this thought process is the reality is often different from our beliefs.

“Trust is not a matter of technique, but of character; we are trusted because of our way of being, not because of our polished exteriors or our expertly crafted communications” Marsha Sinegar, author

My perspective is from my past, from my career which was in Law Enforcement. My schema and my views can sometimes differ from others and I can suffer from preconceptions and misconceptions just like anyone else. When gathering information for this paper I started with some factual data about homicide, including victims and offenders.

In 2011, the last full year of data for homicides in the U.S., there were 12,664 murders. There were 1,187 victims under the age of 18 and there were 664 offenders (the ones doing the murders) under 18. Also 57 of the offenders under 18 – were female. Juveniles are both victims and offenders. Conversely, 63 offenders were over the age of 75. Another number, 728 of the homicides were committed with personal weapons (personal weapons refer to hands, fists and feet). These numbers may surprise some people, but they are the facts. If we took the “glamorous” photo of Tsarnaev and put it with the 664 offenders and the 1,187 victims, all under 18, you may find a lot of similarities and resemblances. So when someone says s/he does not “look” like a criminal, what do they mean? Of the 1,187 homicide victims under the age of eighteen, 559 were black.

If you remember, after the shooting and before Mr. Zimmerman was charged with a crime, the news media covered the story and many celebrities, news people and “experts” weighed in with their opinions and no one was charged. This was a very emotional event for many people, especially the families of Trayvon Martin and George Zimmerman. Even though it was reported to be a self-defense case, the majority wanted Mr. Zimmerman changed with murder. There was a lot of pressure on the town, the police and the States Attorney’s office. When the local authorities did not press charges the governor then appointed a special prosecutor and Mr. Zimmerman was arrested. The words: that “a 17 year old boy who was unarmed and was carrying candy and a soda, was murdered”, was being repeated hundreds of times, before, during and since.

My opinion is that the verdict is correct. That does not mean that I think the shooting should not have happened. The facts tell us that the shooting could have been avoided many times. However I believe the verdict is correct because of the evidence. Lady Justice is blind and she is holding a set of scales. Justice is supposed to weight evidence - facts, not public opinion, not

a talking head’s commentary and not emotions.

If one lives in a community that has experienced a rash of illegal home entries a neighborhood watch program may seem like a good idea. When Zimmerman got out of his vehicle to follow someone, he was not committing a crime. According to the evidence presented, Mr. Zimmerman was walking back to his vehicle when he encountered Trayvon Martin. Trayvon Martin then assaulted Mr. Zimmerman, which is a crime. The physical evidence of the assault includes the injuries to Mr. Zimmerman face and head and the injuries to Trayvon Martin’s hands.

Conversely, walking home and being followed is not a crime. Circling back when you believe someone is following you is not a crime. Questioning someone that you believe is following you is not a crime. A crime occurred when Trayvon Martin assaulted Mr. Zimmerman. Being followed by someone is not justification to assault that person. Also, assaulting someone with your fist does not in and of itself give the victim of the assault a legal justification to use deadly force. In this case, when the assault continued to the ground and the victims head was contacting the concrete and this continued for at least 40 seconds, the use of force that may cause death could be justified. That the use of force can be justified is difficult for many people to accept. When someone is taking a beat down with their head striking concrete, they are not thinking of the age, race or sex of the assaulter, they are thinking of survival. A head striking concrete does not require a lot of force to inflict grave bodily injury and/or death.

“Facts are stubborn things; and whatever may be our wishes, our inclination, or the dictates of our passions, they cannot alter the state of facts and evidence” John Adams (1735-1826)

There are many people that believe this case is about race and other that say it’s about the law. Along these issues there has been a lot said about Trayvon being profiled, both criminal and race, and a common response is that you cannot judge a book by its cover. It is true that a cover does not tell us much, but actions do. It is said; “Life is 10% of what happens to us and 90% how we respond”. I am sure that when Trayvon assaulted Zimmerman, he never considered that he could die. It is very sad that this occurred – but it did. What we do about the issues that have been brought to the surface – will and can say a lot about our society.

There are other victims, starting with both families. Society often sees events like this as a win or loss. When George Zimmerman was being assaulted I would make an argument that he never thought about the consequences of his actions, his only thought was to do something to make it stop. My thoughts on this matter come from training police about the use of deadly force and interviewing officers that have used deadly force. When a police officer uses deadly force, often the choices they have is bad or worse and sometime worse is the better choice. Many people have vilified Mr. Zimmerman



for his actions, but if in the same situation, they might make the same choice.

Other victims include Ben Kruidbos, the States Attorney’s IT person and Bill Lee, the former Stanford police chief, both of which were fired. The Jury is also a victim. The jury has been vilified because they followed the law. Sgt. Chris Serino is another victim; he was the detective that was transferred. Sgt. Serino was the initial investigator and when he testified some of his answers favored the defense. Several experts; including lawyers, argued that the police are supposed to be working for the prosecution. Having 42 years in law enforcement I need to make this clear. When a police officer testifies they take an oath which includes “THE WHOLE TRUTH AND NOTHING BUT THE TRUTH”. Would these lawyers want the police to fudge the truth to match their position? Testimony is not a game; it is for the purpose conveying the truth, no matter which side it falls on. Does the competition between prosecutors and defense attorneys – cloud the purpose of the court?

The last victim is our society. The problems that have long existed and that have recently had light shed upon them cannot be resolved if we have entrenchments as strategies. If a person sees this event as a racial event, it is a racial event to them. If another person does not see race as part of the event, it is a non-racial event to them. As one well known sports person commented, this event is often being driven by biased people on both sides. Are there individuals on both sides of this issue for their own purpose? Is part of the conversation driven by ideology or politics? Is part of the conversation about guns and gun laws? How our leaders address the problems will be related to the resolutions of same. If, as in the past we address symptoms of the problems, the problems may remain.

And lastly, I stated that in 2011 it was reported that there were 12,664 murders in the U.S. In 1991 the number of murders was 24,703. While the murder rate has been cut in half, every murder involves multiple victims, starting with the deceased. To the families of anyone murdered, justified or not, the only number that matters is theirs.

“The life of the law has not been logic; it has been reason.”

—Oliver Wendell Holmes

To read past editions from Words From Winterbilt visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Pure OnSense

## No one to cheer for in Egypt

Scott Zuke

My column last month concluded with an open question as to whether Egypt's interim government would work towards finding a way to democratically include the Muslim Brotherhood and its followers of deposed President Mohamed Morsi in its next attempt to establish a working government, or would violently repress the group and exclude it from political participation, following decades of precedent set by former Egyptian dictator Hosni Mubarak. In August, that question was answered with the blood of hundreds of Islamist protesters, spilled in a brutal crackdown as their rally sites were bulldozed, set ablaze, and fired upon with tear gas and live ammunition.

Over 600 civilians were killed in the initial assault on August 14, which drew comparisons to China's Tiananmen Square massacre of 1989. Hundreds more were killed in the following days as the Brotherhood vowed to continue street demonstrations. The interim government declared a month-long state of emergency and ordered a curfew—moves taken straight out of Mubarak's authoritarian playbook—and announced it was considering disbanding the Brotherhood as a terrorist organization.

In response to the crackdown, Islamists took out their anger on Egyptian police and government buildings, and set fire to dozens of

churches belonging to Egypt's minority Christian population. Egypt's Interior Ministry then authorized the use of deadly force against protesters.

The following week, after prominent Muslim Brotherhood leaders were arrested, the group found itself weakened and disorganized. By the end of the month, the crackdown appeared to be succeeding in its aim of bringing an end to the street protests, but the picture emerging from the rubble is one dishearteningly similar to that of Egypt before the Arab Spring. Images of former President Hosni Mubarak being released from jail and carried off by helicopter while Mohamed Morsi remained in custody further drove home the feeling that the old status quo was somehow being restored nearly three years after the Arab Spring was supposed to change the region indelibly.

An ancient Arab proverb says, "Better sixty years of tyranny than one day of anarchy." Despite Mubarak's removal from power, there's little evidence now that Egyptians' attitudes have changed. They have merely qualified that the tyranny shall never be by Islamists.

So strong is the anger towards the Brotherhood, in fact, that the military and police have started applying the label of "Islamist" even to decidedly non-Muslim persons it wishes to harass and suppress. According to Human Rights Watch researcher Heba Morayef in a recent article for the New York Times, "What is dif-

ferent is that the police feel for the first time in two and a half years, for the first time since January 2011, that they have the upper hand, and they do not need to fear public accountability or questioning."

Meanwhile, the U.S. and the rest of the international community have been reduced to little more than spectators watching Egypt unravel. Lawmakers in the U.S. have shown some renewed interest in re-evaluating the \$1.3 billion of military assistance America sends to Egypt each year, but cutting the aid would have its own repercussions for the U.S., and would be a risky gambit since other Arab nations have started pouring money into Egypt to support the military.

Lobe Log, a foreign policy commentary site, has documented how the U.S.'s right wing has split on whether to support the coup, but has recently come out in support of Deputy Prime Minister Gen. Abdel Fattah Al Sisi and the Egyptian military. As Daniel Luban notes, while some of the support may have to do with considerations for U.S.'s strategic interests, there has also been a distinct religious element to their position, taking a strong stance against the Islamists because of their attacks on Egypt's Coptic Christians.

Steven Cook, of the Council on Foreign Relations, wrote on Twitter a reasonable response to these and other apologists for the military: "I can understand that people despise the [Muslim Brotherhood], but that doesn't mean they have to justify every crazy thing happening." Frustrating as it may to those seeking the moral clarity of a good vs. evil scenario, there's no one left vying for power in Egypt who has clean



hands, or even an acceptable vision for a future Egypt that is safe, prosperous, or inclusive. And there is simply no moral justification for the assault on pro-Morsi supporters on August 14, in which perhaps twice as many people were killed as in the recent alleged chemical weapon attack in Syria.

The day of the crackdown, an Egyptian ambassador speaking in Washington, D.C. insisted that the interim government is leaving the door open to Islamists who want to participate in a reformed democracy, so long as they turn away from violence and terrorism. He didn't miss a beat when a reporter informed him that, while he was speaking, Egyptian Vice President Mohamed ElBaradei had resigned from office in protest of the mass act of violence committed by the interim government. In a statement later that day, acting President Adly Mansour praised the police for their restraint in emptying the squares of protesters. Meanwhile, photos showed smoke billowing over a smoldering Cairo.

As much uncertainty as there is regarding Egypt's future, there are two points worth remembering. First, talk is cheap. Whatever rhetoric comes from the military or the Muslim Brotherhood, the struggle playing out now has nothing to do with democracy, and neither side has shown any concern for democratic inclusiveness in its actions. And second, while pundits argue that only one side can be victorious in this struggle, and therefore advocate picking one side over the other based on U.S. interests, when it comes down to it, this is something worse than a zero-sum game for Egypt, the United States, and the broader Middle East. The highly visible failure of a democratic movement in the region's most influential nation could ripple outwards, undermining democratic momentum in the other Arab Spring countries and elsewhere.

To read past editions of Pure OnSense visit the Authors section of Emmitsburg.net.

# Down Under

## Hooray for Xeno

Submitted by Lindsay!  
Melbourne, Australia

Only the paranoid survive.  
—Dictum of Andrew Grove, president Intel corp.

Xeno, in a rather odd way, is the Greek word for strange. It's a great word, full of potential, even though one of its derivations is xenophobia, or the fear of strangers. But it's great because nearly everything in life is strange, one-way or another, or at least until we get used to it. Kids especially are constantly discovering strangeness, the unknown, the unexpected, and their excitement and wonder is so often seen and loved by their parents and teachers. As we grow older, of course, more and more things become familiar, and the excitement of discovery dies away, to be replaced by the humdrum of familiarity.

And familiarity can so easily become boredom, that time when nothing in the immediate future seems to offer any diversion, anything that might make the synapses jump to attention and say yes! Even novelty, a benign type of strange-

ness, is something we seek all our lives. Think of all the games, TV shows, music and talk shows we pursue in order to feel some stimulation, something that is different, no matter how slight. And although diversions from the daily drum may not be discoveries, they are certainly a way of briefly forgetting the current situation.

The world of advertising, however, sees danger in this, for it much prefers we stick with the tried, the true, the things we are comfortable with - for then their tailor-made pitches may have greater impact. You like brand X toothpaste? Good, keep buying it, but please don't try anything else, because we may not promote that brand. As for entertainment, we all know that America is the entertainment capital of the world, and as its consumption is never-ending, its production has to be as well. But novelty and appeal takes skilled imaginers to turn ideas into entertainment, and even they tend to despair when remakes of remakes, hashes of hashes and redarned shows with holes in them run out.

But, ever inventive, they can turn

to overseas ideas. Yes, my friends, every country in the world makes their own shows, (oh no! Surely not), with their own points of view, values, actors and writers. And some of these are very good indeed, novel and entertaining. So they are mined by desperate American producers who are faced with a local desert, but - and here's the problem - most of these overseas shows are foreign, for heaven's sake! Audiences wouldn't get foreign, therefore they have to be redone for American audiences, with American English, scenery, actors, and values. So an idea is found, but the novelty and strangeness is excised.

What might have been a glimpse of another culture is packaged into the same old boredom, because the fear of losing a cent has plastered cultural makeup on the exotic so that it resembles the plaster cast of all other shows, denying watchers the opportunity of exercising their brain, wondering about something other than their own personal comfort, while reinforcing the strange notion that America can do no wrong.

For all its diversity there is a degree of sameness in American cities that help boredom on its way. There is also the strange notion that only the paranoid can do well, as quoted above. Be ever vigilant, is the cry, buy a gun, don't step outside, watch our safe shows, be wary of your neighbour, go to a social network

and not a school, travel only so far as your auto can take you, and vote for the party that will keep that way.

Americans do seem to be paranoid. There can be no other explanation for the fear exhibited by the government, the wealthy, the military and many ordinary citizens as they go about their day-to-day business. Fear of being thought unprepared, of allowing terrorists power, of being robbed, made ill, deprived and being made to look both silly and underhand. These worries seem to be imprinted in and on the foreheads, an internal tattoo of scare.

Well, for the rich and famous that may be OK, because we aren't in that league, (I should say - at least I am not) - but how about the other side of that coin, the boredom that lack of stimulation inevitably brings? And brings more forcibly to the young, because their ability to create wholesome diversion has never been properly developed. Cotton wool insensitivity to the big, wonderful world around them is the attitude they have been led to develop - and we can see the outcome: Three young Oklahoma teenagers taking pot-shots at passers-by because 'they were bored', (one version), or 'had to pass an initiation test by killing someone' (another version), the victim being Australian, so more upsetting for us here.

I know of no nation on earth that has ever tolerated such behaviour, has

ever allowed it to develop, has nurtured it, made indifference to human life a norm, and given a kind of horrified but glorious publicity to the many role models those kids have: murders, mass killing, at home and abroad. When diversion is killing, when the fear of incarceration or death means nothing, then the society is in a parlous state. Erecting neon signs saying 'how great we are', building goals and not goals, inoculating against wonder and awe - these are the symbols of a ravaged state. This is the picture that puts you in the hypocrite basket, as you export democracy to those that neither want it or can adjust to it, yet ignore the almost insane picture of free to kill, free to neglect, and free to exert your own lack of moral conduct.

Enough preaching already. I'm going to start a national Xeno week, when everyone has to tell of some new, wonderful, happy-making thing they have seen, done or said. It will be tailored to your culture, as we, and the rest of the world, have less need of it.

Don't be paranoid, be xeno strange -let me know how you get on, and I'll come to see how you get on. That will be really strange, but no doubt diverting.

Xeno (aka Lindsay) in Down Under

To read past editions of Down Under visit the Authors section of Emmitsburg.net.

## THE PASTOR'S DESK

# Just for men

Pastor Gary Buchman  
Emmitsburg Community  
Bible Church

Have you seen the commercial on TV about the hair or beard coloring that is, "Just for Men?" I may be a little weird, but I have thought a lot about that product title, Just for Men. There seems to be fewer and fewer things that are just for men. Police and Fire departments are no longer just for men. Combat roles in the military are no longer just for men. Men's locker rooms are open to women reporters. Phys. Ed in high school was divided into boys and girls sports but now they do unisex Phys. Ed. I traveled a few years ago on a short term mission trip to Russia and stopped over in Helsinki, Finland and discovered that rest rooms are no longer just for men, they are unisex. But I am digressing.

I want to tell you about a program we are going to do called Men's Fraternity. It is just for men. It is not a Bible Study. It is however, a look at manhood from a biblical perspective. You see few people can give an accurate description of what a man is supposed to be or what a man is supposed to do any more. Should he be a Marine, or Mr. Mom? Should He change tires or diapers? Should

He be a leader or a follower? Should he be rugged and strong or soft and gentle?

Over the 30 plus years that I have been in ministry I have noticed that men are becoming more and more confused about what they are supposed to be and do. One thing that modern American men are not doing, is following Jesus. Over 60 percent of all church attendees in America, (across all denominations) are women. 70 percent of all Christian literature in America is purchased by women. Young men between the ages of 18-32 are the largest missing people group in American churches. Men are concluding that Church is not for men.

So where are men finding answers to life's questions? Questions like, "What is a man supposed to do? How to be a dad to sons? How to raise daughters? How to be a husband and love your wife? How to be a good employee or employer. How to be a good citizen? How to find life's purpose? How to prepare for death? How to make a difference in this world?" Men used to find these answers in church, in God's Word. Now they just wing it, or try to discover it on their own, or from so other model, like TV, or their parents (which may not have been the best models).

I am a pastor and having grown

up on a farm, I love to hunt and fish. I tell you this because I am amazed at the popularity of the show Duck Dynasty. Whether you are a fan or not, it has to amaze you that America is embracing these long haired and long bearded guys who always dress in Camouflage clothing and pray together in every episode. They are (in my opinion) expressing what many of us wish men would be.

I was curious to know if the Bible ever addresses directly what it means to be a man. I found this in 1 Kings 2:1-4, "Now the days of David drew near that he should die, and he charged Solomon his son, saying: "I go the way of all the earth; be strong, therefore, and prove yourself a man. And keep the charge of the Lord your God: to walk in His ways, to keep His statutes, His commandments, His judgments, and His testimonies, as it is written in the Law of Moses, that you may prosper in all that you do and wherever you turn;

David knows that his days on earth are now few. Solomon will acquire the throne and David is telling Him to be a Man. A real man, David says to his son, is one with the courage to live according to God's Word. The author of life has given us an instruction manual, that shows us what to do and how to do it right. It is a fool that ignores the book and tries to figure life out on his own or chooses to follow some TV guru, or the popular cultural philosophy. He tells Solomon that a real man will have the courage to trust God, follow God, choose God's way instead of the world's way or his own way, and he will obey God even when he doesn't understand.

Where did we ever get the idea that real men don't go to church? The Bible is full of men who were warriors like Abraham, Moses, Joshua, Samson, David, Peter and more. These were not perfect men, but they were men of courage and faith. Jesus was a man and a man's man. Jesus grew up as a carpenter in a time when there were no Lowes or Home Depot's. He cut his own lumber and hauled it one small load at a time.



Carpenters also did brick, stone, and masonry work. I believe Jesus was ripped, lean, and rugged. He once took a whip to men that abused the temple and those who were deprived of its worship when they turned it into a strip mall with inflated prices. Jesus stood up to hypocrites who were trying to keep people in religious bondage. Yet, He was gentle enough to give hope to lost and sinful people. And was willing to die as a hero to rescue you and me. He was a man's man. I am tired of churches and the media who portray Him as some kind of wimpy guy who always had his hands folded and spoke softly. Jesus would be in your face to defend God's honor or to protect someone who was being abused. He is a hero.

So, let me tell about Men's Fraternity and invite you to be part of something that is Just for Men. Men's Fraternity attempts to answer the following?

- What makes a man a man? A real man?
- How does one become a man?
- Is there a moment when it happens?
- What is it that holds men back from their true masculine identity?
- How should authentic manhood express itself today?

We will give you a definition of what a real man is. Men's Fraternity will show you how to be the leader that your wife and children need. "This journey is not for the faint of heart. It's a steep climb at

times. You will need discipline and team mates in the process. It will be challenging, soul-searching, and eye-opening. But the end-as many have experienced before you-you, too, will find a clearer, richer, and nobler masculinity for yourself. That's a promise.

Like never before, our world needs men. Real men. Authentic men. Men, like Jesus, who possess life – giving spirits and righteous, warrior hearts. Are you ready?" (Robert Lewis, Page 3, The Quest for Authentic Manhood workbook, Lifeway Press, Nashville)

Emmitsburg Community Bible Church will be offering Men's Fraternity to any man who wants to attend, starting September 19th. The costs is just \$10, to cover the materials. To register, call 301-447-6565, or email me at pastorgarybuchman@gmail.com. We will meet each Thursday evening at 7, and if there is interest at 6 each Thursday Morning. Each session will be exactly 1 1/2 hours. We will always dismiss at 8:30 in the evening or 7:30 in the morning. So come on guys, let's do this together. This is Just for Men.

We would love to have you come and worship with us at the Emmitsburg Elementary School gym each Sunday at 10:00 a.m. If you read the sermons online, email me and give me some feedback.

Hey, thanks for taking the time to read this, I appreciate it. I hope to meet you or hear from you soon. Until then, may the Lord bless you all.



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# Jam and jelly making

Let Your Fruit Trees Save Sugar



Sept 26

In Galt's Annals of the Parish, in which the Rev. Micah. Balwhidder quaintly chronicles the occurrences of his district from 1760 downwards, the following entry occurs relative to an important epoch in the parochial history:

"I should not, in my notations, forget to mark a new luxury that got in among the commonality at this time. By the opening of new roads, and the traffic thereon with carts and carriers, and by our young men that were sailors going to the Clyde, and sailing to Jamaica and the West Indies, heaps of sugar and coffee-beans were brought home, while many, among the hail-stocks and cabbages in their yards, had planted groset and berry bushes; which two things happening together, the fashion to make jam and jelly, which hitherto had been only known in the kitchens and confectionaries of the gentry, came to be introduced into the village. All this, however, was not without a plausible pretext; for it was found that jelly was an excellent medicine for a sore throat, and jam a remedy as good as London candy for a cough or a cold, or a shortness of breath. I could not, however, say that this gave me so much concern as the smuggling trade; only it occasioned a great fasherie to Mrs. Balwhidder; for in the berry-time, there was no end to the borrowing of her brass-pan to make jelly and jam, till Mrs. Toddy of the Cross-Keys bought one, which in its turn came into request, and saved ours."

This manufacture of jam and jelly may now be said to form an undertaking of some importance in every Scottish household, occupying a position in the social scale above the humblest. In South Britain, the process is also extensively carried on, but not with the universality or earnestness of purpose observable in the north. To purchase their preserves at the confectioner's, or to present to their guests sweetmeats, stored in those mendacious pots, which belie so

egregiously the expectations entertained of them at first sight, in regard to cubic contents, would in the eyes of the generality of Scottish lathes (those of the old school at least), be held to indicate a sad lack of good housewifeship. Even when the household store was exhausted, as very frequently happens about the months of May or June, we have seen the proposal to remedy the deficiency by purchasing a supply from a shop rejected with scorn.

The jelly-making season may be said to extend over three months—from the beginning of July to the end of September, beginning with strawberries and going out with apples and plums. Great care is exercised in the selection of a dry day for the operation, to insure the proper thickening of the boiled juice. As is well known, this last circumstance constitutes the most critical part of the process; and the obstinate syrup, resolutely refusing to coalesce, not unfrequently tries sadly the patience and temper. In such cases, there is no remedy but to boil the mixture over again with an additional supply of sugar, the grudging of which, by the way, is a fertile cause of the difficulties in getting the juice thoroughly inspissated.

Like washing-day, the manufacture of jam and jelly, whilst it lasts, entails a total disregard of the lords of the creation and their requirements, unless, indeed, as not frequently happens, the 'men-folk' of the family are pressed into the service as assistants.

A huge pan of fruit and sugar is sometimes a difficult matter to convey to, and place properly on, the fire, and we have seen a great stalwart fellow, now an officer in her Majesty's army, summoned from the parlour to the kitchen, to give his aid in accomplishing this domestic operation.

Should a student be spending the recess in the country, during the summer, he is very likely to be pounced on by the ladies of the family to assist them in gathering

and sorting the fruit, or snipping, off its noses and stalks with a pair of scissors. Of course, in general, the young man is only too happy to avail himself of so favourable an opportunity for flirtation, where the companions of his toils are young, good-looking, and blessed with a fair share of juvenile spirits.

The Boole of Days is not a cookery-book, and, therefore, any directions or recipes in connection with jelly-making, would here be wholly out of place. Yet in connection with so familiar a custom of Scottish domestic life, we may allude to the difference of opinion prevalent among those versed in jam-lore, as to the proper time which should be allowed for the syrup remaining on the fire, after having reached the point of ebullition.

Some recommend the space of twenty minutes, others half-an-hour, whilst a few, determined that the preserves shall be thoroughly subjected to the action of Vulcan, keep the pan bubbling away for three-quarters or even an entire hour. An esteemed relative of our own always insisted on this last period being allowed, with the result, it must be stated, sometimes of the jam becoming a veritable decoction, in which the original shape of the fruit could scarcely be recognised, whilst the substance itself became, after having cooled, so indurated as to be almost impracticable for any other use than as a lollipop.

In country places, besides the ordinary fruits of the garden, many of the wild products of the woods and fields are made use of in the manufacture of preserves. The bilberry or blaeberry, the barberry, and above all the bramble, are largely employed for this purpose; while in the Highlands and moorland districts, the cranberry, the whortleberry, and even the harsh and unsavoury berries of the rowan or mountain-ash are made into jam.

On the shores of the Argyleshire lochs, where, from their sheltered position, the fuchsia grows with remarkable luxuriance, its berries are sometimes made into a very palatable compote. Bramble-gathering forms a favourite ploy amid the juvenile members of a Scottish family, and we have a very distinct recollection in connection therewith, of wild brakes where the purple fruit grew luxuriantly, amid ferns, hazel-nuts, and wild-raspberry bushes, with the invigorating brightness of a September sun overhead,

and the brilliant varieties of a September foliage. Faces stained with livid hues, hands scratched with thorns and briars, and shoes and stockings drenched with ditch-water, are among the reminiscences of the jous days of bramble-gathering.

The inconvenient number of applications recorded by Mr. Balwhidder, as having been made to his wife for the use of her brass jelly-pan, is quite consonant with the actual state of matters in a country town in Scotland in former times. These culinary conveniences being rare, the fortunate possessor of one was beset on all sides by her neighbours with requests for it, and if she were good-natured and unselfish, she ran a considerable risk of being entirely excluded herself from participation in its use. Now, however, that these utensils have become an appendage to every kitchen of the least pretension to gentility, such a state of matters has come to be ranked fairly among the legendary reminiscences of the past.

The institution of jelly and jam, as already observed, has experienced a much more extended development in North than South Britain. In the former division of the island, the condiments in question are regarded as an indispensable appendage to every social tea-drinking, and are also invariably brought out on the occasion of any friend dropping in during the afternoon and remaining to partake of tea. To refrain from producing them, and allow the guest to make his evening repast on bread and butter, would be regarded as in the highest degree niggardly and inhospitable.

When no stranger is present, these luxuries are rarely indulged in

by the family—that is to say, during the week—but an exception always holds in the case of Sunday evening. On that occasion the children of a Scottish household expect to be regaled *ad libitum* with sweets, and the quantities of jelly then consumed in comparison with the rest of the week might form a curious question for statist.

The Sunday-tea, too, is enjoyed with all the more relish that the previous dinner has been generally rather meagre, to avoid as much as possible the necessity of cooking on the Sabbath, and also somewhat hurried, being partaken of 'between sermons,' as the very short interval between the morning and afternoon services is termed in Scotland.

Whatever may be said of the rigour of Sunday observance in the north, our recollections of the evening of that day are of the most pleasant description, and will doubtless be corroborated by the memories of many of our Scottish readers.

In England, where the great meal of the day is dinner, tea is, for the most part, but a secondary consideration, and neither jams and jellies, nor condiments of any kind, beyond simple bread and butter, are in general to be seen. A young Englishman, studying at the university of Edinburgh, on one occasion rather astonished the lady of the house where he was drinking tea. He had been pressed to help himself to jelly, and having been only accustomed to its use as an accompaniment of the dessert, he very quietly emptied out on his plate the whole dish, causing considerable wonderment to the other guests at this unaccountable proceeding.

