

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Summer is nature's season for growth and maturation. Summer-time is heart time. **Page 42**

Mount appoints new interim president

The Mount St. Mary's Board of Trustees announced the appointment of Brigadier General Timothy Trainor as the interim President of the university on Monday, June 20th. The former dean of the Academic Board at the United States Military Academy at West Point will assume his new position at the university on August 15.

Trainor earned his Ph.D. in industrial engineering from North Carolina State University, an MBA from the Fuqua School of Business at Duke University and a B.S. from the U.S. Military Academy.

He brings some incredible leadership experience to the Mount. While at West Point, he led over 800 faculty and staff across 13 departments and 23 centers that provide a core curriculum and 40 different majors in engineering, basic sciences, math, humanities and social sciences to 4,400 students.

Trainor wanted to continue his career in higher education after retiring from his position at the U.S. Military Academy, and believes his strong support of Catholic values will work well at the Mount.

"I wanted to find a values-based institution like West Point, and as

I looked around, it seemed like a Catholic institution was the place I wanted to be," he stated. "I was very fortunate to find out about the opportunity at Mount St. Mary's, an institution with a commitment to the liberal arts and a core curriculum. This university preps students for professional success in a variety of disciplines, and it seems like a really exciting experience to be a part of."

In his role as chief academic officer at West Point, he was also responsible for governance and planning in regard to faculty, curriculum, accreditation, master planning board, athletics and class committees. He has published extensively on innovative leadership, systems engineering and operations and decision-making. He also has broad experience in strategic planning, outreach to alumni, and involvement with the Middle States Commission on Higher Education as an evaluation team chair.

Mary D. Kane, Chair of the Board of Trustees, stated that the board was "impressed by his leadership, his experience with and support of students, faculty, staff and alumni, and his strong interest in leading a Catholic liberal arts in-

stitution. He is interested in pursuing and expanding on our Mount 2.0 initiatives and positioning the university for the future."

Trainor hopes to learn more about the Mount community and surrounding area when he moves to Emmitsburg.

"I'm looking forward to engaging with and getting to know students, faculty staff and all on campus. I want

to learn from them and what their desires and goals are for the future and how I can help with that. I also want to engage with the constituents outside the Mount, like alumni and members of the community. I want to learn more deeply about the excitement and passion for the mission and how people are involved at the Mount."

Trainor and his wife, Col. Donna Brazil (ret.), will be moving to Emmitsburg in August and will take up



Brigadier General Timothy Trainor, Dean of the Academic Board at the United States Military Academy, has been named interim President of Mount St. Mary's University.

residence at the President's House, down the road from the Mount's main campus.

"Both my wife and I were just amazed by the beauty of the Mount's surroundings," he stated. "After we engaged with folks at the Mount during our visit, we went up to the grotto, which overlooked the campus and the valley beyond and it was just breathtaking. We are really looking forward to being in the area."

Carroll Valley celebrates Fourth of July!

Carroll Valley Borough will be holding its twelfth annual July 4th Celebration in Carroll Commons beginning 2 p.m. July 4, and continuing until its conclusion with the evening's fireworks display beginning at 9:45 p.m. The tradition of holding a day for the community to celebrate the Country's Independence Day continues this year with a fun-filled schedule of events and activities.

The event is organized by the July 4th Celebration Planning Committee, a group of volunteers from within and outside Carroll Valley Borough, according to Event Coordinator and Borough Secretary, Gayle Marthers.

Since the establishment of the event twelve years ago, attendance has grown immensely and individuals from Pennsylvania and surrounding states look forward to attending the event every year. The Event Committee has planned a full day of fun, food and entertainment. Several tournaments are scheduled including the 10th Annual Horseshoe Tournament, 1st Annual Cornhole Tournament and the very popular 6th Annual 3v3 Basketball Tournament. The Basketball Championship Game will be played at 8:30pm under the lights!

More information including registration information is available on the website www.cvjuly4th.com.

The early evening entertainer is new to the event, Ray Owen, a National Recording Artist, Award-winning Singer/Songwriter and Entertainer will present "Hats off to America," an award-winning show for kids of all ages. Join the fun at 6:00pm when everyone is invited to take a musical journey through history that travels on a tuneful American adventure with a crew of colorful characters that step right out of history and onto the stage, pulling you into a world of fun. Treat yourself to a truly versatile performer, whose engaging vocal style and unique blend of good time music and humor continues to delight audiences across the country.

Parking is at Liberty Mountain where free, air-conditioned shuttle buses will deliver you onto the Commons just steps away from an array of activities for children and adults of all ages including an inflatable slide with obstacle course, moon bounce, a youth obstacle course, and hay ride. For a nominal fee there will be a climbing wall, mechanical bull, pony rides and carnival-like games. Bring a picnic lunch or stop

by the food vendors for delicious summer treats, visit the craft vendors or have your face painted! Something for everyone to do and see.

DJ Donnie will be on-hand starting at 2:00pm to play your favorites, incite a little twisting, shouting and maybe some line dancing. Back by popular demand: the 2nd Annual Lip Sync Competition. No fee, No age limit; just fantastic, family fun. The evening entertainment will feature an Open Mic as well; where some of the area's best will share their talents.

Closing ceremonies will begin at 9:30 p.m., with the Chaplain blessing, followed by the retreat ceremony



Carroll Valley's tradition of holding the best local Fourth of July celebration continues this year with a fun-filled schedule of events and activities.

and the retiring of our Nation's colors.

The fireworks display, launched over Carroll Valley Commons from atop Liberty Mountain, will commence at 9:45 p.m.

Bring your family, your friends, and your neighbors and spend a day of fun-filled activities at Carroll Commons! Rain date is Saturday, July 9.

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EMMITSBURG NEWS

Two vacant seats in town election

Two seats on the Emmitsburg Town Board of Commissioners will be up for election in September. The town election will be held September 28. The two seats that will become vacant are those presently occupied by Commissioners Glenn Blanchard and Jennifer L. Mellor. Both of the positions up for election are three-year terms, with a compensation of \$4,000 annually. Candidates wishing to be listed on the printed election ballot must file before August 29, and individuals interested in becoming write-in candidates must file prior to September 20.

Current Commissioner, Glenn Blanchard, has already filed his paperwork to run for the three year term as Emmitsburg Town Commissioner, but there is no word on whether Commissioner Jenni-

fer Mellor has decided to run for re-election as of yet.

Blanchard was initially elected to the Board of Commissioners in 2005. In February of 2013, he resigned his seat on the board "due to ongoing health issues," but then ran again for the position in September of the same year. Blanchard has served the Town of Emmitsburg for ten years and will be running for his fifth term as a member of the Board. He currently serves as the Treasurer of the Board.

Mellor is completing her first term as Town Commissioner, and has served on the town Parks and Recreation Committee for several years. Prior to her serving on the town committee, she served as the program director for the Westminster Recreation and Activities Department.

As of the issuance of this edition, no other candidates have filed to run for the seats. Individual interested in running for one of the open commissioners seats can do so by filing their candidacy papers, available at the town offices, no later than September 1st. All candidates will be provided free space in this paper to introduce themselves, and their goals, to Emmitsburg voters.

In 2015, Commissioners Tim O'Donnell and Clifford Sweeney ran unopposed in the election. Of the 1,692 registered voters in Emmitsburg, only 38, or 2% turned out for the election, the most lowest turnout for any election since the founding of Emmitsburg in 1825.

Candidates elected to will sworn-in and assume their position on the town Board of Commissioners on October 4.

Emmitsburg '17 budget accepted

The Emmitsburg 2017 was passed at the June 6 Town meeting after some minor amendments were made.

Mayor Briggs presented the approximately \$1.5 million budget to the Board of Commissioners at the May 16th meeting, stating that the proposal represents a balanced budget with no tax increases, and a proposal of an additional \$20,000 to be allocated toward the Town square project. Cole Tabler, the Town's Financial Officer was present to answer Council member's questions regarding the budget.

The Board voted to make a budget transfer in the amount of \$500 to the Parks budget for fiscal year

2017. This \$500 would be added to the already present \$1,000 which has been used as a donation for fireworks for Community Days. This brings the total donation this year to \$1,500 which will be used by the Committee for Community Day.


Aside from this minor change, and some spelling and grammatical errors, the budget that was proposed in May was accepted without any additional changes.

The general fund has increased approximately 4 percent in revenues from last year, roughly \$60,000. This increase is due to the Town's amount of state revenue for highway use that was received, which

was presented at this meeting.

The real estate tax revenue is approximately the same as last year, 0.36 cents per \$100 assessed, so no tax increase is seen, as stated by Mayor Briggs. However, there is a state revenue increase seen, which is due to the one-time grant from the state highway fund for the state highway use tax. This increase is the only significant change seen in the 2017 revenue total. The total revenues seen for this year are approximately \$1.7 million, which is an increase from last year's revenue.

Tabler was pleased to announce that the Workman's Comp rate and unemployment are both down meaning the employee turnover



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Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

Town accepts additional Trail Conservancy funds

The Emmitsburg Board of Commissioners voted to accept an additional \$10,000 from the Recreational Trail Program Grant from the Trail Conservancy at the June 6th Town meeting. This additional sum of money would be added to the \$30,000 that was accepted by the Trail Conservancy two months ago.

At the April Town meeting, the Commissioners had some concern with what sum of money could be accepted. Concern from Commissioners initially related to the town having to match funds relat-

ed to a parking lot and additional signage. In the end, it was agreed upon that funding was not available at the time for the parking lot and signage. The Board accepted the \$30,000 match from the Trail conservancy, meaning that there was no out of pocket cost for town.

Early in June, the Trail conservancy came forward with a proposal of an addendum to the original grant proposal. This addendum would include the modification of the original grant and how the grant would be applied in order to recover an addition-

al \$10,000. This \$10,000 would be added to the \$30,000 that the Town already accepted. The additional sum of money however, would only be used for the same purposes as the already accepted \$30,000, which is covering the costs of professional design of new trails for the town as well as the construction of the new trails.

Commissioner Joe Ritz brought up the question of the parking lot, which was discussed at the April meeting. The additional money will not be used for a parking lot or signage. Ritz primarily had

and injuries seen have decreased significantly.

The proposed budget also includes a shift in salaries and benefits between different departments. This can be explained as the Town's prediction of allocation of time spent on different projects within the departments, and the need to distribute the pay roll appropriately.

In regards to the Water/Sewer

budget, decreases in expenses are seen in the Water Department, and increases in expenses are seen in the Waste Water Department, both in comparison to last year's budget. The increases seen in the Water Department have been attributed to the depreciation of the new wastewater treatment plant, and an increase in the electric required to operate the new system.

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FAIRFIELD/CARROLL VALLEY NEWS

Feral cat population addressed

At the June 14th Borough Council meeting, Carroll Valley citizen, Michael Eiker, voiced his concerns with the increasing feral cat population seen specifically in Section A on Hilltop Trail. Eiker has noticed a drastic increase in the cat population around his house and spoke about the loud noises they make, the disruption they have had on the wildlife in the area, as well as the odor caused by the cats marking their territory by spraying along the

foundation of the house. More cats with kittens have been found under and around his house, totaling numbers close to thirty cats seen.

Councilman Sarah Skoczen addressed the issue. She was not aware of the massive increase in the feral cat population specifically in that area, but did mention that the problem was addressed in the K Section and Cheryl Trail last August by implementing a TNR (Trap-Neuter-Release) program.

She recently spoke with someone who has had similar issues with the cats, and hopes to implement the program in July. Since last August, 91 cats have already been trapped, neutered and released. Skoczen and other Council members have noticed a decrease in the population of cats that have gone through the TNR program. This decrease is due to the inability of the cats to reproduce, and the already established colony inhibiting new, stray

cats from entering their territory. Eiker asked if TNR was the only solution to the problem or if the cats could be caught, neutered and then relocated. Unfortunately, as Skoczen stated, the cats have nowhere to be relocated to. Shelters will not take them, as they are feral and most are unadoptable. Plus, local shelters are always encumbered with an overload of cats, and have trouble adopting them all out. She did suggest that maybe, if the kittens could be caught, that they could be taken into a shelter as they stand a better

chance of being socialized and adopted out to families.

The Board agreed that the TNR program should be implemented in July, when the local shelters are running their spay/neuter clinics. The Board will need to allot additional funds for this program though, as they have already utilized their allotted funds of \$500 back in March. Funds can be moved from another section of the budget in order to compensate for the costs of continuing to implement the TNR program. Official transfer of funds will be discussed at a later time.

Path System plan approved

At the June 14th Carroll Valley Borough Council meeting, Lori Davidson provided a presentation on the 2004 CV Path System Implementation Plan. In 2004, a plan entitled the Carroll Valley Path System was proposed. A variety of trails already exist in Hamiltonban Township but there is no connection between major population centers or adjoining Fairfield and Carroll Valley Boroughs.

This new trail system hopes to provide a solution to this problem, as well as decrease foot traffic along Route 116, and provide a safer alternate for children walking to and from school. Davidson also hopes that the trail system may encourage com-

munity and youth involvement through volunteerism, encourage physical fitness and overall enhance the community.

The plan will consist of three phases; phase one being the only phase currently on the table for immediate consideration. Within Carroll Valley proper, the full proposed plan calls for connecting the trails in and around Ranch Park with the Fairfield schools. In addition, the trail will connect to existing trails around the lakes in Carroll Valley and to the trails around Ski Liberty. It is also proposed that a connection trail will be built to connect Michaux State Park with Strawberry Hill Nature Preserve. However, phase one

will consist of the construction of a trail from Fairfield School to Ski Liberty.

The trail will be five miles long and will run parallel to Route 116. The width will be eight to twelve feet, made out of semi-permeable materials such as crushed stone/gravel instead of pavement and will be handicap accessible.

Davidson has been in correspondence with PADCNR, and met with a member of DCNR in February to discuss the possibility of the trail proposal, and hopefully, monetary assistance in the form of a grant to assist with the project. At that meeting, she presented a description of the trails, cost analysis, potential sponsors and stake holders.

The current cost estimate for construction and implementation of phase one of this Path System is proposed to be between \$250,000 and \$300,000. Davidson asked the Board to allow the submission of an application to the Department of Community and Economic Development (DCED). This particular grant funds up to \$250,000 and only requires a fifteen percent match from the Borough. The application deadline was June 30th, so it was pertinent to receive approval at the meeting. News regarding the approval/awarding of funds would be received in the fall.

An additional grant entitled the Community Conservation Partnership Program (C2P2) can also be applied for later this year, and would be awarded early in 2017. The C2P2 grant is

a 50/50 match grant, but if the DCED grant were awarded, the additional fifteen percent needed from the Borough would be covered by the C2P2 grant, meaning that the Borough would not have to incur any costs. Ideally, the Borough would apply for both grants.

The C2P2 grant will also require involvement or connection to other community trails or conservation programs. Davidson reached out to Strawberry Hill Nature Preserve and South Mountain Conservation Program who both are on board for collaborative efforts.

The Board voted unanimously to allow the application for the DCED grant to be submitted. Information in regards to the approval of the grant may be available this fall.

Organization begins for Pippinfest

The Committee for the Pippinfest in Fairfield is in the midst of organizational meetings for the 2016 festival. Meetings are held on the second Tuesday of each month at the Fairfield Borough Hall at 7 pm. Those interested in becoming volunteers for the organization, planning and event itself are welcome to join the Committee members at the monthly meetings.

The Pippinfest has been a tradition since 1980 when David Thomas, a past owner and proprietor of the Fairfield Inn, had an idea born of his dedication to the community of Fairfield and its heritage. As a way to bring townspeople of Fairfield together, he decided to invite local clubs and school groups to participate in a community-wide celebration of the apple harvest. In 2010, there were rumors that the Pippinfest may not be returning in 2011, but Sally Thomas along with dedicated Fairfield area residents elected to take on the Committee so the festival could continue. Since that transition, the Committee has grown and now contains eleven Committee members and numerous volunteers.

Since the Pippinfest is classified as a Borough of Fairfield event, it falls under the jurisdiction of the Borough Council. If additional funds are made any given year, the funds go into a reserve and can be used by the Borough for community enhancement. Recently, funds from this reserve were used to purchase display cases for the Fairfield Historical Society, new conference tables for the Borough office and a donation was made to the Fair-

field/Hamiltonban Joint Parks and Recreation Committee for use of the new park that is in the works.

Community and local business' support contributes significantly to the success of the festival every year. At the present time, the vendors and entertainment are being discussed and organized, and will be finalized closer to August. As usual, Pippinfest will be a two day event held on Main Street in Fairfield the last full weekend in September (September 24th and 25th).

Day 1 is primarily a community yard sale day but craft and food vendors will also be present, along with children's activities. The second day of the festival features many craft vendors, craft demonstrations, food vendors, children's activities and musical entertainment. Additional details on specific vendors and entertainment will be announced closer to the festival. For more additional information visit www.pippinfest.com or [facebook.com/Pippinfest](https://www.facebook.com/Pippinfest).

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THURMONT NEWS

Rezoning requests considered

During the June 7th Thurmont Town meeting, a workshop session was held concerning several rezoning requests in Thurmont. This workshop followed the Planning Commission's public hearing on five comprehensive rezoning cases. The Board was presented the requests and detailed information by Chris Jakubiak, the Town's Planner.

Jakubiak spoke about the Comprehensive Plan and how the Planning Commission uses it when making decisions regarding zoning recommendations. The recommendations by the Planning Commission are only recommendations as the Planning Commission does not have the authority to make final decisions regarding rezoning. In essence, the recommendations were brought to the Board of Com-

missioners to be discussed further and then voted upon.