*The read other selections from Robert Chambers' The Book of Days visit [www.thebookofdays.com](http://www.thebookofdays.com).*

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## THE (retired) ECOLOGIST

# When you're full of Paraprodsakians

Bill Meredith

*When you are old and grey and  
full of sleep,  
And nodding by the fire, take  
down this book,  
And slowly read, and dream....  
—William Butler Yeats*

The lines quoted above are the beginning of a poem Yeats wrote about a woman he had loved and lost in his youth. I think it's a very good poem... it's on the internet, if you want to read all three verses... but lately, it seems those first three lines are about me. I don't sit by a fire on these summer evenings, but the rest of it fits pretty well... old, gray, sleeping a lot, and daydreaming about things that seem, on first glance, to have nothing to do with each other.

A friend who shares my love of quirky things recently sent me a list of quotations called Paraprodsakians. These are sayings in which the second part is either unrelated, or oddly related, to the first part. It was a word I had never heard before, but I knew what to do with it; after all, in this business such things happen all the time, and there are rules to go by. First, when you meet a word like that, you must stop and look at it,

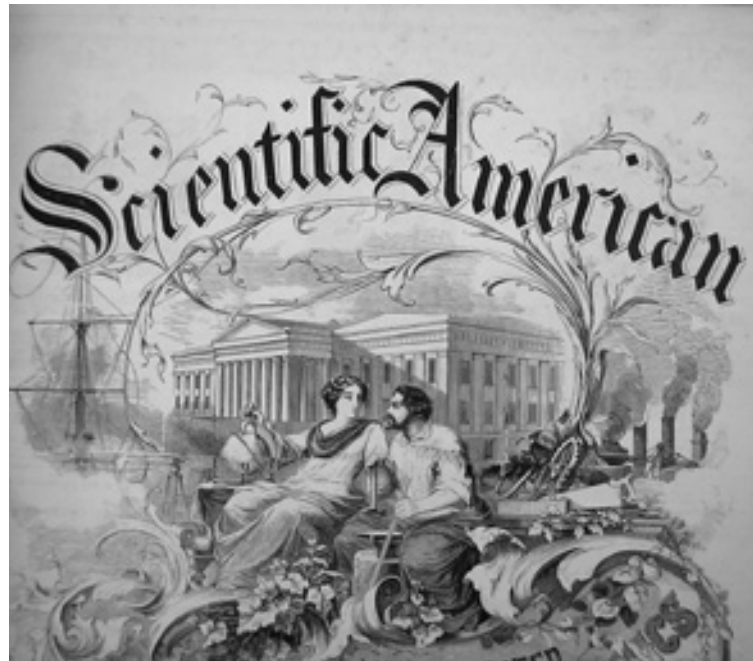
and try to pronounce it aloud so you can get your tongue around it and drop it casually into a conversation the next chance you get. Second, you should look up its definition and origin, in case the person you're talking to gives you a strange look. Third, you should commit some examples to memory, in case the previous two steps are followed by a stunned silence.

I have reached the age where my speech occasionally slurs even on small words, so I knew I was in trouble as soon as I tried Step One. It took at least a dozen tries before I pronounced "Paraprodsakian" without tripping over it, and then I found that I tended to forget some of the syllables after a few minutes without practicing. Step Two was also unrewarding; the word was not in either of my dictionaries, so I had to resort to the internet. There, I found that it is not in the latest version of the Oxford English Dictionary either; it seems that someone just made it up, using a bunch of Greek-sounding roots to make it appear venerable and dignified. Some of the classic examples occurred by accident; for instance, in the 1880s the Rev. W. A. Spooner once gave a fiery temperance sermon in which he thundered from

the pulpit, "Work is the curse of the drinking class!" Satirists favor paraprodsakians, such as "Some people cause happiness wherever they go; others, whenever they go." (Oscar Wilde) Comedians, of course, love them... "I've had a wonderful evening. This wasn't it." (Groucho Marx) Even biographers use them: "Nostalgia isn't what it used to be." (Simone Signoret)

The trouble with being retired is that you're not working any more. Thus, when you run across a new word like Paraprodsakian, you can't just put it down and forget about it, because you no longer have the excuse that you're too busy to fool with such silliness. That's what happened to me when I found one by Winston Churchill. He said, "I'm supposed to respect my elders, but it's getting harder and harder for me to find one now." I suppose he had memorized the Ten Commandments as a child; and I did too, although I was a couple of generations younger than Sir Winston. I'll admit that I can no longer recite the Commandments in their proper order; but because I memorized them as a child, I still know what they meant. But now, when I look around, rarely do I find anyone who memorized them at all... or, for that matter, anything else. Times have changed.

When I began teaching in 1957, I had just finished my Master's degree, and I was pretty cocky about it; I thought I had learned all of the biology I needed to know. Before the first month had passed, I realized I was wrong, so on the advice of a friend I subscribed to Scientific American. The articles in it kept me aware of new discoveries, so I saved them, and when I retired I could not bear to end my subscription. The result is that I now have 668 copies stored in the



basement, in my shop, in my office, and scattered elsewhere about the house, and a new one arrives each month. Needless to say, this has not escaped my wife's notice, and every time she encounters the term "downsizing" on the news or in an AARP ad, she tactfully calls it to my attention. Her idea of tact does not always agree with mine, but I have to admit that she has a point; so last week I finally threw away two copies.

That was a traumatic experience, like saying goodbye to old friends, and I could not do it without leafing through them one last time. One of the features I always enjoyed was a column that recounts the events that were big news in science 50, 100, and 150 years ago; and the one I picked up described a heat wave that occurred in New York City in July of 1911. In those days the city Health Department was responsible for removing dead horses from the streets, and in that one week, 1026 horses died, an average of 171 each day. The writer observed that those horses were worth over half a million dollars, a staggering

amount in those days, and he noted that such a fund would pay for enough electric vehicles to replace all the horses.

Times were changing even then. The Industrial Revolution actually started over 100 years earlier, but the start was slow and gradual; by the turn of the 20<sup>th</sup> century, it was beginning to grow explosively. Power plants were being built as fast as possible to provide the electricity to run newly-invented trains and streetcars so all those horses could be replaced, and oil wells and refineries were mushrooming all over the country to power automobiles. That, in turn, demanded new roads, and all the changes that went with them... population shifts, urbanization, mega-farms... all those things that people of my age lived through.

My grandparents were born in the decade following the Civil War, before the invention of telephones and electric lights. My parents arrived about the same time as airplanes and radios; television was probably the biggest change in their lives (computers existed by the time they died, but they weren't much aware of them). When I was growing up, we still farmed with horses until I was about 15, and I must have been in college before I ever received a shot of penicillin. The rate of change keeps speeding up, and old folks tend to die off before they can adapt. Grandpa drove a car, but he never quite felt at ease in it, I learned to use a computer in 1970 but still would rather write with a fountain pen. Someone told me today that children no longer learn cursive writing in school.

Grandpa told me stories of the Good Old Days, and I've told my grandchildren my version of the same. Both of us looked back wistfully at times that were not as easy and carefree as we made them sound, but we loved them because we felt we still had some measure of control over our lives. Ah, yes. Nostalgia isn't what it used to be.

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# IN THE COUNTRY

# The Frog of War

**Tim Iverson**  
Naturalist  
Cunningham Falls State Park

For a moment let's step back in time. We'll go back to the good ol' days. We're going to rewind to a time past when Glenn Miller played the songs that made the hit parade. Even before anyone had a LaSalle than ran great...or at all. No, no we're going way way beyond any of that. We're going to just skip right over the Renaissance. We'll leap straight over the Iron, Bronze, and Stone ages. Just keep on trucking all the way back to about 190 million years ago. Imagine yourself very much in a Jurassic Park like setting where you're standing in a field or a forest marveling at the giant reptiles meandering about you. Thundering steps and deafening roars of immense dinosaurs have your full attention. In fact, you're probably so caught up in the awe-inspiring sight you don't even notice what's hopping around right at your feet. It's a frog! That's right frogs have been around since at least 190 million years ago and co-existed with the dinosaurs. Alright, now we can fast-forward back to the present.

Frogs are amphibians, which mean they can live on both land and in the water. It's a pretty good deal for them because they get the best of both worlds. If a situation gets too dicey up top on the land and it looks like they might become a snack they can retreat to the protection of a pond. Or if there isn't enough grub in the water then they can try their luck topside. The habitat for frogs can be pretty varied too. They're found on every continent except Antarctica, which means they range from barren deserts to the frigid arctic. The Wood Frog (which is native to Maryland) survives for months at a time frozen solid! The glucose in its blood



The Maryland Wood Frog survives for months at a time while frozen solid!

essentially acts as anti-freeze and will surround vital organs while the rest of the frog remains frozen solid. Then when warmer temperatures return in the spring it thaws out and keeps on hopping. Frogs have even more physical adaptations that make them impressive.

Frogs have legs that would make Olympians jealous. If there were inter-species Olympics frogs would get the gold in the long jump every time. Most can actually leap up to 20 times their body length, while some can get up to 50 times! So to put that into perspective, the average person would be able to jump up to or more than 100 feet! The longest recorded frog jump measures in at 33 feet and 5 1/2 inches. The record was made by a frog named Santjie at a frog derby in South Africa. Their feet are nothing to balk at either. Depending on the type of frog that they are the characteristics of the feet will differ. Aquatic frogs have webbed rear feet that help them move efficiently and gracefully through the water. Tree frogs have large round toe pads that essentially work like suction

cups that help them climb. Meanwhile, land frogs have short stubby legs that work best for walking and climbing.

The skin of a frog is enough to make your skin crawl though. Frog skin is a remarkable feature that truly stands out in the animal kingdom. Frogs actually breathe through their skin, which is really helpful if you're an aquatic frog! Frogs must keep their skin moist; otherwise they can't absorb oxygen and will suffocate. They don't just breathe through their skin though, they drink too! By absorbing water through their skin frogs really cut down on straw expenditures. The skin is also a snack too! Just like any other reptile they'll shed their skin about once a week, and then they eat it. If times are tough they'll always have that reliable meal.

That's not all frogs eat though. Frogs will eat just about any insect that can find, and even some very small fish too! Frogs will roll out that very sticky tongue to catch prey and pull it back. They do that all in about one second. They essentially do that whole process blindfold-

ed too! Frogs close their eyes while the tongue shoots out, and then use their eyes to help swallow too. Frogs can retract their eyes by sinking them into their skull to help force food down their throat.

Now frogs aren't usually thought of as the biggest or baddest guy on the block, but they can hold their own alright. Coloration plays a huge role in frog defenses. Most use color as camouflage in order to better hide themselves, while other use really bright colors to stand out. The latter kind that uses bright colors is telling potential predators not to eat them because they are very poisonous. Now most frogs have poison, but some are stronger than others. It's usually only released when their threatened, like being eaten for example. And when all else fails sometimes they'll just play dead.

Birds chirp, dogs bark, and frogs croak. The croaking is used by males to attract females. The coolest thing about this is that frogs can only hear the sounds of their own species! Croaking begins the birds and the bees so the life cycle can continue on for the species. Once a male and female consummate their relationship, which in the frog world is called "amplexus", the female will lay the eggs and leave them entirely on their own. The eggs will hatch in a matter of days or weeks depending on the species. Once they hatch they become tadpoles and then will eventually drop their tails, grow some legs, and become frogs.

Miners used canaries in mines to detect toxic levels of gas or air conditions. Birds were more sensitive to this, so if it dropped dead it

was time to hightail it out of there. Scientists see frogs very much the same way. Frogs are considered an indicator species because they are sensitive to changes in the ecosystem. Worldwide frog population densities are decreasing and we're facing rising species extinction rates too. In Yosemite National Park three out of seven native species are gone. Like the canary in a coal mine idea, the same notion is applied to frogs. If conditions are unfavorable to them soon they may be unfavorable for us. The causes for the population declines can be a regional or isolated local event like habitat loss due to deforestation or development. Other attributable causes though are rising global temperatures, and thinning ozone layers. Since frogs both breathe and drink through their skin they are especially susceptible to acid rain and pollution in the water supply.

As incredible a critter as frogs are with their serious skin, romantic dispositions, eye-popping eating techniques, and the rest they are truly an integral part of our environment. Their symphony and chorus ringing through the summer's night brings nostalgic moments for many people. No matter what the cause for decline people should pay special attention to this indicator species. Through careful research and conservation we may be able to hear their nightly symphony for another 190 million years.

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## IN THE COUNTRY

# Common core connections

**Chuck Reid & Autumn Arthur,  
Strawberry Hill Nature Preserve**

While high quality water is one of the basic necessities of life, it is often regarded as a topic which only the “experts” must consider. Even within public discussions regarding the health of the Chesapeake Bay, many proffered solutions focus on changes in policy and industry, rather than individual learning and accountability. However, that viewpoint can easily change and stewardship awareness can be raised at an early age by providing quality education for our children. Hands-on classroom activities and field trips forge lifelong connections to the environment, especially when water is involved. When children are given the opportunity to gain content knowledge in an experiential setting and are given the chance to apply it in a meaningful context, a life-long impression is made affording them the confidence that they can get involved and consider how we humans impact our water resources.

Pennsylvania educators are required by Legislative Act 48 of 1999 to complete continuing education classes and programs in order to remain certified to teach in any Pennsylvania public school entity. In our region, the health of the Chesapeake Bay has major crossover with the science, technology, engineering, and math (STEM) fields associated with the PA Board of Education requirements. The Next Generation Science Standards recently adopted by the state of Maryland guide educators towards connecting STEM fields with subjects

ranging from literacy and mathematics to the fine arts. Thus, educators from many different classrooms can benefit from increasing content knowledge about our watershed and experiencing the environmental education pedagogy that lends a hands-on aspect to STEM fields.

Hands-on environmental education, supported by our teachers, helps students make concrete connections to challenging abstract material, particularly when experienced in an outdoor classroom setting. Without these connections, far too many students miss the opportunity to develop lasting understanding of these environmental concepts and how they apply to their local environment.

However, today’s schools face shrinking educational resources and a shortage of money, diminishing the availability of quality teacher education opportunities. This is particularly true in regards to environmental education. In addition, the budget predicament faced by school districts further exacerbates the decline in these field trips for students, limiting hands on learning opportunities. Busy teachers also struggle to find time to adapt their lessons to the new standards while preparing for the unique circumstances of each class and child, but community resources can aid teachers in meeting the task.

To address these issues, two local non-profit organizations focused on environmental education and water resource protection, Strawberry Hill Nature Preserve and the Watershed Alliance of Adams County, are working together

to deliver an Environmental Educators Conference and Watershed Education Grant program that will provide Act 48 credit for teachers and fund watershed field trips for local schools.

Strawberry Hill Nature Preserve was founded in 1986, and since then has served as the sole private non-profit environmental education center in Adams County. Strawberry Hill protects the Swamp Creek Watershed, a high quality cold water stream system that is part of the Chesapeake Bay Watershed. The Preserve connects the community with the natural world by providing 10-miles of trails open to public and through environmental stewardship programs offered at a 600-acre nature preserve.

Since its inception, Strawberry Hill has strived to forge deep connections between our environment and our community, of which schools are a major aspect. Schools from all over Adams County and as far as Ft. Detrick, Maryland; Frederick County, MD; York, PA; Chambersburg, PA; and Harrisburg, PA attend Strawberry Hill field trips each year.

The Watershed Alliance of Adams County is a volunteer member-based, non-profit organization whose goals are to help residents better understand the complex watershed issues affecting Adams County; encourage sound water management; and land use practices that will promote a sustainable watershed resource; conduct county-wide water monitoring programs; and carry out watershed improvement projects.

Collectively these two organizations are offering an Environmental Education Conference to create a new opportunity for local public and private school ed-



ucators to gain training in field-based instruction relating to water resources. They are also offering a grant opportunity for local teachers to have their classes participate in an educational field trip; have programs delivered at the school; and/or have a business sponsored in-classroom environmental education kit supplied to the classroom.

Strawberry Hill and the Watershed Alliance hope to obtain annual local business support to help the children of Adams County learn about our local water resources. Already, five in-classroom kit programs have been sponsored by local business, including Water and Wetlands Consulting, LLC; Alexander’s Plumbing and Pumps; Alexander’s Well Drilling; St. John Lutheran Church and St. Mary’s Catholic Church; and Confederate Woods Veterinary Hospital. The target is to solicit a minimum of \$2,000 from the community within the first year of this program. In addition, the Land Conservancy of Adams County is supporting the conference and Watershed Education Grant programs with an additional \$3,000.

Funds received from the Watershed Alliance, Land Conservancy, and local businesses will be awarded to attendees of the Teacher Environmental Education Conference for providing hands on field trip programs to our local schools. The Watershed Education Grants for teachers will be limited to one of Strawberry Hill’s water resource education programs. The target is to provide programs to a minimum of 600 students between the selected schools with the goals of improving the visibility of the local water resource issues among teachers and students and provide them with the confidence to understand the complexity of our local water resources.

The education conference will be held at Strawberry Hill Nature Preserve on September 21<sup>st</sup>, 2013, from 12:00pm – 5:00pm, as part of Strawberry Hill’s annual Open House and Members’ Meeting in conjunction with the Watershed Alliance. The conference is eligible for Act 48 credit and will include: information on program options offered by Strawberry Hill and the Watershed Alliance; developing and delivering lesson plans for the updated Common Core and Next Generation Science Standards related to environmental education and water resources; and how to become eligible to receive funding for school field trips and programs.

Other events taking place during the Open House and Members’ Meeting, to which the entire community is invited, include a deer management and hunters’ meeting, Strawberry Hill board elections and presentations, a nature-inspired art workshop for families with local artist Tom Rooney, and a duck race “fun”-draiser. Catered lunch will be provided by Frontier BBQ. The day will begin with the opening of the meeting at 10:00am on September 21<sup>st</sup>.

For those teachers interested in learning more, or for businesses who are interested in supporting this effort, please contact Strawberry Hill and the Watershed Alliance of Adams County at (717) 642-5840. Or visit our websites at [www.StrawberryHill.org](http://www.StrawberryHill.org) and [www.AdamsWatersheds.org](http://www.AdamsWatersheds.org).

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IN THE COUNTRY

# Rocky Ridge—America at its finest

Kathryn Franke  
MSM Class of 2013

What do you get when you combine family, friends, good food, games, lots of fire engines, and fun? The Rocky Ridge Carnival!

I had the pleasure of attending this small town event, and I was amazed at just how community-oriented it was. The carnival was held at Mount Tabor Park, the location of the renowned “Big Slide” for all of you who have taken a ride on that before. If you haven’t gone down “Big Slide” before, you really should add that to your to-do list!

While I was at the carnival, I could sense the feeling of excitement and the sense of tradition that this event brings forth in the community. The Rocky Ridge Volunteer Fire Company has been organizing this carnival for years, and it is obvious that the community looks forward to it every year. But this is no typical carnival. It’s not just a day... it goes on all week long! Who says the fun has to be contained to just a single day? Rocky Ridge knows that there is just far too much fun to be had for it to be a fleeting daylong event. So, they make it an entire week of fun for the family.

As soon as I turned into the parking lot (the very full parking lot!), I saw dozens of people lining the street, lawn chairs in tote, anxiously awaiting the parade that was to happen later in the evening. Their excitement was so evident because they were staking claim along the road with their chairs over an hour before the parade was even scheduled to start! But after seeing the parade, I can see why they did this. The parade was an amazing experience, and it was definitely good to have a front row, up-close view.

As I heard the sirens off in the distance and the parade staff began to block off the road, I could sense the anticipation of the audience because we all knew the parade was about to begin. People from ages 7 to 70 took part in

the parade. The Thurmont Riding Club, the Rocky Ridge 4-H Club, Ali Gahn, the Catoctin Aires, and even Smokey the Bear were included in the event. And who could forget the vintage cars or the candy that was thrown out to all of the children lining the streets and watching in awe as the parade passed them by?

Countless fire stations were in attendance, as well. Firefighters from Rocky Ridge, Emmitsburg, Thurmont, Graceham, New Midway, Woodsboro, Walkersville, Greenmount, Lewistown, and Carroll County, Maryland were all a part of this incredible parade. Who would have thought a small town parade would have participants from so many different places?

Well, Rocky Ridge is a small town with big plans. And they certainly carry out those plans!

Aside from the parade, there were so many fun activities for people of every age group. There was of course the “Big Slide” and there were also many games like Crazy Ball, Dime Pitch, Doug’s Turtle Race, Ring Toss, Fish Pond, and good ol’ BINGO. There was a money wheel and also a stand to purchase raffle tickets. To top it all off, the carnival boasted a hayride for the carnival-goers to take.

And what is a carnival without amazing food and live music? The Rocky Ridge Carnival offered a wide variety of foods that would satisfy any palette, and there was a fantastic lineup of bands throughout the entire week of the carnival. Monday was the cake auction, and throughout the rest of the week, Catoctin Promise Band, Paul Ledford Band, Roll the Dice, River’s Bend Band, and CB Pickers brought the carnival to life with their music.

Linda Northrup, someone who really helps make this annual carnival a reality, mentioned how much she loves this hometown tradition. She explained, “We are a close-knit community, and this unique carnival really shows the fellowship that is pres-



The annual parade of fire trucks is, for many, the highlight of the Rocky Ridge Fire Company carnival.

ent throughout our town.”

This carnival is not only a way to bring the Rocky Ridge community together, but it is also a way to meet new people in the area, or even people from a bit farther away who heard about just how wonderful this carnival is.

Tyler Gray of Hanover, Pennsylvania made his way to the carnival this year, and he too really enjoyed the strong sense of community at the event. “The food was great, the atmosphere was homey, and the people were very welcoming,” he said. Tyler is not from the immediate area, but when he came to visit, he immediately felt like he was a part of their community.

For those of you who have already made it a tradition to attend the Rocky Ridge Carnival, I am now right there with you! I will definitely be attending this event for years to come. For those of you who haven’t experienced it yet, I strongly recommend that you attend the carnival and see for yourself just how community-oriented and welcoming it is. You will have an amazing time with family and friends, and you will surely meet many incredible people from Rocky Ridge, the surrounding areas, and perhaps even farther away.



Rocky Ridge is a small town,

but we at the Emmitsburg News-Journal want to give a voice to it and encourage our readers to explore the town and its events. As a local newspaper, we have a strong appreciation for towns and events like this one. They represent the very thing that we hope to con-

vey to our readers: a strong sense of community.

In so many ways, Rocky Ridge is America at its finest.

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## PETS LARGE AND SMALL

# Teach pets logic and reason

**Jennifer Vanderau**  
Cumberland Valley  
Animal Shelter

Oh my word, how often do you wish we could teach animals not only words, but also logic and reason?

A few days ago my oldest cat decided the pieces of string hanging from the carpet would constitute a delicacy. I heard him gnawing away on something and he wasn't anywhere near the food bowl. I knew right away this had to be bad.

I found him with a long strand of carpet fiber string (still attached to the carpet, mind you) halfway down his throat. He looks up at me during his rigorous chewing as though preparing to ask for the steak sauce -- that's how much he seemed to be enjoying this "treat."

I raced over to him, hollering, "Sweetheart, what are you doing? That's not food!"

Before I could yank the material out of his mouth, he walked away leaving the strand (now quite soggy) still attached to the carpet (thankfully not swallowing any of it). Moments later I heard him throwing up. Big surprise, the strand down his throat had kicked in his gag reflex.

He gave me a helpless look and I said, "If you could understand words and logic, I could explain

what just happened and what you did. But since you don't, I don't know what I can do for you."

Needless to say, I tried to ease him through his issues and definitely cut off the string on the carpet. I'm hoping that he has learned his lesson, but the lack of understanding and reason has me a bit worried. He's a dear soul, but alas, not terribly bright.

I mean, he still thinks there's a package of treats kept on the kitchen counter and there hasn't been one there for literally years. Granted, it used to be the spot where the treats were kept, so in a way, he's displaying some above-average intelligence for a feline, but still, no matter how many times he hollers and reaches up, he doesn't get a treat -- because they're not there!!

I try to explain this to him every time he stretches up on his hind legs and meows at me while I'm at the sink, but with the lack of understanding of the English language, it's to no avail.

It's amazing to me how smart some animals can be and at the same time, it's equally astonishing how others are quite clueless.

I've seen dogs at the shelter who know all kinds of commands and are sometimes smarter than we are, I must admit. We had a German Shepherd here years ago who knew how to get out of his kennel to meet



### China

*China is one sweet girl! This 2-year-old Pitbull mix loves to take walks and have fun. Her ears are the best, though. When she's interested in something, they stick straight up, giving her quite a unique appearance. The person who adopts China is going to be one lucky human!!*

*For more information on adopting China, contact the Cumberland Valley Animal Shelter at 717-263-5791 or visit www.cvas-pets.org.*

us at the front door every morning. We honestly got to the point where we couldn't figure out how he was doing it, so we sort of threw up our hands, made sure the shelter was safe for him and declared him smarter than the humans who ran the place.

On the other hand, I've taken dogs from the shelter to places throughout the county and they can't figure out which end of the door opens -- even when I hold it open for them! They'll stand with their nose in the hinges, sniffing and thoroughly confused, seemingly unable to figure out why they can't leave or enter the building.

Oh for them to be able to understand language at those moments!

Although, if my feline group of nine is anything to go by, an understanding of language with the additional gift of opposable thumbs would likely make them the evil overlords of the human race and animal kingdom. Well, my two youngest, Dee Dee and Shredder would be anyway. Those

two are seriously conniving.

Do you know Dee Dee is so attuned to any minor difference in the house, she actually knew when I had hung a picture? I kid you not, my sister got me this adorable painting of a pup on a bed for Christmas and dad helped me put it above my bed. It was days later that her majesty, Dee Dee decided to visit me and immediately -- I'm talking the second she entered the room -- walked right up to the bed, hopped to the headboard and started smacking the painting.

How did she know?

It crept me out a little, I don't mind telling you.

If they ran the world, we'd all have to answer to them and oh

mylanta, that would be a rough existence. Although, I just realized I kind of already do answer to them pretty much every day, anyway, so I suppose I'm halfway there. Man, that's a humbling epiphany.

So, a question for you to ponder: if the world was actually ruled by our animal friends, would they be able to make it a better place?

Would the terriers take over because the labs were too fun-loving? Would the Rottweilers rule on high because of their fierce might? Or would the Poodles use their alleged supreme intelligence to figure out a way to get the system to work for them?

I probably shouldn't throw cats into the mix because their penchant towards evil kind of messes up the scheme I'm laying out here.

Or, let me take my ponderings a step further and ask, would we all be able to get along with one another because our animal rulers would show us how?

At any rate, from time to time, I sure wish I could speak to my four-legged friends so that they could understand the message. At the very least it would save me from cutting up soggy carpet fibers.

\* \* \* \* \*

*Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvasoc@innernet.net. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. Animals available for adoption can be viewed at www.petfinder.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.*

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.



I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown

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PETS LARGE AND SMALL

# Being a good “leader” for your dog

Roseann Deluca  
Cold Creek Dog Training

I put the word “leader” in quotes since there is so much hype and use of the term in relation to dogs over the past years. When I think of a leader in terms of dogs, it’s the person responsible for the needs, wants, health, and well-being of the puppy or dog. Many people treat their dogs just like family members and that’s just fine, IF they follow good leadership skills as well.

You and your dog are partners in the way you approach life together. It is a partnership in how he respects you and in turn how you return respect to him. I spend a lot of time and energy on developing and maintaining a good relationship with all of my dogs. It’s how we live with a pack of five working line German shepherds who are high energy and high intensity in a group family environment. Since we live this way, successfully with our dogs, I very strongly believe it—I can see the results! It’s also a large part of the teaching philosophy of my puppy kindergarten and beginner obedience classes. Whether you are living with your dog as a companion pet or achieving titles in dog competitions, these leadership concepts are a very important part of the relationship you have with your dog.

The main thing to consider (which we people sometimes forget) is that dogs are dogs. It’s just that simple—they really are dogs! They are a totally different species than us. They have different needs in life, and different things drive them than the things that motivate us in the human world. We identify and implant our human emotions in dogs actions and expressions, when in reality they are just being dogs.

You may have heard over the years things like “don’t let your dog go through the door first” or “make your dog wait to eat.” These are just some of the significant everyday skills you can use to build a good relationship with your dog. These ideas are being used now with trainers from new and old schools of “dog thought.” These are a few of the significant points I use everyday with my pack as well as teach in my classes. Since your dog’s



Some dogs instinctively know the human is boss— Jack Russell Terriers, however, are a lost cause.

social structure changes throughout the day as people and dogs come and go, there is always the opportunity to start this way of thinking and see great successes. Some things change almost instantly, other things will take more time to develop.

Here are some of the everyday ideas we follow to make and keep us as good leaders for our dogs.

Unlike people in a restaurant, dogs don’t wait until everyone has their food in order to eat. Dogs are opportunistic eaters and, given the opportunity, the higher-ranking dogs will always eat first. It’s the natural order of things for them. When you prepare your dog’s meal, you should eat a small piece of human food as he watches you, and then place the dog food bowl down for him to eat. In effect, the dog is eating “after you” and you are giving him what’s left that you don’t want. This is very, very signifi-

cant to the dog. The dog should eat immediately. The bowl should never be left on the floor with food in it. If the dog refuses to eat, take the bowl up and repeat the process at the next feeding time, eventually the dog will eat “after” you. Some dogs will go for long periods of time before they will eat after their owner— this is not unusual. On a side note, it’s also important not to take the food away from the dog while he is trying to work with any food or possession aggression. That’s another in-depth topic for another time. As with any kind of aggression or behavior that makes you uncomfortable, seek the advice of a professional to guide you through a training plan to fix it.

If you watch dog TV, you will have heard the words, “no touch, no talk, no eye contact.” This is a great, simple way to remember how to ignore your dog. Dogs ignore each other

as part of their communication skills, just as they communicate by a fixed eagle eye stare. Since dogs understand this “ignoring” concept, we can use it to teach them what doesn’t work in life. Ignore your dog when you come home for the first 5 minutes (or however long it takes until he settles down). This may sound odd or harsh—the dog is so happy to see you after all, no big deal right? But, the leader acknowledges all when he is ready. Guests should also ignore until the dog calms down and then acknowledge him. Do not push the dog away or even look at him—if you do, the dog accomplishes getting attention! Just keep turning away and ignoring him, and go about your business. After the dog settles down, call him to you and give him all the attention and love you want! The difference is, it’s when YOU want to, not when the dog wants you to. Also, be careful of demanding moments. When your dog brings you a toy and demands you play, ignore him. Wait until he goes away, and then ask him to come to you and play. The leadership in your pack will begin to shift, and the dog will respect and appreciate the changes.

ference is, it’s when YOU want to, not when the dog wants you to. Also, be careful of demanding moments. When your dog brings you a toy and demands you play, ignore him. Wait until he goes away, and then ask him to come to you and play. The leadership in your pack will begin to shift, and the dog will respect and appreciate the changes.

This ignoring concept is the opposite of the focus and attention work we talked about in the last few articles. Now, you can do the reverse and use it as a training tool to accomplish getting a calmer dog who greets you and others with manners. We’ll talk about more leadership guidelines in the next article. Until then, start trying these two simple ideas and see the difference it makes in your human—dog relationship!

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# THE MASTER GARDENER

## Forcing bulbs

Mary Ann Ryan  
 Certified Bulb Whisper  
 Adams County Master Gardener

September brings boxes and bags of fall bulbs into the garden centers and super stores. Tulips, daffodils, crocus and other bulbs will be found on the shelves. These bulbs are best planted in the garden this month through October for best success. But did you ever wonder how to have those spring bulbs bloom indoors in the winter? It may seem a bit early to think about it, but now is the time to prepare bulbs for forcing indoors. Gardeners and non-gardeners can enjoy spring even in the middle of winter by forcing bulbs.

When considering what bulbs you would like to bloom in the winter, you need to consider the life cycle of the bulb. Most spring blooming bulbs are dormant

during the summer. As the soil cools in the fall the bulbs begin to send out new roots. This will continue until the ground freezes. As the ground warms in the spring the bulb comes to life and by using the roots it already has it can send up its flowers quickly. Each bulb requires a certain period of time to "chill" before it blooms. Crocuses require the least amount of time and so are among the earliest spring bulbs to bloom. Dwarf Irises, like crocuses, require only about six weeks. Hyacinths prefer 12-15 weeks. Daffodils need at least 12 and are better with 16 weeks, as are tulips. So by starting a bulb's required chill time early, we can force them to bloom early. It is important to remember not to scrimp on their chill time.

If you would like to try your hand at forcing bulbs, start off with good healthy bulbs. Make sure they have no soft spots, or



The secret to forcing bulbs successfully is to start off with good healthy bulbs.

mold. Then choose your containers. Be sure that it has drainage holes. The worst enemy of bulbs is sopping wet soil. Put some small stones, gravel, or broken pot pieces in the bottom. You want to prevent the roots from coming out of the hole but not the water.

Next consider your potting soil. Remember bulbs come ready to go so your planting mix doesn't have to provide nutrients. But it is essential that it have

good drainage. A mix of 60% peat, 20% vermiculite, and 20% perlite should do nicely. Dampen it before you begin potting. Add soil until the pot is half full. Layer the bulbs in the pot as tightly as you like. It's OK for them to touch. If you are planting tulips, place the flat edge of the bulb against the edge of the container. The flat side is where the first large leaf comes from and by placing them all to the outside you will create a uniform appear-

ance to your arrangement.

Most bulbs can take double layer in the pot, so at this point just add enough soil to cover all of the first layer of bulbs but the tips. Put the second layer of bulbs in the pot, being careful not to place them directly on top of the underlying bulbs. Then fill your container with soil to overflowing, and label it so you'll know what you've planted.

Next you need to decide where to put your bulbs to do their chill time. You can use a refrigerator set at 40 degrees but remember to keep them watered! Also be sure not to allow any fruit to ripen in the frig that has bulbs in it. The fruit releases ethylene gas, which is very toxic to bulbs. You can also dig a hole 18 inches deep, place the container in it, cover it with soil, and then a thick layer of mulch and leaves to keep the soil from freezing (so you can dig them up again). Be sure to mark the hole with a tall stick so you can find it later. Other options included placing your container in a box and surrounding it with leaves and placing it in a garage or basement. The basic idea is to give it a dark and cold (not freezing) conditions. You can also use a cold frame.

When the bulbs are ready, you'll know because you will see white roots coming out the bottom of your pot and sprouts on top when the bulbs are ready to see the sun. Place them in a cool, sunny window and water. The cooler the window, the less leggy they will become. After they are finished blooming, plant them outside and treat as you would any hardy bulb.

When visiting your garden center to select bulbs, you'll find the typical fall bulbs like tulips and daffodils as well as bulbs that may be called forcing bulbs, which include paperwhites and amaryllis.

Paper whites are the easiest of all bulbs to force. When purchasing bulbs, be sure they are firm and not soft or moldy. These bulbs should be planted in a con-

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# THE MASTER GARDENER

## Small Town Gardener Seeing the stillives in your life

Marianne Willburn

Everywhere you look these days you're confronted by images of others who appear to be gardening, cooking, exercising, travelling, or just plain living, better than you are. If the copious postings of your "closest friends" on social media sites weren't enough to convince you of your total inadequacy as a human being, you can always open a magazine at the checkout counter or surf internet sites in the evening and thoroughly wallow in how beautiful the lives, gardens, houses, parties and vacations of others are – compared with the banality and simplicity of your own.

Why fight it? The photographic evidence is enormous. Pick up one of those organic living mags. On the cover you'll find an artsy wedding cake sitting in the middle of a soft focus field, marzipan flowers whimsically nibbled by sweet-faced goats with shining hooves. Three pages later you'll find a community garden party lit entirely by hanging tea lights in Mason jars, as guests sip signature cocktails and presumably discuss heirloom seed saving until the wee small hours. If present, children are small and discreet, and always dressed in gingham.

Now pull up one of those lifestyle websites. Gasp at the beauty of brioche waiting for a hot oven and the step-by-step instructions that include artistic dustings of flour in all the right places. Flip over to the gardening site that manages to make withered stands of teasel look like architectural statements and a messy potting area, one of the coziest rooms of the garden.

Then walk outside and look at your own potting area. Gaze at a four week old pile of browned and vicious rose canes. Look at a galvanized pail filled with oily water and wiggling mosquito larvae – pupating as you stand there swatting at their parents. Stare at the strawberry six-pack that never went into the ground in May – and then go back inside, don your hair shirt, and stare once again at the image of an Austin rose that's never known anything but the purest of health in the best of conditions in the kindest of lights.

Cynical? Moi? You bet your life. But I have a very good reason:

I know how to use a camera. But perhaps more

importantly, where my skill ends, I know how others know how to use a camera. And that, in a nutshell, is why all those captured cakes and teasel and brioche and gingham dressed munchkins can make us feel like we're not really living the dream... but someone else is.

Our lives are made up of a thousand still-lives, sound bytes, video clips and slow-motion moments every day – we just don't see them. Sometimes, we are lucky enough to have an artistically observant friend record an event, place or moment for us and present us with the polished results; but generally, these moments pass us by and we assume they don't exist.

Whether we need the validation of an artsy shot of our tomato plants is a matter for another day (and a professional therapist). But it's important to realize that a camera can change the ordinary to the extraordinary in 1/320th of a second.

When you or I take happy snaps in the garden, we set the camera to automatic, and invariably come up with busy, cluttered photographs. So try something new. If you have a more advanced camera, pop the aperture up a stop or two and discover the world of soft focus. If you don't, then use a macro preset, tighten in your frame and fool around with compositions made up of one or two objects.

For instance, take a few minutes in the early morning to observe the pairing of a Boston Fern resting on your porch next to a soil-encrusted trowel. On a tight off-center focus, they are transformed into fine art. There are still lifes in your kitchens...in your living rooms...in the freshly washed stack of towels sitting on a cluttered table waiting to be put away. Ignore the mess behind them – or better yet, make it a still life of its own.

And if you simply can't capture that moment with your camera, at least you took a moment to observe it in the first place. Tuck that observation away and reflect upon it when you insist upon flipping through magazines, websites, or heaven forbid, the Facebook page of your greatest high school rival. Once you've figured out that there is a wizard behind that curtain, you'll spend a lot less time beating yourself up and a lot more time seeing your own magazine moments.

Open your eyes...find that shot...I promise you, it's there.



For a better floral display place the bulbs close together in your container.

tainers of soil or stones with the tips of the bulbs above the soil level. Place the bulbs close together for a better floral display. Be sure to keep them cool as they grow, so they don't stretch and fall over. Place in a cool, sunny location, water as needed, and watch the flowers grow! After the bulbs are finished blooming, discard. Unfortunately, these bulbs will not re-bloom and are not hardy so don't bother planting outside.

Amaryllis are just as easy as the paper whites. These large flowers are incredibly showy and fun to grow. Again, be sure the bulb you are purchasing is firm. The larger the bulb, the more likely you will get a flower spike or two. Be careful buying this one at the big box stores, especially if they are in a box where you cannot see the bulb. Often times, even though they may be much cheaper, the bulb may be too small to produce a flower spike, and you will be disappointed.

There are many varieties of the amaryllis, from yellow, red, pink, striped, white, and any shade in between. Some flowers are miniatures, some spider – like, some huge and brightly colored. When selecting your amaryllis, the challenge is on to settle on just one.

Plant these bulbs in potting soil, with the top of the bulbs above the soil level. Place in a sunny window, water, and enjoy! If cared for correctly, this bulb can

be around for years to come. After the flower is finished blooming, cut off the old flower spike and allow the large leaves to keep growing and continue to water as you would any other houseplant. After danger of frost, you can plant it outside or continue to grow it in the container. At this point, you should fertilize it frequently, about every two weeks. Continue to grow until frost zaps the leaves. Dig it up and store the bulb in a cool, dry place until you see something begin to sprout. Or if it is still in the container, stop watering and store in a cool dry place. Once it begins to sprout, re-pot, and place it into a sunny window and water. The cycle will start all over again.

Try something new this year and start a gardening tradition! Bring spring inside and keep on gardening!

To read other gardening articles visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net)



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## CIVIL WAR HISTORY

# The last raid North of the Potomac

John Miller  
Emmitsburg Area  
Historical Society

Wolfsville is situated between the Catoctin and South Mountains and was a major crossroads at that time. Further up the road, about three miles to where South Mountain descends toward Smithsburg was another crossroads. These roads could take you directly to modern day Thurmont, Hagerstown, Frederick, or Emmitsburg. Wolfsville was heavily guarded in November of 1861 during the Maryland special elections.

During General Jubal Early's Raid on Washington, resulting in the Battle of Monocacy, General Early had sent Confederate soldiers on forage as well as picket duty along South Mountain in what is known as a "chain of pickets." On July 8th, 1864, while the Confederate Army crossed South Mountain, about fifty Confederate soldiers occupied Wolfsville, guarding Early's left flank as he encamped in Middletown that night. With the Battle of Monocacy raging in the open fields south

of Frederick on July 9th, 1864, two Union scouts managed to enter their camp. From there the information was reported to the Union authorities on Maryland Heights.

After the Maryland Campaign in July of 1864, and the unsuccessful raid on Washington, General Jubal Early and his Confederate forces crossed the Potomac River back into Virginia near Leesburg at White's Ford on July 14th. From there Early's forces would take up the line of march toward the Shenandoah Valley. After a small victory at Cool Springs, Virginia on July 18th, 1864, and suffering defeat on the 20th at Rutherford's Farm, General Early's threat against the Union as well as Washington was thought to have come to an end. As a result Union General Horatio Wright abandoned his pursuit of Early's Confederate forces and ordered the VI and XIX Corps to return to Washington, where they were to be sent to General Ulysses Grant at Petersburg.

To keep the Confederate Army of the Valley from threatening the north, General Wright left General George Crook with three divisions



Chambersburg after the fire

of infantry and some cavalry to hold Winchester. With orders to prevent Wright's reinforcements from coming to Petersburg, General Early attacked Crook's Department of West Virginia at Kernstown on July 24th. As long as Early's Confederate forces continued to be a threat in the Shenandoah Valley, Grant would be forced to leave several Union troops to confront Early rather than using them as reinforcements at Petersburg. The fighting at Kernstown resulted in Crook's defeat and forced him to retreat toward Maryland.

On July 25th, Crook was encamped at Bunker Hill, and reached the West Virginia side of the Potomac River facing Williamsport that night. On July 26th, General Crook was ordered to guard the mountain passes of South Mountain. By the 27th, Crook's men entered Pleasant Valley via the C&O Canal near Harper's Ferry for the night. The next day, Crook was ordered by General David Hunter to concentrate his forces

at Halltown, since it was fortified. Crook's men re-crossed the Potomac River and encamped near Halltown, West Virginia.

General Early had enough of the new Federal policy of destruction and had selected Chambersburg, Pennsylvania, as the location of where the retaliation would be made. On July 28th, an unusual order arrived from General Early to General John McCausland. General Early demanded \$100,000 in gold or \$500,000 in U.S. currency in compensation for the homes destroyed by Union General Hunter in the Shenandoah Valley near Lynchburg. Early ordered McCausland to enter Pennsylvania and ransom the town of Chambersburg. If the city could not produce the funds the city would be burned. Later McCausland wrote: "My men had just dismounted and were making camp and getting ready to eat what rations they could find. I was sitting there on my horse talking to Nick Fitzhugh, my adjutant,

when a courier handed me a dispatch from Early. I opened it up and when I read those first lines I nearly fell out of the saddle. He ordered me in very few words to make a retaliatory raid and give the Yankees a taste of their own medicine."

Early in the morning on July 30th, the Confederate forces under General John McCausland entered Chambersburg in three columns. After meeting with the citizens of Chambersburg, the leading townspeople informed McCausland that the city could not or would not pay. As a result McCausland ordered torches to be ignited and soon three quarters of the town was fully engulfed in flames. In response to General McCausland at Chambersburg, as well as numerous raiding parties reported along the Mason & Dixon Line, General Halleck ordered General Hunter to send troops to advance to the eastern side of South Mountain and occupy Crampton's Gap and the other South Mountain passes. Gen-

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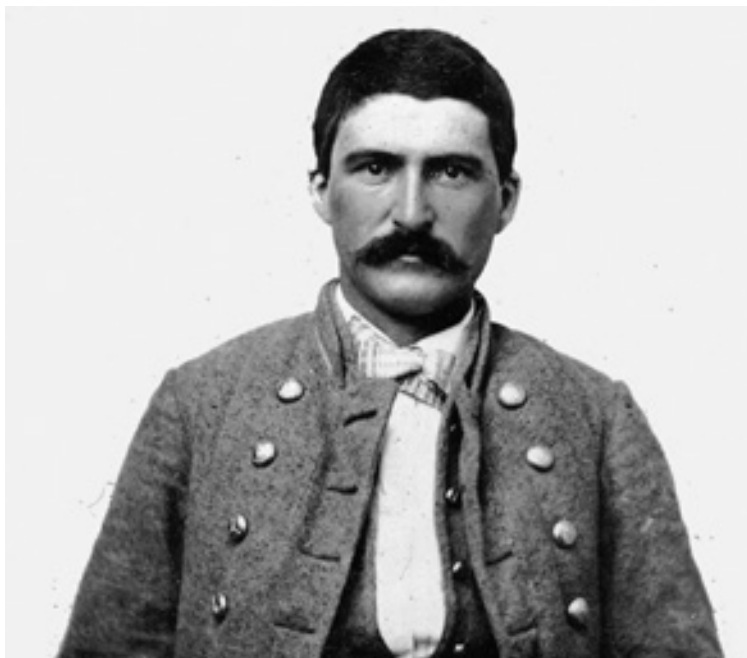
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## CIVIL WAR HISTORY



Gen. McCausland



Gen. David Hunter

eral Hunter sent a small cavalry force to occupy Turner's Gap on South Mountain in order for them to communicate with him by courier if any Confederate troop movements appeared in the area.

After hearing reports of Confederate cavalry raiding along the Mason Dixon Line in Pennsylvania as well as in Northern Maryland General William W. Averell, commanding Crook's Second Cavalry Division investigated the situation. Members of Cole's Cavalry had seen the smoke from the distance and knew right away that Chambersburg had been burned. General Averell would now begin the pursuit of McCausland's cavalry force. General Alfred Duffie's First Cavalry Division was ordered to proceed to the Middletown Valley.

On July 31st, General David Hunter was ordered by General Henry Hallack to move to Emmitsburg, Maryland. This dispatch from Hallack made General Hunter very upset but regardless of his personal views, after four o'clock in the afternoon, General Hunter was moving toward Emmitsburg. In doing so, he sent General Crook on the road to Middletown and General Wright on the road to Frederick. The Federal Departments, fearing an absence of troops on the eastern side of South Mountain toward Emmitsburg began to follow up on the pursuit of the Confederate troops of McCausland's Cavalry.

General Crook's force left Halltown, crossed the Potomac River at Sandy Point and marched direct-

ly to Burkittsville taking the direct route through Middletown. Marching past Middletown, Crook's forces encamped near Wolfsville that night, covering some fourteen miles that afternoon. The intense summer sun was immensely hot for the footmen of Crook's army. Many of the men suffered sun stroke and some even died from the horrendous weather conditions. Even the men of future President Rutherford B. Hayes' brigade were in poor shape from the hot summer heat.

On August 1st, Crook's men marched another four miles, halted on the road and camped in the woods near Wolfsville. During the day it was reported from High Rock, some ten miles away on the ridge of South Mountain, that Chambers-

burg was burned by the Confederates. Throughout the day General David Hunter communicated with General Crook about the recent Confederate raid into Pennsylvania. While Crook was dealing with the situation, his brigade officers found time to write their official reports about the recent Battle of Kernstown.

Detachments of General Duffie's cavalry had been in the saddle since that morning without any rations or provisions to eat. The intense hot weather and the lack of food made the march very rough for the mounted men. Upon entering the town, the men thought they would be supplied with provisions from the townspeople, but unfortunately for them, the town's residents were all out of pro-

visions. Later in the day, the cavalrymen drew their four day rations and around six o'clock were ordered to proceed to Smithsburg where they encamped for the night. From there Duffie's Cavalry was ordered to move on to Hagerstown and then to Clearspring to reinforce Averell.

The next day Crook's Department of West Virginia was still encamped in the woods as well as the fields surrounding Wolfsville. Pickets were thrown up while the soldiers found time to rest, relax, and even wash their cloths in the nearby creek. Many of the soldiers wondered why they were encamped at Wolfsville. While the footman of Crook's First Division, Second Brigade under Colonel William Ely and the soldiers of the 11th West Virginia Infantry detached from Colonel James Mulligan's Third Division, Second Brigade was enjoying the day.

On August 3rd, General Crook ordered his command to leave camp at three o'clock in the morning and begin the march toward Frederick. His rested troops would encamp later that night along the banks of the Monocacy River. This ended the last major Confederate raid north of the Potomac River. The war would still go on for another eight months in the east until General Robert E. Lee surrendered his Confederate Army of Northern Virginia at Appomattox in April of 1865.

*To read other articles on the Civil War visit the Historical Society section of Emmitsburg.net*

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# HISTORY

## Glimpses of Fairfield Area's Past

### Interesting Facts About Early Times

Part 6 of many

#### Commerce and Industry

Some years before the Mason-Dixon Line was established between Pennsylvania and Maryland and about the time Charles Carroll received his grant from Lord Baltimore, a small business was being carried on in the lush valley with its tall timbers and fresh brooks. John Hanson Steelman, a trader and Indian interpreter, lived on the old Paxton Indian Trail on the hill just south of Zora, traveling among the Indians of South Central Pennsylvania and Northern Maryland trading small items of housewares for fine animal pelts from the Indians.

Much has been lost of history concerning trade and commerce in subsequent years, and there is no way possible to substantiate many of the stories contained herein since they have been told and retold from generation to generation. One thing is apparent - - the westward movement continued, the land was cleared and fine farms were developed all through the "Valley of Carroll's Delight." Soon other hearty migrant families found opportunities in the valley and established small businesses and services for the people of the valley.

The sound of falling trees, splitting rails and the builder's hammer and saw were soon joined by other sounds; the blacksmith's sound of steel against steel, the sound of water splashing over the water wheels to drive the mills and sawmills for the people of the valley.

Around these places of business were formed small villages on important roads and crossroads. Thus was formed the villages of Fountaindale, Zora, Fairfield, Virginia Mills, and Orrtanna, all-important to the farmers and tradesmen of their area.

Let us start our trip in Fountaindale. Harbaugh's Mill and Store probably was established in the late 1700's or early 1800's for in 1840 the store was taken over by Samuel Martin of Lancaster who conducted business in that building until about 1908. Meanwhile in 1893 John and Samuel Barton opened a store next to where the Methodist Church now stands and ran it in conjunction with the blacksmith shop just across the road. Several others leased the store until finally Mr. Roy Frey bought the store in 1916. Mr. Frey sold his business some years ago to Ernie Wolf who continues today in a new more modern building along the Sunshine Trail.

As we ascend the steep hill we come to Greenstone which boasts two fine industries which have been established in the century and employ many area people. The "Grit Mill," established in 1914 and now owned by G.A.F., produces some of the finest stone granules in the world. Their products can be found on many asbestos shingle roofs and tennis courts all over America. Nearby is the Blue Ridge Pipe and Nipple Company founded by Mr. C. A. Wills and his brother Donald in 1928 for the making of pipe nipples of all sizes and materials. This business remains in the Wills family to this day.

As we decent the hill on Route 16 to the place where Route 116 intercepts, we come to the unimposing little village of Zora where only six or eight well-kept homes mark what was once a busy intersection. Still remaining is the building, which housed a restaurant which thrived in the middle of this century. However nothing remains of one of the largest saw milling ventures in the valley. This was located along Tom's Creek just southeast of

the intersection. Zora, at one time or other, had a blacksmith shop, a post office, the woodworking and wagon shop of Wagaman & Davis, a truck terminal, as well as numerous stores in the area. In the 1920's Herbert Gingell opened a large stone quarry and crusher along Tom's Creek at the southwestern edge of Zora. The office, which is now a home, is all that remains of the water powered crusher. Stones from Gingell's Quarry took many people out of the mud as the roads were tarred and chipped until the middle of the century when this business was discontinued.

As we pass over Tom's Creek Bridge we sight one of the oldest mills in the country. The present mill was built in 1815 and came into the possession of the Shank family in 1923. Water driven for years, the wooden water wheel rotted out in 1895 and was replaced with a metal wheel. Although Mr. Shank has discontinued making his popular corn meal and 'Ladies choice' Flour, he still grinds feed with tractor power. In 1885 the mill was operated by a Mr. McDevitt, and I understand McDevitt's Mill was a popular loafing place since he also operated a distillery next to the mill and each evening the men sampled the day's make.

As we leave Route 16 and head toward Fairfield we pass through the newest and largest borough in Adams County. Carroll Valley was incorporated in 1974 after being part of the Charnita Development. Also part of development is Kings Valley Golf course and Club, and Ski Liberty, the only ski slope in the area. Both the business enterprises, as well as the fine people of Carroll Valley, have added much to the economy -and beautification of the valley.

Let us pass through Fairfield to go directly to Orrtanna. Orrtanna, according to legend, was named for Mr. Isaiah Orr who owned a large tract of land and the Orr does honor to his name while the "tanna" is



Zora ~ 1910

an extension of the word "tan" after a large tannery located there. About the time the railroad was completed through Orrtanna in 1882 Mr. G. W. Wortz opened a store and warehouse in Orrtanna. Mr Wortz sold his business and moved to Fairfield to form a partnership with Mr. John Musselman. Some years later a partnership of Mr. Peter Kready and a Mr. King was formed. They conducted a store and warehouse along the railroad as well as a mill until Mr. King moved to Virginia Mills. The business continued until 1920 as Kready & sons when Mr. George Weller bought it. The western Maryland Railroad used the building for a station and agents office until the building was torn down several years ago. Two other stores in Orrtanna were the Stone-sifer Store, founded in 1914 and closed in the 1950's, and Floyd King's Store, a more modern self-service market which has since closed. one of the features of King's Store was King's Rolling Market which traveled the countryside selling from the compactly built store on wheels.

The only remaining store in Orrtanna is a small store in the building which once housed the Jim Riggeal factory where a number of apple products such as cider and apple butter were processed during the middle of the century. This building was later used as a tomato cannery by Mr. Glenn Mus-

selman, as well as a warehouse for Spence's soft drink business.

Orrtanna was also the home of one of the numerous mills in the valley. The mill at the northern end of Orrtanna which still stands was built by Mr. Kready and sold to Mr. John "Doc" Linn and Roland Biggs who continued the partnership until Mr. Linn's death in 1913. Mr. Biggs conducted the business until his death in 1938. Many other businesses have thrived in the Orrtanna area such as a creamery, barrel factory, blacksmith shops, a shirt factory, apple crate factory, a fruit packing shed, as well as one of the largest fruit processing plants in our area.

In 1913 Mr. John Musselman, the father of C. H. Musselman who founded the Biglerville Fruit Processing Company (The C. H. Musselman Company-now Pet, Inc.) along with his nephew, I. Z. Musselman, founded the Orrtanna Canning Company for processing the fruit being grown in this area. The original factory burned in 1942 and was replaced by a new more modern facility. This plant is now owned by the Knouse Food cooperative, who can Lucky Leaf products, famous all over America.

As we leave Orrtanna we pass the entrance to Hickory Bridge Farm Restaurant, a fairly new enterprise in a quaint farm setting serving Pennsylvania Dutch food.

As mentioned earlier, Mr. King

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# HISTORY

who dissolved partnership with Mr. Kready in Orrtanna moved to Virginia Mills and set up quite an extensive saw milling business. Along with this he conducted a store in his home located to the left beyond the railroad tracks. The fate of King's sawmill is not known although several saw milling woodcutting enterprises exist in the community. Mr. King continued in the mercantile business until about 1917 when ownership was transferred to Mr. Roy stoops. In 1920 Mr. stoops went back the farm full time when he sold the business to Mr. David Metz. For the Next fifteen years Mr. Metz operated the store until the Virginia Mills Post office, which was housed within the store, closed in 1935. During this time I can, as I'm sure many of you can, recall the annual picnic held by the Mt. Hope Church in front of Metz's Store next to the Western Maryland Railroad track. The picnic was brought down to the people rather than have the people drive the dirt road to the church. The last several years the picnic was herd. The newly formed Fairfield School Band was the main entertainment."