The five cases up for consideration were as follows: Mr. Joseph Eyler on Eyler Road; Mechanicstown, LLC on Emmitsburg Road; Amin Rajendra on North Church Street; Russell and Cynthia Poole on East Main Street; Baker Tree Service on Water Street.

Eric Baker, from Baker Tree Service, requested to rezone his property from Open Space to Commercial, in order to build a new building on the existing property. The Planning Commission originally recommended rezoning the property as General Commercial, but after some additional thought and discussion concerning the future outlook on the property, Jakubiak presented the option of changing the allowed uses within the

Open Space district to allow activities such as tree services and landscaping services. This option would allow for some specific development of the property now or in the future while still maintaining the environmental integrity of the site. The option also prevents full-scale commercial development on Open Space zoned properties in town.

The second property, owned by Mr. Eyler, was brought to the Board. Mr. Eyler petitioned to have the property rezoned from A-1 Agriculture to R-2 Residential. Jakubiak felt as though this change was consistent with the Comprehensive Plan, but the Planning Commission felt otherwise. One member of the Planning Commission abstained from voting due to his home being located adjacent to the property. The vote was split, 2 to 2, so without the majority vote, the Planning Commission ultimately decided to recommend withholding the change and keeping it zoned as Agriculture. There was concern both with the Planning Commission and the Commissioners over the traffic in that particular area and the lack of sidewalks causing safety concerns for pedestrians.

The third property on North Church Street was under the consideration of being rezoned to General Commercial, as it currently stands as R-2 Residential. The owner of the

Roddy Road Covered Bridge to be closed indefinitely

The bridge was struck by a box truck on June 16. Staff has been determined that the covered bridge has severe structural damage and will require extensive repairs.

While the bridge is closed, drivers are asked to detour from Roddy Creek Road to Albert Staub Road to Eyler Road to Roddy Road.

The News-Journal is unable to confirm reports that the stupid driver, like the last Nimrod, was a product of the new math curriculum all in vogue these days and was unable to determine if 12 foot truck could make it through a 8 foot 6 inch opening.

property would like to develop the site with the combined larger parcel for a hotel. The added space zoned Commercial would give the property owner the flexibility needed to meet the open space requirement. The Planning Commission received numerous complaints from adjacent property owners and residents of the area all indicating the increase in traffic to the area and their opposition to the change in fear of a further increase in traffic. After taking into consideration the resident's complaints, the Planning Commission decided to recommend that the piece of property up for consideration be kept as R-2 Residential.

The fourth property, located on East Main Street, was petitioned to be rezoned from R-2 Residential to Mixed Use Village II. The property owners simply wish to "catch up" and have their property zoned in ac-

cordance with the other surrounding properties/neighbors, which are all zoned as Mixed Use Village. The Planning Commission recommended this option.

The last property, on Emmitsburg Road, is currently zoned Agriculture and is petitioned to be rezoned to R-2 Residential. There was discussion over the traffic in the area, similarly to the Eyler property, and the potential number of lots to occupy the area, which was predicted to be about 40 to 50 potential lots. The Planning Commission agreed that seeing as the 23 acre property is considered medium density residential and would allow for residential development within the Town, it would be appropriate to recommend it be changed to R-2 Residential.

Further discussion and final decisions by the Board will be voted upon early this month.

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Community Block Grants

During the May 31st Thurmont Town meeting, CAO Jim Humerick presented two Community Development Block Grant (CDBG) projects to the Board for approval. A new food bank parking lot and senior center handicap accessible bathroom doors.

CDBG was explained by Humerick as a federally funded program designed to assist County and Municipal Governments with activities that are directed toward the enhancement of neighborhoods, housing opportunities, economic development and improvement of public facilities and services.

The first project includes the demolition of a house currently owned by the Commissioners of Thurmont, and is located at 8 Fred-

erick Road. The Town proposed to remove the existing building in order to construct a parking lot that would be used by the Thurmont Food Bank. At the present time, those using the food bank must park in the Department of Public Works shop area because there is very limited parking available.

The existing house is vacant and has been for years, and was recently inspected. The inspectors found mold throughout the entire house, and after consideration it was decided that repairs and/or renovations would be both costly and time consuming. It is within the best interest of the Town to demolish the building. The estimated cost of both demolition of the house and grading of the parking lot is approximately \$40,000.

The cost of the project would not include the fees associated with asphalt. The CDBG project manager recommended that the focus initially be on the demolition and the parking lot could come later.

The second project for consideration was the installation of push button automatic handicap accessible doors for the restrooms inside the Senior Center. This installation would be ADA (Americans with Disabilities Act) compliant and be safer and easier for handicap residents to use. The estimated cost of this project is \$4,000.

Commissioner Burns made a motion to authorize the submission of a CDBG grant for the two presented projects. The Board voted unanimously, and the motion was carried.

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100 YEARS AGO THIS MONTH

July 1916

July 7

The 4th of July is essentially a holiday for Emmitsburg. All engagements to out-of-town affairs are called off and every family joins in the jollifications incident to the big picnic held under the auspices of the Vigilant Hose Company. There is always a crowd from the outside, but this year the number of people who came from neighboring towns and surrounding country seems bigger than usual.

Early in the morning, the streets of Emmitsburg presented a gala appearance. Flags and bunting were displayed on buildings and every automobile was decked out in color in honor of the occasion. The streets were lined with people when the parade started. The Emmitsburg Coronet Band was first in line, and following them marched what remained of the Grand Army "boys" of this community. They carry the guns borne by them in the Civil War and displayed a sign "all that are left, 1861-1916." A detachment of firemen in dress uniform followed. A feature of the parade was a large contingent of children and cars, each child enthusiastically waving the national emblem.

The crowd followed the parade to the Fireman's Grounds, where, at 10 o'clock, the junior baseball teams, "uptown" and "downtown," played a thrilling 10-inning game: the victory going to the "downtown" club. The much-coveted prize for this contest was a \$10 gold piece. Each team had its rooters, and there was plenty of applause from the fans for each good play.

When the game was over, the majority of the people walked to the pavilion for lunch. Here they found food aplenty, and ate till their fill while listening to the concert rendered by the two bands. Everyone was eating ice cream - enjoying it too - and the kiddies eagerly sought lollipops and candies of all descriptions. Nor were peanuts and soft drinks overlooked. Time passed quickly under such pleasant hospice and soon the big game began between Thurmont and Emmitsburg, which of course the hometown won.

The evening at the grounds was the repetition of the pleasure of the morning and afternoon. There were fireworks, balloon ascension, band concerts - all kinds of things to make the big crowd happy, and if anything, the attendance at night was great-

er than during the daylight hours. It was a big family picnic and all who came enjoyed themselves.

Notwithstanding the large crowds that throng the streets until far into the night there was no disorder to speak of and few arrests.

Fined \$10 and Cost

Four joy riders from Frederick hit Emmitsburg last night. They also hit a quantity of red eye. Thus inspired they proceeded to hurl all kinds of unprintable language at one another and it generally goes under the name of disorderly conduct. After spending the night as guests of the Corporation, each offender was fined \$10 and cost.

Saturday Night

The streets of Emmitsburg on Saturday night took on the appearance of a carnival. At many places, the crowd was so great that they were nearly impassible. Every hitching post in town was in use and merchants reported an excellent evening as far as business was concerned.

July 14

New Liquor Law Draws Ire of Boozers

A new liquor law for Maryland went into effect June 1. How it works seems to be troubling many people in the business. Each restaurant, in addition to the liquor license fee now required, shall pay an additional \$100. To the tax now required of each wholesale liquor dealer, there is an additional \$100. Naturally, the members of the Former-Former Boozers Association objected strenuously to the new law claiming the money will be used to fund the state's effort to impose prohibition on hard working men. "If it weren't for booze," said Dr. Shorb, "many Boozers would be forced to waste their evenings being henpecked by their wives. That \$100 can buy a lot of booze, which can be put to good use lubricating the minds of men to solve the world's problems. Only a woman could think this tax is a good idea!"

Electric Company Elects

At the regular annual meeting of stockholders of the Emmitsburg Electric Company, the Board of Directors were re-elected and no changes were made in the officers. It was reported that one half of the houses

in Emmitsburg are now wired for the use of electricity and that the country load is growing. Despite the record-breaking price of copper wire, the company is constantly striving to improve and extend its service. The fact that nearly 40,000 kW were sold during the fiscal year that just ended indicated the hearty support demand with which it has been favored.

Barn Raising

On Thursday, Mr. Roy Maxell held a barn raising on his farm near Emmitsburg. Notwithstanding the busy season for farmers, a goodly number were present to assist him. 20 ladies assisted in cooking the bountiful dinner, which was thoroughly enjoyed by all.

Accident On The Pike

An accident, which might have been fatal, happened on the Emmitsburg Pike, when Glenn Putman of Thurmont, crashed into a pile of stones and was tossed in front of a moving auto while riding a motorcycle. The motorcycle fell on top of Mr. Putman, pinning him to the ground. The automobile swung around in time to avoid hitting the cyclist.

Black Corner

A resident of "Black Corner" sailed into town Monday night with "four sheets in the wind", and a cargo of foul language. Officer Hahn came alongside, "threw a howser" over the derelict, towed him into port, where he was interned for 11 hours. Having jettisoned his cargo during the night and having no wherewithal in his bunkers, the Burgess gave him his clearance papers Tuesday morning. At high tide, he was piloted out of the harbor of Emmitsburg with a warning not to make the port again without ballast.

July 21

5 and 10-Cent Store

To inaugurate a new business in the community and to have that business commend itself to the people is a double satisfaction. Several months ago Mr. Smith opened what is now the well-known 5 and 10-cent store with the determination of giving his customers good value for a small price. This he has done as his large clientele evidences. Mr. Smith is very progressive and

Madame, Talk This Over with your husband

HOUSEHOLD expenses mount up. The wife, no matter how economical, is liable to LACK BUSINESS METHODS. Install business methods in your home by teaching your wife the simple ART OF BANKING. She will enjoy her new responsibility and you will be agreeably surprised to note the saving at the end of the month.

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very liberal in the conduct of a store and is just as pleased with the success it has attained here, as are many satisfied customers.

Local Automobile In Smashup

A party of local automobilists, while driving on the Taneytown Road last night, received a severe shakeup and minor injuries when the driver of the car lost control. At an abrupt turn in the road the car turned over, throwing the occupants violently to the ground. The driver of the car received cuts and bruises. A little child, who was thrown over into a field, escaped with only slight scratches.

Automobilist Are Warned

Adams County automobilists, who are tempted by the good roads of Emmitsburg to speed their machines, will have to exercise greater caution since stringent laws have been put into force here to detect violators. Motor vehicle laws have been broken wholesale in Adams County and a determined effort is being made to bring violators to justice.

July 28

Misunderstandings

Thursday, on a nearby farm, there was a misunderstanding, a run-in

or mix-up, in which a gun fired. The man behind the gun was brought before Justice of the Peace Shuff, who settled the matter without suit.

Farm for Sale

40 acre, more or less, dwelling cost about \$5,000. Running water and bathhouse, ideal place for poultry, new chicken house, canning house and necessary outbuildings, rat proof corn crib, windmill, cistern water pumped into house, 12 minute walk to Motter Station. Possession this fall, price \$4,800.

Valuable Farm For Sale

I offer for sale my farm in Liberty Township, along the road from Emmitsburg to Fairfield, 5 miles from former and two from latter, containing 140 acres. 15 acres of this is good timber land, good stone house and all necessary outbuildings, good wells at house and barn, and running water in all fields. Plenty of fruit trees of all kinds, about 40 acres of this farm are well adopted for fruit. I will sell on easy terms, \$6,000.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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FROM THE DESK OF . . .

County Councilman Kirby Delauter

Solving the school issues in Frederick County.

If you look back on the history of County government, we've been having the never ending discussion of how to build schools for well over 30 years. Our current County Executive Jan Gardner became involved in local government as a citizen activist speaking out on school overcrowding in the 1990's.

We've had the same conversation for 20 years, she's used the same rhetoric of blame developers, use their permits as political footballs for over 20 years, and we have the same problem today we had when she was first elected 18 years ago.

Let me lay out the plan to solve this problem once and for all. Back in February of 2016, we had a dis-

ussion on school funding and why we can only build one elementary school in lieu of two, which have both been in the CIP (Capital Improvements Plan) for at least a decade. Once a school is set in the CIP for long term planning, funds are systematically set aside each year so when the time comes, funds are programmed and ready for use to build the school.

That all works well until Jan Gardner get elected as County Executive and suddenly the funds for a second elementary school disappear. Jan quickly blamed developers and resorted to her old trick of strong arming local developers into being part of her "solution" to fund the second school. Yes, two local developers stepped up and forward

funded the bond debt to build the second school. A school that's been in the CIP for at least 10 years, funds disappear, and the evil developers foot the bill, twice.

How did this money disappear? Let me explain, you see Jan made a campaign promise to buy back the Citizens Nursing home and Montevue assisted living facility. She simply breached a contract with Aurora holdings, threatened eminent domain, spent \$8.7 Million of taxpayer funds and issued new taxable bond debt of \$35 Million for the repurchase of the facilities. You may say, Delauter, what does this have to do with building schools? Well, where do you think the bond capacity went that was allocated to the second school?

The second school had \$21 Million in bond debt allocated to it. How do you fund a school when you use the bond capacity to repurchase a Nursing Home? The answer is, you can't.

I have laid out a plan to build not only two elementary schools, but four total. My plan allows for school "A" to be built and financed privately. This allows for the funds to move to School "B" that will be built by the Board of Education. The county cash from school "A" and "B" combined, makes this an all cash deal for school "B", no bond debt. You mirror this model for school "C" and "D". So in essence, we now have two schools paid for in cash, and two schools paid for by a private firm and

leased back from the private funding source over twenty years.

After the twentieth year, the school building reverts back and is owned by the county. We are having another workshop in July to hone in the costs and do a side-by-side comparison and bring this to the table as a viable option to build the school capacity we need.

It's this type of outside the box thinking that is needed to solve problems. That is what I bring to the table, a business perspective that solves problems. I'm here to solve problems and make county government work for everyone, not just a select few that suit my agenda. Stay tuned for more info on this new method of funding schools. We can think outside the box, or we can do the same tired methods with the same result, overcrowded schools.

Congressional Candidate Dan Cox

ISIS. Soft-targets and civilian casualties in places like Orlando, San Bernadino, the list goes on. Add to that heroin and drug-related burglaries and we see a need to be ever vigilant.

But let's pause a minute and remember the heroism of Americans. They would want us to smile in confidence of the great country we have in America. Their sacrificial service reminds us of the good will and love of our fellow countrymen.

Sacrifice and honor at the World Trade Center Towers that fateful day on 9/11. Valor and duty won against the enemy by members of our Armed Forces. Men like Navy SEAL Michael Monsoor, whose story is depicted in the movie Act of Valor, who threw his body on a grenade to save his friends, representing America's greatness and strength of character. Brave women like our own Marylander Emily Perez, the first female West Point graduate to

die in combat for America and to live forever in hearts as a beacon of freedom's light.

The brave service and sacrifice of these men and women should inspire us to do the same here at home.

Rather than cave in to fear and the oppression of a scheme to remove freedom by some of our leaders, let us join together in courage to do what is right as we see the right.

We are a country of faith and freedom, of the belief that God is love and without His intervention and help our Republic of the people, by the people, for the people would have perished from the earth long ago.

So hold fast, keep the faith. In God we still trust. And let's get to work.

If elected to Congress, I plan to draft and seek to pass a National Home & Community Defense Act to do defend our liberty.

First, the Act will provide basic training for home and communi-

ty defense against the threats of terrorism and home invasion. During WWII the US Air Force Auxiliary, Civil Air Patrol provided a means for citizens to help defend our communities and it still has a proud tradition of doing so. Now, anti-terrorism and home and community defense training can be a new way of training and service, and can be coordinated by local fire and police departments, keeping the control local.

Second, the Act will include the opportunity for all able-bodied men and women to be armed and trained in defense of home and community, with possible tax credits as incentives to do so. The Second Amendment of the U.S. Constitution exists for one reason only: the defense of person and people, for this is the essence of a free state. In Switzerland, every home is required to possess a gun in its national defense plan and they provide annual training. We can voluntarily do this here in America.

Third, the Act will include interstate reciprocity so that states like our own can provide for and protect concealed carry holders across state lines. Time and again well-trained and quick-thinking armed citizens stop mass shootings, but those go largely unpublished by the mass media. This can mean the difference between life and death as every minute counts when evil strikes.

Fourth, but not necessarily last, we need a comprehensive approach to stopping the heroin epidemic, now the most common cause of accidental deaths in Maryland and a key cause behind home invasions, burglaries and robberies. This is why I support CARA (Comprehensive Addiction and Recovery Act) which passed the U.S. Senate, to make our communities safer.

These are common-sense measures in our defense and security. We know that good guys and gals with guns are how bad people with guns are stopped. We the people can join together and ensure our freedom, our homes and our communities are safe from terror, violence and the Islamic State (ISIS).

But I can't do this unless we protect the other House – the U.S. House of Representatives. We are in a battle for our basic freedoms of Speech, of Association, Property rights and of bearing Arms. The House of Representatives does not need any more politicians like my opponent, an open atheist and socialist who authored the gun ban in Maryland. He has a right to his opinions and beliefs, but so do we. We know a better way.

I believe District 8 needs a Congressman who represents the people, who understands the Constitution and that the rights of mankind come from our Creator, and who will fight for our homes, our communities and our country. That is what I intend to do if elected. Please join me. Go to www.cox-forcongress.org.

Dan Cox is a constitutional attorney in Frederick County, husband and father of eight children, and former Captain in the U.S. Air Force Auxiliary, Civil Air Patrol. He is running for the Eighth Congressional District.