As we ascend the mountain to Mt. Hope we pass the location of the stores conducted by Mr. James Currens from 1895 until 1903 and Mr. H. W. Lightner in later years, and pass through the tree farms of the P. H. Gladfelter Co. of Spring Grove.

Winding through the beautiful rush timber farms, most of the time following Tom's Creek, we pass over one of the beautiful stone viaducts built when the famous Thaddeus Stevens Tapeworm Railroad was being constructed. All that remains of the Thaddeus Stevens iron ore furnaces can be sighted to the west of the road near the Iron Springs Church. Directly across the road is the Fairfield Lions Club's property and the Fairfield Water Co. reservoir. Iron Springs since this time has been virtually a residential area. Over the years stores have been owned in this vicinity by Mr. & Mrs. "Kid" Reed, Mr. Charles Entenmann and Mr. Charles Heilman who also had the Iron Springs Post Office until shortly before its closing in the 1960's.

Leaving Iron Springs and heading south on the road leading to the Jack's Mountain Road we pass the Gettysburg Game Park. This large fenced-in farm is the home for animals from all over the world. Continuing on to the Jack's Mountain Road we pass through one of remaining covered bridges in Adams County.

Having reached Fairfield we pause as our thoughts go back to the 1790's when Squire Miler built his home and barn, both of which still are in use and began planning his town of Millerstown - later to be renamed Fairfield. Many business and manufacturing establishments have been located in Fairfield.

As in other sections of the valley, blacksmith shops abounded in the Fairfield vicinity although no trace of the old shops still remains. One of the largest was owned by two German emigrants by the

name of Rosche and Trenkel before the Civil War. Another was located along Spring Run on Main Street; one was located on Centennial Street, while still another was located where the Fairfield Garage now stands. Less than two miles east of town still stands the two-story shop of Edward Heintzelman, built around the turn of the century. Here he conducted a combined blacksmith and wagon repair shop for about 50 years.

Like Orrtanna, Fairfield had two tanneries although not thought to be quite as large as those in neighboring Orrtanna. One was located on Main street along Spring Run, while the other was along the same stream on Spring Street.

A variety of woodworking shops were established in Fairfield - some very early, others during the Civil War, and others more recently. During the third quarter of the century a split hickory chair and rocker factory was located at 25 East Main Street. One of the boosters of Fairfield industry after the Civil War was Captain C. J. Sefton who established a woodworking shop at 124 to 128 West Main Street. The home that is there was originally the shop. Here Captain Sefton manufactured wagons, farm implements, cabinets, coffins, as well as conducting an undertaking business.

The last business conducted at this location was a feed and farm implement business in the 1930's. Two brothers, Warner and William McCreary, conducted the same type of woodworking and undertaking business the early part of the century near the First National Bank. It was at this time that Mr. S. J. Allison, the owner of a pair of fine black horses, entered the undertaking business by driving the hearse for William McCreary, who continued the business after the withdrawal of his brother, Warner. In 1921 Mr. Allison became the undertaker for the community, and Mr. Clarence Wilson, his-son-in-law, succeeded him in the business. Mr. Atison's first funeral was at 26 East Main Street, which is

now Kump's Real Estate office, until the new funeral home was built at 27 East Main Street in 1940.

During the last quarter of the 19th century another woodworking industry called the Fairfield Furniture co. was located in a building which burned some years later at 138 West Main Street. After this operation closed a Mr. Ness became the next owner and engaged in the manufacture of wagon and buggy spokes. This business grew and finally moved to York, Pa. The last use of this building was as a general repair garage in the front part, while a small room was used for the manufacture of Baker's vanilla by the late Rev. Ralph Baker and P. M. Rohrbaugh. This business thrived in the 1920's, was very small since it only employed several neighborhood ladies several days a year.

Another woodworking industry which thrived during the Civil War was a cooper shop (barrel making), just east of town. It was built and operated by Mr. Zacharias Myers, the grandfather of another well known business man in Fairfield, the late John Myers, who for many years was the town cobbler.

This cooper shop flourished before and during the Civil War and was completely ransacked by the Rebels as they passed through Fairfield.

One of the more recent and flourishing iron industries was the Emmert Hartzel Knife factory which was erected in 1891 where the Fairfield Garage-now stands. Mr. Hartzel became interested in making knives while serving his apprenticeship with the smithy in the center of town. Outgrowing this building, he built a new factory in Gettysburg 1901. Several years later the Hartzel factory was bought by Mr. Roy Dougherty, a 1902 Gettysburg College graduate and employee of Mr. Hartzel. Seeking larger quarters, Mr. Roy Dougherty moved the cutlery enterprise to Reading and formed the Columbia Cutlery Co. It is believed the Dougherty family still

conducts this business in Reading.

One of the longest existing industries which had its origin in the community at a very early date was a brick making plant. Every year until 1886 this plant was in operation during the summer season making bricks for the early homes of Fairfield and the valley. The clay pit still remains, partially filled with water, on the Landis farm northeast of the Station Road. When I was a boy, we caught some of the finest cat fish ever caught from that pond.

The lime industry played an im-

portant part in the development of the farms in the valley. Limestone quarries and furnaces for the burning of limestone into air slack lime were located north of Fairfield Station and on Water Street extended. These industries over the years were owned by Mr. George McGlaughlin and his son George, Jr., "Bood," as well as Mr. J. B. Waddle.

**Part 7 next month**

To learn more about our rich local history visit the Historical Society of Emmitsburg.net

## Obituary of Jane Ott



Jane Ott, 65, of Emmitsburg died peacefully Wednesday, August 14, 2013 at Frederick Memorial Hospital. Born October 2, 1947 in Hanover, PA, she was the daughter of the late Ordean and Catherine Routson Winand. She was the wife of David M. Ott, to whom she was married for 45 years.

Jane, along with her husband Dave, was owner operator of Dave & Jane's Crab House Restaurant and Lounge in Fairfield, PA. She enjoyed reading, exercising, collecting baskets, traveling, and spending time with family, especially her

grandchildren. She loved the ocean and enjoyed vacations to the Outer Banks.

Surviving in addition to her husband are daughters, Tammy Humerick and husband Barry of Emmitsburg, and Tracey Ott of Emmitsburg; son, Jeremiah Ott and wife, Jerrica of Fairfield, PA; brother, Dennis Winand and wife Diane of Hanover, PA; grandchildren, Brandon, Zachery, Kierdyn, and Kaylyn Ott, and Chantel Veney; step-grandchildren, Hayley and Nick Humerick; and numerous nieces and nephews.

A Mass of Christian Burial was held at St. Joseph Catholic Church, Emmitsburg, MD with the Rev. Charles Krieg, C.M. celebrant.

Memorial contributions may be made to the American Cancer Society, P.O. Box 43025, Baltimore, MD, 21236. Online condolences may be expressed to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).

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## COLD WAR WARRIORS

# The silent service during the Cold War

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Part 6

### Liberty in Hong Kong

Following a couple weeks in Subic Bay, we departed for Hong Kong and actually made it. Unfortunately, the wives were long gone back to San Diego. We had a good visit with only a couple challenges. In Hong Kong, it is required that the nuclear submarine anchor out so the choice is to remain critical which means most of the engineering department must stay aboard to operate the reactor, or we shutdown the reactor and sustain the ship on the emergency diesel engine which cannot provide all of the power that the ship would normally require which means the ship is hot, meals are cold, and the battery is slowly discharged. When in this mode, the reactor is restarted each day and the battery recharged. This is done when one duty section has returned from liberty before the off duty section departs on liberty. The process is a bit stressful for the engineer and captain, but works well and maximizes the liberty time for the crew.

Following our port visit to Hong Kong, we were on our way home to San Diego via Pearl Harbor where we were scheduled for an Operational Reactor Safeguards Examination (ORSE). Our transit was slow enough so that we could run drills and conduct other training each day. Our squadron Deputy Commander met us for the transit home to provide assistance as we prepared for the ORSE. Since my Executive Office (XO) tour was in the shipyard, I had experienced only one ORSE while engineer on Dace and the standards and expectations had changed a lot since then. I thought my crew was proficient and we were ready for the ORSE, but the squadron riders were not so confident so it was a bit of a stressful transit to Pearl Harbor. We had the ORSE and the results were average that was fine with me and I think surprised the squadron riders. We were now truly on our way home and the deployment was history.

### Home to San Diego and the shipyards

Following our return to San Diego in the spring of 1979, we had a period of rest and relaxation for the crew. A number of crew and officers were replaced with new faces so the cycle of training and requalification started anew. Our next significant event was a shipyard overhaul that was to start in October 1979 at the Puget Sound Naval Shipyard in Bremerton, Washington.

Following the R&R period we conducted some local operations, but the major focus was testing and other preparations to enter the shipyard including moving the entire crew and families to Bremerton Washington. Our transition was successful and on 4 October 1979, I started my fourth tour in the shipyard, this time as a commanding officer.

As before, the primary responsibility of the crew during the shipyard overhaul was to train, maintain a responsible watch on the commissioned ship and prepare for the nuclear propulsion plant test program and to observe the shipyard test program of the ships auxiliary and electronics systems. Our other key task was to monitor the shipyard work to ensure it was being accomplished in accordance with the strict requirements for submarine maintenance. This was a particularly difficult time for the shipyard due to a heavy load of nuclear work on USS Enterprise (CVN 65) that took many of the highly skilled tradesmen who normally worked on submarines. As a result, there was a less experienced workforce on Bates that was challenging for both the ship and shipyard management teams. This large shipyard workload also contributed to a delay in completion from the planned 15 months to an actual period of 24 months.

The initial overhaul schedule was driven by the major preventative maintenance to recertify the ship's submarine, safety systems and the hull-integrity envelope. There was also some significant work to be done to the reactor plant systems and additionally, we received a major upgrade to the weapons



The USS Bates SSN 680 underway—the best of times for “operational oriented” officers who thrived on “fighting” the boat.

and sensor systems which ultimately controlled the overhaul duration. One unique modification was the installation of an experimental polymer ejection system to test the ability to increase the ships speed by coating the hull with long chain polymers. The modification included stowage bladders in the ballast tanks, an ejection system of piping and ejectors- including a hull ring and a “shower head-like” ejector on the extreme nose of the ship. I thought that the testing of this system would be fun when we got back to San Diego.

A major challenge when you are in the shipyard is to maintain the focus of the crew to maintain the formality of operations and to conduct their actions with few errors. One of the evolving changes I noted over my four periods in a shipyard was the reduced tolerance for seemingly minor errors during operation and control of the propulsion plant. There were more watchers. Expectations were greater and the tolerance for errors was less. When an error such as an out-of-position valve or a danger tag improperly applied, the effort to identify why and how to prevent it from occurring again was intense. Therefore, a major management team challenge was to maintain the crew's awareness that every action they took must be carefully considered and that there must be no distractions. My crew was sufficiently trained and adequately professional to meet these standards, but it required skillful, preemptive reminders. I always looked for in-

dications of reduced rigor to use as discussion points to keep the crew sharp and aware. We were generally successful, although there were a few “ah Shucks” moments. None that caused the crew to become labeled as troubled or requiring additional oversight.

The nuclear propulsion plant test program was very similar to the previous three that I had participated in so I knew what to expect and tried to prepare the crew. It went well but required long hours and many continuous days of shift work. As with all test programs, it eventually was completed and we prepared for sea trials and an escape from the shipyard environment. Upon completion of the shipyard overhaul our homeport transferred back to San Diego that meant that the household goods and all the families had to move. This occurred at the busy time of sea trials and post-overhaul tests and calibrations in the Puget Sound area.

To a large degree, the wives and kids were on their own to complete the moves and reestablish their households in San Diego. Mary and the boys drove alone from Bremerton to San Diego. When they arrived at our house, along with the household goods, Mary found that the renters had taken our refrigerator with them when they moved out. Thus in addition to meeting the movers, unpacking the boxes, and getting the boys started in school, she had to go out and buy a refrigerator. She did fine and once again showed how strong she was and what a strong part-

ner she was in our team.

We took our leave from the shipyard on 9 September 1981 and proceeded to the Bangor Submarine Base that was being built to accommodate the Trident SSBNs. We would operate out of Bangor that was located on the Hood Canal, an offshoot from Puget Sound, for several weeks of trials and calibrations. It was the most challenging period of my entire command tour as I led a crew that had not operated for two years, through a series of challenging operations associated with weapons tests and acoustic tests in a physical environment that was extremely challenging. The Puget Sound area has many islands and shallows with a lot of traffic.

Most submarine transits are on the surface and that is when we are most vulnerable. To compound the challenge, there is significant weather impact from both rain and fog that make visibility difficult. Also, the test schedule dictated many surface transits at night. Submarine radar is a poor aid for navigation in this type of environment. The situation was made more difficult by the attitude of the civilian, test personnel who only wanted results and were not sensitive to submarine safe, operational principles. Proceeding at high speed for log calibration directly towards shallow water was not of concern to them, even though it risked running aground, due to the slightest operational misstep. This difference of priorities caused tensions between the test group and the crew. As an example when we entered Carr Inlet near Tacoma, Washington, we noted an Australian destroyer had run aground. Apparently they were trying to accommodate a test agenda and missed a turn. A really bad day for the destroyer's crew and commanding officer. The period at Carr Inlet was particularly interesting as we conducted acoustic tests of individual pieces of machinery with the reactor shutdown. The amazing part was that we were operating on shore power but the ship was submerged to several hundred feet. The Bates crew was on a very steep learning-curve with little margin for error, but we completed all of the testing successfully and headed for San Diego and home.

Once back in San Diego, we started the test program for the Submarine Polymer Ejection Project (SPEP). This test program consisted of many trials



A nuclear submarine in a dry dock during an overhaul – the best of times for “engineering oriented” officers who thrived on taking the boat apart and seeing how everything worked.



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# COLD WAR WARRIORS



Since submarines “see” by sonar, their bows (where the sonar is located) are made of plastic. Plastic does not respond well to sudden impact, as evidenced by this photo of the USS San Francisco, which hit an uncharted underwater mountain in 2005 while travelling at full speed.

to determine the affect of the Polymer on the ships operational characteristics. We made high speed runs including turns and rapid depth excursions to determine whether the ship's operational characteristics changed in the presence of the polymers. Most of the crew had not experienced operations that pushed the operational envelope quite this close and often, so it was an interesting time.

Another aspect of the testing was that we had to return to San Diego each evening to reload the storage tanks in preparations for the next day's testing. As a result, we spent a lot of time starting up and shutting down the reactor, sometimes late into the evenings. From the perspective of Bates, the SPEP test results were quite satisfactory with an improvement in speed and a reduction in noise. However for technical reasons, the program did not continue and the system was removed from Bates several years later. While the SPEP testing gave us lots of experience in ship operations, it left little time for training in preparation for our future operations. With SPEP testing completed, we then had to train for the ORSE, our first in three years, and regain our tactical readiness and nuclear weapons certifications as a fully qualified member of the operating forces.

Again the challenges were significant but the crew responded.

Our squadron riders were often distressed by what they viewed as our lack of readiness for the ORSE, but they were just overly pessimistic as to what the Bates crew could accomplish when we focused on a goal. By summer 1982, we had achieved tactical certification and passed the ORSE with a grade of Above Average. My three-

year command, tour had extended to four years and I was tired and ready to be relieved. I had worked with three XO's, three Engineers, five weapons officers, and numerous junior officers. Each was talented and competent, but it was amazing how often a new officer made the same mistake as his predecessor, despite my admonitions and warnings; a bit frustrating, but part of the learning process.

In August 1982 with Bates newly overhauled and fully certified for operations, I was relieved of command and ready to start a new challenge as a Deputy Squadron Commander at Submarine Squadron Six in Norfolk Virginia; A new challenge in a new location.

### Moving from San Diego to Norfolk, Va. New job with new challenges.

A transfer from one a base on the West Coast to Norfolk on the East coast sounds routine. Believe me it isn't! First we had to sell our home in San Diego and move the family and all of our household goods across the country. Then we had to find a new home in Norfolk and find proper schools for our boys. This was not an easy task.

In August 1982, housing mortgage interest rates were at about 18%. This presented a challenge when selling our San Diego house. We needed to be able to afford a mortgage on a new house in Norfolk. Our San Diego House was on the market for several months with no buyers and a mortgage that required payment. Our decision was to rent the house and hope for the best in Norfolk. Due to the press of operations and preparations for change of command, we had not had an opportunity to make a house-hunting trip to the Norfolk area. We had no idea where we would live when we ar-

rived. Mary had done her usual, thorough research and concluded that the best schools were in York County, Va. which was near Newport News on the opposite side of the James River from Norfolk.

Remembering the challenges of driving across country four years before, we decided to do it differently this time. We bought a motor home that included two bunk beds so that each of the boys had his own private space. I bought it only a day or so before the change of command so had little opportunity to check it out. The plan was to tow my VW bug behind the camper. After I was relieved, the movers packed and loaded and we headed out for what was planned to be a leisurely trip across country: Disneyland; Sequoia National Park, Vallejo to visit Mary's sister; Yellowstone Park; Black Hills sights and monuments; Wisconsin to visit Mary's folks; Pennsylvania to visit my family; Norfolk to look for a place to live and finally to report to Commander Submarine Squadron Six.

The plan mostly worked since I had made campsite reservations for each stop before we left. However my inadequate checkout of the camper became a problem as the rusty gas tank caused the screens in the gas line to clog that caused a few challenges until my brother in law helped rebuild the carburetors and I became proficient at cleaning the fuel line filter screens. Our normal routine was to get to a stopping place, set up the camper at the campsite and go exploring in the VW. This was the first real family vacation we ever had with the boys- now ages 7 and 11 and we made the most of it. When we arrived in Norfolk, we entered the unknown. We had to find a house and buy a car .... A week before school was to begin. Time was of the essence.

Upon arriving in Norfolk, I contacted one of my previous XO's who was on the COMSUBLANT Staff. He suggested a campground that had cabins and campsites as a temporary place to stay. There were reservations available in the cabins during the week, but none on weekends. No problem—we moved into the cabin on Monday morning and back into our camper on Friday afternoon. We lived in the cabins during the week and in the camper on the weekend. The campground had fishing and hiking trails and was close to York County where we went

house hunting. The challenge was to find a house in which we could live that we could afford.

I got my introduction to variable-rate mortgages that made it possible to buy a new house that was nearly completed. The nearly completed part caused a few problems since we had to remain in the campgrounds for a few more weeks than expected and school was starting. Also, I had to get to a naval base each day that was about 50 miles from the campground. However it all worked out. Mary enrolled the boys in a school close to our new house and transported them to and from school in our new car. I commuted to the base in the VW bug and the camper remained set up in the campground. In a couple months, we moved into our new house; the boys were at their new school, and the family was proceeding as normal. For Michael, the oldest, it was his seventh, different school in seven years but he adapted just fine.

### Life as a Deputy Squadron Commander

The job of a Deputy Squadron Commander is not well defined. It really comes down to doing what the Squadron Commander wants done. In Submarine Squadron Six (SUBRON 6), we had two deputies - one for the propulsion and auxiliaries (including material and nuclear operations) and one for the front end focusing more on weapons and tactics. Once again, I was assigned to the nuclear and material job. I think my early successes had defined my career. SUBRON 6 had about eight SSN 637 class submarines plus a tender, L.Y. Spear (AS 36) which was being built at Quincy, MA. when I was on Sunfish and a submarine rescue ship.

The SSNs were of the same class as Bates and Sunfish so I had a good preparation to assist and oversee operations, maintenance, and training. One challenge was USS Glenard P. Lipscomb (SSN 685) which had the same reactor as the others but a turbo-electric propulsion train similar to Tullibee with which I had become familiar when serving in SUBRON 2. The primary difference was that Lipscomb was much larger than Tullibee. Lipscomb presented a set of different challenges that kept us busy for the entire two years I was at SUBRON

6. SUBRON 6 had responsibility for several submarines that were in shipyard-overhaul at the Norfolk Naval Shipyard. I had primary responsibility for oversight and training of the crews while they were in overhaul.

My primary job was to monitor and assist the commanding officers in keeping their nuclear propulsion plants in top operating condition. The measure of our success was the ORSE.

When preparing for an ORSE, I always spent at least a week onboard during the underway training period and frequently rode the ship during the ORSE. My major focus was to prepare the crew for what to expect from the Nuclear Propulsion Examining Board (NPEB) during the ORSE and how to respond to its challenges. Secondly, I attempted to support the final polishing of the records that would be reviewed and to make the best effort for the drills and evolutions that would be observed during the ORSE.

In a week, I could sometimes “bury a few bodies”, but the final ORSE result was usually a reflection of how the ship operated on a day-to-day basis. A poorly run ship could not be polished to excellence in a week or so. Some commanding officers never really learned this lesson. Those were the ships where I spent most of my time. In one case, we determined I should ride the ship back from England to provide more time to get things right before the pending ORSE. I flew to London and took the train to Plymouth to meet the ship. Upon arriving at Plymouth, I could not find the ship. A more careful studying of the documents I had, I determined the ship was in Portsmouth - not Plymouth. Talk about an “Ah Crap moment”. So I got back on the train to retrace my trip. The conductors on the train were amazingly understanding of my confusion and I made it to Portsmouth only a few hours late using the original ticket. The time returning to Norfolk was well spent and the crew proficiency improved significantly to the point that I was not concerned with their passing the ORSE. Something that I could not have said when I first came aboard.

*To read past editions of Cold War Warriors visit the Authors section of Emmitsburg.net*



Submarine Squadron 6 and its submarine tender, USS Spear, moored at pier 23 at Norfolk Naval Base.



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# MOM'S TIME OUT

## Growing up

Mary Angel

When I first started having children, I didn't realize that, "When," "Eventually," and, "What if?" would become such frequent concepts in my life. Then the kids grew up and went to school and suddenly, "What if?" and "Eventually" became, "You want to what?" and, "Oh my gosh!" On one hand, I love to see my children mature and want to experience new things, but on the other hand, a little piece of my heart breaks as they grow up. No matter what people told me, I still didn't expect it to happen so quickly. Most of all, I struggle with them becoming so independent.

Don't get me wrong, I love that they are so independent. I just see them growing up so quickly and when they show their independence so vividly, I realize that adulthood is right around the corner. Alright, maybe not for the six or nine year-olds, but for the boys it is right around the corner. I think it

hit me when they went away to Outdoor School in sixth grade. I expected to get that phone call saying they were so homesick that I needed to come get them. It turns out I missed them way more than they missed me. I absolutely loved picking them up after their week away and seeing those grungy little, yet somehow more grown up looking, faces.

They had two completely different experiences, but what is important is that they both had a good experience. I wised up the second time around and kept exceptionally busy to keep my mind off of missing them. Again, I can't stress enough how surprised I was to miss them as much as I did. I was, however, pleasantly pleased at how I handled myself through the whole experience. I was very positive when I dropped them off and waited to cry until I was out of the parking lot. When I picked them up, I refrained from embarrassing them all to pieces with tons and tons of hugs and kisses. I limited my shows of af-

fection to a couple each until we got home. I had their favorite drink in the car, to quench what was in my mind a weeklong thirst. In the end, it was a great experience that I am so grateful for, but at times it makes me feel a little older.

So when my 12-year-old was invited to go camping for a long weekend with some friends of ours, I figured it was no big deal. After all, I handled the week of Outdoor School like a champ...right? Turns out I didn't handle it well at all. I think the family is great and their kids are great, so what is my problem? I was not worried about anyone being irresponsible or doing anything dangerous or careless. I knew he would be with a very trustworthy friend for the weekend. Yet, still I was uneasy all weekend. When the phone rang on Friday night, only hours after I had dropped him off, I was sure they were enlisting the backup plan. We had agreed that if for any reason he wanted to come home, we would meet in Frederick. It turned out to be him calling to tell me they had arrived safely and he had gotten me a present at the store. He sounded a little strange on the phone, but figured it was because everything was closed when they arrived late Friday night.

By Saturday at dinner time I had decided the kids would have to take a cell phone with them when they went out without me. I definitely needed to hear from him more. He was a little



busy riding his bike, swimming in the pooling, zipping down the waterslides, playing at the arcade, and doing laser tag in the woods! Who would have thought that I would take a backseat to laser tag...alright, a little mommy sarcasm there!

By Sunday afternoon I was bugging my husband to call the family and find out what time they would arrive home so I could be waiting there (at least a half hour before them). When he finally called, it was a dizzying conversation until he figured out that they weren't coming back until Monday. Imagine how well I handled that information from my husband, who had told me Sun-

day afternoon. By Monday morning I was a sad little mess, still trying to figure out why I was missing him so much. By Monday afternoon, my husband was on his way from work to pick up my baby. Apparently on the ride home they took bets on how I would react. My husband won the bet when I almost tackled my boy as soon as he entered the house. After he pried himself loose from my hugs, he handed out his gifts to everyone and then got a well-needed shower.

He had a blast and spent the rest of the evening telling everyone all about it. I was thrilled to have him home and also glad that only my husband got to see me act like a flaming lunatic. I still don't know why I handled this worse than Outdoor School, but I am sure I would totally let him go again. I am also equally sure that I would miss him terribly.

I know eventually they will all grow up and move out (and some of them will probably move back at least once), but until then I am going to enjoy as much time with them as possible. While I am enjoying the time with them, I will also try not to embarrass them too much. But I can't guarantee I won't miss them! They will have to tolerate a hug or two when I get them back. So let them grow up, but remember they are never too old for a hug!



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BEDTIME STORIES

# The Lying Lions

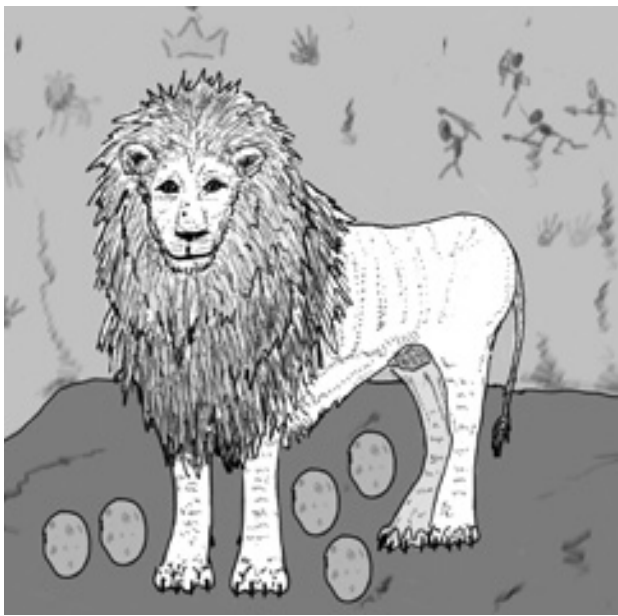
Amy Wilkinson  
 Drawings by Austin Beach

A long time ago, in Africa, when lions were numerous and free there lived a mighty lion king who one day did decree: "I am old and tired. I have ruled for a long time, I will choose a new king to be the leader of our pride."

Our old king was a clever lion, he had learned much during his reign, so he decided to gather the young lions so he could ascertain which lion was the wisest choice, he would need to use discretion. It was a considerable decision to make, appointing his line of succession.

He called a meeting for any lion who desired to be next in line. He watched as they walked into his den and wondered which he would assign.

The first to enter was Rex, who was burly, strapping and tall. Without a doubt, he was the sort of lion who would be respected by all.



The next lion was sturdy as an ox, he answered to the name Ade. His robust stature assured that he was one the others would obey. After Ade there came Akin, he was temperate and devoted, and though he was not a warrior, those traits were duly noted.

Second to last came skipping in a lion by the name of Rey. He was one to make you laugh and was always blithe and gay. The last to enter was Kuno, who was loyal, just, and true. When he saw the other four he wondered what he had gotten into.

Kuno was a little lion, not powerful, strong, or brawny. In fact, when it came to size, our Kuno was awfully scrawny. Kuno lurked behind the others, feeling out of place and weak, But he listened attentively when the king began to speak.

The king said, "Listen close, I'm going to give you all a task. All you must do is be honest and good and do exactly as I ask. To each of you, I will give an egg; it will be yours to tend. You will keep it warm and care for it until it hatches in the end."

"We are lions," the king continued, "It's not in our nature to be warmhearted. But when it hatches you will have an animal that is yours to keep safe and guarded. In one year from today you will meet me here with your animal in tow, and they will tell me who should be king because they will truly know if you can treat those smaller than you with kindness, compassion, and care. When they have said what they think of you, it is then I will name my heir."

The four young lions stared at the eggs with curiosity and confusion. Rex took a breath and got to his feet and loudly voiced his objection, Said he, "Our king, what I'm about to say, I say with most respect, Would not some sort of battle be easier and more direct?"

"Yes," exclaimed Akin, "We should have a battle of the wits!" Rex shook his mane and said, "I was thinking a battle of the fists." Said Ade, "I'm inclined to agree with Rex, it would be easier this way. You would know the next king today and there would be no undo delay."

"Enough!" roared the mighty lion king, "It shall be the way I say. If you do not like the test I have chosen, you are free to walk away. So take your eggs and leave, I will not be otherwise persuaded."

Rex took an egg and left, feeling foolish and slightly jaded. Kuno took an egg gently in his mouth, and went to find an accommodation where he could keep it safe and sound and away from aggravation. He made it a little nest, and a pillow for its head, then he curled down on top of it and, together, they went to bed.

Two weeks later, at the watering hole, he heard Ade exclaim, "My egg has hatched. I will be king; the title is in my name. You lot don't even compare, you should probably go ahead and quit. It's embarrassing for you to even try, it's a crown you'll never get."

Kuno ran to his house to check on his egg but it remained the same. He covered it with moss and straw and sighed, feeling ashamed. He treated the egg, every day, with affection and great care, hoping it would hatch soon into a turtle, duck, or hare.

Rex's egg was the next to hatch, he claimed his animal was clever. He boasted that after hearing it, the kingship would be his forever. The other lions strutted about, claiming their animals were growing strong, still Kuno stayed with his egg, each and all day long. When, a year later, the day arrived that they were to go and meet the king, Kuno walked slowly, feeling embarrassed and afraid that he was to bring, not a beautiful flying bird, but an unhatched egg instead. When he thought how the king would react, he cried and hung his head.

He walked to the back of the den and placed his egg down at his feet. He saw the lion's animals and knew that he could not compete.



He stood and turned to walk away, but the king ordered him to stay. "Kuno, you will sit and you will listen to the words I have to say."

Kuno turned and took his place at the back side of the room, The King seemed to think for ages, but finally he did boom, "You lion cubs will stay right here, your animals may go, I am very disappointed in you, for reasons you should know."

The animals all made for the doors, while the lions shook with fright. "Kuno is the only one of you who has done this experiment right." The lion cubs all began to speak, they roared and cried and squalled. "We all had beautiful animals and Kuno has nothing at all!"

"You had one job," the king bellowed, "It was to be honest and sincere. If you quiet down and listen to me the reason will be clear. Just last year when I gave you the eggs, I told you to take good care and at the end of the year you would come to me and we would all compare."

"The one thing I didn't mention, is that they were not eggs but rocks, so tell me how you hatched these stones into an otter, duck, and fox. Kuno is the only one who was trustworthy, genuine and true. That is the reason he will be your king and rule over all of you."

"You may be a warrior, an intellect, or a clown; but it is he who is just and true that is fit to wear a crown."

Eventually the other cubs grew up and became wiser than they were in youth, They realized that life was easier when they simply told the truth.



## SCHOOL & LIBRARY NEWS

# What's new at your library

Erin Dingle  
Emmitsburg Branch Library

### Dig IT! Summer Reading was a Big Success

Congratulations to all the children and teens of the Emmitsburg area who completed their summer reading folders. Frederick County Public Libraries reports that over 10,000 kids and teens county-wide participated in this year's reading program, enjoying books, attending programs and winning prizes. Summer Reading at the public library is a proven, enjoyable way for students to keep up their reading skills during summer vacations. At the Emmitsburg branch, area children participated in a wide variety of activities that included everything from magic shows to wildlife adventures. And to finish the summer out, 40 tickets were given away to lucky readers to attend an Orioles game on

August 19<sup>th</sup>. The O's lost but library winners enjoyed a special night in Camden Yards anyway.

### Community Volunteer Fair

Would you like to give back to your community? Visit the Community Volunteer Fair on Tuesday Sept. 24 from 4-7 pm at the Thurmont Regional Library. You will have a chance to talk to representatives from a variety of organizations to find out what help is needed and how your talents and interests could be used. Maybe you'd like to help senior citizens or perhaps helping with community projects through a civic organization. This fair will be of interest to retirees, high school students needing community service hours and others who want to make a difference in their own hometown. Organizations needing volunteer help are invited to set up a table at no cost. Please email Erin

Dingle at [edingle@frederickcountymd.gov](mailto:edingle@frederickcountymd.gov) or call 301-600-7212 reserve your space. Deadline to reserve is Sept. 16.

### Taste Test Author Visits the Library for Workshop

Teens and tweens are invited to meet Kelly Fiore, the author of Taste Test, on Thursday, Sept. 26 at 5 pm. A former teacher, Ms. Fiore now writes young adult novels. Her debut title, Taste Test, features Nora Henderson who's been basting baby back ribs at her father's barbeque joint since she was tall enough to reach the counter. When she's accepted to Taste Test, a reality-television teen cooking competition, Nora can't wait to leave her hometown behind. Mysterious accidents plague the TV kitchen arena and someone is conducting real-life eliminations, and if Nora doesn't figure out who, she could be next to get chopped for

good. With romance and intrigue as delectable as the winning recipes included in the story, this debut novel will be devoured by all. In addition to hearing the author read for her novel, teens at this workshop will learn some tips on writing and will be able to ask the author questions about her work. Kelly Fiore has a BA in Creative Writing from Salisbury University and an MFA in Poetry from West Virginia University. Cooking and writing are two of Kelly's greatest passions. Read more about the author at her website: <http://kellyfiorewrites.com/> and to register to attend the program, call the library or going to our website, [www.fcpl.org](http://www.fcpl.org).

Sept Programs for Children & Teens at the Emmitsburg Library

**TEENS: Make Your Own Wind Chimes, Tuesday, Sept. 10 @ 4 pm**

A hands-on craft project to create your very own wind chimes. Supplies will be provided. Registration required.

**Children's: Pirate Party, Saturday, Sept. 14 @ 11am**

Ahoy Mateys! Learn to talk like a pirate, walk the plank, and enjoy pirate inspired activities. Registration required.

**Children's: LEGO Time, Tuesday, Sept. 17 @ 4 pm**

Drop in the library and join us for an afternoon of LEGO® fun! Build tall buildings, create mysterious scenes and have endless amount of STEM fun with LEGO® bricks at the library! Best for ages 5 and up with an adult.

**Children's: Go, Dog, Go!, Saturday, Sept. 28 @ 11am**

Have a dog-gone good time celebrating National Dog Week at the library! Create your own special furry friend, paint paw prints, and enjoy doggie-themed games and activities. Registration required.

# The FCPS calendar handbook

Katie Groth  
Frederick County School Board

Everyone anticipates the new edition of the FCPS Calendar Handbook that comes out on the first day of school each year. The 2013-2014 edition is now in the hands of our nearly 41,000 students and 5600 staff members as of this week. While the format is not noticeably different from what it has been in the past, it is chock full of up-to-date information, much of it reflecting what is new and different from last year.

The important thing to know about the FCPS Calendar Handbook is that it is the "go-to" place for almost anything you might want to know about our school system. It has names of all the schools and the contact information for each listed on pages 56-57. This page also shows a locator map of all public schools in Frederick County. On the next page, it lists the important

contact information for the central office staff and lists all staff members by division. This is all on pages 54-55.

Interesting school facts are shown on page 1. For example, it costs \$12,612 per year to educate one FCPS student. On page 3 is a very good index for what is inside the handbook. Most topics are listed there. On pages 4-5 you will find important information from "Back To School Basics" to emergency and weather closing information. There is also a short step by step method for a parent or guardian to know to resolve school concerns. Following on pages 6-7 is family and community engagement information – a "how-to" on getting involved in our community schools - all about volunteering and how to "get connected" through Find Out First, our FCPS system wide information service. It tells how to go on line and sign up to be notified of many kinds of school news, in-

cluding weather emergencies, calendar updates, and menu information.

Another very handy page is page 8 – "The School Year At A Glance." This gives a quick overview of important dates, including holidays, for the entire school year. It is a quick way to find out about scheduled early/late dismissals, state assessment dates, and the beginning and end of school terms. For example, the last day for students next year is June 11, but the school year will be shortened by the number of unused snow days!

Each page thereafter has a large calendar for each month on which are listed many dates and events of interest. Following these monthly calendars are several more pages of information, from sports participation, grading, homework policies, bullying policy, student rights and responsibilities, special education information, transportation, to basic education programs, and

special programs. Special program information includes information about the Career and Technology Center, Frederick County Virtual School, work-study opportunities, and student internships. These are listed on page 26-27. The special education programs provided in FCPS are listed on pages 28-29.

Another page with helpful information for families is page 32. This page includes a list of student support services offered through FCPS. This includes counseling, home/hospital teaching, health services and other student support programs. Look here to see where to go for help if you need it.

Parents and students frequently want to know more about the testing programs in our public schools. There are FCPS required tests, state required tests, Advanced Placement tests (AP), and College Entrance Examinations, such as the SAT, PSAT and the ACT. This information is provided on page 35 of the Calendar Handbook.

Many topics of specific interest to students and parents include the purpose of homework as well as several pointers for parents as

well as students for completing and turning in satisfactory assignments. Student achievement and report cards are covered on page 34. Graduation requirements are listed on page 37, and academic performance and recognitions are listed on page 36. Selected policies, regulations and procedures are outlined on pages 38-42. Included here are school absenteeism policies, policies on cheating/plagiarism, drugs and alcohol, child abuse, discrimination, equity and environmental concerns. Also included are regulations on school visitors, teacher qualifications, withdrawal from school, and use of school fields and facilities.

The FCPS Calendar Handbook is an extremely helpful guide that is easy to use. It would be a great idea to go over the book in its entirety with your student to ensure your understanding of the information listed. If further help is needed, all contact information is listed for your convenience. The entire document has been designed with you, the FCPS students and families, in mind.

One last word: go on line and visit the FCPS website at [www.fcps.org](http://www.fcps.org). Look for the sign up information for Find Out First. And have a wonderful and successful school year!

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# SCHOOL & LIBRARY NEWS

## Back to school

Lynn Tayler  
Mother Seton School

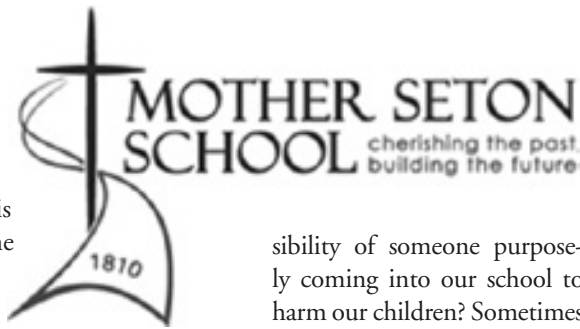
It feels like just yesterday that I wrote the words “school’s out for the summer,” and here I am writing about school being back in! Is it just me or does it feel like the summers go by so much faster each year? Growing up, I remember going back to school the Tuesday after Labor Day, so we always had that one last long lazy weekend. Now, it seems that August is just a sprint to September. Put away the flip flops and break out the backpacks! Get those 2-pocket poly folders before they run out! Forget catching fireflies—get to bed early

so you can catch the bus!

While I could use a break from the kids (or rather, they could use the break from me), I am still a little sad when we pack up our sand toys for the last time and I wave goodbye to them as they board the big yellow bus. I like having them around, despite the bickering and mess-making. I like knowing exactly where they are and what they’re doing, and having some semblance of control over their activities. After Newtown last year, I had just a little bit of anxiety when I sent them off each morning. I think that was true for most parents.

This year is different, though. I was a part of Mother Seton School’s

Staff Day this year, which is when everyone is brought up to speed on current school policies and plans. Like other schools, we have an Emergency Preparedness Plan. We have guidelines for fires, severe weather, earthquakes, hazardous material contamination—you name it, we’ll be prepared for it. It was sobering, though, to have to go over the procedures for contingencies such as what happened in Newtown. What kind of world do we live in that we have to prepare for the pos-



sibility of someone purposefully coming into our school to harm our children? Sometimes I think it’s not a very sane one.

But as difficult as it was to go over the contingency plan for that, it brought me comfort as a parent. We were fortunate to have a panel of emergency management experts—including the Director of School Security for Frederick County School, a representative from Frederick County Emergency Management, and two experienced Sheriff’s Deputies—speak at our training session. The point of having an Emergency Prepared-

ness Plan is to be ready for anything and everything, and they certainly went down the list of everything we could possibly imagine happening and how they play a role in keeping us safe, be it a manmade or natural disaster. It was good to hear straight from the horse’s mouth, so to speak, that despite the sensational stories in the news, our schools still provide the safest haven for our children. And I feel better knowing that I’m sending my children to a place where they are prepared for anything. It makes letting go just a little easier.

So even though I still wish we could have just one more week together, at least I can cross one worry off my list. They receive a great education, and they are loved and respected at Mother Seton School. They are also assuredly safe. What more could a mom ask for?

## Rigler rallies supporters

Candidate for the Fairfield Area School Board, Brad Rigler spoke at a rally in August. Rigler was joined by his wife Vanessa and several supporters.

Rigler told those assembled, “The next few months are going to be big for us. There’s an election on November, 5 & we’re also expecting our first child on October, 12. That means that my campaign manager, Vanessa will likely be indisposed on Election Day taking care of our daughter.”

Rigler joked, “I’m told she will be too young to work the polls. But our daughter is the inspiration for my campaign, so she’ll be with me in spirit.”

The couple said that they have decided on a name, but are waiting to announce it.

Rigler said, “Every day brings us closer to welcoming our daughter into this world. I’m always asking, ‘Have I planned well enough... Am I prepared?’ At home the answer is ‘yes.’ But I feel called to serve our community. I want to help keep up our community, the same way I work to keep up our home. In many ways they’re one in the same.”



“I’ve gained experience by serving on F.R.E.M.A and the Liberty Township Planning Commission. Now, as the father of future Fairfield Knight, it’s time for me to serve on our school board. I’m asking for your vote.”

Rigler cross-filed to run for School Director. After a successful primary

election, he will appear on both the Republican and Democratic tickets. He said, “Running on both tickets gave me the chance to hear from folks of both parties. That’s made me a well-rounded candidate and it

will help me to represent everyone in our district.”

The Fairfield Area School Board recently voted to raise taxes again this year. Rigler said, “Taxes are up, but enrollment is down. These constant tax increases aren’t helping our students, but it is hurting our community.”

“The Board has increased taxes in all but two of the last eighteen years. Much of that time was during the economic boom of the 90’s and the real estate bubble which dominated most of the last decade. Things have changed. Since the 2008 collapse everyone has had to make adjustments;

the FASD needs to get with the times.”

Rigler went on say, “Many of the taxpayers in our district are retirees. Folks on a fixed income can’t recoup the money they lose from tax increases. These ever increasing taxes have forced some residents to tighten their budgets; the FASD needs to do the same.”

“I truly believe we can continue to provide for our students without further burdening our community. We just have to start spending smarter instead of always spending more.”

Five candidates are competing for four seats on the board in this year’s race. Only one incumbent, Marcy Van Metre is seeking re-election. The Fairfield Area race will be the only contested School Board race in all of Adams County.

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## FOUR YEARS AT THE MOUNT

*This month we challenged our Mount writers to reflect on the idea of what it means to “Do It Right (the first time).” Did they ever think they did something right only to discover that they were wrong and have to go back and redo it? What did they learn from the experience? What is the value in admitting our mistakes and making a point to correct them to the best of our abilities? What do we gain from this as individuals and as a society?*

# Sophomore Year

What's right is fair

Lydia Olsen  
MSM Class of 2016

What determines if something is done correctly or not? After all, what is right and who gets to decide? Until a year ago, I assumed that I was doing most things “right.” This was when I realized that I was living my life without acting on behalf of justice. I was making decisions that I now view as wrong because I was not thinking about those affected by my actions. I was unaware that my decisions had an impact on more than just myself until I learned about the SERRV Market and fair trade. The SERRV Market is an organization focused on fair trade. They make prepayments to their partners, collaborate to create new designs, teach and help develop new crafting skills, provide grants to expand resources, support equal rights, and work to help create a sustainable

development, all while providing fair wages to their workers. Their goal is to eradicate poverty wherever it resides. In the 1950s, it was an acronym that stood for Sales Exchange for Refugee Rehabilitation and Vocation. This acronym no longer applies to the organization because their goals have changed. However, they have kept the name as it has taken on a new meaning since they have changed their focus, but not their mission to help people all over the world.

I went to the SERRV Market for the first time with a group during my Mountward Bound trip last year. About ten of us woke up early and loaded ourselves up into the van for the roughly 45 minute venture to the market itself. After arriving, we walked into the basement of a building and were immediately surrounded by commotion. The room was open with a desk to the right and multiple tables to the left. At least two groups were busy inspecting and packaging products at separate tables. We were directed to another station and waited only a few minutes before a worker came over with several boxes to instruct us on our first task. I waited with anticipation as he took a knife and sliced open one of the boxes.

He reached inside and pulled out a set of three wooden trays from India. I admired the trays that he placed on the table before us. They were different sizes and nested within each other. Each had cutout handles so that they could be carried easily. The dark wood within the trays was carved with ornate images of foliage, which had been white washed to stand out. We were instructed on how to package the items, and I watched intently as he wrapped each piece in bubble wrap before nesting them together again. Then it was our turn, and I couldn't wait to get started. We each grabbed a set of trays and our

work was underway, wrapping the trays so that they could be sent out to fulfill requests from online, telephone, and catalog orders. I was astonished at the skill it must have taken to create the trays that I was wrapping and I began to realize that each one was just a little bit different than the other. None of them were exactly alike.

After packaging the trays, we were given another task. This time when the box was opened, there were terra cotta nativities from Bangladesh to inspect and then re-wrap. Each one was already covered in newspaper but had to be repackaged in bubble wrap. This required each figure to be taken out of the newspaper it was currently in, rewrapped in bubble wrap and then placed back inside the nativity's stable, which was then also wrapped in bubble wrap and placed in an individual box. The boxes were then taped shut and given a label. While completing this task I couldn't help but notice that the characteristics of each Mary, Joseph, Jesus, king, cow and ram were slightly different. Some of the figures of Mary had been carved with different patterned garments and some figures of baby Jesus smiled a little bigger than others. I began to fall in love with the fact that nothing was exactly the same on any of the sets.

As I held the figures in my hands, I started to feel a connection with the artisan in South Asia who had spent so much time crafting such beauty. From then on, when I unwrapped the nativity scene with all its figures, I thought about how they had gotten into my hands. I thought about the length of the procedure and how much work went into the design and production. But mainly I thought about the last time the artisan touched them. I thought about how he held the figures and carved them without a stencil. I imagined him making marks wherever he thought appropriate. I could almost feel his pleasure as he admired his completed work. As I held the same figures I



could feel all the emotions he had been through. The connection only grew as I realized that he was the last one to touch the figures I held in my hands. He was crafting there in Bangladesh and I was packaging here in Maryland, but somehow we were connected on a bigger scale. It dawned on me that we were the only two in the world who had held these beautiful works of art in our hands so far. Our paths were united through a magnificent work of art and our relationship continued once it was packaged and sold.

Our last items of the day were glass decanters made in Guatemala. We labeled each “decanter” and prepared them very carefully so as not to break the glass before packing them into boxes. About halfway through the process, we realized that we had been putting the incorrect tags on all of the decanters. We needed to put on tags that stated that the product was made from recycled materials instead of the tags that were already on decanters. As a group, we had to go back through all of the decanters that we had wrapped and unwrap them to change the tags. It was frustrating to have to redo the work we had already done. How-

ever, it was worth it because the artisan put so much time and effort into the decanters that they should be advertised as what they truly were. The tags were not done correctly the first time, but they were fixed and the job was completed well.

After finishing for the day we were given a chance to shop in the store. I was thrilled and ended up walking away with multiple bags. Before leaving, I learned about the 3% rule of fair trade. It states that if everyone in the world spent 3% of his or her yearly expenditure on fair trade items, it would balance the world's economy. Think about that, just three percent.

Things don't always have to be done right the first time as long as they are fixed in the long run. After I became aware of fair trade, I adjusted my lifestyle so that I was able to promote the dignity and respect of people through my consumption of goods. It is important to be reminded of the inherent rights we all have that are sometimes not acknowledged in the right ways.

To read other articles by Lydia visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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## DO IT RIGHT (THE FIRST TIME)

## Junior Year

## Mistakes were made

Kyle Ott  
MSM Class of 2015

I can't tell you how many times during my 20 years of walking this earth I've thought those words as my plans came crashing down, or shouted them when I realized that there was nothing else for me to do but throw my hands up in the sky and ride whatever crazy train I'd hopped on all the way to its destination. You see, I'm not sure if I would correct any of the mistakes that I've made. Every time I've made one I felt myself getting stronger and smarter (or at least more resistant to pain). I count every scratch and bruise on my body as a roadmap to the person I am today. While the pain, both physical and mental, of some decisions is something that often stays with me, I can't think of anything that I wouldn't do over if given the chance. Everything that I have done up to now, whether it has soared or come crashing down, has helped me to become the man I am, and although I'm biased, I like that. This quest started when I was a child, learning things that would later become important parts of

the way I approach my life.

I suppose my quest for self-improvement (that's what we're calling it for now, so roll with me) started years ago before I was ever able to understand the learning that was taking place. I was five years old when I realized that there was an entirely different world outside for me to explore, enjoy, and make my own. We have five acres of land that is now used to play Frisbee or toss a baseball around with my college bros when they come to visit or get away for a weekend. Back then, those few acres seemed to span an eternity for my small legs and big imagination. I whiled away hours in the forest to the left of our house. Every stick that I picked up became a magic sword, and I would tromp around like it was my sworn duty to protect the forest and everyone in it. This was my kingdom, and all creatures, from the squirrels that would chatter at me amused, to the rabbits that I would occasionally chase after, were under my protection. Even when I tumbled from a log and skinned up my knees and elbows, I emerged from the tree line laughing and giggling.

"I HAVE BEEN WOUNDED!" I would shout in a little voice when my mom would open the door and see me standing there covered in a few cuts and a lot of dirt with the biggest smile on my face.

While I wandered the forest I was a protector. When I explored the long stream that cut through our property and snaked around the town into other yards and wild places, I was a pioneer. As a kid there was always the feeling of being bound to your home and to your family. You ate with your family, talked with your family, and went where they decided to go. Most of the time it was wonderful, but sometimes, even at five years old, you longed for more. You yearned to explore.

My brother and I were always careful about how far we traveled into the forest. There were depths to that place that even brave knights like ourselves dared not tread. However, the stream was different. For us, it was a road made of water, pebbles, and clay. We could see where we were going and where we had been. We could travel as far and as long as we wanted to. If we had the energy to move, then we did, and every wonder we saw brought us back day after day. Minnows would swim around our ankles in massive schools, either unaware of the large mammals in their world or completely unperturbed

by our presence. Blue herons would occasionally lope around the banks of the creek, gracefully dipping their long beaks into the water when they wanted a snack, emerging only when they wanted to look at us or up at the sky. Turtles of all shapes and sizes, some tiny and adorable looking with big droopy eyes and others with thick shells and large mouths made for snapping, would swim away as we passed. The stream was our Narnia, our Terebithia, and no matter how many times we were late for dinner or how many pairs of clothing we went through in a single day, we still came back. Stupid decisions didn't seem so bad when we could make them in such a wonderful place. Jumping into the water without knowing its depth after three days of rain: bad choice. Deciding to throw lumps of sun-hardened clay: bad choice. Going to play in our own world for hours upon hours: priceless.

From the time I was five until I was about 15, I went on some pretty wild and crazy adventures, more than I can remember and certainly more than I could ever hope to recount. By the time I was done, my mother had a lovely collection of hospital bracelets and the names of the hospital staff memorized. Eventually I did even out, and I hung up my carefree and dangerous ways for a fulltime career as

a student and eventually a Resident Assistant. While I love my new life and the experiences that it brings, I wouldn't change the cuts and crashes, bruises and bashings I received as an adolescent for anything. If there was one thing I learned from those adventures in the afternoon sun with my brother and my imagination in tow it was this: it is okay to make mistakes. It's a lesson that I feel our culture is losing sight of more and more every single day. We are so set on keeping things clean, safe, and antiseptic that we forget some of the intrinsic value of being human. We are all a little wild, messy, and adventurous at heart. No one is perfect or beyond the grasp of failure, pain, or frustration, and it was outside among the bushes and rocks and animals that I learned that lesson. If you stumble, get up. If you sink, keep swimming. If you feel like you can't go another step, go a mile. There is an endless world out there. There are people, places, and things that you can only dream of just waiting for you to claim them. All the world asks is for you to take one more step, and it doesn't care if you stumble doing it. I'm Kyle Ott, won't you sit and read for a while?

To read other articles by Kyle visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## Senior Year

## The first time, the only time

Nicole Jones  
MSM Class of 2014

If there is one thing in life that I want to do right the first time, it's marriage. Too often today I see families separated, divorced, and blended. I have witnessed first-hand the strife, anger, and division that these failed relationships breed within the broken family. I've seen the stress and emotional pain of a divorce turn otherwise happy people into bitter and angry individuals and change obedient children into rebels. Of course, I recognize that every rule has its exceptions, but those are not what I am here to write about. I am here to discuss how even now I can be preparing for marriage to make sure that the first time is the only time.

This may seem like a surprising topic for a 20-year-old to be discussing in such an open forum, but it is a reality that faces me more each and every day. Many people around me, friends and family alike, have been engaged or married at a young age. I witnessed one engagement fall through, one engagement never come to an end, two weddings, countless dates, and of course, my own parents' relationship. As someone who hopes to one day be married, I can't help but watch and learn from all of these relationships. From the failed engagement, I learned that one can want to be married for the wrong reasons. From the endless engagement, I

learned that timing is important when considering marriage. From one wedding I learned that patience and commitment are important to developing a lasting relationship, and from my parents I learned that you should always marry your best friend. Despite all of these learning opportunities, I find that experience is the best teacher.

While I'm not currently at a place in my life where I could even consider marriage, I know that it is equally important even now to think about and prepare for it. A speedy and awkward relationship I had over the summer made me realize just how unprepared I truly was and how important it is to treat every relationship seriously. Now, I don't want to sound like a dating advice columnist here, but I do want to tell you what I've learned recently.

As humans, we love to be in relationships. We love being in love and love being loved. While there is nothing wrong with this desire, seeking to gratify it with many short-term relationships can be damaging not only to you and your current partner, but also to your future marriage. Every time you enter a relationship, you give away a part of yourself to that person. There will always be a connection between you and that individual through shared emotions, experiences, and memories. It is something that cannot be undone. Each relationship you have, you carry with you into your next relationship. It shapes how you experience your newest partner as

you view them in context of your past relationships. For example, you may really like that Andrew calls you every day unlike Jake did, but hate that he doesn't call you cute nicknames like Sam did. It becomes a process of comparison and contrast that has both its pros and its cons. While you are able to learn what you like in a person, you may also become dissatisfied in a relationship when your current partner does not quite combine all the positive characteristics of your previous partners. You may even feel as if you have to compromise when you can't find that perfect combination. It's a slippery slope, which is why dating should be taken seriously and navigated carefully.