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We will have a fundraiser for Mother Seton School July 21. Watch for details on www.emmitsburg.net

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

Frederick County Government's financial management is among the best in the nation! All three of the major bonds rating agencies agree that our county has top notch management practices and our fiscal health is sound.

For the first time in our history, Frederick County earned the highest possible AAA stable bond ratings. As a result, taxpayers saved more than **\$5 million in interest** on our bond sale in June. These savings give us enough money to build another fire station or branch library or to improve a road or bridge.

Why are top bond ratings important? They are like a person's credit score. The better the rating, the lower the interest rate when we borrow money. People borrow money to buy cars or houses. The county government borrows money to build schools, roads, libraries and parks. Thanks to our top ratings, we secured a very low interest rate of 2.26% on our general obligation tax-exempt bonds. This compares to an interest rate of 3.09% when bonds were last sold in June of 2014. As compared to that interest rate, the county saved

over \$9.5 million in interest!

AAA bond ratings are not easy to earn. Only an elite few counties, fewer than 50 across the nation merit AAA stable ratings from every rating agency. Frederick County has a better bond rating than the United States of America.

I am very proud of hardworking county staff that has done an incredible job providing effective and efficient services to county residents. Analysts were convinced of our excellent financial management and expressed their confidence in county management. They particularly liked our efforts to restore and build reserves, our conservative budgeting, and strong planning and leadership.

My thanks to the members of the county council who have supported the two budgets I presented for restoring good government and responsible financial management. We are making progress to ensure Frederick County's long-term prosperity while living within our means and not raising tax rates. The rating agencies described good planning and strong, responsible management. In other words, we are doing things right!

As County Executive, it is my duty to make sure taxpayers' money is used wisely. It is a responsibility I take seriously. We need to get the most bang for the buck out of our money! That's why I have appointed two special work groups to look for ways to reduce the cost of school construction. One group has focused on evaluating lease build options and the other is evaluating cost savings in construction methods.

I supported appointing a committee to evaluate a lease build option for school construction as requested by Council Members Chmelik and Delauter. Councilman Delauter recently asked a private sector financial organization to make a public presentation on a lease-build option. This specific proposal would allow a private investor to finance the construction of two schools, with the assumption that state dollars from these two school projects could shift to two other school projects, and then have the county lease these schools for 30 years when ownership would ultimately shift to the county.

Currently shifting state funds among projects is illegal so state leg-

islation would be needed to make this possible. Assuming this legislation could be accomplished, the lease build option presented still cost significantly more than building the schools as planned. The lease build option, as presented, would cost taxpayers an extra \$20 million per school! Instead of building four schools for the price of two as suggested by the proponents, this plan would build four schools for the price of six! Clearly this makes no sense and is not affordable.

This option is more costly for two reasons. First, the private sector cannot borrow money anywhere near the low rate of local government as demonstrated by the 2.26% interest rate just achieved by the county. Second, the private sector company wants to make a profit whereas the county does not make money on school construction. Unless this option can be made significantly more cost efficient, it does not make good financial sense to ask taxpayers to pay more. That said, it is a good idea to review these ideas from time to time to see if they are workable.

I am pleased to report that the second school construction work group that I appointed to review cost containment is making progress in developing recommendations that

could reduce the cost of a new school by 8% to 10%. This would mean real cost savings for taxpayers. Stay tuned for more details.

I am also pleased to have been appointed by the Governor to serve on a statewide 21st Century School Facilities Commission. It is wonderful to have a seat at the table as new statewide policy on school construction is developed. This is yet another example of charter government giving Frederick County a stronger voice in Annapolis and delivering results.

My administration continues to work collaboratively with all our municipalities. I am proud of our success in adding almost 3,200 new jobs in the county over the past year, reducing unemployment to 3.7% in April, supporting a stronger school system by investing in teachers and technology, and planning for the future with a new comprehensive planning process called Livable Frederick.

We would like to know your thoughts on the future of Frederick County. Go to www.livable-frederick.org and fill out a survey to share how you would like to envision Frederick County in 10 years and beyond. It only takes a few minutes to complete.

County Councilman Bud Otis

My announcement May 18th that I changed affiliation from Republican to Unaffiliated has brought many voices from all over the county. The overwhelming majority of comments, emails, voice messages, personal visits, and one-to-one chats has been heart-warming and positive. Your support and encouragement is tremendous and I really appreciate each of you.

Great news! Frederick County has just been notified that all three bond agencies awarded us their AAA bond rating, for the first time in the history of the county. The majority of the council has been right on target with our budget oversight. Past BOCCs contributed to the AAA bond rating by two of the three bond agencies, Fitch and Standard & Poor's, and our continued financial standing and practices contributed to Moody's increased rating.

The majority of the council passed a fiscally sound budget for FY 2017 reflecting support for the maintenance of our county infrastructure, 12 additional firefighters, 4 more 911 call takers, 11% raise in pay for Sheriff's department, \$10.5M above Maintenance of Effort (MOE) for the Board of Education (BOE) and many other services. Passed 4-3 – same votes as last year's FY16 budget: Council Member (CM) Donald – Aye, CM Chmelik – Nay, Council Vice President (VP) Keegan-Ayer – Aye, CM Fitzwater – Aye, CM Delauter – Nay, CM Shreve – Nay, Council President (CP) Otis – Aye.

Frederick County citizens voted in Charter Government and it

works! We are the first in the history of Frederick County to be in the legislative branch. I'm going to continue moving forward along with my colleagues who have shown great respect for the residents of Frederick County and this new form of government. I deeply honor the trust of the people, research the matters before the Council and deliberate on each one. My guidepost is...what is in the best interest of Frederick County... and I cast my vote.

As far as fiduciary responsibility for each council member to vote on issues before the Council, I submit the record from 12.1.14 thru 6.14.16. Total votes thus far is 503:

CM Donald – total 503: 100%
CM Chmelik – total 497: 99%
VP Keegan-Ayer - total 503: 100%

CM Fitzwater – total 478: 95% (CM Fitzwater missed 24 votes from one meeting for the birth of her baby.)

CM Delauter – total 480: 95%
CM Shreve – total 398: 79%
CP Otis – total 503: 100%

Hear are some highlights from the FY 2017 budget votes:

Chmelik moved to reduce the BOE funding by \$4.5M, leaving \$6M over MOE. (One of my main priorities is to see teachers' pay scale move out of last place in Maryland.) Failed, 4-3: Councilmen Donald, Keegan-Ayer, Fitzwater, Otis – Nay; Councilmen Chmelik, Delauter, Shreve – Aye.

Delauter moved to reduce the Revenue Stabilization Fund by \$500k. (This fund relates to how bond rating agencies view our financial policies and portfolio. I vot-

ed to keep the \$500k in the budget to protect our reserves and improve our credit standing. The council vote to not allow this reduction contributed to our historic AAA bond rating.) Failed, 5-2: Councilmen Donald, Chmelik, Keegan-Ayer, Fitzwater, Otis – Nay; Councilmen, Delauter, Shreve – Aye.

Delauter moved to remove \$1M from the county's obligation for the EPA's National Pollution Discharge Elimination System.

(Staff reported that if enacted, this would violate federal law and put Frederick County in a precarious position being out of compliance.) Failed, 4-3: Councilmen Donald, Keegan-Ayer, Fitzwater, Otis – Nay; Councilmen Chmelik, Delauter, Shreve – Aye.

Delauter moved to cut 50% or \$1.7M from the Watershed Retrofits / Industrial Facility Retrofit and Reforestation program. (Staff cautioned that this would be a direct violation of the federal Clean Water Act Mandate / MS4 Permits. Consequences include loss

of federal and state funding, potential criminal liability for staff and council members, and daily fines in the tens of thousands.) Failed, 4-3: Councilmen Donald, Keegan-Ayer, Fitzwater, Otis – Nay; Councilmen Chmelik, Delauter, Shreve – Aye.

Please look these over and ponder, "How would I vote?" I'm always available to discuss your concerns and thoughts. Rose and I hope you all enjoy a safe and harmonious summer! Thank you for the opportunity to be of service to this great county.



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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

The Greater Carroll Valley Community and Educational Complex building will break ground in July. Carroll Valley Council at the June 14th meeting approved the notice to Lobar Associate to proceed with construction. The decision was made based on the completion of the solicitor's review and council's approval of the agreement for the extension of a water distribution line with York Water and the lease agreement with the Adams County Library System. Lori Davidson, a member of the Recreation and Environmental Advisory Committee, briefed the council on a proposal to construct a 5-mile walking/bike path that would connect the K section to Ranch section of Carroll Valley. The project consists of three phases. The first phase focuses on providing a path from the K Section to Sanders Road. Council approved her request to apply for a grant to help fund this first phase.

The 12th Annual July 4th Picnic Celebration will be held on Monday July 4th starting at 2 p.m. There are many activities to participate in. There is a climbing wall, a youth obstacle course, me-

chanical bull, moon bounce, pony and hay rides. Sign up for the new Corn-hole tournament. This year the 6th Annual 3 vs. 3 Team Basketball Tournament will start at 3 pm instead of 9 am. The Championship game will be played in the evening under the lights.

After the game, you will be entertained by Ray Owen's "Hats Off to America" – a musical journey through history celebrating our cultural heritage. Besides food vendors serving up that delicious food, we have service and craft vendors to visit. The Lip Sync competition was so successful last year that it is back again. It should be a lot of fun cheering your favorites on. Come out and share your talent. The celebration ends with fireworks being launched from on top of Ski Liberty Mountain. Free Parking at Ski Liberty. You will be bused over to the park. Hope you and the family will be able to join us. Check it all out by going to www.cvJuly4th.com. It is going to be a great day to celebrate our country's Birthday. I hope to be there taking pictures.

Summer has started which means those heat alerts are going to be broadcasted again. There are

three types of messages that are sent out to the populace and they are: Excessive Heat Outlook, Excessive Heat Watch and an Excessive Heat Warning/Advisory. An Excessive Heat Outlook is used to indicate that a heat event may develop and the emergency management and public health officials should be prepared. An Excessive Heat Watch means an excessive heat event may occur in the next 12 to 48 hours. Finally, an Excessive Heat Warning/Advisory is issued within 12 hours of the onset of the following criteria: heat index of at least 105° F for more than 3 hours per day for 2 consecutive days, or heat index of more than 115° F for any period of time.

Why pay attention? According to the NOAA National Weather Service, the statistical data shows that heat causes more fatalities per year than floods, lightning, tornadoes, and hurricanes combined. What to do? Here are a few tips. Slow down and do not perform any strenuous activities. Drink plenty of water or other non-alcohol fluids even though you may not feel thirsty. If you have problems retaining fluids, consult

your physician before increasing your fluid intake. Eat light meals to decrease your metabolic heat production. Wear lightweight light-colored clothing. And naturally, try to spend time in an air-conditioned place.

I cannot believe it, but a year has passed since Councilperson Sarah Skoczen reported to council that she was working with Dr. Lisa Wolkind to have a representative from The Nobody's Cats Foundation in Camp Hill to hold a seminar addressing the topic of taking care of free-roaming cats. Working with Dr. Wolkind and a great group of volunteers, the Trap-Neuter-Return (TNR) program was implemented in Carroll Valley. The TNR program is an effective management strategy to humanely stabilize and reduce the free roaming domestic feline population. A year later, Sarah's group has treated 91 cats in Carroll Valley. The first colony started last August and is now 100% complete and the others are getting close to 80% complete as the group tries to get the last few very stubborn cats. Sarah said, "that while it will take time for the number of cats to decrease, residents are already noticing a decrease in the nuisance behaviors of unfixed feral cats."

Meanwhile, the Carroll Valley TNR group plans to continue to do targeted TNR on colonies in Carroll Valley as they find out about them. The TNR program is funded by the borough, fundraiser events, and SNAP vouchers. If anyone would like to TNR cats on their own in their neighborhood, the Adams County SPCA is doing several TNR clinics in July, call for an appointment or they can take them to Nobody's Cats Foundation in Camp Hill. Go to the website to make an appointment. <http://www.nobodyscats.org/>. Thank you Sarah and please extend my appreciation to everyone in your group. For some information on how to keep cats out of your garden go to the following link: <http://fixourferals.org/home/about/faq/10-tips-for-keeping-cats-out-of-yards-gardens/>.

Borough meetings to be held in July are: Planning Commission (July 5th), Finance Committee (July 11th), Council Borough (July 12th), Parks/Recreation (July 27th). The Borough Office is closed July 3rd. Please reduce your driving speed when you are in the Valley. If you have any questions call me at 301-606-2021 or email MayorRonHarris@comcast.net.

State Representative Dan Moul

The halls of the Capitol are abuzz once again in anticipation of a new state budget. Unlike last year when the budget stalemate dragged into the holidays and finally ended in late March with Gov. Tom Wolf announcing he would allow the House's latest version of the budget to become law without his signature. So far this year, the atmosphere around the Capitol feels much less combative – even cordial. In fact, it is widely believed that Pennsylvania may have a new state spending

plan by the June 30 budget deadline or soon thereafter.

Perhaps the optimism we are feeling stems from the fact that lawmakers from both sides of the aisle and the administration are working together. In recent weeks, this has resulted in a number of noteworthy bipartisan votes on matters involving pensions, liquor and gaming.

The largest drain on the budget are the state pension systems, whose unfunded liability now exceeds \$56 billion. The

House has advanced a bipartisan pension reform plan aimed at stabilizing the pension systems and reducing the burden on taxpayers. The changes contained in Senate Bill 1071 would apply only to future members of the State Employees Retirement System (SERS) and the Public School Employees Retirement System (PSERS) who begin their service on or after Jan. 1, 2018, and July 1, 2018, respectively.

Under the bill, the first \$50,000 of a new employee's an-

nual salary would be in a traditional direct benefit plan, providing a predictable pension benefit base for future retirees. Earnings over that amount would be covered through a 401(k)-type plan which would allow participants to have more control over their investments and to tailor them to their own needs with at least 10 investment options. The plan would allow the Commonwealth and its taxpayers to be more sheltered from market risks. The bill, which the governor has said he would sign, went back to the Senate for concurrence on House amendments.

Just as lawmakers and the Wolf administration are searching for new sources of revenue to fund next year's budget, the House passed legislation to help community groups do the same. House Bill 1334 would update the state's 1981 Bingo Law, doubling prize limits and the total amount of prizes that may be awarded in a calendar day. The bill would also remove restrictions on the number of days a licensed association may conduct bingo games, permit pre-draw bingo, allow new members of a licensed association to assist in the operation of bingo, authorize non-members to call numbers and permit bingo prize amounts to be advertised. The bill now moves to the Senate for consideration.

Changes have also been made in the way Pennsylvanians can buy wine. Act 39 will permit wine sales in grocery stores, six-pack shops and by direct shipment. It also allows expanded Sunday and holiday hours in state liquor stores and variable pricing. The legislation, which had bipartisan support in the General Assembly, is expected to generate up to \$150 million in additional state revenue and represents a significant move toward privatization.

While I am hopeful we will have an on-time budget, it is clear that progress has been made in ways that will benefit Pennsylvania citizens. Rest assured, I will continue to work on behalf of the citizens of Adams County and Pennsylvania to achieve a timely and sensible state budget roadmap for the journey ahead.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Randy Phiel

One of the most important responsibilities of local and county government is to insure the health, safety and welfare of our residents. I wanted to make sure you were aware that The Board of Directors of the Adams Regional Emergency Medical Services is announcing their Ambulance Subscription Drive for 2016/2017. Adams Regional Emergency Medical Service is a non-profit emergency ambulance service resulting from the cooperative efforts of the Gettysburg Fire Department and the United Hook & Ladder Company 33 in Adams County, Pennsylvania. AREMS currently provides Advanced Life Support (ALS) and Basic Life Support (BLS) to over 15 of the municipalities in the south central region of Adams County as well as fulfilling mutual aid services to each of our surrounding jurisdictions. The Ambulance Membership period runs from July 1, 2016, or thereafter when payment is received, through June 30, 2017.

While residents in AREMS coverage area will receive emergency ambulance service even if they do not subscribe to this program, all residents are urged to participate in order to avoid sometimes substantial costs beyond what insurance will cover. Non-subscribers will be responsible for payment in full. For subscribers, AREMS will bill all available primary and secondary insurance for you. The subscription does not cover non-emergency or routine transports. Cost of the annual subscription is \$45 Individual and \$70

Family. By supporting Adams Regional EMS, you are not only helping to possibly defray ambulance transport costs up to \$1400, you are also helping to sustain professional and timely ambulance service in our community.

Providing quality emergency response service has become more challenging every year with decreasing volunteerism, increased training requirements, the increasing cost of equipment and training, and the spike in insurance costs—especially workman's comp. The merger of EMS services by Gettysburg & New Oxford is viewed by these departments, and the Adams Regional EMS Board, as a visionary step that will hopefully be a springboard to maintaining quality and affordable EMS service for all Adams County residents. Fairfield and Littlestown also participate for Advanced Life Support (former Medic 28) services). The EMS challenge increased sustainably with Wellspan Gettysburg Hospital's November 2013 announcement that Wellspan would be exiting Advanced Life Support delivery.

The Adams Regional EMS merger is being guided by a Board of Directors. The members of the Adams Regional EMS Board of Directors include David Blocher, Al Knerr and Bryan Wasylk from Gettysburg Fire Department and Steve Rabine, Kevin Moul and Patrick "Sam" Taylor from United Hook & Ladder. Adams County Council of Government is represented by Barbara Underwood, the County of Adams is represented by Chair County Commissioner Randy

Phiel and the Community Member At Large is former ACNB Bank CEO Ronald Hankey.

The ambulance service is currently based in Gettysburg, New Oxford and Bonneauville. Adams Regional EMS is led by Business Manager Amy Lebo and Operations Manager Eric Zaney.