Perhaps the most important thing that I have learned is to take relationships slowly. I mean glacial. One day is not enough time to get to know someone nor is one week or even one month. My cardinal rule is to marry my best friend; this means months or even years of getting to know a person and understand them. Many people use the dating process as a way to get to know another person, but isn't the point of dating to find out if you want to commit to that person? Shouldn't the getting-to-know-you part come before the let's-see-if-we-want-to-get-married stage? When we become impatient, we tend to skip that first step, combine it with the second, and call it dating. Why not? It's what the world tells us to do through movies, music, and media. We're told that love is a wonderful, uncontrollable feeling that we spontaneously fall into, but if it's something we don't have control over, what happens when that wonder-

ful feeling decides to leave us, and we fall out of love? It may mean that you were never in love to begin with. Love is a choice. It's a decision to commit yourself to someone. It's the fortitude to stay with that person even when things aren't as romantic as you may have imagined them. It's the self-sacrifice to go out of your way to make that person happy. It's the patience to wait for the right person to be committed to in the first place. Love is perfectly controllable, but the art to exercise that control has been lost in the hustle and bustle of an ever faster and impatient society.

If we return to the example of my friend's failed engagement that I mentioned earlier and compare it to the successful marriage of my cousin, we can easily see this lesson play out. My friend was only a freshman in college when she became engaged. I remember how excited she was and all of the pictures she posted on Facebook showing off her new diamond ring. About 10 months later, my friend met a new guy who was cuter and treated her better. She broke off the engagement. Two years later she continues to bounce from guy to guy, never quite satisfied. In contrast, my cousin knew her husband for three years before becoming engaged. After their mar-

riage, she moved away from all of her friends and family here in Maryland to live with him in Chicago where he could pursue a business venture. In that single act, she expressed more self-sacrificing love than my friend ever showed to any one of her boyfriends, let alone her ex-fiancé.

I know that love is probably not what you expected to read about when you read the title of this article, but I think this is a lesson that has been lost over time. I simply wanted to take this opportunity to do my part in slaying the current belief in a fickle, wavering love and reviving the identity of a strong, steadfast love. We have been taught to believe that the stronger our passion the stronger our love, but we have forgotten that love is so much more complicated than that. "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails." - I Corinthians 13:4-8a (NIV)

To read other articles by Nicole visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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## THE GRADUATE

# Providential “coincidences”

Megan Kinsella  
MSM Class of 2013

Megan graduated from Mount St. Mary's in May and is now a full-time missionary for the Fellowship of Catholic University Students. She is serving at the University of Louisiana Lafayette for the 2013-2014 school year, working primarily with student-athletes.

We have all had the experience: we find ourselves complaining about something that seems completely unbearable and absolutely impossible to overcome, and then someone (usually a parent or know-it-all friend) presents us with a situation that dwarfs it in comparison. For example, you could complain that your legs are sore from the intense workout you did yesterday, to which I could respond by telling you about the man I saw today who had no legs or arms. These situations usually make us put things into perspective. They show us how we really have nothing to complain about compared to other people in the world. In short, they remind us of how truly blessed we are.

My FOCUS team director, John, recently broadened my perspective in this exact way. This year at the University of Louisiana, my job on campus is to get to know the female athletes, lead bible studies and team prayer for them, mentor them in the faith, and be a Christian presence to help

them develop as leaders on and off the field. Spreading the gospel and speaking with strangers (and even people we know very well) about Jesus Christ and his redeeming love for them can be extremely difficult for many reasons. Fears of rejection, awkwardness, losing friends, and even violence can be crippling. I have been down in Louisiana since the beginning of August, getting settled into my apartment and meeting the coaches and players I am going to be working with this year. Every day, I drive from my apartment to my office at the Catholic Student Center on campus. Each time I make the five minute trip, I drive past the Cajundome (one of ULL's main athletic facilities), which has a gigantic billboard next to it, advertising ULL's athletic teams. At the moment, spanning across the billboard is a picture of the women's soccer team, all with their arms crossed over the chests, scowling at the camera. The picture terrifies me. They are some of the most intimidating ladies I have ever seen! I drive past the billboard every day and just imagine myself trying to talk to them about how much Jesus loves them—they would just flex their muscles and walk away laughing.

John told us a story that helped me get over my fear very quickly. This past July, he went with a group of students to World Youth Day in Brazil, and while they were there they stayed in a



hostel right outside Rio's largest favela, called Varginha. Favelas, as he told us, are basically gigantic shanty towns—miles of square feet big—where people live in horrible conditions, right on top of each other, and drug lords have complete rule over the entire area (the recent movie, *City of God*, is based on a true story from one of these favelas). Varginha is so violent that it's known by Brazilians and “the Gaza Strip.” People are considered lucky if they live past the age of 30. Police no longer enter the favelas because they would be shot on site. It has gotten so bad that the drug lords in one favela recently shot down and destroyed a police helicopter attempting to do a fly-over. Needless to say, it is a horrible situation.

John told us about an order of Catholic monks that lives in the favela they were staying next to while in Rio. It is

the mission of these humble, holy men to spread the gospel of Jesus Christ throughout the favela, and especially to these powerful, dangerous drug lords. They leave their home at night and approach men with machine guns and other weapons strapped to their bodies to tell them about the love of Christ and how it can change their lives. They very literally put their lives on the line every single day—they could be killed so easily, simply if someone didn't like what they were saying. Over the years, the monks have been able to change the lives of many drug lords simply by fearlessly talking to them about Jesus. Many drug lords do not listen to what they have to say, or they listen and then don't do anything. However there have also been many that have been so touched by the monks' words that they break down and cry. Their lives

change, and they have to leave the favela forever or else they themselves will be shot dead for “showing weakness.” John talked about how the monks have some much faith and know so deeply in the saving work of Christ that they are willing to die for it. How many of us can truthfully say that we believe in something so much, and love it so deeply, that we would rather be shot dead than stay silent about it?

John's story struck a chord inside me. How selfish am I, to be too scared of a couple tough-looking athletes to the point that I am no longer willing to share the gospel with them? And there isn't even a remote chance of danger to my person, let alone having a gun being pointed at my head like those Brazilian monks.

It has been said, that if a human being discovered the cure for cancer, but kept it to himself and didn't share it with the entire world, he would be considered a heinous criminal. He could save the lives of millions of people, but instead he chooses to selfishly keep the cure to himself. The same goes for us when we refuse to share the love of Jesus Christ and his gospel with everyone around us. We have discovered the Good News, the be-all-end-all, the antidote to eternal death. But, if we choose to not tell people about it—whether it is because we are nervous, or intimidated, or want to avoid potentially awkward situations—we are keeping something from them that could completely transform their lives forever!



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# THE VILLAGE IDIOT

## Before you go to war...

Jack Deatherage, Jr.

I'm kicked back in one of those fold-up camp chairs, a Cussler novel resting on my belly, a soda pop at hand, the garlic table set up, the Village Idiot garlic sign down by the road, a self-satisfied smugness comfortably surrounding me as I'd just shot 5 arrows off the kid's bow (all of them landed within 10 feet of the target set about 45 yards out in the field) when the first garlic customer of the year pulls up in front of me. Time to sound knowledgeable about garlic. Ha!

Oh, I recognize this woman. At best, I should just nod and smile. No, I better not smile. I'm told my broken teeth are frightening. As if the rest of me isn't?

She looks over what little garlic I have on the table. "How much?" She ends up buying two pounds of Kettle River, I think. (Not that she seemed to care what cultivar it was.) I attempt to explain what a bad year for garlic it's been and how she'd be better off with maybe a half pound. "I have friends I'll share it with." She replies somewhat distracted.

I take her money and thank her. DW will be pleased.

"You're Jack Deatherage aren't you." She's not asking, she's stating.

I get that sick feeling that comes when I know I'm about to be handed my backside. I allow I am Jack Deatherage. (Jack, Sr. is buried in Florida and Jack, 3 moved to that horrid state a little over a year ago so it ain't like I'm going to weasel out of being the Jack she thinks I am.)

She begins. I listen, allow and listen some more. Mostly she disagrees with what I write about here, but she tempers that with some of her background, what she went through getting to where she could confront me about my thinking, or lack there of, though she's too polite to put it that way. (I'm a puppy being educated by an elder. I struggle to learn.)

She hit me with so much information I'm sure I've jumbled it all. Several times the innate contrariness in me boiled up, but so nimbly did she change directions I was able to let it pass as she presented me with some fascinating tidbit to ponder. (I doubt I'll be as interesting to listen to when I'm an elder. Gods forbid I should live to elderhood!)

Two things I think I understood. She believes (these are my words, not hers) children need to be stripped of their smart phones, dragged out of their fabricated caves, set down in the forests and fields, and taught to be humans. I didn't disagree with her. That's part of what I do while coaching archery at the Izaak Walton League of America chapter house near Frederick after all.

She also seemed upset that some people of influence (I thought of

two I'd heard on the radio) are pontificating society's ills descend from females. She tossed some Scripture at me to backup her point. Me, being neither a Jew nor an Xian, I only shrugged. For a second I considered telling her I agree that females who allow pigs to crawl in bed with them are responsible for males behaving like pigs. Not that most males need the encouragement, but we certainly get enough of it these days. I probably missed some of what she said next as I was imagining females and pigs in bed. (I was feeling sorry for the pigs.) Anyhow, she said men were just as responsible as women are. I agreed with her.

If females, in general, are going to bed pigs and give up their natural civilizing effect on males (responsible females "women" cause males to become men) then, to save civilization, males will have to become men on their own. Having considered that for 10 or 20 seconds, I doubt I can gather enough food and water to last through civilization's collapse into chaos and the long slow recovery until females reclaim their superior (civilizing) role.

Back to the future, the kids. Everything seems stacked against them. So many fatherless homes, so many mothers bedding pigs. School systems designed to support the system rather than educating the children. Few, or no role models worth considering. A culture of rights rather than of responsibilities.

I mentally flash back to sitting in a shopping center parking lot watching people passing by. Several teenaged boys approach a soda machine as another boy wearing a store uniform comes out on break, a cigarette dangling from his lips (he's obviously a minor and admits he stole the smokes from the store he works for.)

The first boys confront him. "Are you still doing heroin?"

Uniform gets all defensive, starts protesting.

The boys stare him down. "You're lying. You know that stuff is going to kill you."

At that point they notice me watching them. All their faces become as expressionless as my own. They know I've heard them. We consider each other. They realize I am no threat, nor help to them. They ignore me and go back to calmly dealing with their addicted friend.

I watch them and decide there may be hope for the species after all. These boys are trying to save one of their own on their own. If they had the power, and knowledge of what to do with it, they'd probably get the boy off the drug. They have neither. Worse, if they chose to act to save their friend, our current society would crush them for their efforts.

Among those who have dealt with opium addiction, in its several forms as part of their cultures for centuries, the methods are simple and brutal. The results rather permanent. The addict either dies or suffers so greatly during withdrawal that the drug is never touched again. In this place and time we think we are sparing the addict pain by bringing them down slowly or simply addicting them to a socially more acceptable drug. Pain is avoided if at all possible. Because they haven't come close to death, they (the addict) mostly seek the high, the temporary escape, again.

I've sat among alxies, coke-heads and crackheads who've told me about their being run through rehab repeatedly, some of them six and more times, before they finally got a clue (they all got a peck on the cheek from Death.) It takes a visit with Death to shake an addict hard enough to lift the drug-induced haze. Their stories make my own pale, though the shotgun muzzle pressed hard under my chin was as real as any death-filled needle they wept over.

We, as a society, make damned sure the addicts never get close



He who laughs at himself will never cease to be amused.

enough to death in rehab to make a choice for life. And why should they? Law enforcement, lawyers, courts, rehabs, as well as drug dealers are making money off the addicts. TV, music, the culture entice the next fool

to the needle. For the children's sake, I hope the chaos comes soonest.

To read past editions of the Village Idiot, visit the Authors section of Emmitsburg.net.



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# ARTS AND FESTIVALS

## What exactly is a Pippin?

Linda Junker  
Sally Thomas

As autumn approaches, folks in Fairfield begin to prepare for Pippinfest, the town's annual fall festival held every year during the last weekend in September. This year, Pippinfest takes place on September 28 and 29. The Committee has been preparing all year! 2013 marks the 33<sup>rd</sup> year for Fairfield's annual festival.

Pippinfest was started in 1980 by David Thomas, then owner and proprietor of the Fairfield Inn. The idea was born of his dedication to the community of Fairfield and its heritage. As a way to bring the townspeople together, local clubs and school groups were invited to participate in a community-wide celebration of the apple harvest. That spirit lives on and we are grateful to David Thomas for his many years of commu-

nity service, and his commitment to the people of Fairfield. For many of Fairfield's non-profit organizations, Pippinfest continues to be their main fundraiser of the year. We are proud to continue the tradition and are grateful for David Thomas' vision and energy he devoted to making Pippinfest a part of Fairfield's heritage.

Pippinfest is a way to showcase the community, to share what a very special place Fairfield is, a small town with friendly people. This year members of the Pippinfest Committee decided to give a gift to the Borough of Fairfield in the form of two "Welcome to Fairfield" signs to be placed at either end of Main Street. Amelia Rodriguez and Mike Brown contributed the initial designs. The design was reviewed and "tweaked" by full Committee and submitted to the Borough Council, which recently gave its stamp of approval. It is the goal of the Pippinfest committee to have the signs completed and in place by Pippinfest 2014.

For Pippinfest 2013, over 100 craft and food vendors are expected. High-quality, juried crafts will line Main Street, and some will demonstrate their art during the day. Attendees at Pippinfest can look for the ever-popular, famil-



iar faces of vendors who have returned year after year. Many new vendors will make an appearance as well, offering appealing new crafts and food items. We also have an exciting line-up of musicians with a focus on period music from the 19<sup>th</sup> century. Commemorating the 150<sup>th</sup> anniversary of the Battle of Fairfield, the old-time music and musicians will add to the festive atmosphere that makes Fairfield come alive on Pippinfest Sunday.

Entertainment for kids (and those older folks still young at heart) includes clowns, courtesy of the Tall Cedars of Lebanon, Strawberry Hill's ambassadors of nature, and a roving stilt walker. This year's "tall man about

town" is none other than Honest Abe Lincoln! At over seven feet tall, he won't be difficult to spot as he roams about town, but folks might have to stretch their arms really high to shake his hand!

Also in conjunction with the Sesquicentennial, a self-guided walking tour of the historic homes located within the borough will be available during Pippinfest weekend. The tour was developed using Gettysburg historian Tim Smith's research on Fairfield's Civil War homes. Each home on the tour is marked, and a brochure is available with descriptions of the homes. The walking tour brochures are free and can be obtained at the information booth in front of the Village Hall.

In the Village Hall, a quilt show hosted by the Stitch and Peace club will display beautiful handmade quilts. Alongside the ladies' handiwork will be a display entitled, "Pippinfest Pottery through the Years." This display showcases the commemorative pottery made each year for Pippinfest, with all 33 years of the pottery available for viewing.

This tradition from the very early years of Pippinfest continues, with the offering of unique Pippinfest pottery. In honor of the festival, the Committee has commissioned an area potter to create a special piece of limited edition pottery to commemorate that year's event. For the second consecutive year Fairfield potter Jack Handshaw, owner of Hobbit House Pottery, has been selected. His design will be featured on the Pippinfest website in the near future. Each piece is signed and numbered, and will be offered for sale at the information booth in front of Village Hall. Interested buyers can also contact the borough office at 717-642-5640 and pre-order their pottery in advance of Pippinfest weekend.

Oh yes...the answer to the question above.... A pippin is a variety of apple, brought to this country by the early settlers to the colonies. You can visit one of Fairfield's few existing Pippin apple trees behind the Fairfield Inn on Miller Street. We look forward to seeing you the last weekend in September!! Please visit [www.pippinfest.com](http://www.pippinfest.com) for additional information.

### Saturday, September 28

8a.m.-4p.m. Community Yard Sale  
8a.m.-4p.m. Self-Guided Walking Tour-VH  
Noon-4p.m. Quilt Show/Demo-VH  
4p.m.-5p.m. Apple Dessert Contest-FFD  
5p.m.-5:30p.m. Show Choir-FFD  
5p.m.-6p.m. Show Choir-FFD

### Saturday, September 28

9a.m.-4p.m. Craft Show  
9a.m.-4p.m. Cruise-In Car Show-FFD  
9a.m.-4p.m. Self-Guided Walking Tour-VH  
10:30a.m.-11:30a.m. Tom Jolin-F Inn  
11:30a.m.-12:30p.m. Kent Courtney-F Inn  
12:30p.m.-1p.m. Jazz Band-FFD  
1p.m.-1:30p.m. Show Choir-FFD  
Noon-4p.m. Quilt Show Demo-VH  
Noon-4p.m. Pottery Display-VH

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F Inn-Fairfield Inn 15 W. Main St.

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ARTS AND FESTIVALS

# Frederick Rotary Club's Oktoberfest

Plan now to attend Frederick's Oktoberfest, a two-day family friendly festival on September 28 and 29, 2013 at the Fairgrounds in Frederick. Oktoberfest is the largest event in the area that celebrates German heritage by attempting to replicate the traditional Volksfest (folk festival) held in Germany each year. It is produced by three of the Rotary Clubs of Frederick County, and all of the proceeds are donated directly back to nearly 40 local non-profit organizations that the Frederick Rotary Clubs support.



There will be plenty of food, drinks, contests and activities to satisfy everyone's tastes. There is truly something for everyone at Oktoberfest - from German bratwurst, Sauerbraten, German potato salad, sauerkraut, hotdogs, pretzels and strudel. And what would Oktoberfest be without beer? In addition to an Oktoberfest brew or two on tap, there will be plenty of others to sample, along with German wines and soft drinks. Tickets are just \$5 if purchased online in advance ([www.frederickoktoberfest.org](http://www.frederickoktoberfest.org)) or \$10 at the gate for a full day of fun. Children 2 and under are free. Parking is also free, although donations are encouraged.

Rotary International is comprised of more than 34,000 clubs around the world. It is an organization of business, professional and community leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world, while forming lasting relationships in the process. Strong fellowship among Rotarians and meaningful community and international service projects characterize Rotary worldwide.

The Rotary motto "Service Above Self" conveys the humanitarian spirit of the organization's more than 1.2 million members. Service efforts are directed toward many areas of focus including: peace and conflict prevention/resolution; disease prevention and treatment; water and sanitation; maternal and child health; basic education and literacy; and economic and community development.

Each local Rotary club Rotary rep-

resents a cross-section of the local community's business and professional leaders. At the club level is where many meaningful service projects are carried out, although most clubs are also engaged internationally. The world's Rotary clubs meet weekly and are nonpolitical, nonreligious, and open to all cultures, races, and creeds. What Rotarians get out of Rotary depends largely on what they put into it.

At the local level, Rotary membership provides the opportunity to be-

come connected to your community, interact with others and work with them to address the needs. On an international level, Rotary provides the opportunity to assist with international humanitarian service efforts and establish contacts with an international network of professionals.

Why join Rotary? Maybe you've seen a need in your community and wondered how you could help. Maybe you want to use your professional skills to help others — or even learn

new skills. Maybe you're seeking connections with other service-minded professionals in your community or abroad.

Whatever your reason, joining Rotary can help you achieve these goals, and so much more. However, Rotary may not be for everyone. There is a commitment to attend the meetings once a week. In addition, we are asked to serve on committees and help with various hands-on projects in the com-

munity. There are dues that go to our club as well as Rotary International because we serve people worldwide. We have fun together, and perhaps we are idealists, but when we see a gap in services or something that needs attention in our community, we know that our fellow Rotarians will join forces to try to make a difference.

Why not find a local club in your area and attend as a guest to find out more?

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## CREATIVE WRITING

## Save the date

Alexandra Tyminski  
MSM Class of 2015

“Cheers to Jenna and James! May they always be happy and live long together. May they have amazing adventures. To this new and exciting time in both of their lives,” Josh said as he raised his glass high.

I glanced over at Jenna and James and admired their glowing faces. The sun was beating down on Jenna's skin and her blonde hair was so elegantly placed on top of her bare shoulders. James couldn't help but stare at her. It was obvious they were in love. Everyone thought that they were going to be married, and here we are 6 years later.

“Hey Maria, how are you?” a deep voiced said behind me, and I suddenly knew exactly who was behind me.

It was hard to miss the tall, dark haired, big-shouldered and blue-eyed man standing in front of me. Eric had always been a nice looking guy and he was extremely nice.

“Can you believe that this wedding has finally brought all of our college friends back together?” he asked.

“Yeah, it's hard to believe that everyone is together again,” I said back, trying to remain cool. I couldn't help but stare at his big blue eyes. I could feel my freshman year crush coming back all over again.

“So, what have you been up to these past 2 years since we have graduated?” I

asked him.

“Just working through law school at the moment. It is a lot harder than I thought!” Eric chuckled and his big white teeth were gleaming at me.

“What about you, Maria?”

After realizing that my freshman admiration crush had turned into a creepy silence for a few moments, I finally snapped out of it.

“Oh yeah, I bet it is difficult at law school. But, at least you are aiming high. That's a good thing. My dad always says hard work pays off in the end,” I said, ignoring the question he asked.

“Maria! I see that you and Eric have finally had some time to catch up!” Jenna interrupted us.

“Jenna, this seriously is a beautiful wedding! And Josh gave a great toast. Maria and I were just saying how great it is to see all of our college friends together again!” Eric turned to Maria and gave her a hug.

“Yeah, it seems so unreal that we are all back in one place since we graduated. I'm lucky Maria was even able to make it. She works like crazy on the West Coast. I'm sure she has told you all about it already,” Jenna said, glancing at me with a huge smirk on her face.

Jenna and I were freshmen year roommates, best friends, and practically sisters since the day I met her at orientation. She knew me better than I knew myself at times. She was from Massachusetts so she often came to our home

for meals. Soon enough we knew exactly what the other was thinking without saying anything. She knew that I had a crush on Eric since forever. She met Eric at a club fair event and ended up being in the same club throughout all of college. When Jenna invited me to this one event, I met Eric there. We were casual friends, but Jenna and Eric were always closer. When Eric invited his roommate, James, Jenna developed a crush on him very quickly. It then became an ongoing joke that one day Jenna would date James and then I would date Eric. As if it was some kind of “my roommate dates your roommate” reality TV show.

“You know she actually hasn't told me about it, Jenna!” Eric nudges me in the arm and the dimple in his left cheek becomes visible.

“Yeah well I don't like to brag about it!” I said jokingly.

“But, yes I'm working a lot there. I got a big broadcasting job out there with some TV stations, and I'm currently transitioning to working with music production studios. It all happened pretty quickly! I took a year off after school, and I met some people along the way that helped me out with my career. It is all about who you know,” I said. I felt as if I was rambling on so I just left it at that.

“Wow, that's very impressive, Maria. Good for you,” Eric said.

“Yeah, I'm surprised that you two haven't kept in touch more. I always thought that you two were going to end up dating,” Jenna said.

I could feel my cheeks getting red, and I just looked down at the ground. I smiled and looked up at Eric. He was smiling too.

“Jenna, that is crazy! You and James have been saying that ever since that first event we went to!” I laughed her comment off, secretly wondering if Eric felt the same way Jenna did.

...

“Welcome to the 1<sup>st</sup> JAM event of the semester! Freshmen, we welcome you!”

The sign on the top of the outdoor stage was standing out really well. I wish I didn't see it because it just reminded me that I'm a new freshman with no social skills and have no idea what is going on. Well, maybe that's just what I thought about myself. The red ink popped out, and it was hard to miss the different bands gathered around the stage. I was dreading the fact that Jenna dragged



me to this event. She joined a club that helped plan and run events on campus. This Friday night happened to be the event she planned, which was some type of battle of the bands. Not only did I not know anyone yet since it was only the third weekend at school, but I now had to stand in a crowded green space by myself pretending I wanted to be there.

I scanned the crowd of awkward freshmen, comfortable sophomores, relaxed juniors, and extremely over-hyped seniors. I saw Jenna down by the stage, so I decided I would just hang out with her until I wasn't allowed to anymore.

“Jenna! Hey!” I waved to her.

“Maria! Hey there, how are you doing? Have you met anyone yet?”

“Nope, not yet. Jenna, why did I come? No one is going to talk to me here,” I complained to her.

“Maria, you are not going to meet anyone with that attitude! Come on now! Well, I met someone that I have to tell you about. So you know my friend Eric that helps plan events with me?”

“Uh, yeah. By the way, I'm starting to think this Eric guy is fake because I haven't met him yet or seen him help you with anything out here. What kind of helper is he?” I said in a snarky tone.

“You'll meet him soon! I promise! But, I met his roommate James. He is sooooo cute!” Jenna's face lit up and her eyes began to widen.

“Oh jeez,” I said rolling my eyes.

“No really, Maria, he is really cool and nice and I'm so excited to become friends with him!” Jenna announced again.

“Oh hey, there is Eric! Eric, over here!” She motioned with her hand to come over to us.

I turned to my right and could not imagine the kid I was seeing. Perfect smile, talking to everyone, very tall, and friends with my roommate. Looks don't mean anything though, so I guess we will have to see how nice he is.

“Eric, this is my roommate, Maria,” Jenna said.

“Hi Maria. I'm Eric,” he said while shaking my hand.

“So is this your first campus event? I don't think I've seen you before.”

“Uh, um, yeah it is. Jenna has been telling me about all the planning you guys do together,” I answered his question. I bet he thought I was a loner for this being my first event.

“Yeah, we have been working hard on this one. So, I hope you like music because it is going to be awesome!” Eric smiled with his bright smile.

“Hey Maria, I actually have to finish some stuff, but maybe Eric can take you and score a good lawn seat for the concert?” Jenna asked.

“Yeah definitely, that would be great,” Eric said looking at me.

We walked away from Jenna, and Eric began to tell me about how much he loves to plan events and be involved on campus. It made me feel weird since I wasn't involved in anything yet. We found a lawn spot that was pretty isolated from the massive crowds of students. The weather was perfect. It was sunny, but not too hot, and there was a small breeze. We sat together on the lawn and listened to the bands for hours. We didn't really say much, but besides Jenna, I realized he was the first friend I really met and hung out with since I came to college.

...

“Grandma, tell us more please!” Alyssa begged with her big brown puppy dog eyes.

“Yes, more please!” Timmy tagged along.

“Kids, that's enough story time today, but I do have some advice for you,” I said.

“Is it going to be more advice about how to do our laundry properly?” Timmy snapped.

“No little Timmy, it is about life. Life is going to bring all types of people and experiences. And my advice is to stay open. Stay open to the people, friendships, and opportunities that come along your path. It may change your life like it did mine,” I said with a huge smile on my face. I peered out of the window and gazed upon the green fields and colorful flowers. I saw two horses afar and the branches of the trees dancing in the wind.

“It sure changed mine,” Eric said, appearing from behind the kitchen.

“Grandpa, you're so silly,” Alyssa laughed as her little nose crinkled.

“Love makes you that way, buddy,” he replied.

To read other articles by Alexandra Tyminski visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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CATOCTIN VOICES

# Travels, Windows and the Sacred

L. Claire Cantwell

Some of life's experiences are best expressed in art. Poetry is language's art form. Two writers were chosen this month to illustrate this point. Good poems always transcend mere words on a page. Good poems are more than just a pretty party of language. Good poems give the reader wide berth to stretch into the pith of their individual experiences where there will be recognition, revelation or some unique response that the author may not have intended, but welcomes.

Christin Taylor is an instructor of English at Gettysburg College. She uses her gift of poesy to describe views from two very different windows. There are unusual experiences and consequences to be had by observing scenes through a library pane and a jet window. Another poem she shared recently at the church I attend dealt with a spiritual encounter. I was pleased to hear poetry spoken in the sanctuary, like some holy verse, but from her inspired heart.

Dana Larkin Sauers writes of her experiences in a foreign land with short, numbered poems from her latest published work, "Pura Vida." However, this is no ordinary travel narrative; this is a spiritual journey, with life-altering possibilities. Every first Friday of the month, the Mount Saint Mary's adjunct professor, hosts an evening of poetry at The Ragged Edge, a coffee shop in Gettysburg. One evening, she read this entire work of poetry based on a service trip she took to Costa Rica in 2012. It is aptly titled in Spanish, "Pura Vida" which translates "Amazing Life!" All proceeds from her book benefit the disadvantaged of Costa Rica.

**Service At School from Pura Vida**  
**Dana Larkin Sauers**

20.  
The handsome doctor  
tanned and congenial  
reminds me of my son  
tells me their lunch  
is all starch and carbohydrates  
meat twice a week—  
a raffle's reward  
for the children's survival.

21.  
I meet Alejandro, the titleless—  
Alejandro the principal,  
the janitor,  
the plumber,  
the secretary,  
Alejandro the teacher,  
the driver,  
the gardener,  
the father,  
the fundraiser,  
Alejandro the carpenter,  
the activities director,  
the builder,  
the miracle maker,  
the singer  
flashes all his teeth  
in his Feliz Cumpleaños[1] rendering.  
His office a stifling closet  
no name plate on the door.  
How did I not recognize Him  
when He was in my midst?[2]

Interpretations: [1] Happy Birthday [2] A reference to Luke 24:32

29.  
Rich mounds  
starved for growing.  
We drop the beans  
by threes.  
This holy trinity  
is deeper than home.  
It rains here every day.  
The children will eat

long after we have gone.

**Snapshots of Culture from Pura Vida**  
**Dana Larkin Sauers**

15.  
We wash our throats  
with every juice  
maracuyá,[1] guanábana,[2] mango[3]  
sandía,[4]guayaba.[5]  
Our musical instruments return  
with songs of praise  
for Costa Rican sun.

17.  
Los monos capuchinos [6]  
peer beneath  
Nature's great green parasol.  
They cavort  
within the hidden cove.  
They dart and dash—  
quicker than a camera flash.

48.  
Such a commotion  
pulling thick curtains aside  
fearing the pulsing sun—  
boys bounding in the rain  
like antelopes in red shorts  
Futbol.[7]  
Costa Rican love affair.

Interpretation: [1] passionfruit[2] soursop,  
a type of tropical fruit[3] mango  
[4] watermelon

[5] guava [6] Capuchin monkeys,  
so named after the Order of  
Friars Minor Capuchin, from  
the Franciscans whose garb  
includes robes of brown and  
large hoods. Fifteenth century  
American explorers named the  
monkeys thus after the uncanny  
resemblance.[7] soccer

**The Library Window**  
**Christin Taylor**  
"Hope is the thing with feathers"  
– Emily Dickinson

The feathered thing  
flaps against the reflection  
a thousand kisses  
a thousand pleas  
And still the lighted branch  
stretches  
cool and flat and  
unyielding.

**An Inch of Silence**  
**Christin Taylor**  
Spend some time  
up in the air  
looking down on the patchwork  
of earth  
the asymmetrical shapes of  
brown  
the corridors of green  
the creases of road and highway  
sewing everything up like a

ragged doll.

Up here is a cliché:  
you are soaring above your  
worries;  
escaping life below;  
you are seeing things from a bird's  
eye view;  
watching the world turn on in  
minutia.

Still you are just the same size.  
Soon the ground fades away  
a veil of white creeps in.

Blue above and white below.  
What are we to make of that?  
What easy analogies unfurl  
beneath the wide open sky  
with us perched in air  
hurtling at 500 miles per hour?

Perhaps nothing,  
just the act of sitting side by  
side,  
an inch of silence making us  
strangers.

*All readers are invited to send in their poetry or verse by the 15<sup>th</sup> of the month to poetry@emmitsburg.com. All submissions will be acknowledged, however due to space limitations, not all can be published.*



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# COOKING WITH LOVE

## Back to school

**Brooke Hagerty**  
**Chef/Owner Gunner's**  
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Ahhhhh, the dog days of summer are fading into the distance and the sounds of school buses in the mornings replace the sounds of quiet mornings with the little ones sleeping in. This also means that we won't be able to keep as close of an eye on what is going into our children's mouths as they hit the lunch room and the inevitable "trading" sessions begin. I can still remember the stories my son now 22, would tell me about the lunch time ritual. I especially liked when his friends

would show up at the house looking for the same things he had in his lunch to have as a snack after school. I also liked when the other moms in the neighborhood would ask me how I could get their kids to eat healthy the way mine did. Now, I'm not saying that the occasional junk food binge did not happen, because it did (and still does) but I am saying that if you live with the mantra of everything in moderation the occasional trip to the fast food place down the street is not so bad. Honestly, I love a perfectly cooked and piping hot order of fries from the golden arches but I only have them a few times a year as a spe-

cial treat for "time served". However, I digress from our purpose this month and that is healthy school lunches.

Back to business. What did I tell the moms about how I got Zachary to eat healthier? I kept healthy foods in the refrigerator and chips and such to a minimum. Fruit was always in abundance, especially apples, bananas, oranges and one of my favorites, kiwi. I made sure that he helped to make his lunches and he also made trips to the grocery store and local markets to help pick out his food. The more you involve your children in the decision making process the more apt they are to want try new things. And kids honestly want to try new things!

Some really easy items for kids to help with making are wraps (the hardest part is the actual wrapping). One of my favorite items to wrap is a Turkey High Roller. Pair that High Roller with some celery and or baby carrots with 1 ounce of Ranch dressing and a bottle of water and you have the perfect lunch!

**Turkey High Roller Ingredients**

- 4 ounces fresh turkey breast store bought breast (if using store bought be sure to look for low sodium)

- 1-2 tablespoons soft or whipped Neufchatel or cream cheese (Neufchatel is a low calorie cream cheese)
- 1 tablespoon dried Italian seasoning
- ½ cup of your favorite salad greens (I prefer baby spinach)
- ¼ in thick apple slices in a half moon shape (about ½ an apple)
- 1 whole wheat tortilla

**Instructions**

- In a small bowl combine Neuchatel or cream cheese with Italian seasoning
- Using a spreader or wide knife spread down over the middle of the wrap, leaving about a 1 inch edge
- Cover Neufchatel or cream cheese with greens
- Lay turkey in an even layer down the middle
- Place apple slices on top of turkey
- Starting at the bottom of the wrap roll upwards to the top
- Cut off the ends (about 1 inch and slice into bite size pieces)
- Place in an even layer in a Tupperware like container

The apple slices add a nice crunch and texture to the wrap. This is also a

great item to bring to any event.

**Kicked Up PB & J Sandwiches**

Another fan favorite with my son was a twist on the traditional peanut butter and jelly sandwich, I like to call it Kicked Up PB & J!

**Ingredients**

- Your favorite brand of Peanut Butter and Jelly (I prefer Extra Crunchy Skippy and Smucker's Grape)
- Whole Grain bread
- 1 banana, sliced about ¼ inch thick

**Instructions**

- Toast bread to desired darkness (or leave untoasted if you prefer)
- Spread peanut butter first and the jelly on the entire surface of one slice
- Top with sliced banana and cover with second piece of bread or toast
- Slice into triangles
- Place in an airtight container

Pair this lunch with a piece of fruit and bottled water for another great meal that the kids are sure to love!

Snack items are also great to send as lunches because they are easy to eat. Celery sticks with peanut butter, carrots and broccoli with ranch dressing. Apples with peanut butter are a great choice as well. You can mix a little homemade fruit salad for breakfast and send the leftovers for lunch. Simply pick your favorite fruits (or better yet let your kids pick them). One of my favorite combos are oranges, melon of any type, red grapes and kiwi – notice all of the different colors to light up the imagination. Remember, we all eat with our eyes first so the more colorful, the more tantalizing and "SCORE", the more colorful, the more nutritious! I have mentioned Kiwi twice today as it is still my son's favorite. The easiest way to serve Kiwi in a lunch is very simple. Cut it in half the way you would a soft boiled egg or grapefruit and then make cut into pie like sections. Use a spoon to scoop out and enjoy. This is a fun little treat for children of all ages.

Next month, a plethora of fall favorites including Pumpkin Soup!

As always, if you have an idea for an article or have any questions do not hesitate to contact me anytime at brooke@gunnersgrille.com or 410.756.1080.

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# MOUNT SPORTS

## Mount sports fall preview

Ryan Golden  
MSM Class of 2016

To what degree do you love sports? Whether you spend every moment of your day catching up on the latest scores and trades or simply have a soft spot for a game you've played previously or play currently, I think we can all agree as fans that there is something savory about competition. It's one thing to actually endure the bumps and bruises that come about during a season, but everyone can appreciate the toll that sports take on the athletes' bodies, or the unadulterated joy that they experience when the most intimidating of challenges are overcome after months of training. They are the instances with which lifelong fans justify their passion—the glorious little legends that transcend anything comparable in normal life.

In the past few years, however, it's been harder to experience professional sports firsthand than it used to be. To this day my father, a Baltimore native, talks about the glory days of the "Oriole Way," when the likes of Eddie Murray and Scott McGregor were at the top of their game. He remembers going to several games a year at Memorial Stadium, purchasing a nosebleed seat for what a bag of peanuts might cost you at Camden Yards today. I attended an Orioles game against the Colorado Rockies last month. Seats were not in high demand because the Rockies are not even in the same division or league as the O's—and a pair of uppermost deck tickets came out to \$30 total. Prices are often higher when rivals such as the Yankees or Red Sox come to town.

Mind you, that's no knock on the Orioles organization, one that is doing a fabulous job of rebuilding a once-great club. Though it is an example of one of the most pressing issues facing modern competitive sports—the cost of the stadium experience.

So how can we as fans enjoy high level of competition on a lower budget? Is there such a venue?

Not surprisingly, the answer to those questions is waiting to be discovered in your backyard. Well, not literally there, but pretty close. The students of Mount St. Mary's University right here in Emmitsburg have returned to begin the 2013-14 academic year, and the rosters are all set for an exciting fall collegiate season.

We begin with the men and women's tennis teams. The men ended last spring by advancing all the way to their conference's semifinal round, while the ladies reached their conference quarter-finals. Both squads are looking to replicate their successes with a plethora of returning upperclassmen as well as a slew of emerging

freshmen and sophomores. For the men's half, seniors Mike Zabetakis and James Bartolozzi return as notable veterans, while their teammates, including junior Adam Salam and sophomore Austin Blake, take the next step at the collegiate level. On the women's team, star seniors Samantha Pinchoff and Liz Rossi look to re-establish their prowess in the NEC doubles field, while younger players such as junior Jenny Smith look for their own shot at making the upper third of the lineup.

The men's team "will open the fall season by hosting the three-day Mount St. Mary's Invitational [during] September 13-15 on campus," according to the Mount Athletics tennis preview. The women's team will also be on hand for this tournament, which is taking place during the university's Family Weekend. It is a testament to how fun the invitational tournament should be. After all, when else are athletes more likely to deliver their best performances than with family cheering them on?

Outside the court, the Mount's women's soccer team takes to the field after winning the most games (7) by a Mount team in 13 years. There are plenty of reasons to be optimistic about their upcoming season. For one, the team returns several experienced starters from last year, including forward Jackie Corley, midfielders Alicia Miranda (who led the team with 7 goals last season) and Ragan Cote, and goalkeepers Rachael Bourne and Vicky Coccozza. Five new recruits are suiting up this year, including club teammates Jenny Carey and Jackie Glanfield, both of whom played for Nether United, which is affiliated with Philadelphia Union.

Carey, as described by head coach Tom Gosselin, "will be a formidable force on defense as she continues her career at the

Mount." The club "look[s] forward to watching her grow as a player and help us towards [its] goals," he explained on the Mount Athletics website.

The manager also offered his opinion of Glanfield, saying, "Jackie has grown so much as a player in the past two years. We are excited to watch her improve here, and I think her speed and intensity will make her a [strong] college player."

A bright future and a roster with continuity. Here, two of the most key ingredients for any successful unit are already in place before the season begins. If you don't already have a favorite soccer team, the Lady Mountaineers could very well fill that void. They'll be playing a total of nine home games in just three months, with three of those contests under the lights of Waldron Family Stadium.

So now you know about the storylines surrounding these exceptional student-athletes. What else do Mount sports offer to you, the fans?

Remember that anecdote about the stadium experience I offered earlier? No such issue surrounds fall sports at the Mount. Students, staff, and faculty can attend games at Waldron Family Stadium free of charge, while general admission is only \$5. Tennis matches require little more than a blanket or lawn chair to attend. You'll be able to see Division I NCAA performances, essentially once notch below the professional level, at a very reasonable price.

And why not support your school or community? All Mount athletes feed off of the crowd during home meets and matches—it's what takes the opposing team off their game, the 12<sup>th</sup> man factor that bolsters confidence and intimidation. Having this sort of mental edge in a contest is a big reason why sports reporters often

make a big deal about "home field advantage."

While you're enjoying the spectacle on the field and the courts, you'll fall in love with the backdrop that the Mount campus provides. One of the main draws to the nation is the cityscape that they show off. Busch Stadium has the Gateway Arch, PNC Park in Pittsburgh has the Roberto Clemente Bridge, and Oriole Park incorporates the enormous brick warehouse in right field.

From the Mount's campus, however, you'll see the beauty of the high rising, all natural Catoc-tin Mountains, with the IC Cha-

pel and 25-foot tall statue of Mary resting perfectly among the trees. If that's not scenery on par with modern stadiums, I don't know what is.

Sports fans, don't be sad if you're not able to attend a professional sports event in person this fall. The Mount is close by, offering high-caliber competition with prices and availability that everyone can agree with. Visit the Mount Athletics website for schedules, scores, and statistics; and as always, I look forward to bringing you the latest in NEC athletics from our humble mountain.

For more information about the Mount's sports teams and for ticket information, visit [www.mountathletics.com](http://www.mountathletics.com).

### Catoc-tin Football on AM1450 The Source

AM1450 has taken over as the leader in high school sports radio broadcasting in Frederick County. AM1450 broadcasts more high school sporting events than any other radio station in the region.

AM1450 has been broadcasting local sports for the past five years, bringing local fans and the surrounding community the best in high school sports coverage throughout Frederick County. Starting in 2008 with varsity football, AM1450 now provides listener coverage of baseball, girls and boys basketball, football, soccer, girls softball and girls volleyball. AM1450 broadcast the past 4 years of high school football state championships from M&T Bank stadium, high school state basketball championships in 2012 & 2013 from the Comcast Center at the University of Maryland for boys and UMBC for girls, a soccer playoff from Mount St. Mary's and a girls volleyball champi-

onship from the University of Maryland.

Not only does AM1450 broadcast games live on the air at 1450AM from Gettysburg to Brunswick and Hagerstown to Mount Airy, but they stream all games over the internet simultaneously. There are many anecdotal stories about families and friends all over the US tuning in to our internet stream to hear nephews or nieces play in the "big" game. All games are archived on the AM1450 website to be downloaded or listened to online.

Catoc-tin High School Football Broadcast Schedule:  
Friday, Sept 6, 7 pm - Oakdale vs. Catoc-tin  
Thursday, Sept 12, 7pm - Catoc-tin vs. Tuscarora  
Friday, Sept 20, 7pm - Catoc-tin vs. Walkersville  
Friday, Sept 27, 7 pm - Linganore vs. Thomas Johnson

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## COMPLEMENTARY CORNER

# Nourishing late summer recipes

Renee Lehman

Are you enjoying the eating of fresh produce from your own or a neighbor's garden? The Late Summer season in Traditional Chinese Medicine (TCM) is associated with the Earth Element, one of the Five Elements, and also the Stomach and Spleen organs (see previous articles on the Five Elements within TCM).

Late Summer is the period of transition from Summer to Fall, and is thought of as "Indian Summer." Think about how nature is changing during August and September. The afternoon air feels sticky and clammy, as the sun's rays are not as intense as Summer. There is a feeling of heaviness in the air and even in our bodies. There can be alternating warm and cool days. The grass is beginning to lose its lush green brightness. Fruits and vegetables are fully ripened and abundant. It is the time of year to harvest the blessings of nature ("to reap what we have sown"), such as peaches, apples, squash, potatoes, etc. There is an energetic change as we move from growth (Spring season) and activity (Summer season) to an inward focus (Fall and Winter seasons). The nourishment that we take in from what we harvest prepares us for the colder months of the year, and relates to the qualities of the Earth Element.

The gifts of Late Summer include nourishment, harvest, abundance, thoughtfulness, and centeredness/grounding. It is from "Mother



Earth" that we receive physical nourishment that helps us to replenish and invigorate the energy (Qi) that we are born with. "Mother Earth" also gives us mental and spiritual nourishment: thus giving us a feeling of centeredness, groundedness, and stability that creates a solid foundation for us to build our life upon.

In TCM, foods are classified according to their energetic essences (or energetic qualities of temperature, taste, and ability to moisten and strengthen the body), and are supporting to us in many ways. During this time of year, consider eating some foods that, based on the TCM perspective, are very nourishing to your Stomach and Spleen. Consider eating foods that have a sweet taste like carrots, squash, red beets, sweet potatoes, pumpkin, fruit, and grains like

rice. Add cinnamon, ginger, garlic, or black pepper to your foods because these spices help to warm the Stomach and Spleen. Eat yellow/orange foods (squash, carrots, yams), because they are energetically resonant with the Earth Element. Finally, since the Stomach loves warmth and dislikes cold, eat well cooked foods, and eat soups on a regular basis.

Here are six wonderful recipes to help nourish the functioning of your Stomach and Spleen (the first 3 are from Nan Lu, OMD of the TCM World Foundation, at [www.tcmworld.org](http://www.tcmworld.org) and the last 3 are from the book *Recipes for Self-Healing* by Daverick Leggett).

### 1. Sweet and Soothing Soup

Ingredients:

- 6 cups of water
- 1 cup of yellow (split bean) mung beans

- 1 yellow sweet potato, diced (other varieties tend to get mushy)
- ½ cup of Chinese red dates, rinsed

Preparation:

Bring the water to a boil in a large pot and add the rest of the ingredients. Allow the soup to boil for one hour. Serve either hot or cold. A simple and nutritious soup! Mung beans help to guide toxins out of the body.

### 2. Zesty Apple-Carrot Celery-Root Stir-Fry

Ingredients:

- 2 Tbsp walnut oil
- 1 rounded Tbsp finely minced ginger
- ¼ tsp salt
- ¼ tsp fresh ground pepper
- ½ cup diced carrot
- ½ cup diced celery root
- ½ cup diced apple – preferably red
- 2 Tbsp fresh squeezed orange juice
- 1 tsp orange zest
- 1/3 cup toasted cashews

Preparation:

Heat a wok or heavy skillet and add oil. When the oil is warm, add the ginger and salt and pepper and heat until the ginger is heated through, but not browned. Add the carrot, celery root and apple (please note that the dices should all be about the same small size) and stir in the ginger. Add the orange juice and zest, and stir fry for a couple of minutes until the vegetables are tender but still a bit crunchy. Serve over steamed greens, or rice, and put the toasted nuts on top.

### 3. Tangerine Peel Tea

Ingredients:

- 2 tangerine (mandarin orange) rinds
- 4 scallions, each cut into 3 or 4 pieces
- 1 chunk of fresh ginger, leave

- the skin on and smash it whole
- A few almonds
- 1 cup of water
- 1 teaspoon of brown sugar or honey

Preparation:

Put all the ingredients (except for brown sugar or honey) into a pot and bring to a boil. Allow the tea to boil for only 2 to 4 minutes. Add the brown sugar or honey, stir, and drink immediately while the tea is warm.

### 4. Split Pea Soup

Ingredients:

- 10 oz split peas
- 20 oz chicken or vegetable stock
- Grated rind of 1 lemon
- ½ tsp turmeric
- ¼ tsp ginger
- ½ tsp salt
- 1 bay leaf
- 1 tsp black peppercorns
- 1 tsp whole cloves
- 1 tsp cardamom pods
- Juice of 2 lemons

Preparation:

Presoak the split peas overnight if possible, throwing away the soaking water and rinsing the peas. Bring the stock and soaked split peas to a boil. Meanwhile wrap the cloves, bay leaf, peppercorns and cardamom in a piece of muslin or cheesecloth, slightly crush the seeds and drop the bag into the pot together with the turmeric, salt and the grated rind of one lemon. Simmer on a low heat until the peas are tender (this can be more than an hour), skimming the foam off the top for the first few minutes. When done, remove the spice bag and squeeze its juices back into the pot. Add lemon juice to taste and serve immediately.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.

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# FITNESS

## Keep Moving

### Walking for Health and Fun

**Linda Stultz**  
**Certified Fitness Trainer**  
**Therapist**

Walking is one of the best exercises we can do. I know finding time and a safe place to walk is sometimes hard to do, but very worth it in the end. The weather will soon be changing and cooling off a bit. Walking when it is very hot is sometimes hard for those with respiratory or heart problems. The nice evenings will soon be here and hopefully that will make is a little easier to go for an evening hike. Make an appointment with a friend, family member or co-worker and that may help you keep your commitment a little easier. That person will

encourage you on the days you really don't feel like walking and may not have walked and you can return the favor on the days they may have skipped. I know from personal experience that having that person say, come on you'll feel better, is all it takes to get you out there. Even though you did not want to, you do feel better when you are finished. My niece and I used to walk almost every day and now work and other family commitments have stopped that routine and I know how much I miss it and how hard it is to get that daily walk in. I also know how beneficial those daily walks were. We improved our health and endurance as well as got a chance to talk. Those talks were just as healthy for us as the walking

itself. Maybe you are a person that likes to walk alone and listen to music, a book on tape, go over the events of your day or organize what you need to do when you get home. Sometimes walking alone relieves the stress of the day and puts you in a better frame of mind for family time. Whatever you decide is right for you, the main thing is to get out there and walk. You will be able to find the time if you commit to it and you will receive numerous benefits from taking care of yourself. I'm sure you know many of the health benefits from exercise but I will mention a few such as weight loss, helping to prevent or improve diabetes, heart disease, cholesterol, lung strength and depression. One you may not have known is helping relieve the symptoms of a cold. Exercise can help with congestion and possibly reduce the numbers of days you have the cold. Many, many more health problems can be helped with exercise.

Another challenge is to find a place to walk in the inclement weather. One of my clients walks in his work shop. He has many obstacles to walk around but is still able to walk at a quick pace. Walking around things also works your mind. You have to watch out for anything that may be in your path. This will keep you alert and thinking all the time. Another of my clients prefers to walk outside and she hardly misses a day. Walking outside is always a plus for me too, but if the weather is not nice for outside exercise find a way to keep up the routine inside. Using tapes or finding an exercise program on TV that gives you a challenge and that you enjoy is another way of keeping with an exercise program. There are many DVDs and programs out there. I'm sure you will be able to find one to your liking.

I mentioned earlier how walking is beneficial in the fight against many diseases and conditions both

inside and outside of your body. Inside and outside can refer to where you get the benefits as well as where you walk or exercise. I know I have written other articles about walking but we can never hear it enough. We need reminders sometimes just to get us started again or for the first time. We tend to put things like exercise in the back of our minds for a later time. We know we want to start but somehow we don't get around to it. Hopefully, the more we hear or read about an important subject like exercise, it will be the push we need to get out there and take the first step. All you need to do is take that first step and you will see how good you feel. Start a walking routine and stick with it for a few weeks and you will look forward to walking every day.

*If you have any questions, give me call at 717-334-6009 and I will help you get started. Remember, KEEP MOVING. You'll be glad you did!*

## Fitness Matters

### Expert answers to your health and wellness questions

**George Puvel**  
**Anytime Fitness Owner**

Question: I have a few friends encouraging me to buy organic. There are obviously two sides to every story, so I'd love to hear your take on the pros and cons of organic foods.

Bottom line—if you can afford it, and you can buy local, go for it! If you do decide to make the switch, focus on purchasing these foods first: peaches, apples, sweet bell peppers, celery, nectarines, strawberries, cherries, lettuce, imported grapes, pears, spinach, and potatoes. These are known as the "Dirty Dozen" and generally have the highest concentrations of pesticides. You should also

get in the habit of washing your produce thoroughly before eating!

Question: I just joined Anytime Fitness, but I'm a little lost as to what I should be doing. Someone suggested getting a personal trainer, but they can be pricey. Is hiring a trainer worth it?

Answer: Absolutely! The right personal trainer can literally transform your life. They're there to educate, motivate, and inspire, and frankly, that's worth its weight in gold. From goal setting and proper exercise form to

program design and diet advice, trainers will have the answers. But that's not even the best part. Trainers offer accountability, friendship, and a much-needed support system as you embark on your wellness journey. Let's face it—we all struggle with getting to the gym now and then. But trainers can make working out a lot of fun, and they can challenge you consistently, which will ultimately get you better results. Look at it this way...if your car needs to be fixed, you take it to a mechanic because they know

what they're doing. The same can be said for your body. Take care of it as best you can, and if you need help, seek out an expert at your local club. Just make sure they have solid credentials, and a strong background in fitness, kinesiology, strength and conditioning, or sports medicine.

*About the author: George Puvel is the Club Owner. To submit a question for future articles, please contact the author at [ThurmontMD@anytimefitness.com](mailto:ThurmontMD@anytimefitness.com).*

Answer: There is definitely an ongoing debate about whether you should eat organic foods or not. Some say eating organic is a no-brainer because of the potential ingestion of hormones, antibiotics, pesticides and other dubious additives found in conventionally grown foods. On the other hand, some argue that organic foods are similar in nutritional quality, yet they cost more and aren't all that accessible. Here's the real deal. Although it's true that organic foods are more expensive, there is a legitimate reason for the added cost. More care, time, and money go into growing organic crops, and those costs are typically passed on to the consumer (much like products in other industries). Even if they are more expensive, many folks would argue that the added cost is worth it because organic foods are healthier for you. Though this may seem logical, there really isn't a lot of research to back up this claim. Several studies tout the benefits of eating more fruits and vegetables regardless of how they're grown. If the nutritional quality of the food doesn't sway you, there's also this idea that organic farming is better for the environment. This may be true, but you need to remember to buy locally-grown foods. If you happen to live in California, but your organic produce is grown in Florida, you're doing more harm than good from an environmental perspective.

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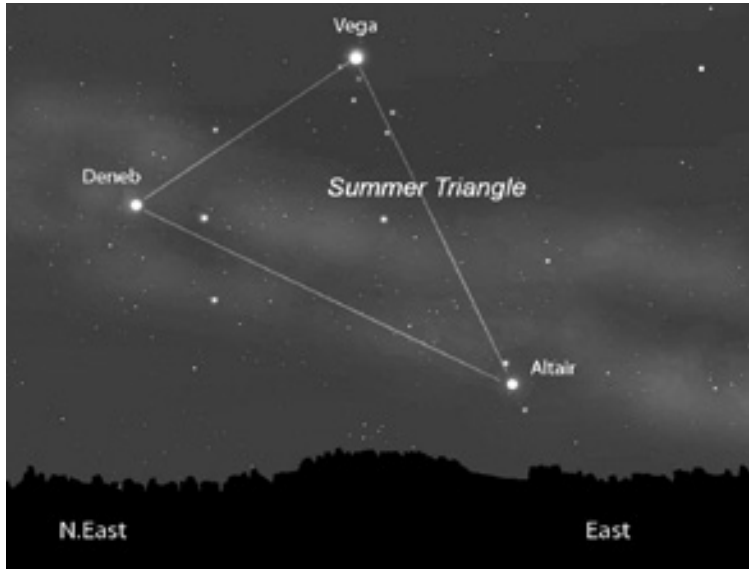
## ASTRONOMY

# The night sky of September

Professor Wayne Wooten

For September 2013, the Moon will be a waning crescent passing 6 degrees south of Mars in the dawn sky on September 1st. New Moon on September 5th sets the date for Rosh Hashanah, Jewish Year 5774 AM. On the evening of September 8th, the waxing crescent moon passes just south of Venus. It passes 2.5 degrees south of Saturn on September 9th, and is first quarter on September 12th. The Full Moon, Harvest Moon, occurs on September 19th. The Fall Equinox occurs at 3:44 PM CDT on September 22nd. The moon is last quarter on September 27, and the waning crescent moon passes 5 degrees south of Jupiter in the dawn on September 28th.

To the west, Venus dominates the twilight sky, far brighter than any other object except the Sun and Moon. She overtakes slow moving Saturn on September 18th, passing 3.5 degrees below the ringed world. We are losing Saturn into the sun's glare this month. Far from the earth currently, it is getting fainter, and too will be lost in sun's glare by year's end. Jupiter dominates the late evening skies during the autumn of 2013. He reaches opposition early next year, among the



The Summer Triangle, comprised of Vega, Deneb, and Altair, is very obvious on clear September evenings.

stars of Gemini. Mars remains low in the dawn sky, on the other side of the Sun. It will become bright at opposition in the summer of 2014, when the earth passes between it and the sun.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the Bear and three hunters. The bowl is

the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast. The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of spring. Spike south to Spica, the hot blue star in Virgo. Saturn is just NW of Spica, a little brighter and more yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy",

the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares rises about the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Near

the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions. At the bottom of the parallelogram that marks the body of the lyre lies the beautiful Ring Nebula, M-57. It lies midway between the two southernmost stars, is visible in binoculars, and even in small telescopes appears as a ghostly smoke ring. The colors show up well in photos, but not visually. Planetary nebulae are named for their often circular shape, like the disk of distant planets; in reality, they are shells of glowing gas, ionized by the ultraviolet radiation of the now revealed core of a red giant star in the final stages of its collapse.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area.