AREMS employs a staff of 40 EMTs and 20 Paramedics both full-time and part-time. Since it began providing service June 28, 2015, AREMS has responded to over 5000 emergency dispatches. AREMS welcomes inquiries from any other area emergency service ambulance providers that wish to maximize and consolidate services. You may contact the AREMS business office at 717-624-7465 or view more information and get a subscription application online at www.aresms.net

The new Adams County Human Services Building keeps coming closer to reality. The bid specs for the renovation of the Adams County Human Services Building, prepared by the architectural firm of Crabtree and Rohrbach, were let on Wednesday, June 22. The four bids were broken down into the following categories, General Construction, HVAC, Plumbing & Electrical. All questions pertaining to the Contract Documents, technical sections, legal documents, and bid submission shall be directed in writing to: Joshua C. Bower, Senior Project Manager, phone number 717-458-0272 email: jbower@cra-architects.com.

Sealed bids for construction of Alterations to the Adams County Hu-

man Services Building, 525 Boyds School Rd, Gettysburg, Pennsylvania 17325 must be received at the Adams County Controller's Office, Adams County Courthouse, 117 Baltimore Street, Room 207-B, Gettysburg, PA 17325 by 11 A.M., prevailing time, on July 20, 2016.

Bids must be submitted to the attention of Steve Renner, Adams County Controller. Bids shall be submitted in sealed envelopes bearing the name of the Bidder and shall be clearly marked "Alterations to the Human Services Building." Bids will be publicly opened and read aloud at 1:00 p.m. prevailing time at a public meeting of the Board of Commissioners, held in the Adams County Courthouse, in the Historic Courtroom, second floor. Bids received after the above-referenced date and time shall be returned to the Bidder unopened.

With the new Adams County Human Services Building quickly becoming a reality, it has created other opportunities to better serve our staff and residents. One major addition at the facility will be approximately ten staff from York/Adams Mental Health - which has never had a presence in Adams County.

In collaboration with the Courts we have discussed the potential of moving Magistrates Beauchat and Harvey's offices to the Human Services Building. Beauchat's office is leased, with the lease soon expiring, and Harvey's office is owned by the county. Besides being both fiscally and operationally effective moving to county owned space, the of-

fices would be inside a secured building. In today's world enhanced security simply cannot be ignored and an opportunity to enhance security needs to be recognized. Other benefits will include free and ample parking with public transportation to the facility.

If the move is approved by all appropriate parties, including the State Supreme Court, the building at 34 East Middle Street could be sold, and thus placed back on the tax rolls, with hopefully another viable business taking up residence in the county.

As a requirement of state law, a public hearing on this matter will be conducted by the Court on Wednesday August 3rd, in Courtroom #1 at 6 p.m. The Court will discuss their foot traffic study and various dynamics of the potential move.

The proposed Adams County Law Enforcement Firearms Training Range at the Department of Emergency Services Center (911 Center) is in final stages of permitting. The much needed and long anticipated facility is going to be built with private and donated funding that will negate any cost to taxpayers.

It's time for fresh fruits and vegetables in Adams County. I urge you to patronize our many Farmers Markets to enjoy this fresh and delicious bounty; while supporting our local agricultural community. I just picked up some fresh strawberries and Bing cherries that were delicious. No matter what you do get out there and experience all the historical, recreational, agricultural, natural and historic opportunities that beautiful Adams County has to offer.

State Senator Richard Alloway

The public debate regarding immigration has resulted in a firestorm of controversy in recent months, and the Presidential campaign has only fanned the flames of this intense discussion. However, regardless of any individual's views on immigration issues, we should all be able to agree on one basic principle—when an illegal immigrant commits a violent crime, they shouldn't be released back into the same communities they victimized.

Unfortunately, that scene plays out all too frequently in Pennsylvania communities that refuse to comply with detention and deportation requests from the federal government. Although U.S. Immigration and Customs Enforcement officials may request that an individual who is arrested be detained for deportation, a number of so-called "sanctuary cities" ignore these requests and instead put these dangerous criminals back on our streets.

A study by the Center for Immigration Studies found that sanctuary cities resulted in the release of more than

8,000 illegal immigrant offenders over an eight-month period, with 1,900 of those released offenders being arrested for another crime within that same time frame.

Worse yet, the majority of those released had serious prior criminal records. It makes no sense that these municipalities would openly defy federal authorities on an issue of public safety in order to protect criminals who have no legal right to be in this country in the first place.

I've introduced a bill that would address this problem by prohibiting governing bodies from adopting rules or ordinances that contradict federal immigration policy. Municipalities that do not enforce federal immigration policy would not be eligible for state grants for law enforcement purposes and could be sued for negligence for releasing an individual with a detainer who subsequently commits another crime.

It is my hope that this bill could help prevent the kind of tragedies we've seen in other parts of the country in which innocent citizens have been victimized by

criminals who clearly should have been returned to their country of origin.

Even in the throes of a divisive election year, this shouldn't be a partisan issue; in fact, it's one issue on which Presidential hopefuls Hillary Clinton and Donald Trump can actually agree. Prioritizing the protection of criminals at the expense of public safety is a policy that can only create negative consequences.

Lawmakers at every level of government share a common goal of protecting citizens from the threats posed by criminals who have come to our country with the intent to harm its citizens. I am hopeful that my colleagues in the General Assembly and Governor Wolf can set aside politics and unite around this shared priority.



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 51 Bluebird Tr., Carroll Valley, PA 3 BR, 2 BA split level, attached 2 car garage. Car Enthusiasts: 1,300 sq. ft. garage space. \$237,900	 13168 Shawnee Circle, Waynesboro, PA 0.31 acres, 2 story colonial, 4 BR, 2 BA, 2 HBA, public water & sewer, 2 car garage. \$242,000	 106 Sour Mash Tr., Fairfield, PA 4 BR, 2.5 BA, lg. rooms, porch, garage, driveway, unfinished basement, all appliances. \$249,900	 394 Seven Stars Rd., Gettysburg, PA 2 story 3 BR, 2.5 BA, 1.87 ac., central heat & air, gas fireplace, walk-out basement, fruit trees. \$249,900	 1095 Hanover Rd., Gettysburg, PA Your address if your are into Civil War or spending time in a peaceful setting. \$254,900	 40 Moritz Rd., Orrtanna, PA 33+ ac. Apple Orchard in Adams Co. 3 BR, 2 BA home, barn, spring & pond. \$365,000

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34 Veronica Tr., Carroll Valley, PA 0.63 ac., well req., perc appr., beautiful wooded inside building lot, very close to route 116, easy commute to Maryland. \$20,000	23 & 25 Gladys Tr., Carroll Valley, PA 1.03 ac., beautiful wooded lots, not combined but offered as 1 parcel, near golf & skiing. Low perc rate. Smaller soundround. \$59,900	741 Jacks Mt. Rd., Fairfield, PA 19.6 ac., well req., perc appr., 2 per sites, 2 streamsm wooded approx. 1 ac. of wetland. Ideal for your dream home! \$175,000

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THE PASTOR'S DESK

Reflections on the Fourth of July

Colin Phillips
Trinity United Methodist Church

The sun is streaming in through the window. Today is my birthday and I am sitting quietly at home. My wonderful wife is working, over in Carroll County. My daughter Abby is completing her last week at Catocin High School before the Summer vacation.

Yesterday a monstrous Islamic terrorist murdered forty nine persons and wounded over fifty others in the early hours at an Orlando gay night club.

Yesterday also I was leading worship in the two United Methodist churches that I serve as pastor. It was Sunday in America.

The unspeakable tragedy and horror of that mass killing by an Islamic terrorist left me shaking with rage and pain and an overwhelming sense of loss. All the same, I'm so grateful that I could lead worship freely in a free country with free people. The Fourth of July is just around the corner, and I am so grateful to God that I am an American. The devastation cannot diminish my gratitude for America and to America.

I am English by birth and came to the United States in 1970 as a graduate student in my early twenties. A few years later I came through passport control again, but this time as an immigrant, carrying my chest x ray. I entered the country through Philadelphia, the very bedrock of the United

States. In 1995 I became a citizen.

From the beginning I experienced the riches of the Christian heritage of this great country. I taught Sunday school at the famous First Baptist Church in Providence Rhode Island. I led a youth group at a large United Methodist Church in Warwick Rhode Island. I worshipped at the Newport Naval Base. The Vietnam Era was coming to a close.

It seemed back in 1970 as though Christianity was dying in England, and throughout Europe, but here it was dynamic and inspiring and I met so many fascinating, extraordinary American Christians. My first Christmas in the U.S. was spent in Texas and Louisiana, where I found the people I met to be hospitable and generous towards me beyond anything I had known before.

And in so many churches the United States flag stood by the altar, like a sentinel. But to my astonishment it hung also on the porches of American homes, and on flag poles in front yards, and still it is to be seen everywhere. I had never known such explicit patriotism in England.

Where I grew up, there is no 'Fourth of July.' There are important national occasions in England and it is a rich, fascinating cultural landscape, an extraordinary place, but there is no single day intended to rally the citizens around the flag and the legal document – the Constitution – which dis-

tils our covenant with each other. In Britain no such document exists.

My first Sunday as a pastor in America was July 3rd 1977. I was unprepared for the joyous outpouring of enthusiasm during the singing of "America the beautiful." People in my churches stood and sang those evocative, stirring words as though they really meant them, as though "God" and "country" were inextricably intertwined and could never be separated. Among the farms and small towns of Frederick County the Holy Spirit was moving, as it were from church to church, drawing so many small, enthusiastic congregations into one grateful, thankful people, 'one nation under God.'

When I became an American citizen I was invited to march in the Towson Maryland July 4th Parade. I declined, mostly from shyness, because I never grew up with parades and it's not my style. But in the United States there is so much diversity of culture and race and belief and lifestyle, there is so much freedom and there are so many ways to express it, so there is a place here for me, and for you, whatever our particularities may be.

Above all else, the vastness of America speaks to me. On the Fourth of July I am reminded and reassured that I am a citizen of the great national parks and national monuments. I love this corner of Maryland and Pennsylvania where we live, nestled below the hills and down the road from Gettysburg, but



America! America! God shed His grace on thee. And crown thy good with brotherhood from sea to shining sea.

just beyond the hills begins the road to Colorado and the Gulf of Mexico and Olympia National Park, where the Pacific waters meet the mountains. And I dream of far-west Texas, where I have visited and hiked numerous times, and I give thanks to God for the freedom bestowed by our vast and astonishing landscapes of mountain and desert and wheat field and forest and water.

The freedom and diversity of America, her extraordinary people, everywhere across this land, bring some important reassurance to me as I cope with deep sadness and sense of loss this morning.

I recall the devastating news from yesterday from Orlando. Here in this nation many are struggling to cope, again. Freedom and free expression have their enemies, as we know, among the slaves of Satan. Dark forces, of which Jesus himself warned us during his earthly ministry, are ever-present, and they encroach upon each new day.

My prayers to Jesus Christ, my Savior, bring me back to believing and to faithful service even as I mourn those lives extinguished in Orlando. I am renewed by Christ's gracious mercy towards me. And as the glorious Fourth of July draws closer, I see the stars and stripes not only waving on so many flagpoles but draped around my heart as well.

I will never give up my faith and I will not permit our freedoms to be forgotten or taken for granted in my soul. In our United Methodist tradition we are above all servants of one another, as ordained by God, and

that's the Spirit in which I seek to greet the Fourth of July.

We will defeat Islamic terrorism and we will continue to lift high the Cross of Christ, here in the United States. It goes without saying, actually. But it needs to be affirmed in our daily actions.

May the meaning and promise of the Fourth of July transcend our difficulties and differences. These are difficult days in America for all of us who love freedom and the free, peaceful expression of God-given living. We are challenged by the actions of terrorists and by the actions of those who perpetrate crimes of hatred against America and Americans. But in our faith and in our values we must not back down.

Later today I will be driving on the roads of Frederick County and Adams County. I shall pass by farms and houses where the flag of the United States is displayed. Just a handful of miles from here is the spot where President Lincoln delivered the Gettysburg Address. It was Thursday November 19th 1863 when those words were spoken. Perhaps I'll park my car and walk to that place this afternoon.

This morning, before breakfast, I prayed to God in the name of Jesus Christ, asking for comfort and strength and courage and hope for the families of those persons whose lives were taken in Orlando, and for the wounded, the survivors. You have done the same, I know. We'll continue to pray as Christians and as Americans, as the Fourth of July draws closer and our destiny is affirmed.



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BOOK OF DAYS

Margaret Ossoli



July 16

Not in England nor in France is the influence of women on society so active and so manifest as in New England. The agitation there for Women's Rights is merely an evidence of actual power, seeking its recognition in civic insignia. Every student of American society has noted the wide diffusion of intellectual ability, along with an absence of genius, or the concentration of eminent mental gifts in individuals. There is an abundance of cleverness displayed in politics, letters, and arts—but there is a strange lack of originality and greatness. The same is true of the feminine side of the people. A larger number of educated women, able to write well and talk well, it would be difficult to find in any European country, but among them all it would be vain to look for a Madame de Staël, or a Miss Martineau. Perhaps those are right who cite Margaret Fuller as the fairest representative of the excellences, defects, and aspirations of the women of New England.

She was the daughter of a lawyer, and was born at Cambridge Port, Massachusetts, on the 23rd of May 1810. Her father undertook to educate her himself; and finding her a willing and an able scholar, he crammed her with learning, early and late, in season and out of season. Her intellect became preternaturally developed, to the lifelong cost of her health. By day, she was shewn about as a youthful prodigy; and by night, she was a somnambulist, and a prey to spectral illusions and nightmare. As she advanced into womanhood, she pursued her studies with incessant energy. 'Very early I knew,' she once wrote, 'that the only object in life is to grow.' She learned German, and made an intimate acquaintance with the writings of Goethe, which she passionately admired.

Her father died in 1835, leaving her no fortune, and to maintain herself, she turned schoolmistress. Her reputation for learning, and for extraordinary eloquence in conversation, had become widely diffused in and around Boston, and her acquaintance was sought by

most people with any literary pretensions. About this time, she was introduced to Mr. Emerson, who describes her as rather under the middle height, with fair complexion and fair strong hair, of extreme plainness, with a trick of perpetually opening and shutting her eyelids, and a nasal tone of voice.

She made a disagreeable impression on most persons, including those who subsequently became her best friends; and to such an extreme, that they did not wish to be in the same room with her. This was partly the effect of her manners, which expressed an overweening sense of power, and slight esteem of others, and partly the prejudice of her fame, for she had many jealous rivals. She was a wonderful mimic, and could send children into ecstasies with her impersonations; but to this faculty she joined a dangerous repete for satire, which made her a terror to grown people. 'The men thought she carried too many guns, and the women did not like one who despised them.'

Mr. Emerson, at their first meeting, was repelled. 'We shall never get far,' said he to himself, but he was mistaken. Her appearance, unlike that of many people, was the worst of Miss Fuller. Her faults and weaknesses were all superficial, and obvious to the most casual observer. They dwindled, or were lost sight of, in fuller knowledge. When the first repulse was over, she revealed new excellences every day to those who happily made her their friend. 'The day was never long enough,' says Mr. Emerson, 'to exhaust her opulent memory; and I, who knew her intimately for ten years—from July 1836 to August 1846—never saw her without surprise at her new powers. She was an active, inspiring companion and correspondent. All the art, the thought, and the nobleness in New England, seemed related to her and she to them.'

The expression of her self-complacency was startling in its thoroughness and frankness. She spoke in the quietest manner of the girls she had formed, the young men who owed everything to her, and the fine companions she had long ago exhausted. In the cool-

est way she said to her friends: 'I now know all the people worth knowing in America, and I find no intellect comparable to my own!'

Some, who felt most offence at these arrogant displays, were yet, on further reflection, compelled to admit, that if boastful, they were at any rate not far from true. Her sympathies were manifold, and wonderfully subtle and delicate; and young and old resorted to her for confession, comfort, and counsel. Her influence was indeed powerful and far-reaching. She was no flatterer. With an absolute truthfulness, she spoke out her heart to all her confidants, and from her lips they heard their faults recited with submission, and received advice as though from an oracle.

It was in conversation that Miss Fuller shone. She would enter a party, and commence talking to a neighbour. Gradually, listeners would collect around her until the whole room became her audience. On such occasions she is said to have discoursed as

one inspired; and her face, lighted up with feeling and intellect, dissolved its plainness, if not deformity, in beauty of expression. Some of her friends turned this faculty to account, by opening a conversation-class in Boston in 1839, over which Miss Fuller presided. She opened the proceedings with an extempore address, after which discussion followed. The class was attended by some of the most intellectual women of the American Athens, and very favourable memories are preserved of the grace and ability with which the president did her share of duty.

Much of Miss Fuller's freedom and force of utterance deserted her when she essayed to write, and her friends protest against her papers being regarded as any fair index of her powers. She edited for two years *The Dial*, a quarterly given to the discussion of transcendental and recondite themes, and then resigned her office to Mr. Emerson. In 1844, she removed to New York, and accepted service as literary reviewer to the *New York Tribune*; a post for which she was singularly unfitted. The hack-writer of the daily press is always ready to spin a column or two on any new book on instant notice, but Miss Fuller could only

write in ample leisure, and when in a proper mood, which mood had often to be waited for through several days. Happily, Mr. Horace Greeley, the editor of the *Tribune*, appreciated the genius of the reviewer, and allowed her to work in her own way.

In 1846, an opportunity occurred for a visit to Europe, long an object of desire; and after a tour through England, Scotland, and France, she made a prolonged stay in Italy, and in December 1847, she was married to Count Ossoli, a poor Roman noble, attached to the papal household.

The conjunction of the intellectual Yankee woman with the slow Roman noble, utterly destitute of that culture which she had set above all price, seemed to many as odd as inexplicable. It was only another illustration of the saying, that extremes meet; and those who know how impossible it is for books and the proudest fame to fill a woman's heart, will not wonder that she felt a strange and happy peace in Ossoli's simple love.

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COMMENTARY

Words from Winterbilt

Words, slogans and elections – what do they mean?

Shannon Bohrer

It is creative, patriotic and at the same time somewhat confusing what some of the candidates are saying during this election year. And I am just talking about their campaign slogans. We have Trump's "Make America Great Again." Does that mean that we were great, but we are not great anymore? I guess it works if you believe that America is not great... Then of course, it does sound better than "Don't make America great again" or "Make America average again" Who determines, poor, average or great? Could American be spectacularly average?

We also have "A Future to Believe In" for Bernie Sanders. The future is the future, it will happen. Is he saying that everything he is telling us will happen, or is he saying the world will end if he is not elected? If one does not believe in the future, do they expect a short life? What would a future look like that we did not believe in?

Then we have Hillary Clinton's, "Hillary for America" and "Fighting for us" and "I'm With Her." At least with Hillary's one has a choice. Of course "Hillary for America" sounds good, but compared to what, – Hillary against America? And then we have "Fighting for us." I guess

that is better than saying "fighting against us." Politicians like to use the word "fighting" as if they are really doing physical battle. And Hillary's latest slogan is "I'm with her," which does sound nice. And it does sound better than I am not with her.

Our political election cycles are full of catchy slogans that often sound nice. But the meanings are not always clear, at least to me. Do we vote for people because of the slogan, or do we like the slogans because of which candidate the slogan is attached to? Maybe the meaning of the slogan is determined by who says it! If we like the candidate then we give weight and good meaning to their slogan. Conversely, if we don't like the candidate then maybe we don't like the slogan?

Some of slogans used in this election include; "Reigniting the Promise of America," "From Hope to Higher Ground," "Defeat the Washington Machine," "Unleash the American Dream," "Telling it like it is," "New Possibilities," "Real Leadership" and "A New American Century." I would think that many readers including myself, (there is an assumption that I do have readers) like many of these slogans. But we could also be saying, who are those slogans for? That is my part of my point; many of us have no idea who these slogans were for.

If the slogans are important, should we not remember them even if they are not attached to a name? Do you remember who said, "Let America Be America Again?" This slogan was from John Kerry's campaign in 2004, and to me, it sounded nice, until I tried to determine what it meant. When one says let America be American again, does that mean that for a period of time, we were not America? If so, who were we when we were not America?

One of my favorites was "A Stronger America," which was also a slogan of John Kerry's. It just sounds good and it sounds patriotic and it makes you feel proud. But when you think about it – what does stronger mean? Stronger than we are or used to be? How do you measure that? Maybe, it one of those things in life that we know, we understand and we feel, but we cannot put it into words? Maybe slogans that give us good feelings are what the politicians are trying to do. Another popular slogan was "A Safer World and a More Hopeful America," which was very catchy. Again, it sounds great, it sound very patriotic and it gives one a good feeling, but the meaning? How do we measure a safer world? And a more hopeful America, is- more hopeful than ... average? Maybe it means more

hopeful in the future, so we can believe in the future...yea, that's like a future you can believe in, well maybe... I'm not sure. It can be confusing for me, maybe if it just sounds good and sound patriotic, then it gives us a good feeling and we like it.

The word "change" is often used in slogans. "For People, for a Change," "It's Time to Change America," "Change We Can Believe In," "Change We Need," "It's Time for a Change," "Some People Talk Change, Others Cause It," "A Leader, For a Change," are all slogans from our life time, well - my life time. The word CHANGE can be powerful and have strong connotations and emotions. Of course words like new, better and stronger - also denote some kind of change.

While change sounds nice, it can also be a complex and difficult idea. It literally means that something different will occur, and while many people say they like that, when it involves them – they don't like it.

Someone once said that "I don't mind change, as long as it does not affect me."

Many people in our society say they don't like things – as they are – which means that they want change, some kind of change. So if you believe problems exists you understand that to correct a problem -something has to change. I belong to several curmudgeon type clubs; they are generally informal groups that are elderly that seem to know everything. An informal requirement to belong to a curmudgeon club is to have a penchant

for complaining. Almost to a person they don't like things as they are, and almost to a person they see no reason to change. My conclusion is that while many people say they want change, they are not talking about themselves; they are talking about how others should change. If the, I am alright, but you need to change syndrome.

Another view is that the country has changed and there are large segments of our society that don't agree with the changes, so again they want the changes reversed, which is a change. The congress has voted over 50 times to repeal the Affordable Health Care Act, which could also be called reverse change. Some people still want Social Security and Medicare repealed and you would think those are settled issues. Of course no matter which party occupies the white house, the other party wants a change, meaning they want to occupy the white house.

Maybe all of this is just part of American Exceptionalism. We all know that the knowledge we have – is correct, so anything does not fit with what we know - is probably wrong. We also know that our political party is better than the other party. And we know that if the other party is elected, our world will end. Of course if our world ends, that is not a future we can believe in. But if we defeat the other party, we could be more hopeful and maybe even stronger. Yea, ...that's it, well maybe - maybe we could just hope!

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents

Implication of Brexit

Ralph Murphy

The success of the United Kingdom's Brexit vote has been met with general euphoria by Britons at regaining financial as well as border and political control against foreign influences. There has also been a wave of apprehension as to the nation's near term course and related political and economic changes. Prime Minister David Cameron who was closely tied to the Remain campaign, said he will probably step down by October. Dates of formal disengagement from the European Union (EU) should be finalized by then, but financial markets are a current concern there and on the continent.

The real issue right now appears to be who controls Europe's financial markets and border security- defense interests. Defense is a conventional, chronic concern, but is secondary to what appears to have been a merger of private sector, corporate lenders with their respective central banks and "pooled" assets. Both are working capital and invested funds of private depositors. The firms can cover a "competence gap" with the Treasury money and it appears surreptitious. Poor investments seem routinely bailed out by their new access and it may have reached really problematic losses hidden by a Treasury

fund that is so large that a call up of outstanding cash at any point in time is almost impossible.

American investment banks since the 1999 repeal of the 1935 Glass-Steagal legislation separating deposit from stock investors have been active in those markets both at home and abroad. Since 2008 investment banks have had a link to the Treasury and while much attention is focused on the return of specific loans- legal access makes their actions in "retail, wholesale, investment banking, and wealth management" almost risk free. That wouldn't be much of a problem, but since 2009 the bankers and affiliates seem very active politically and are having an impact on regional politics. They appear to "float" the loss - making EU ventures such as loans to Greece, Ireland and others simply a collective loss and non-repayment.

While American laws are legally tempered compared to the European Union- European Union officials can develop losses abroad that often go unnoticed as the Treasury money is so vast. Since the 2009 Treaty of Lisbon- the European Commission or executive EU organ that can dictate any social policy they want. This includes rulings on finance issues among its 27 current members. There is a shared

currency to the euro introduced after 2002 for 19 of them, but the others were pegged to include the British pound which is taking a healthy correction to a slightly lower value which should boost exports if market signals warrant it.

American firms that seem to have been strongly influential in both the economic investments and associated politics include JP Morgan, Morgan Stanley, Bank of America, and Citigroup. They are closely linked to American politics and EU investments. They also may have strongly swayed Cameron's EU stance in that he did a complete turnaround on the issue since 2013 when he campaigned for Leave campaign support for a 2017 referendum. He strongly opposed the same measure this year without any change in his public position right up to the 23 June referendum. Again - he is to step down along with his advisors - while the Tories retain power. They were divided on the EU issue.

The British may take a snap poll but the Conservatives remain strong at Westminster and the main opposition Labour Party took a very similar Remain in the EU stand. Both are net losers on the issue. Change has to come from internal party policy directives and other EU nations are sure to also disengage as the EU's promise has never been fulfilled. Unemployment has spiked at over

20 percent in some member nations. Government debt is impossibly high, but is hard to trace because losses are disguised.

In America and England a distinction is made between "Universal banks" offerings of both equities and deposit services. On the continent it is more routine. Deposit and stock investment in Europe is almost routine, as they can and do legally own and operate even gambling facilities such as casinos with demand deposit funds and bailouts for losses from the Treasury access. Large banks are more likely to be universal, but medium or small banks also can legally afford these functions. Relatively large banks include France's BNP Paribas, Credit Agricole and Societe Generale, Germany's Deutsche Bank, UK's HSBC link, RBS, Barclays and Chartered. There are numerous others.

The production and trade of commodities and manufactured goods across national borders does not appear to be a problem. Nations can pick or exclude goods with respect to need and probable reciprocity. The real concern seems to be the financial link between money producers, investors and buyers who trust their central bank authorities who often play politics with it. For example, when Greece didn't gain from a bond issue- the initial tranches just disappeared. Only government securities or bond issues should be tied to a desired currency value.

The system has to recognize and respect agreed borders in military

security and financial matters. Central banks ideally would only have a money supply to support the private sector. Routine, federally approved programs obviously would need cash as well. They can't pool private sector assets as they become political funds to support various policies. The government cannot cover high risk or no-return investments because they often aren't vetted for or proficient at this. They must maintain a strong regulatory role relating to goods and services as well as credit-based bank risk aversion relating to investments.

Currencies should "float" to reflect varied economic actions in differing nations at a point in time. Each nation should have their own currency as well as central bank that is free from foreign policy presence. Also, it should avoid clear conflicts of interests- even real animosity- in cross cultural concerns of a religious or racial nature. England was the last major power to join the EU's predecessor - the EEC (European Economic Community), and found it wanting. It is also the first nation to legally exit the EU's restrictive debt structure. Regulated competition should prove the way forward. It may take effort, but the system would then reflect real human need. Opposing forces don't often share without a clear benefit. The UK recognized this fact and voted to leave. Others may follow shortly.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

The American Mind

No one single cause

William Hillman

We continue to mourn the victims in Orlando. What a horrible tragedy and my prayers go out to the families, friends, and community. No one should go through that.

Almost as quick as the horrors happened, my social media was filled with posts blaming the event on our gun laws (we either have too many guns or not enough guns, your choice). Also blamed were Muslims, immigration, the FBI, and the President. When tragedies like this happen, there is no simple singular narrative, like the media would like you to believe. There is no one single cause. It's a recipe that includes mental illness, violent tendencies, economic despair, a dash of outside radical influence, and access to the means to do it. Guns are the last ingredients, and if all the other elements have come together, the gun can be easily substituted with something else.

There was a ban on assault style weapons from 1994 to 2004. The rate of mass shootings started to spike in 1998, four years after the ban.

When someone wants to kill, they can always find a way, be it box-cutters, pressure cookers, or other IEDs. I'm reminded of an old Irishman I knew who once told me that in Northern Ireland, they did not have assault weapons, and guns were hard to get, so they didn't do a lot of shooting, they just blew up cars and buildings.

Banning guns will not solve premeditated terrorist attacks. September 11th, the Boston bombing, Timothy McVeigh, Paris, and almost all the large terrorist attacks did not happen with guns. Guns are just one of many weapons they have.

Our current defense against these terrorist attacks is to put up roadblocks where ever whenever we can. Metal detectors at all the sporting events, old ladies taking off their shoes at airports, babies being frisked for explosives. This gambit just serves to push the terrorists and mass murderers to other venues. The terrorists just keep prodding and poking until they find a weak point and then they exploit it.

The terrorist plots that have ever been foiled were foiled by intelligence. The only hope to stop a mass killing attack is to spoil it well before the attack happens. This is tough to do when citizens are protected by the fourth amendment. If we really want to put an end to these mass shootings and we are willing to give up rights, maybe we should look at changing the fourth amendment? If the FBI had suspicions about Omar Mateen, then why were they not listening to his phone conversations, reading his emails and placing listening devices in his house? Maybe we should make it easy for the government to listen to anyone's phone conversations. Facial recognition cameras on every corner, tracking chips on everyone, (just like they do to dogs).

We could almost eliminate all crime if you we know that every email we sent, web page we visited, phone call, and conversation was monitored by the State. We can turn our country into a safe, well-heeled dystopian society. I am sorry but if that is what you want, try North Korea on for size. Changing the defined rights that are the foundation to our society is not the answer and never will be. The sad, ugly truth is freedom and liberty come at a cost. All liberties have a dark side. Just remember the bright side is bigger than the dark.

Don't get me wrong, I am not a defender of guns. If all guns magically disappeared tomorrow, I would stand and applaud. But they won't. And I think there are much deeper causes to the violence than just guns. In these cases, guns are just an easy target for the chartering class and allow them to ignore and distract the public from the real problems.

Everyone is focused on assault weapons. Here are some numbers:

In 2014, according to the latest numbers from the FBI crime report, there were 11,961 murders: 8,124 by firearms, 248 by rifle (this would include assault rifles), 262 by shotgun, and 5,562 by hand gun.

If the chattering class in Washington wants to end gun violence, then why aren't they talking about handguns. They never talk about the death rate from handguns because these guns are used by people to kill each other as well as themselves. Death by handgun is a long,



slow burn of one victim at a time. It's boring, and has none of the excitement of a mass shooting. Plus, it plays into my theory that the ruling class could give a shit about the under classes.

I do have a solution for both the homegrown terrorists and the average street criminal. Let's get the economy back up and running. The areas with the highest gun crime and violence, in general, have highest unemployment and lowest average wages.

According to a Mother Jones analyst, between 1966 and 2006 there were only two years that had more than 60 people killed in mass shootings. Between 2007 and 2015 there were five years that saw more the 60 people killed in mass shootings. The Great Recession started in 2007.

Most of the recent terrorists are second-generation immigrants. With the notable exception of Asians, the opportunities for second-generation immigrants are miserable at best.

Give people jobs, hope, and the

chance of a bright future, and they are unlikely to be radicalized or willing to throw their lives away.

Mother Jones magazine published a chart showing mass shootings going back to 1960. What is interesting is the dramatic rise of these events starting in the late 1990s and continuing to escalate to today. They correlate to the stagnation of family income, the continuing decrease of labor participation, and the dramatic rise in disability. People like myself attribute this economic downturn to be late Clinton, Bush, and Obama economic policies, which placed the interests of Wall Street ahead of the interest of the American workers. All of these administrations have pursued foreign trade policies and record regulations that have continued to chew the middle class and has all but destroyed any hope for the poor.

To read past editions of *The American Mind*, visit the Authors section of Emmitsburg.net.

Down Under

Courage

Lindsay Coker
Melbourne, Australia

"Courage in not just one of the virtues but the form of every true virtue at the testing point."
—(C.S. Lewis, 1944)

I began this as the news of the death of Muhommed Ali was announced. Although he has never become the hero in Australia that he now is in your country, his name is still synonymous with overcoming, daring, butterflies and stings. The response from here to his death has been quite astonishing, nonetheless. We tend to immortalise folk heroes, but the fact that Ali's renown is based not just on his boxing, but was actually outshone by his ability to establish visible and positive reconciliation between faiths – Christian Muslim, Jew, Hindu – which in itself is an almost miraculous accomplishment that resonates with most Australians.

The greatest thing he did by far was to stand up to the government over the Vietnam War. That took something very rare – courage. Not the kind exhibited under fire or in

the heat of battle, but the kind that pits one person against the establishment. That today would be considered an act of terror or subversion, land you in the torture chambers of Guantanamo, and have you hounded at every turn.

Courage like his changes things, makes the prospect of such punishments worthwhile, and raises the awareness of the power of dissent. That, plus his ability to bring deserved respect and tolerance for minority groups has made him a new symbol of freedom and hope, and may well put reconciliation back in the centre of the agendas of both our countries. We both surely need someone that can even fractionally close the gap between haves and have nots, stir the uncaring and despondent into fresh protest and action, and help shame the elite into real contrition.

That he was of African extraction and converted to Islam would have been more than enough to exclude him from mainstream society had his prowess, personality and memorable language not been so potent. That it enabled him to become an icon of tolerance is also a sad indictment of intolerance and prejudice toward the rest of those excluded from being accepted.

Do they give posthumous Nobels? He surely deserves one. Will his heritage overcome the malaise gripping your nation at present? I doubt that very much, for the sickness of spirit is so visible from here, even if you cannot see it yourselves. I had intended writing about prosperity, as this is something you must surely miss. Remember it? Those golden days of fulfilment, financial stability, leadership and progress, when problems melted like lemon drops and bluebirds flew over the rainbow? The wicked witch had been vanquished with a pail of water, the munchkins were dancing in the street, while at the end there was a wonderful wizard who ran everything from his console.

Well, the yellow brick road is now overgrown, the tin man has rusted, the lion is in a psych unit, the straw man has been eaten by rats, and Dorothy is looking at the Mr. Trump and asking, "Are you the wizard?" Something has changed in this yellow brick world – even the tornados are fiercer – and the magic has evaporated. It's as though the nation has begun to decay a bit at a time, gangrene and leprosy removing flesh, Ebola wasting the body, while the whole continues to go about its business as if nothing is happening. And that is more than a metaphor, for looking at the news, the journals and periodicals one is left with a nauseous

taste in the mouth and an incredulous disbelief in the mind.