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## Farmers' Almanac

**Mid-Atlantic Weather Watch:** Tropical rains (1) becoming hot and humid (2,3,4). Showers and storms but much cooler (5,6,7); fair skies and very warm temperatures (8,9) with more storms and cooler (10,11) turning fair and warm (12,13). Scattered storms (14,15), fair and warm again (16,17,18), followed by showers in the eastern part of the region (19,20). Cloudy in the north and showers in the south (21,22,23,24); fair and mild (25,26,27) with more storms (28,29) and more fair and mild weather (30).

**Full Moon:** September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that falls closest to the Autumnal Equinox at a time when the moon rises soon after sunset on several successive days. The ex-

tra hours of light from the moon during this period gave farmers more time to finish up their daily chores and bring in the harvest. The Autumnal Equinox occurs on Sunday, September 22nd. The Full Moon closest to that date occurs on Thursday, the 19th and is therefore, the Harvest Moon for 2013. It has also been referred to as Full Wort Moon. The word "wort" is derived from the Old English word, wyr, which refers to plants, particularly herbs, with unique medicinal properties. Holistic healers (and witches!) would busily gather these plants during this period in preparation for the coming Winter months.

**Holidays:** In 2013, Labor Day falls on the first Monday, September 2nd and Citizenship Day is on Tuesday, September 17th. Religious holidays observed this

month include Rosh Hashanah (the Jewish New Year) on Wednesday, September 4th and Yom Kippur (Day of Atonement) which begins at sunset on Saturday, September 14th.

**The Garden:** As the nights get longer, your lawn gets hungry as it prepares to settle down for Winter. Feed with appropriate fertilizer for your particular grass type and be sure to water abundantly, if necessary. Now is the time to reseed thinning areas of bluegrass, tall fescue, and other cool-season lawns. Gently rake off leaves when they fall. Young, sprouting grass plants need all the light they can get so they take hold before Winter sets in. Plant new trees and shrubs now. You need to give them at least 6 weeks to get well-established before the first frost. Start moving houseplants indoors. Don't forget to cover your woodpile with a waterproof tarp to keep it dry.

# COMPUTER Q&A

## Is computer cleanup necessary?

**Ayse Stenabaugh**  
**Jesters Computers**

Many times computers will lock up, bog down, or just plain don't work right. Some people assume that they need a new computer without ever considering regular maintenance. We recommend a clean up once a year. Here at Jester's Computer Services we offer a clean-up special twice a year (spring & fall), to promote the importance of computer maintenance. Below is a list of what we do in a cleanup and why we do it to keep your computer running optimally.

What is a computer virus?

A computer virus is a computer program that can copy itself and infect a computer. The term "virus" is also commonly but erroneously used to refer to other types of malware, adware, and spyware programs that do not have the reproductive ability. A true virus can only spread from one computer to another (in some form of executable code) when its host is taken to the target computer; for instance because a user sent it over a network, on the Internet, or carried it on a removable medium such as a CD, or USB drive.

### Adware, Spyware, and Virus removal

Even if you are running an antivirus program, most computers that come into our shop have several viruses. Your antivirus may be doing a good job, but programs that you legitimately install may have bad software bundled along with it. Your antivirus will not stop you from installing software that you agree to install. Also, you may be running antivirus but it may not have protection against adware, spyware, or the worst of all: Root kits. Leaving viruses and other bad software on your system can be extremely dangerous.

Viruses left on computers have the possibility of:

- Using up valuable system resources causing your computer to slow significantly.
- Logging your keystrokes and passwords.
- Taking over your system and sending out spam.
- Causing system crashes and blue screens.
- Erasing all personal and system data leaving the hard drive blank.
- Wiping out your desktop icons.
- Corrupting the operating system.

### What about all those temporary files?

Programs create temporary files primarily for backup purposes. Many programs, such as those included with Microsoft Office, will save a temporary version of a file every few minutes while the original file is open. Then if you have not saved the file and the program unexpectedly crashes or the

computer shuts down, there will be a temporary file that was recently saved. Temp files are typically deleted automatically when the program is closed normally, but if the program quits unexpectedly, the temp files are not deleted.

### Remove all temporary Internet files

Over time surfing the internet causes an accumulation of temporary internet files. While your web browser has the ability to clean out these files, it doesn't do a very good job of getting all temporary files.

Cleaning you're your temporary internet files can

- Save space on your hard drive.
- Help ensure you are viewing the most recent version of web-sites.

### I didn't install that!

Many programs are designed to start automatically when Windows starts. Software manufacturers often set their programs to open in the background, where you can't see them running, so they'll open right away when you click their icons. That's helpful for programs you use a lot, but for programs you rarely or never use, this wastes precious memory and slows down the time it takes Windows to finish booting up.

### Turn off programs that run in the background

You may notice that anytime you in-

stall a program it either asks you if you would like the program to load when the computer starts, or the program runs automatically when the computer starts up. Many times programs run in the background, which are not visible without viewing your task manager. The majority of the time computers have many unnecessary programs running when the computer boots.

Turning off programs that run in the background will

- Lower the amount of time it takes to start the computer up.
- Allow you to be able to use the computer faster when it boots.
- Free up resources, speeding up the computer.

### Why are there so many updates and which ones do I need?

Most of us are aware of the little pop ups we get while on the computer asking us to make important updates. While they only take a few minutes to complete, many of us are guilty of postponing them or just ignoring them completely. But keeping up with these computer updates is actually very important when it comes to having a healthy computer. Here is a look at why computer updates are so important.

One of the biggest and most important reasons why keeping up with computer updates is so important is because they help to keep our computer secure. While they may not directly say so, a lot of these updates have to do with up-

dating our security software and ensuring our computers are kept safe from any possible threats. Not updating or postponing these security updates can leave your computer vulnerable to things such as malware or computer viruses that can go in and steal important information.

### We will download and install all Windows, Java, Adobe, and Flash Update

Windows releases updates for your system every month. You should always update your operating system in order to prevent problems.

- Patch security holes within the operating system.
- Fix bugs which can cause errors and system crashes.
- Update system drivers.

### Why clean my registry files?

Windows registry is a database that stores crucial settings and options of the Microsoft Windows operating system. Registry entries are created for each application and driver installed on your computer. When running, programs may access the registry thousands of times per second.

Just like any other database, the registry becomes a real mess without proper maintenance. When you uninstall programs, invalid entries can be left behind and cause various conflicts between 3-rd party applications and the operating system. As the registry gets damaged and corrupt (this happens a lot), Windows will run much slower, especially during the booting stage resulting in your system becoming unstable and crashing.

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## UPCOMING EVENTS

### 57th Annual Emmitsburg and Thurmont Community Show

Cheryl Lenhart

The Thurmont & Emmitsburg Community Show will be held at Catoctin High School, in Thurmont on Sept 6, 7 and 8.

Entries will be accepted Thursday night, Sept 5 from 6 to 9 p.m., and Friday 6 from 8:30 to 11:30 a.m. Please note the beginning time of the change on entering of exhibits on Friday. You may also visit the Community Show's website at [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com) to view the premium list for 2013 and the community show booklet. The booklet is also available in local grocery stores, stores, banks, and restaurants.

Judging will begin on Friday at 12:30 p.m. The show will open to the public at 6 p.m. Over 3000 farm and garden, household, quilt, livestock, machinery and commercial displays can be seen during the three day event.

At 7 pm on Friday night a bagpipe procession by Bill, Alexander and Andrew Douwes will be performed at the beginning of civic flag ceremony. This year, the show committee will honor the 50th anniversary of the Catoctin Colorfest and also honor past Community Show Ambassadors from 1995-2009 with sashes. Also on Friday night the 2013-2014 Catoctin FFA Chapter Ambassador will be announced. Immediately following the program an auction of all baked goods exhibited at the show will be held in the auditorium. All grand champion and reserve champion baked goods will be sold at 9 p.m.

The show opens at 9 a.m. on Saturday, Sept 7. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8 a.m. to 2 p.m. at the Ag Center area and a pet show, beginning at 10:30 a.m. in front of the school. Entries can be entered on the terrace in front of the school. The pet show is also open to area residents. Categories are – Cat with Prettiest Eyes; Cat with Longest Whiskers; Cutest Cat; Best Trained Pet; Dog with Wiggliest Tail; Prettiest Dog (25 pounds and under); Prettiest Dog (26 pounds and over); Best Costumed Pet; Pet with Most Spots; Largest Pet (by height); Most Unusual Pet; Smallest Pet.

The petting zoo and pony rides will also be held on Saturday and Sunday. There also will be an exhibit of Alpacas by Lynn Cherish; the 2,500 lb. steer, Abel, exhibited by the Biser Family; Emu's by the Royer family and a sow and litter of pigs by Phil Wivell and pony rides by Niki Eyler.

The Thurmont Library will again have books for sale in the old gymnasium. Persons wishing to donate books for the library sale can drop them off at the school, while entering exhibits at the show on Thursday night or on Friday morning. Also in the old gymnasium, John Kinnaird

will have old pictures of Thurmont and Helen Mackley will have her display of old buttons and emblems. The Community Show will also have on display old photographs and displays of past years in the old gymnasium.

The Thurmont Grange will again serve their Turkey, Country Ham and Regular Ham dinner in the school cafeteria from 3 to 7 p.m. on Saturday night.

The 38th annual Catoctin FFA Alumni Goat, Beef, Sheep & Swine sale will begin at 7 p.m. in the Ag Center area on Saturday night. Entertainment featuring youth from the musical "Honk" performed by the Thurmont Thespians will begin at 7 p.m. in the auditorium. There is no admission charge.

On Sunday activities begin at 9 a.m. with the Goat Show, followed by the Dairy Show and decorated animal contest. The decorated animal contest will begin at noon and \$50.00 in prize money will be awarded. Categories are: Dairy, Beef, Sheep, Swine, Poultry, Rabbits and Goats. At noon, the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria.

The 34th annual Robert Kaas horse school pitching contest will begin at 1 p.m. The Log Sawing Contest will also begin at 1 p.m. under the show tent in the Ag Center area. The Barnyard Olympics for children will again be held on Sunday afternoon beginning at 1 p.m. Age Groups are (5-6), (7-8), (9-10) and (11-13). The event will be expanded because of increased participation by the children and premiums will be awarded. Also on Sunday afternoon at 1:30 p.m. the Catoctin Aires will perform on stage in the school auditorium.

Residents of the Catoctin area are urged to enter and be a part of the Community Show, the largest in the State of Maryland. Some minor additions and deletions will be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department.

Come and see the many farm, garden, household, canned goods, flowers, baked products, quilts, sewing exhibits and animals exhibited by the residents of the Catoctin High School area. There is no admission charge and there will be plenty of good food, entertainment, free parking and door prizes, donated by area businesses.

### Adams County Heritage Festival

Janet Powers

Terrific talent is coming to Gettysburg for this year's Adams County Heritage Festival on Sunday, Sept. 15 from noon to 5 PM at the Gettysburg Recreation Park on Long Lane. The Festival will open with an invocation, greetings from local officials and traditional bagpiper Rodney Yeaple. Next up will be "Rootbound," a duo from Harrisburg, featuring American roots music of the sort local to south central PA at the time of the Battle. At 1 PM, a stunning group, the Barynya Russian dancers, six of them, will perform authentic Russian dances from a country never before featured at this Festival. They'll be followed by local singer-songwriter Ray Owen's program for children of all ages, entitled "Songs and Stories of Freedom, Hope and Emancipation," emphasizing Gettysburg's role in ending slavery.

Another incredible performance will be that of six fusion musicians and dancers from Philadelphia, including Ustad Shafaat Khan and Sistah Mafalda, who will merge Indian sitar and African American drums and dance. Closing the Festival will be the South American songs of the Emily Pinkerton Trio, who draw their music (and lyrics) from Chile and Venezuela. Ethnic food to complement Latin American and Indian music will be available in the Food Pavilion, along with soul food, Mexican cuisine, Italian pizza, ice cream, bar-

becue and Chinese favorites.

Evoking the historical role of women in rural Pennsylvania, craft demonstrations will include spinning and processing wool, knitting, quilting, tating, rug braiding, and moccasin making. Several booths will feature mountain and hammered dulcimers and other folk instruments, along with a demonstration of clogging. A bevy of animals will be available to pet, including a large array of exotic rabbits, alpacas and goats. Strawberry Hill Nature Preserve will be on hand with snakes and other small critters. Children's booths focused on the theme of Diversity will be strategically located throughout the Festival.

A number of craft vendors, including several jewelry makers, will display their wares for sale. Many non-profit organizations will staff booths to distribute information and recruit volunteers. In its 22nd year, the Adams County Heritage Festival continues its dual mission: to appreciate the food, crafts and music of south-central PA, but also to experience music, foods and dance from other parts of the world.

This family-friendly celebration is handicap accessible and will especially suit those with small budgets. With free admission, free parking and free entertainment, it can't get any better. Most important, the Festival also provides an opportunity to celebrate community unity and bring out the best in one small corner of the globe. For more information, call 717-334-0752.

**57th Annual  
Thurmont & Emmitsburg Community Show  
September 6, 7 & 8, 2013  
Catoctin High School  
14745 Sabillasville Rd., Thurmont, MD**

**Bring your family to a G rated event with free admission and free parking!**  
Along with two auctions there are many activities, lots of food and 3,000 garden and household exhibits. Visit [www.thurmontemmitsburgcommunityshow.webs.com](http://www.thurmontemmitsburgcommunityshow.webs.com).  
Click on Upcoming Events.

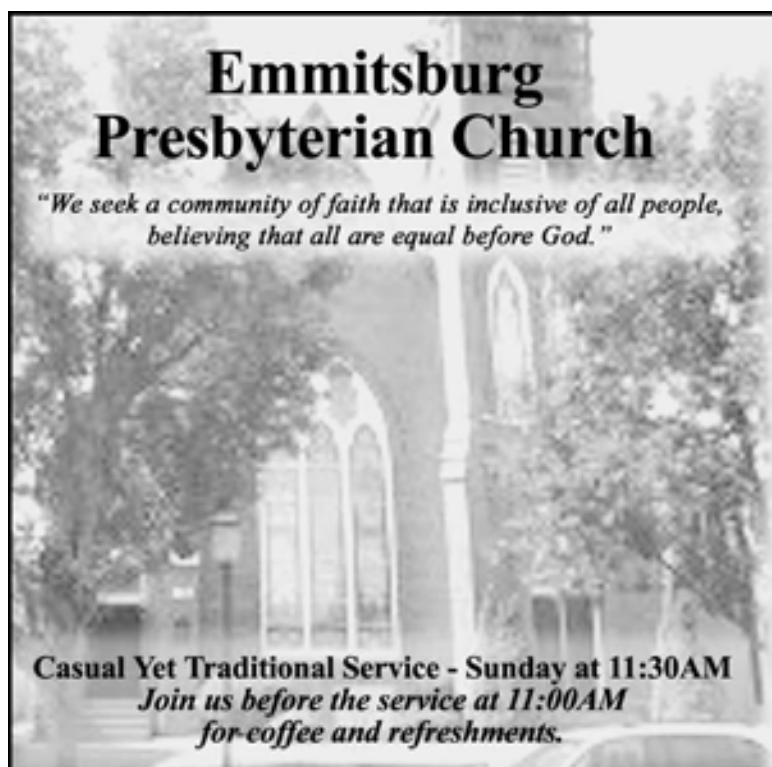
**Friday, September 6th**  
7:00 pm Program & Flag Ceremony, 8:15 pm Baked Goods Auction, 9:00 pm Champion Baked Goods

**Saturday, September 7th**  
9:00 am -2:00 pm 4-H & FFA Show in AG Center, 10:30 am Pet Show, 5:00 pm & 6:00 pm Martial Arts Demonstrations in old gym, 3:00 pm-7:00 pm Thurmont Grange Turkey & Country Ham Supper in school cafeteria, 7:00 pm 4-H & FFA Sale (3 goats, 12 steers, 30 hogs & 14 lambs) in AG Center

**Sunday, September 8th**  
9:00 am-12:00 pm Goat & Dairy Show, 12:00 pm FFA Alumni Chicken BBQ in cafeteria, 1:00 pm Log Sawing, Martial Arts Demonstration, 1:30 pm-3:00 pm free Catoctin Aires performance in the auditorium  
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*Join us before the service at 11:00AM  
for coffee and refreshments.*

### ORGAN CONCERT & OPEN HOUSE Sunday, Nov. 3 - 4:30pm 415 Main St., Emmitsburg, MD

Dr. Elizabeth Krouse, our church organist, will perform classical compositions, including works by Vivaldi/Bach, Mozart, Sweelinck & Vivaldi/Krouse.

Dr. Elizabeth Krouse earned the degree Doctor of Musical Arts in Organ Performance from the University of Missouri at Kansas City; the degree Master of Music from the University of Colorado at Boulder; and the Bachelor of Music degree from Corpus Christie State College, now part of Texas A&M. Her experience includes teaching: both privately and at the college level; performing: years of service in churches as music director and organist; composing: Dr. Krouse is the former organist at the Basilica of the National Shrine of St. Elizabeth Ann Seton in Emmitsburg, MD and currently serves as organist for St. Paul's Lutheran Church in Walkersville, MD and Emmitsburg Presbyterian Church.

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# UPCOMING EVENTS

**Sept 6**  
Birds with a Gettysburg Address - at the Gettysburg NMP Amphitheater. "Birds with a Gettysburg Address" is the topic of a special evening campfire program at Gettysburg National Military Park. The free program begins at 8:30 p.m. at the park amphitheater along West Confederate Avenue. It will feature a digital slideshow and chat with Bonnie Portzline about her birding experiences and many of the more than 125 species she has seen in and around the fields and woods of Gettysburg National Military Park.

**Sept 6, 7, 8**  
Thurmont & Emmitsburg Community Show at Catoctin High School, in Thurmont

**Sept 7**  
Gathering of the Arts at Lake Royer - The One Mountain Foundation is proud to present the inaugural Gathering of the Arts at Lake Royer show at the beautiful setting of Lakeside Hall on Lake Royer, on the former Fort Ritchie Army Base, Cascade. Artists from Washington, Frederick, Franklin and Adams Counties will be displaying their works of art. Media types include paintings in oil, acrylics, and watercolor; glass sculpture; and photography.

**Sept 8**  
All You Can Eat Country style breakfast buffet will be held at St. Joseph's Catholic Church social hall, 44 Frederick St., Taneytown. Sponsored by St. Joseph's Knights Of Columbus Council 11631

**Sept 9**  
Beginner Ballroom Foxtrot lessons. Sessions will consist of 5 weeks / classes that will concentrate on the Foxtrot during that session. Partners are required for these lessons. \$45 per person. Classes held at St. Joseph Catholic Church, 17630 Virginia Ave. Hagerstown. To register or for information contact Steve McNaughton at worldskier@comcast.net or call 717-624-8988 or 301-791-1123

**Sept 12, 13, 14, 15**  
Taneytown Family Fun Days. See article on page 4 for more details.

**Sept 15**  
Adams County Heritage Festival - Terrific talent is coming to Gettysburg for this year's Festival at the Gettysburg Recreation Park on Long Lane. A number of craft vendors, including several jewelry makers, will display their wares for sale. Many non-profit organizations will staff booths to distribute information and recruit volunteers. In its 22nd year, the Festival continues its dual mission: to appreciate the food, crafts and music of south-central PA, but also to experience music, foods and dance

from other parts of the world.  
**Sept 17**  
The Blue Ridge Summit Free Library will present an evening with award winning author of Annie's Ghosts, Steve Luxenberg. The program will be held in the Library's community room with a book signing and is free and open to the public.

**Sept 20**  
EBPA Celebrity Bartender Night Come - join us at Red's Tavern for this EBPA Fundraiser. Celebrity bartenders will include Mayor Don Briggs, Town Commissioner & Emmitsburg Lion President Cliff Sweeney, VHC President Tim Clarke, Chief Frank Davis, St. Joseph Parish Father Charlie and County Commissioner Kirby Delauter.

**Sept 22**  
Piney Creek Presbyterian church's Old Tyme Church Service and Fall Festival - Special old-time church service featuring stories from Piney Creek Church members and the continuation of the church history, followed by a fall festival (around 12:30 p.m.) located at Piney Creek Presbyterian Church, 4472 Harney Road,

Taneytown. For more information visit pineycreekchurch.org or call 410-756-2512.

**Sept 27** - Catoctin Pregnancy Center's 9th Annual Run for Life - a 5k run/walk and one mile fun run. Registration of \$25 dollars includes a t-shirt. We encourage all participants to solicit as many sponsors as possible to assist the women, babies and families that come to the Pregnancy Center. The event will be held at Mount St. Mary and begins 9a.m.

**Sept 28**  
Fairfield's Pippinfest Community Yard Sale. Food and some craft vendors, Apple Dessert Contest, Fairfield Show Choir. Visit [www.pippinfest.com](http://www.pippinfest.com) for more info.

**Sept 29**  
33rd annual Pippinfest Craft and Street Festival. 9:00 a.m. to 4:00 p.m. Craft vendors, car show, quilt show, food, entertainment. Fun for all. Free parking, free admission! Visit [www.pippinfest.com](http://www.pippinfest.com) for more info.

**Seton Center Thrift Shop**  
**\$5.00 BAG SALE**  
Fri., Sept. 6 - 10am to 4pm  
Sat., Sept. 7 - 10am to 3pm  
16840 South Seton Avenue, Emmitsburg, MD 21727  
The Thrift Shop of Seton Center, Inc. is a non-profit ministry of the Daughters of Charity. For more info or to make donations please call: **301-447-6102**

  
Come Join the Fun...  
**CELEBRITY BARTENDER NIGHT!!**  
Friday September 20th  
from 6:00-9:00pm.  
Red's Tavern "On The Field"  
Featuring Local Celebrities  
Mayor Don Briggs  
Town Commissioner & Emmitsburg Lion President, Cliff Sweeney  
VHC President, Tim Clarke  
Chief Frank Davis  
St. Joseph Parish Father Charlie  
County Commissioner, Kirby Delauter  
Proceeds Benefit the Many Community Projects of the EBPA  
\*50-50 Drawing

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**DVD Rental**

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# MOUNT ST. MARY'S UNIVERSITY

## MOUNT NAMES NEW DIRECTOR FOR NATIONAL SHRINE GROTTO



Mount St. Mary's University recently appointed Lori Stewart as Director of the National Shrine Grotto of Our Lady of Lourdes.

She will be responsible for the financial and general management of the Grotto and Cemetery, with a strong focus on establishing the St. Bernadette's Gift Shoppe in the Grotto's new Richard and Mary Lee Miller Family Visitors Center.

"Lori's professional experience and dynamic enthusiasm for the Catholic faith make her a great fit to direct our beloved Grotto," said University President Thomas H. Powell. "We are thrilled she is joining us here."

"I am most looking forward to continuing the legacy of this holy place. I want to use my gifts to ensure the Grotto's future by facilitating existing and new programs," said Stewart. "I'm honored to be a part of the Mount St. Mary's University community."

A resident of Gettysburg, Pennsylvania, and a MBA graduate of the Mount, Stewart comes to the Mount with more than 20 years in marketing, management and fundraising professions. She earned her bachelor of science degree from Clarion University.

**"I am most looking forward to continuing the legacy of this holy place. I want to use my gifts to ensure the Grotto's future by facilitating existing and new programs."**

—Lori Stewart, Director of the National Shrine Grotto of Lourdes

Prior to joining the Mount, she was the Executive Director for the Basilica and National Shrine of St. Elizabeth Ann Seton (Daughters of Charity) in Emmitsburg. She was responsible for strategic and operational direction, internal and external relationships and board and executive committee relationships. Stewart also developed and expanded financial management, fundraising, operations and an assorted mix of programs to attract visitors, donors and volunteers to the shrine.

An active member of her community, Stewart has served on the board of the Emmitsburg Business Professional Association, and is a Eucharistic Minister and planner of the young adult ministry at St. Joseph's Catholic Church in Emmitsburg.

The National Shrine Grotto welcomes more than 400,000 visitors a year and recently celebrated the opening of the Visitor's Center—a 4,000-square-foot facility housing administrative offices, a gallery, gift shop, and museum depicting the history of the Grotto—the oldest known American replica of the Lourdes Shrine in France. Learn more at [www.msmary.edu/grotto](http://www.msmary.edu/grotto)

## CALENDAR OF EVENTS

### ART EXHIBITION BY RACHEL ROTENBERG

Sept. 1–Oct. 10  
Williams Art Gallery, Delaplaine Fine Arts Center  
Gallery hours: M/W/F: 9 a.m.–3 p.m.  
T/Th: 10 a.m.–1 p.m. and 2–4 p.m.  
Canadian-born Baltimore artist Rachel Rotenberg creates abstract cedar sculptures that evoke forms from the natural world.



### MOUNT MUSIC SOCIETY CONCERT

Thursday, Sept. 12  
8 p.m., Mount Café  
Join us for live music with the Mount's music students. Admission is free.



### ADULT UNDERGRADUATE PROGRAM INFORMATION SESSION

Thursday, Sept. 12  
4–6 p.m., Mount St. Mary's Frederick Campus, 5350 Spectrum Drive, Frederick  
Finishing your undergraduate degree is easier than you think! Learn how with the Mount's accelerated undergraduate program. Bring your transcript and meet with an academic advisor. Classes are held at our Frederick Campus.

### LECTURE "RELIGIOUS FREEDOM IN 21ST CENTURY AMERICA"

Tuesday, Sept. 17  
4 p.m., Knott Auditorium  
Join George Weigel, author, political and social activist and keynote speaker for this year's Constitution Day celebrations, as he examines the role of religious liberty in American society. Weigel serves on the advisory council of the Mount's Institute for Leadership.



### GRADUATE BUSINESS PROGRAMS INFORMATION SESSION

Wednesday, Sept. 18  
4–6 p.m., Mount St. Mary's Frederick Campus, 5350 Spectrum Drive, Frederick  
Learn more about our graduate-level business degree and certificate programs. Choose from programs in health administration, project management, organizational development and more! Classes are held at both the Emmitsburg and Frederick campuses.

### PNC FITNESS CENTER SMALL GROUP ORIENTATION

Saturday, Sept. 21  
11 a.m.–12:15 p.m., PNC Fitness Center  
Learn how to properly use the cardio and weight machines in the PNC Fitness Center and create a basic workout program. Pre-registration required. Space is limited. Orientations available by individual appointment as well. To register, contact Lisa Martin at 301-447-3810 or [lmartin@msmary.edu](mailto:lmartin@msmary.edu)

### SPOTLIGHT ON CABARET NIGHTS

Friday, Sept. 27 & Saturday, Sept. 28  
7:30–8:30 p.m., Horning Theater, Delaplaine Fine Arts Center  
An informal night of performances by students from across the Visual and Performing Arts department and across the campus. Singers, actors, instrumentalists... a little bit of anything and everything! Admission is free.



### Join Us for Moutoberfest!

Saturday, Oct. 5  
Noon–4 p.m.  
Terrace Plaza

Join us for the third annual Moutoberfest! Enjoy live entertainment, Men's and Women's rugby games, the Mount's zipline, food, kids' activities, and much more! Be sure to register by Oct. 3 by visiting [www.msmary.edu/moutoberfest](http://www.msmary.edu/moutoberfest). No BYOB or coolers please.



### Follow Mount Athletics on NEC Front Row

All Mount home men's basketball competitions, plus all 18 league basketball games, can be seen at [www.NECFrontRow.com](http://www.NECFrontRow.com). NEC Front Row features a rich set of content, including live events, on-demand video, highlight packages, coaches shows, features, original programming and access to league's extensive digital library, all of which is free of charge to users.