It's not as though some enormous act of god has happened, say Baja California breaking away, but merely news-worthy small affairs like polluted domestic water in Chicago, unsafe railways, bridges and tunnels, decayed roads, exhaustion of water supplies, all of which affect enormous numbers of people. I'm sure you can add your own shudders, but when the infrastructure of a nation is allowed to run down as yours has it can only be due to serious systematic failure. From this distance, and with ours for comparison, it is painfully obvious the reason: the implementation and maintenance of infrastructure is a central government responsibility. It cannot be left to the private sector because maximizing profit (remember profit?) comes ahead of providing reliable and continuing service. Maintenance and upkeep is pared to a minimum and then below even that. I know you are welded to private enterprise, but what we and most of Europe run – successfully for many decades and in some cases centuries – is infrastructure developed, erected and maintained by government. In many cases this also applies to the utilities, with the costs involved covered by state government revenue. Sure, it takes a bigger bureaucracy which can be less efficient,

but it also keeps the rich from getting richer at the expense of the consumer. This allows prices to be tailored to both demand and ability to pay, returns a profit directly to the government which allows for investment in needed services, and I know why you are turning away from this – it sounds like communism, with those horrid unions lining their pockets. But it isn't. It's sound, practical and demonstrated sense.

Unfettered capitalism has run you into the ground, and will never dig you out. Small government is a cry from the rich who know where the fat comes from – and want more. You do not trust your representatives or your legislature with good cause because it seems that too many have signed up to the Midas group, but if ever reform was needed it is now. It will not come from Mr. Trump, and Hillary does not float like a butterfly of sting like a bee.

Muhommed Ali has gone. There will not be another. Erect an enormous statue of him and put it in the entrance to parliament. It won't be enough, but maybe it will help, such was the power he commanded. His kind of courage must continue.

To read past editions of *Down Under*, visit the Authors section of Emmitsburg.net.

THE (retired) ECOLOGIST

Evolution... in Emmitsburg?

Bill Meredith

"When faced with several possible explanations of an event, select the one that requires the fewest unprovable assumptions."

—William of Ockham, 1287-1347

"Evolution is how Life commutes its own death sentence."

—Anonymous

It was about this time, four or five years ago, that three black squirrels appeared at our bird feeder. They acted like teenagers, so I assumed that they were born that spring and had recently left the nest and gone out into the world to seek their fortunes, as Grandma taught me animals do. I knew that they were not new mutants; the gene for blackness is recessive, and is known to be scattered among squirrel populations. If two gray individuals who each have one black gene happen to mate, there is one chance in four that they will have a black pup. Consequently, black squirrels show up here and there, now and then, like Harvey, the poo-

ka who appeared to Elwood P. Dowd in the form of a 6-foot tall rabbit. But so far, no one has found that black squirrels have any evolutionary advantage in nature; they continue to occur, but do not become abundant. So I accepted the new squirrels and they became part of the family. A few of them are still around.

One morning last week I noticed that a new generation of squirrels had been produced in the Great Forest behind our house, and they had discovered the feeder. At first glance they all looked like normal young gray squirrels, cavorting around as all teenagers do, seeing how fast they could go, how far they could jump, and who dared to go out farthest on the thinnest branches. However, when one of them stopped to look for sunflower seeds on the ground, I noticed that its tail was different; instead of being uniformly colored, it had light and dark rings. My imagination being what it is, the first thought that came to mind was that the squirrel's mother might have been frightened by a raccoon. I enjoyed thinking about that for a few minutes; my grandmother actually believed

such things happened, and it had all sorts of possibilities as a topic for story-telling. However, rationality soon returned, and I was forced to fall back on the logic of Ockham's Razor: "when faced with several possible explanations, try the simplest one first." If the ringed tail was caused by a mutation, that raises three possibilities. First, this squirrel may be eaten by a predator before it ever reproduces; then the gene would be gone forever. Second, the squirrel may live long enough to reproduce, but remain rare, like the black ones. Third, maybe having a ringed tail will be an advantage, and in a few hundred years all squirrels will have ringed tails. Evolution would have happened, right here in Emmitsburg!

When I entered the first grade in 1939, the word "evolution" was not used in any of my textbooks. Grades 1 – 6 were all in the same room, and Science was not taught until the third grade; so instead of reading the adventures of Dick and Jane in my own class, I listened to the science lessons of the older kids. I was fascinated to hear that fossils existed. I had a pony, and one of the lessons said that ponies and horses had a fossil ancestor called Eohippus, which lived millions of years ago. Eohippus was "the size of a small dog," and there were other fossils that followed it; but care was taken in the textbook to avoid the term, "evolution." As I proceeded through the first eight grades, phrases like "ancestor of" or "descended from" occasionally slipped past the textbook editors, but evolution was never specifically mentioned. My High School biology textbook had a chapter on evolution, and I read it and found it interesting; but the course was taught by the football coach, a nice man who never quite got to that chapter. So the seed was planted. And finally, in college I had an excellent biology professor who taught about evolution in the introductory course and made it the basis for other courses such as anatomy and genetics; and in graduate school I found it was the basis for understanding ecology.

Looking at the young squirrels cavorting around, it was hard to see



POGO IN 1943 AND TODAY

how a tail with light and dark rings might be an evolutionary advantage... but maybe that was just because I don't think like a squirrel. If you'd ask my wife, she would say I do; but that raises the question of whether squirrels think at all. Much of their behavior is the result of instinct. They don't have to learn to bury acorns in the fall; they just do it, as a result of neural connections in their brains. Those neural connections have been inherited from generations of ancestors whose survival depended on burying acorns (that's a sneaky way of saying they evolved). It is logical to think squirrels survive better as a result of burying acorns, but it's hard to imagine how having a ringed tail would have anything to do with it.

By that time I was getting a bit frustrated, so I resorted to Wozniak's Theorem: when all else fails, check the Internet. As usual, it told me a lot more than I really wanted to know. I found animals with ringed tails are wide-spread around the world; in addition to raccoons, there are Civet cats and Coati-mundis in the western U. S., lemurs in Madagascar, Mongooses in India, Genets and Ring-tailed Possums in South America, Ring-tailed Cats in Africa... everything from marsupials to primates. But there was no explanation of how ringed tails might be an advantage, and there was no mention of ring-tailed squirrels. I was getting desperate.

As a last resort, I went out to the garden and started pulling weeds. There was no shortage of them,

and I always find that pulling them out of the ground has a wonderfully cleansing effect on my mind. And it worked again. After an hour or so I had sweated all of the irrelevant and impure thoughts out of my brain, and the answer appeared before me in little balloons above my head, just as they do to Charley Brown or his dog, Snoopy. And it was so simple!

Maybe the young ring-tailed squirrel is the result of a new mutation that has never happened before in the history of the world. Male squirrels are known to attract females by waving their tails back and forth, and maybe all of the local females will find the ringed tail irresistible. Maybe this male will attract more wives than any other male in the area, and he will produce more offspring than anyone else in the entire squirrel kingdom! And maybe the mutant gene that caused the rings will be dominant, and before long all of the squirrels in Emmitsburg will have ringed tails! Emmitsburg will be famous. Maybe scholars and experts will come from all over the world to study the new species; maybe they will name it *Sciurus meredithi*. Maybe tourists will come, and motels and restaurants will have to be built and the whole local economy will boom. And it all started in my yard!

Or, maybe not.

To read past editions of The Retired Ecologist, visit the Authors section of Emmitsburg.net.

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IN THE COUNTRY

Emerald Ash Borer

Tim Iverson
Naturalist

The Emerald Ash Borer, or EAB, is a little green beetle about the size of a penny. While diminutive in denomination their impact is anything but. This lean green eating machine is working its way across the eastern half of the United States in a marathon buffet fashion. Worse yet, this gluttonous spree is going unchecked because it's a non-native invasive species without any natural predators in North America. This epidemic is placed on par with the Chestnut Blight of the early 20th century, which virtually eradicated the American Chestnut within its native range. We've already lost more than 50 million Ash trees in the 10 years since the EAB's arrival, and it threatens the remaining 8.7 billion remaining Ash trees.

In the summer of 2002 the Emerald Ash Borer made its first appearance in North America in Michigan and Ontario, Canada. Originally hailing from Asia the EAB was likely transported accidentally in wooden packing material aboard cargo freighters. It didn't take long for the EAB to latch onto the land of the free. Over the past 14 years the beetle has spread voraciously across much of the eastern United States, and now has active infestations in 27 states (including Maryland) and two Canadian provinces.

Adult Emerald Ash Borers lay eggs in the outer layers of bark. The larvae chew their way through the phloem and cambium. These are the layers of a tree responsible for transferring nutrients and water throughout the tree. The larva will feed on these layers for several months and generally overwinter here. The following spring the larva will pupate and emerge as adults in May or June. The adults make a direct line to the canopy of the tree and begin consuming the leaves. Small trees can die from this type of infestation within a season or two, while it generally takes larger ash trees 3 to 4 years of sustained infestation before death occurs.

In most places Ash trees comprise between 10 - 20% of urban forests. A 20% loss would cause a rise in the urban heat island, decreasing air quality, and depreciate the general appearance of an area. Invasive plants would likely be the first in the ecosystem to fill these vacant spaces. Commercially, Ash is commonly used for baseball bats, guitar bodies, furniture, and flooring. Ash is one of the most commercially viable trees in North America. The environmental and economic losses would be significant.

In Asia, the Emerald Ash Borer is little more than a nuisance pest. Natural resistance from native Ash trees and predators, like parasitic wasps, keep the population under

control so that the EAB doesn't do catastrophic damage. North America lacks these natural checks and balances so the devastation from the Emerald Ash Borer has been significant here. The US Department of Agriculture has identified four separate parasitic wasp species that have been approved for release in the United States. Biological control agents, or using natural predators, has been successful in controlling other invasive species. Large scale releases of one species of parasitic wasp have been occurring regularly in Michigan since 2009. This species is reported to be achieve a 90% parasitism rate within its natural range. Hopefully similar success rates will occur in North America.

Maryland hasn't been exempt from the verdant villain, and the town of Thurmont recently became an unwilling host too. Early this past spring Maryland Department of Natural Resources (MD DNR) identified several trees within Thurmont Community Park that were displaying symptoms of an infestation. Upon further review all 276 Ash trees within the park showed some level of infestation and damage from the EAB. While treatment plans do exist they are very costly and often are not entirely effective - only prolonging the life of the tree before an inevitable demise from infestation. MD DNR officials are working closely with city officials and crews to assess trees for removal and replacement. By priori-

tizing the severity of infestation officials can focus on staggering the removal process. Jim Humerick, Chief Administrative Officer for Thurmont, said, "We are closely monitoring the existing trees and will not remove them until absolutely necessary. This will provide us with a window over several years to transition gradually rather than losing all the trees at one time."

Chemical treatment is usually only effective as a preventative measure, but once a tree has been infested it will generally only prolong the life of the tree for a short time. DNR currently has a 50/50 funding match for chemical treatments available to municipalities, governments, and conservation lands. Newly planted Ash trees or currently unafflicted trees can be treated to repel any future attacks by the EAB. In an attempt to prevent or slow the advance and spread of the EAB there is both a Federal and a State quarantine and ban on transporting firewood across state and county lines.

It remains to be seen how this will all unfold. Are we doing enough or will the Ash go the way of the American Chestnut? Can we even prevent the ultimate demise at all? Researchers seem to think so, but it all comes down to prevention and timely response to infestation at this point. Average citizens can do their part by buying locally sourced firewood to prevent further spread and transmission



Trails of the Emerald Ash Borer (bottom photo) on infested trees, recently cut down in Thurmont's community park.

of the pest, but the rest is up to chemical treatments, predators, and effective policy.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.

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REAL SCIENCE

Jim Moxley Memorial Rocket Club

Michael Rosenthal

I didn't decide to become a scientist until I studied chemistry during my senior year of high school. Though I had done well in all my previous science courses, I hadn't become captured by the magic until Mr. Gillespie made chemistry come alive to me. This story underlies the fact that interest in science often springs from a scientific experience, and I believe that such an interest can be developed through the proper mentorship quite early in a student's life. We have seen previously in this column the wonderful scientific accomplishments attained by young women and men through our coverage of the Mother Seton School Science Fair. Here is another inspiring example.

The Deputy Jim Moxley Memorial Rocket Club, honoring the late Frederick County Deputy, was formed to give children in the Emmitsburg area an opportunity to build a model rocket with materials supplied by the Emmitsburg Deputies. Children attending design and build a model rocket which will be launched upon completion. This event is scheduled to take place on June 26 between 2 and 5 pm at the Emmitsburg Memorial Park Pavilion, and it is under the direction of Deputy Ben Whitehouse, Emmitsburg Resident Deputy, of

the Frederick County Sheriff's Office.

Rockets, as well as jet engines, work much like a balloon filled with air. If you fill a balloon with air and hold the air inside, the inside air pressure will be higher than the surrounding atmospheric pressure. If you release the neck of the balloon, the internal force is now unbalanced, and a net thrusting force is exerted. The balloon will fly forward under the influence of the thrust, and the air coming out of the back of the balloon is equal and opposite to the thrust forward. I suspect most of us have seen this happen when we first played with balloons as children.

To build a rocket, one uses a propellant rather than just air under pressure. The propellant consists of a fuel, an organic material capable of oxidation and a material, the oxidizer, that ignites the fuel and furthers the rocketing process. Imagine the system with a space rocket, such as the one that carried astronauts to the Moon. The propellant usually weighs at least 20 times as much as the payload itself. Being an astronaut requires faith in the engineering aspect.

The laws of nature, always consistent, guarantee the chemical process. This discussion clearly points out the difference between scientists and engineers. Generally, scientists study how things



The Rocket Club allows local youth to meet and work with resident Sheriff deputies, like Travis Rohrer, in a quality environment.

work, utilizing laws of nature. Engineers apply the principles to a working system. I chose to be a scientist rather than an engineer. Such an activity as The Rocket Club helps a young prospective science student choose which direction to take.

The Jim Moxley Memorial Rocket Club is designed for children from 8 to 12 years of age; parents are encouraged to attend and assist their children with the project, but their attendance is not mandatory. The project is being supervised by DFC Ben Whitehouse, Emmitsburg Resident Deputy, to whom I offer my appreciation for his willingness to support such a valuable initiative.

In our previous discussion of fracking, we spent some time talking about methane, and I described it as a "very dangerous chemical." Troublesome as it may be, methane is not properly classified as "very dangerous," though as we discuss here, it is not a good friend of the environment. Methane is not very toxic. Rather than poison you, it can displace oxygen from the lungs, and thus can be classified as an asphyxiant; it is therefore more a danger to miners than to day-to-day surface dwellers. Methane is, however, extremely flammable and can be explosive at high concentrations. Surface workers have little to fear, but coal miners in poorly ventilated mines have more to worry about. Once released into the atmosphere, methane gas quickly disperses; the worry is meth-

ane build-up in closed areas such as the mines. Methane is a carbon compound, CH₄, and its oxidation results in carbon dioxide and water (can you write the balanced equation?).

Here, however, is a case where methane is anything but our friend. A huge methane leak occurred in Southern California at the Aliso Canyon natural gas storage facility. It has been described by scientists as "the largest methane leak in U.S. history." The facility leaked 97,100 metric tons of methane into the atmosphere! The leak began in October 2015 due to poor maintenance of an aging infrastructure of The Southern California Gas Co. Some people in the area did get sick from toxic and smelly contaminants in the methane, such as mercaptans, sulfur-containing chemicals, and some 11,000 people in the vicinity fled to motels and other housing.

The leak appears to have been contained, and as of February 2016, it was reported that people were returning to their homes. A major concern in this case was the greenhouse gas effect and its climate change impact. The conversion of methane to carbon dioxide over a period of time adds to the global warming concerns. In a May 2016 article, I read that the Environmental Protection Agency (EPA) issued its first-ever regulations to reduce methane emission in the oil and natural gas sector, addressing new, modified, and reconstructed drilling and

production facilities, putting on hold new regulations for existing facilities while study continues. The new rules will impact emissions of a variety of volatile organic compounds, and it will also impact fracking operations. The plan is to capture the methane, rather than release it to the atmosphere. More frequent inspections for leaks will be mandated. Scientists and environmental groups are happy over this; the American Petroleum Institute is not happy.

Finally, here's a story called to my attention by our son, Nick, a college professor of Native American history in Los Angeles, California. Nick and his family recently moved into a new house with solar panels. Being southern California, the panels generate far more electricity than his family needs. The LA Department of Water and Power (remember the film Chinatown?) charges them an \$11 monthly fee to use their own power, putting the excess energy into an energy bank, available to the customer if needed at no charge, but taking formal ownership to disperse to others without paying customers for it, citing financial pressures of their own. Nick expresses concern that this policy will discourage people who are thinking of switching to solar power.

Finally, here is an update on the Flint, Michigan water crisis. Flint switched its water source and began adding chemicals to remove lead, but there is still the threat of lead contamination, it is reported. The fact that many residents have greatly reduced their use of tap water is hindering recovery because it is necessary for water to continuously move through the pipes to remedy the existing situation. Since the Flint crisis was first reported, many other communities have been identified as having lead contamination in their tap water supplies.

To read past articles by Michael Rosenthal visit, the Authors section of Emmitsburg.net.

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Quality Tire Service – none better

Jack Deatherage

“Hey! I told you not to come in here when I have customers.”

I stand slack-jawed in my leather dye stained clothes and roll my eyes. “Yessa Mista Mort. I’s sorry Mista Mort.” I wink at the customer. “Mista Mort lets me sleep in a cardboard box out back.”

“And you get back in your box right now and stop bothering my customers.”

“Yessum boss.” I stumble along between the head high stacks of tires marking the way back to the factory half of the building that houses Quality Tire Service at 17650 Creamery Road in Emmitsburg. (Odd. I’ve worked in that building since 1973 and never knew it had a street number.)

When Bob Mort, owner of Quality Tire Service, is too busy to use me as the butt of his jokes I happily turn the tables on him. Leaning my elbows on a stack of tires and staring wide-eyed as he slings a tire and rim onto one of the tire changer things and sets about separating rubber from metal, I smile.

“Ya know, DW thinks I’m scared of work. You’re one of the hardest working men I know. I could lay down right next to that machine and take a nap. Wouldn’t scare me at all.”

Bob shakes his head. “Why are you over here again?”

“Cause DW said I was in the way. She said I should go bother Bobby.”

“Well you’ve bothered me. Why don’t you go home and take a nap or something?”

“Yessum boss.”

Bob is one of those guys who impress me no end. He’s 70 years old this month, though I’d have guessed he’s in his early 50s if I didn’t know any better. He’s been slinging tires about for 51 years! Like many local men his age, he went from high school right into one of the local shoe factories where it took him all of two weeks to realize there was no way he’d last 40 years at such a mind numbingly repetitive job. He got a job retreading tires in a shop near the tail end of De Paul Street, but also managed to serve a stint in the military before coming back to the tire business

and eventually (with two partners) buying Quality Tire Service from Bob Priest. (The business had moved onto East Main Street by then.)

Driven by the desire to be his own boss, he eventually bought out his partners in 1980, in spite of people warning him he wouldn’t survive a year on his own. In 1992/93 Bob bought the old creamery/factory building on Creamery Road from DW’s da and moved the tire shop into the front half of the building while our factory squeezed into the back half of it. (Which gave me the opportunity to pester Bob when I’ve no work, or I need to hide from my bosses.)

Like many stand-alone small town businesses, Quality Tire Service survives on generational customers and struggles to bring in new ones. Bob says “I’ve had people walk in and tell me their great grandfathers recommended me. I can’t tell you how good that makes me feel that I’ve served a family for that many generations.”

I’ve little doubt about his customers’ loyalty. I’ve been in his shop often enough to watch him deal with local people. When I mention an old area family Bob immediately knows the clan back several generations. On the occasions I get to talk to customers (out of Bob’s hearing) I’m more often than not told by business owners who travel ‘down the road’ to their customers, or work locally “I won’t take my vehicles to anyone else.” “Bob’s a great guy. Works almost as hard as we do.” A dozen or so older farmers have said, grinning ear to ear.

When I first met Mista Mort I’d walked into the shop on Main Street with a wheel off my first motorcycle. Bob changed the tire for me and I became a loyal customer on the spot. While Bob no longer deals with motorcycle tires, or farm tractor tires, he still handles everything in between. I’ve seen the Emmitsburg ambulances up on jacks, humongous RV’s taking up most of the parking lot, zero turn mowers, wheelbarrows, school buses, bobcats, horse trailers, semis, skid loaders, backhoes and even those big barn fans with little wheels all getting patched or new rubber put on. (Bob also sells a line of batteries and acces-



Whether you are looking for a battery for your wife’s car or tires for a lawnmower, you can never go wrong at Quality Tire.

sories for whatever one might need to power up: motorcycles, boats, big rigs hauling tens of tons down the byways, and of course cars and trucks.)

I don’t necessarily go over to the tire shop just to pester working people. Nope. I like to hang around and hear about the soybean crop or how the hay season is going. What so and so paid for a new head for some farm tractor (\$120,000 seems the base price). Where the best sweet corn is currently being sold. Who’s seen the biggest deer, and where, as the hunting season approaches. Who got skunked or took a boat load of fish on the most recent boating adventure on Lake Erie. (DW’s da used to go along with Bob and several other local fishermen on such trips.) Where the best elk hunting might be ‘out west’ and what the going rate for a week long hunt will cost. And of course I get to hear who’s making it and losing it during the various ups and downs of our economy.

While many local people (myself included) tend to generally ‘buy out of town’ it has begun to worry me as I think of Bob retiring and the shop being sold off to some outsider with no historical connection to Emmitsburg, or worse, the shop closing all together. Will I become one of those locals driving over the mountain to Walmart, or heading north to Hanover, or south to Frederick where I’ll end up sitting

in some sterile waiting area flipping through old magazines I’ve no interest in? (Not likely as I do like at least one of the locally owned automotive shops still in town.) With no one in sight to take over Quality Tire Service (Bob says none of his clan young enough to take over wants to work that hard, or get that dirty) I grow depressed at the thought of yet another iconic business vanishing from this burg. (We long ago

lost the movie theater, the snack bar and bowling alley.) Where else can I go for tires and see a standing bear mount, and get to hear the tale of it’s taking?

Which reminds me, Quality Tire Service is open 8am-5pm during the week and 8am-noon on Saturdays. Bob can be reached by calling 301-447-2909 to get price quotes and set up an appointment. Don’t forget to ask about the bear!



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PETS

Second chance funds

Providing needed medical care to homeless animals

Jennifer Vanderau,
Cumberland Valley Animal Shelter

We've been collecting money for our Second Chance Fund since I've been at the Cumberland Valley Animal Shelter – almost 15 years (can you believe it?). It's a special fund set aside for animals who come into the shelter in need of medical attention or surgery that's outside of the norm.

We dip into the fund on a relatively regular basis and we're so glad we have it when we need it.

Our recent fundraiser is May helped build that fund and have raised almost \$4,000 to be added to it.

Being an open admissions animal shelter, we see four-legged souls come into us in bad shape. Almost two years ago, a lab mix puppy was left in the outside run overnight with no information. When we discovered him the next morning, we knew something was wrong with his leg.

Turned out the elbow was broken and he was unable to use it. We debated with the vets – amputation or surgery. Thanks to the Second Chance Fund, we opted for the surgery and he is now a healthy, energetic boy who loves his forever home and his mom and dad.

Just a few months ago, a cat came into the shelter with broken paw. Due to the extent of the injury, his left leg had to be removed. It certainly doesn't stop him, though, from being a sweet, quiet boy who loves to just hang out with people.

Lucky spent his time recovering in a foster home and he is now looking for his forever home. Once people see that gorgeous face and the fact that his injury doesn't stop him, we know someone will fall hard.

Thanks to the Second Chance Fund, Lucky got the surgery he needed.

Then there's poor little Andy. He's a 7-year-old Shih Tzu who came into us in such bad shape you almost couldn't tell he was even a dog. Hair matted all over the place

– you couldn't see his eyes because of it. And he was dangerously thin. We were worried he wouldn't last the night.

We named him Raggedy Andy and that was being kind. He looked far worse than that.

Once we got him shaved up, we realized because of the mess of hair over his eyes, one of them was infected to the point where the vet said it couldn't be saved. He had it removed thanks to the Second Chance Fund.

Now he's an opinionated little stinker who barks to go outside, barks to be picked up, barks for his food, and sometimes I think he barks just for the sake of barking. We think he might be a little hard of hearing, but that doesn't stop him from trotting around in the yard or making his voice heard.

He went to PetSmart this weekend for their National Adoption Weekend and everyone just loved him. He likes to be held on his back like a baby and trust me, our volunteers didn't have to have their arms twisted to do that.

Andy's up for adoption and while he may not be the most attractive Shih Tzu out there, he has a lot of heart and a whole lot of spunk and resilience and we're hoping someone will see all that and want to take a chance on him.

Years ago, we had a pup come in with a fracture in his left hip that was darn near a compound fracture, but the bone wasn't actually out of the skin. The x-rays would make you wince, trust me. The bone was snapped in half and was misaligned.

I still get shivers when I remember it.

We named him Cicero and he went into foster care and thanks to the Second Chance Fund, we were able to get him the surgery he needed. He's since been adopted into a wonderful family who shares photos with the foster mama all the time.

Then there was Eve. In February 2013, an emaciated pitbull was dropped off at one of the local vets.

She was so thin and cold, her temperature wouldn't register on the scale – it was too low. To see photos of the early days is stomach turning. The pup was literally bones covered in skin.

The story, thanks to Facebook, had people from all over the country – and the world – asking about Eve's condition and we would update them weekly.

Through efforts of a foster parent and the vet, we got Eve turned around and she has since been adopted into a wonderful family, where she will never want for love or food again.

The Second Chance Fund saved Eve.

At CVAS we are definitely about second chances – sometimes third and fourth ones, too. Having money in our Second Chance Fund for animals who come to us in need of serious medicine or surgery is such a blessing.

We want to save as many four-legged souls who come through our doors as we can and the Second Chance Fund really helps us do that.

If you would like to donate, please log onto cvas-pets.org or call the shelter at (717) 263-5791 and help us make sure there will be money in the Second Chance Fund for the next sweet baby who needs it.

One of our foster parents said it best. The pup he rescued got "a second chance because of the Second Chance."

Help us give more second chances today.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.



Dingo is a 5-year-old orange-and-white boy who came into the shelter in a trap, but what a sweetheart he is! We don't have any information on his background, but because of his long hair, he'll need pretty consistent brushing to keep the mats at bay. This gorgeous guy needs a forever home.



Mannie is a 4-year-old boxer who came into the shelter as a stray. She seems to have had some training and knows some commands. She will jump up when she gets excited and she just loves to play. Because we have no prior history on this sweet girl, we're looking for a home with children older than 8. Do you have the right place for Mannie?

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown

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The Catio

Lydia Olsen
MSM Class of 2016

Dear Diary,
Most days around here are the same. I spend the early mornings curled up in the human's bed. This is where the best blankets in the house are. Unlike the younger cats, I have earned my place on this throne. When I start to feel hungry, it is my duty to let the humans know. This tends to be at the first sunlight. I wake them as best I can. Sometimes they try to ignore me. Rarely do I have to resort to using my nails, but I'm not saying it hasn't happened before. Together we jump out of bed. I insist on drinking from the sink as the humans try to brush their teeth. Everyone knows that there is no joy in drinking water from a bowl.

When the others gather, the humans pour us our food and we gobble it down. Sharing my meals with all of my "sibling" cats is not my favorite thing in the world. I can remember a time when I had the whole kibble-dish to myself. But, I have learned to make it work. Since I am considered to be on my eighth life and most of the others haven't reached their third, I usually am able to claim as much as my stomach desires. The rest of the day I spend lounging around. I relax on the couch. I lay in the rays of sun as they shine through the window. I break up the others when their playing interrupts my naps. The routine has become pretty much the same every day. And though it is a good life, it does tend to get boring from time to time. I do my best to find things to entertain myself. Sometimes the humans will leave some form of plastic out, and I will bite it for hours until they make me stop. Other times they will leave their

shoelaces untied and I will imagine them swinging back and forth as I pat at them. But in my heart I feel this desire for more...I know that there is something missing...

Dear Diary,
One of the humans has been making a lot of noise outside for the past couple of days. It is rather intrusive to my napping schedule. Today I crawled up into the windowsill to see what he was working on but was unable to get a good view. Instead I watched the birds fly from tree to tree. I wished I could be as free as they seem with the ability to roam from place to place whenever I felt the need. I have explored every inch of the human's home over the years. I have determined that there is simply nothing else left for me to discover. The realization of this harms my curiosity. I am afraid that I may lose my curiosity all together...

Dear Diary,
The human has moved into the house and continues to make a lot of noise. He sits on the floor with a bunch of tools and persistently works. I have watched the other cats approach him and check out the scene only to run away with fear at the screams that come from the tools the human holds. There has been gossip going around as to what this means. Though we all have not come to a decision, it is possible that the humans are building a time machine.

Dear Diary,
I was rudely awoken during my afternoon nap. I was right in the middle of dreaming about catching a fish when the human plucked me up from the comforter. He carried me in his arms. I was too

sleepy to quite understand what was happening. However, with every step the human took I became more awake. I have lived many years and knew that being carried by a determined human usually meant one thing...white coats and needles. I began to wiggle in the human's arms fearing that I would be plopped into a cat carrier any minute and then placed into the car, off to some unknown fate. Then something strange happened...the human knelt down towards the ground near a tiny door. I had never seen this door but realized that it must have been what the human had been working on all this time. The human held me tightly and tried to push me out through the door. Under the belief that this door led to a time machine, I resisted as best as I could but the human continued to hold onto me. Before I knew it, my eyes were hit with light and my feet touched an undistinguishable surface. I knew that I must have ended another world entirely and decided to stop resisting. Then the strangest realization swept over me and I stood there stunned. I realized that I had not been tossed into some time machine but rather into the outside world! I looked around me and heard the un-muffled songs of the birds flying around the sky. I saw the trees that casted shade around me and I even saw my "siblings." I approached them cautiously. They, too, were busy exploring. I realized that this new room had walls made of wire that went around the perimeter to keep us enclosed and beams of wood for us to climb on. There were high surfaces and low surfaces. I spent at least an hour chewing grass. The other cats laughed at me but I had never tasted anything like it before...

Dear Diary,
It is safe to say that I have become a master of the outside realm. I no longer fear the damp dirt coating the pads of my feet and toes. I climb effortlessly from beam to beam and threaten to pounce on any birds that come too close. The other day we were all outside and it started to rain! We all scrambled to get back inside through the tiny door. Even



Cat enclosures are a great way to let indoor cats safely experience the thrill of being outdoor wild cats!

the ordinary things become an adventure. Having a "catio" is such a luxury and something that I didn't even know I could dream about!

Dear Diary,
I know that it has been a while since I have made an entry last, but I have been so busy! The room outside is always full of surprises. The other day we found a small black snake had wondered into our enclosure! All of us surrounded it and watched it with confusion, then we decided to leave it be. We have captured many bugs and have eaten them like treats. The humans arranged small ham-

mocks at various heights within the enclosure, which we swing and nap in on a regular basis. Being outside is beautiful. Everything is new and exciting each and every day. Through the tiny door I can enter the outside or the inside world. We are free to go as we please. During the day I spend nearly all my time outside and in the evenings I crawl back inside and up to the humans' bedroom to claim my place on their bed. I cannot wait to live out my nine lives with this mix of adventure and relaxation.

To read past articles by Lydia, visit the Authors section of Emmitsburg.net.

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THE MASTER GARDENER

Sages and daisies, who knew?

Denise Dornbush & Mary Ann Ryan
Adams County Master Gardeners

It's hard to say when my love affair with Sage began. It could have been when I smelled the crushed leaf of a Pineapple Sage. It could have been when I read the old Chinese proverb "How can a man grow old who has Sage in his garden?" Or maybe it was when I saw the hummingbirds flock to my Sage plants.

Sage is a well-known herb. It adorns the pages of cooking magazines, in bottles of vinegar or gracing the turkey platter. What does all this talk about Sage have to do with Salvias? The truth is that all Sages are Salvias. Salvia is the Latin name, or genus, given to all these plants. Over the years the term Sage has been associated with cooking or medicinal use and the term Salvia has been given to the ornamental members of the genus. So when you hear someone talking about their Salvia officinalis Tricolor, don't be afraid; they are talking about Tricolor Garden Sage.

The genus Salvia offers one of the largest and most versatile groups of perennials. The Roman scientist Pliny the Elder was

the first to use the Latin name Salvia, meaning to heal or save. The common name Sage started in England and referred to Salvia officinalis, a plant used long ago as a household remedy.

Salvias are adaptable to almost any garden condition. Rabbits and deer don't bother with them and neither do most insects. They are a major source of nectar for hummingbirds and butterflies and goldfinches love the nutritious seeds.

There are 900 recognized species of perennial, biennial and annual sages. All sages have similar flowers in any color you like from white to black and every color in between. What is not to love about these wonderful plants?

Some of my favorites include:

- Hot Lips, a variety released in 2002. It has bicolor flowers of white with red lips. This attractive plant requires full sun and can reach 30 inches tall.
- Salvia coccinea "Cherry Blossom" is a new addition to my garden this year. I started these, quite easily, from seed. The flowers are a very pretty light pink, and the catalog promises that they will flower for a long period.



Salvia is a large family of plants that is very important to the xeriscape landscape.

- Salvia nemorosa "Sensation Rose" makes a compact clump of quilted green leaves with branching flower spikes of bright pink. The flowers appear in spring.
- Peruvian Andean Silver Salvia is a tender perennial. This is a beautiful plant with purple-black flowers and lime green calyces (the little cups that hold the flowers.)

The leaves are silvery and the stems are cloaked in woolly, white hairs. This plant grows to about 18 inches tall.

- Black and Blue Salvia or Blue anise sage is a tall plant that will reach 2 to 3 feet in height. The bi-colored blooms appear in both the spring and the fall. The calyx is unusual in that it's black instead of the usual green

and the deep blue blooms are a favorite of hummingbirds.

Another plant I started from seed this year is Salvia argentea "Artemis." In the first year this plant makes small rosettes of soft grey woolly foliage. This plant just begs to be touched. Next year the plant will have tall silver spikes with pinkish-white flowers. What an added bonus! I'm happy with it now; it doesn't need to do anything else next year.

The list of wonderful sages to grow in the garden continues with:

- Salvia lyrata "Purple Knock-out" (Lyre-leaf sage) is grown mainly for its leaves. Burgundy leaves turn deep purple in the summer. Spikes of pale lilac flowers appear in spring and summer. This plant self-sows.
- Russian Sage is graceful and airy, growing 3 to 5 feet tall, topped with lavender flowers. These are very easy to grow. They tolerate poor soil and drought.
- Tricolor Sage has green leaves with white margins with pink or purple. This woody stemmed plant can be trimmed back in the spring. In early summer it sends up lavender-purple spikes. These last a long time in cut arrangements.
- Pineapple Sage is a fun plant to have in the garden. Not only do the leaves smell like fresh pineapple, the plant provides color in the late summer and fall garden. Pineapple sage will wilt and lose leaves during droughts. It is grown as an annual in this area and overwinters well indoors.

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THE MASTER GARDENER

Small Town Gardener

The natives are getting restless...

MB Willburn

It is always challenging at this time of year to act as head cheerleader for the garden. I am not immune to triple-digit heat indexes any more than the next guy, so how do I have the effrontery to wave my pom-poms and say “get out there”?

Well, first of all, I’m not waving anything right now except my hand in front of my face to ward off gnats. Secondly, my battle-cry has caveats: don’t get out there in the middle of the day; don’t forget to bring a large bottle of water with you; and don’t even think about working with someone else. If togetherness cannot be avoided, it would be wise to avoid all conversation (religious, political, horticultural or otherwise) until you have divested yourself of all sharp gardening tools and are sitting in front of an A/C unit with a glass of lemonade in your hand.

Heat makes us cranky. It is no coincidence that the Declaration of Independence was signed at the beginning of July in a sweltering Philadelphia. It’s one thing to suffer the yoke of oppression when you’ve got a warming October stew in your belly, but quite another to grin and bear it when there is no such thing as Frigidaire and the ice man will not cometh for another two weeks. If the Founders had added “It’s July.” to their list of injuries and usurpations, it wouldn’t have seemed amiss in the slightest.

Sweaty, starving peasants launched the French Revolution in July. Franco toppled the Spanish Republic in July. Just three years ago, the late Mohamed Morsi sweltered in an undisclosed location and wondered what had happened to his beloved Arab Spring. Well, in short, an Arab summer. Do you know how hot Cairo gets in July?

All this brings me back to the fact that if we feel ourselves a little put out by the heat, we are

not alone. However, it is our duty as gardeners to manage our time out there effectively. Our poor little plants do not have the luxury of escaping back into the house at noon for a siesta and a glass of water – nor can they stage a coup in the chard bed and demand a new regime.

This is a crucial time for many plants. Annuals in pots will fry up, never-to-return, if their pots are allowed to go dry for one tiny second. Those shrubs/trees/perennials that you paid a fortune for during the halcyon days of April are also on the endangered list. That first year in the ground should be a wet one, if not by the hand of nature, then by your own. Fruiting vegetables must be picked if we wish the plants to fruit into the fall, and many potted plants will be running out of food right about now.

So, bearing in mind that the list is long and our motivation is almost non-existent, what can we do to make sure that all our work/money/time in the spring is not wasted in the summer?

Plants as Priority, that’s how.

Forget the fence that needs mending. Forget the pot ghetto that needs planting. Forget the pruning, the edging, the deer fencing, the re-arranging, the planning and the partying. Forget the new pond project...the patio project...the pathway and the pergola projects. If you find yourself with almost nothing in the energy department, then your one priority should be to keep your plants alive. That means water, food, the eradication of competitive weeds and regular harvesting – all of which should be attempted in the early morning or later evening.

Then, if against all the lessons of history you must discuss politics and religion in the sweltering heat of July, do so in the comfort of your air-conditioned armchair or, better yet, save the revolutionary chit-chat for October and – quite literally – a cooler head.

ly throughout this century. Try some of the new introductions and enjoy “new” plants in your garden!

To read other gardening articles, visit the Gardening section of emmitsburg.net.

• Victoria Sage is a small plant that is big on color. This was one of my first sages and I was happy to find out that it overwinters in this area. Spikes of stunning violet-blue flowers in the summer make this well worth growing. The upright plant is moderately fast-growing and has green lance-shaped leaves which are covered with fine hairs. This is wonderful in cut arrangements and lasts a long time.

Few groups of plants add as much to a garden as salvias. They are as different in fragrance as they are in bloom, habit and color. The hummingbirds and butterflies will thank you by gracing your gardens.

In addition to the summer beauty of salvias, an all-time favorite summer perennial is the Shasta daisy. Scientifically speaking, Shasta daisy is known as *Leucanthemum x superbum*. The development of this perennial began in 1884 by a man named Luther Burbank. Many crosses were made before the ever popular Shasta daisy existed.

Burbank loved the oxeye daisy. Seen in the fields of New England in his day – the mid to late 1800’s - as well as today, this plant has often been considered a weed in turf and fields. Nonetheless, it was his favorite. But he thought that a perennial with a large flower that looked like the oxeye daisy would be spectacular, hence the succession of crosses.

The first cross was between the Oxeye daisy, *Leucanthemum vulgare*, and English field daisy (*Leucanthemum maximum*). Burbank was not happy with the size of the daisy flower, so he selected the best of this cross and crossed it with *L. lacostre* (Portuguese field daisy). Happy now with the size of the flower, but not the white coloration of this cross, he selected the best again and then crossed it with the Japanese field daisy (*Nipponanthemum nipponicum*). Finally, he had a plant that he could be happy with, and called it the Shasta daisy (*L. x superbum*), naming it after Mt. Shasta in California because of the snow caps on the mountain.

Generally speaking, the Shasta daisy is very easy to grow. The flowers form individually on erect stems with white rays and yellow centers. They typically bloom in June thru July. Depending on the cultivar, the Shasta daisy can be as low as 12 inches or as tall as 4 feet. It likes to grow in full sun and well drained soils. It makes a great cut flower and the butterflies love it. Typically, it should be divided about every three years, as the center of the plant may die out as it ages.

Since the birth of the Shasta daisy, many varieties have been developed. One of the most common and oldest of these varieties is ‘Alaska’ selected by Burbank

in the early 1900’s. This is a tall perennial, reaching as much as 3 feet high and a spread of 24 inches. The flowers get as large as 3 inches across. It requires no staking, a real plus, and will re-bloom in August if deadheaded, which is the practice of cutting the old flowers off after they are finished blooming.

‘Becky’ is the tallest variety of Shasta daisy reaching 4 feet in height. This one will spread up to 3 feet across. One plant can make a spectacular show in your garden once established.

Some of the shorter varieties include ‘Little Princess’ and ‘Snow Lady.’ Little Princess gets 12 to 15 inches tall and about that wide. It will bloom through September if deadheaded. ‘Snow Lady’ gets about 8 to 12 inches high and wide. Its flowers have large yellow centers and shorter, white petals. The flowers are about 2 inches in diameter.

Two of the newer selections include ‘Crazy Daisy’ and ‘Broadway Lights.’ Both of these varieties are quite different than the ones mentioned so far. ‘Crazy Daisy’ has double blooms with white petals. Also different is its growing habit, which results in many flowers being produced on one stem. Most Shasta daisies have only one flower per stem. ‘Crazy Daisy’ gets to be about 24 to 30” high and about 18” wide.

‘Broadway Lights’ is a daisy sporting pale yellow flowers that turn shades of butter to cream to pure white as they open and mature on the plant. It reaches 24” tall and about that wide. Both of these selections are on my list of new perennials to try.

Daisies and sages, two old-time flowers that have been around for quite a while and continue to intrigue us, to the extent of new cultivars introduced frequent-

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COMMUNITY NOTES

Wantz Chevrolet wins mark of excellence award

It's no surprise – at least not the Taneytown community – that Wantz Chevrolet has recently won the GM Mark of Excellence Award for outstanding customer care and satisfaction.

"I'm proud to work with Mr. Leonard Wantz and Mr. Scott Wantz who continue to strive for and exceed all levels of excellence," said Lloyd Haak, General Manager of Wantz Chevrolet for almost five years.

Speaking of loyalty and longevity...Wantz has been a family owned business for over 50 years, and they continue to set the industry example by treating

their customers like family. Wantz strives to keep this spirit of family and community alive and well, which is demonstrated by their recent award and acknowledgement.

The GM Mark of Excellence Award is an accomplishment reserved for only an elite few of outstanding Chevrolet dealerships. It's a symbol of extraordinary sales performance and unprecedented customer satisfaction. For a dealer to be considered for the GM Mark of Excellence Award they must have achieved a year over year sales increase and excellent reviews from customer satisfaction surveys for vehicle purchases and service department visits to qual-

ify for this esteemed award.

Wantz won this prestigious award in May of this year for exceeding all Chevrolet customer service requirements and retail sales qualifications.

Wantz Chevrolet is Carroll County's premiere Community Chevrolet dealership, providing neighbors and visitors alike with exceptional car buying and service experiences. Wantz is known for their superior customer service, reliable workmanship, quality goods, and affordable deals delivered with ease. Wantz Chevrolet is located at 1 Chevrolet Drive in Taneytown, MD. Visit wantzchevrolet.com for full inventory and deals.



Lloyd Haak (left), with Leonard Wantz (right), and Scott Wantz holding the GM Mark of Excellence Award.

Wantz Chevrolet understands that to be successful, you need to be backed by your community. And that means creating a sense of community that customers feel the min-

ute they walk through the dealership door. To the Wantz family, it's a simple pleasure.

Haak adds, "We take care of our customers. That's our job."

Thurmont Thespians close their final season

The Thurmont Thespians, a local theater company based in Thurmont, MD, will mount its final show at the Thurmont American Legion, Footloose, July 21-31, ending its three shows a season format after 18 years of local productions. The musical is based off of the 1984 movie, Footloose, starring Kevin Bacon and features some of the most iconic songs from the 1980s, including "Holding out for a hero," by Bonnie Tyler, and "Footloose," by Kenny Loggins.

The Thurmont Thespians performed their first show, He

Lived a Good Life, in 1998 under the direction of the foundress, Beth Watson. Watson and her husband, Spence, started the Thurmont Thespians in order to give local youth and adults the opportunity to participate in all stages of theater, from performance, to set design, to fundraising. "We want the kids to really know what it takes to put on a show--how much work there is going on behind the scenes," said Watson. The Thespians selected Footloose as its final show for its great music and upbeat spirit. "It's going to be bittersweet, saying goodbye to a group that influenced not only me, but countless other local children," said Rosalyn

Smaldone, a 2016 graduate of Mount Saint Mary's University and the director of the show.

Bridey Puvell and Dan Miller, both of Thurmont, star as the leads in the show. Puvell is studying Music Therapy at Shenandoah University in Winchester, VA. Miller is a sophomore at Colgate University in Hamilton, NY. Both expressed sorrow that the theater company is closing, but also excitement for the show. "I've loved being a member of the Thespians. We are putting our best efforts forward to have a great last show," said Puvell.

Footloose will be performed at the Thurmont American Legion July 21-



The Thurmont Thespians cast of Footloose- Back row (left to right): Rachel Johnson, Veronica Smaldone, Nathan Kopit, Daniel Miller, Sean Miller, Elijah Miller, Evelyn Pecher, Alissa Zentz, Adrianna Bussey; Second row (left to right): Mallory Donaghue, Samantha Nigida, Nicholas Miller, Maddi Tatum, Addison Eyley, Faith Davis, Sara Street, Tara O'Donnell; Third row (left to right): Isabella Scott, Daniel Puckett, Sammy Royer, Katelin Pinnell, Erin Kopit, Karsyn Shugars, Annabelle Perry

23 and 28-30 at 7:30 p.m. and July 24 and 31 at 2 p.m. Tickets are \$15 and can be reserved in advance or pur-

chased at the door. The Legion is located at 8 Park Lane, Thurmont. Call 301-271-7613 for tickets.

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COMMUNITY NOTES

Adams County Irish Festival

Patrick Bowling

The 16th Annual Adams County Irish Festival returns to Moose Park of Gettysburg on Saturday July 16. Offering fun for the whole family, the festival will run from 10 a.m. until 5 p.m. and will showcase all things Irish – music, food, merchandise and more.

Since 2001, the shady grounds of Moose Park have been home to Adams County's only Irish Festival. After a successful re-launch last summer following a hiatus in 2014, this year's celebration of Irish culture and heritage promises to be one of the biggest ever with over 30 vendors of Irish merchandise, crafts, food and beverages. Many of the merchandise vendors are new with unique items including Irish lace making, mead kits, etched glassware, photographic prints, Irish sweaters, rugby jerseys, stringed instruments, tartan scarves, painted family crests and Irish Garda items. Food vendors will be selling pulled pork, chicken and beef sandwiches, waffles with unique toppings, Irish bangers, hamburgers, hotdogs, ice cream, fruit smoothies, iced coffees, and a variety of Irish foods in addition to soft drinks and adult beverages.

Also on hand will be a Civil War living history encampment by the 69th Pennsylvania Irish Volunteers, an all-things-whiskey display by Dill's Tavern and a demonstration of Celtic pictograph stone carving. The Potomac Valley Irish Wolfhound Club will also return with their gentle giants.

Three bands making their Adams County Irish Festival debuts plus a returning local favorite highlight the music line-up. This year's festival features Girsá, an all-female traditional Irish music group that formed a dozen years ago in Pearl River, New York. Originally an octet of high school-aged girls who learned to play traditional Irish music from their family members, Girsá's energetic and enthusiastic performances of traditional Irish music, song and dance have been quickly met with outstanding national acclaim. With three well-received albums, the band is currently comprised of Maeve Flanagan on fiddle and tin whistle; Pamela Geraghty on accordion, guitar and vocals; Emily McShane on piano, guitar, vocals and bodhran; Bláithín Loughran on accordion; and Bernadette Flanagan on piano and bodhran. Girsá captures audiences with their melodious voices, electrifying musicianship and witty banter. Their individual instrumental and vocal excellence combine to create a powerful force that is breaking into the forefront of Irish music in the US.

Also making their festival debut is The John Byrne Band, led by Dublin native and Philadelphia-based John Byrne. With influences ranging from The Chieftains to Tom Waits to Planxty, Byrne's songwriting honors and expands upon the musical and lyrical traditions of his native and adopted homes. John has toured with or opened up for acts as diverse as The Hothouse Flowers, Ian Gillan (of Deep Purple), Patti Smyth, Gaelic Storm,

Finbar Furey, Luka Bloom, The Saw Doctors, The Screaming Orphans, Solas and The Greencards. The band has three albums to their credit.

Collectively known as The Brayzen Heads, Shane Farrell and David Gilmore will also be making their first appearance at the festival. The duo, from England and Ireland respectively, has been performing live since 2000 and has performed over 4,000 shows throughout Europe, Asia, Australia and the US. The Brayzen Heads have just finished a 3-year residency at Raglan Road Irish Pub, Walt Disney World, Florida where they played to audiences 7 nights a week. They are now traveling around the US and Canada sharing their style of Irish music.

Also returning to the main stage is longtime festival veteran and regional favorite Irishtown Road. Based in McSherrystown, the group has been performing together since 1997 and the versatile repertoire of Irishtown Road leans towards traditional Irish songs (some in the Irish language) and traditionally-arranged original work featuring intricate vocal harmonies and instrumental variety. Irishtown Road is comprised of guitarist/fiddler Brian Colgan and sibling Eileen Colgan Bowling (tin whistle) along with Brian's son Jesse (bodhran, percussion), Denny Seitz (banjo, banjola), Ben Wenk (bass, mandolin) and piper Rodney Owens. Also, original band member Lynn Colgan Cohen (harp, keyboards) and her husband Henry Cohen (fiddle) will be sit-



The 16th Annual Adams County Irish Festival will feature Irish music from regional favorite Irishtown Road, who hail from McSherrystown.

ting in with the band at the festival. With two albums to their credit, the band is work is nearing completion on their third album, On the One Road. Rounding out the music slate and making their second festival appearance is the 69th Pennsylvania Irish Volunteers musical group who will be performing Civil War and Irish Period music. The band has two albums under their belt that help fund gravestone dedications to honor the original members of the regiment.

Admission to the festival is still only \$10, which includes all entertainment and parking. Children age 12 and under are admitted free. The festival is sponsored by Adams County Division 1 of the Ancient Order of Hibernians (AOH) and benefits the Hibernian Hunger Project, a nationwide community service program by the AOH to help feed the needy by maintaining the traditions of Irish hospitality and generosity while remem-

bering the multitudes of Irish who died from starvation or who were forced to flee Ireland because of An Gorta Mor ("The Great Hunger") of 1845-1850. Bolstered by funds from the 2015 Irish Festival, the Adams County AOH provided donations totaling \$2,500 to three Adams-Hanover area hunger-relief organizations in February 2016. Since 2003, Adams County AOH Hibernian Hunger Project efforts have raised over \$6,000 for hunger-relief organizations in Gettysburg and the surrounding area.

The Festival will be held at the McSherrystown Moose Park of Gettysburg (100 Moose Road, Gettysburg), located off of US Route 30, approximately 1.5 miles east of the US Route 15 intersection. Visitors are encouraged to bring lawn chairs or blankets.

For additional information on the festival, visit www.adamscountyirishfestival.org.

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HEALTH NOTES

Prostate cancer

Who is at risk of developing prostate cancer?

According to the Prostate Cancer Foundation, there are several risk factors for developing prostate cancer, some of which are outside of an individual's control such as age, race, and family history.

Age

One in seven American men will be diagnosed with prostate cancer. For men under the age of 40 the rate of diagnosis is 1 in 10,000. That rate increases dramatically with age, increasing to 1 in 38

for men ages 40 to 59, and 1 in 14 for men ages 60 to 69. More than 65% of all prostate cancers are diagnosed in men over the age of 65.

Race

African-American men and Caribbean men of African ancestry are more likely to develop prostate cancer than men of other races. Prostate cancer occurs less often in Asian-American and Hispanic/Latino men than in non-Hispanic Caucasian men. Asian men who live in Asia have the lowest risk of developing pros-

tate cancer. The reasons for these racial and ethnic differences are not clear.

Family History

Similar to other health conditions and diseases, a family history of prostate cancer can increase a man's risk of developing the disease. Men with a father, brother, or several affected relatives are at a greater risk of developing prostate cancer than men with no family history of the disease. This risk is further increased if the cancer was diagnosed in family members at a younger age (less than 55 years of age) or if it affected three or more family members.

Other common risk factors such as diet, obesity, smoking, sexual history/

sexually transmitted infections, chemical exposure, or lack of physical activity do not increase a man's risk of developing prostate cancer. However, they can increase the likelihood of developing a more aggressive form of prostate cancer.

How are men screened for prostate cancer?

The two most common screening mechanisms for prostate cancer are a physical exam carried out by a physician and a PSA (prostate-specific antigen) blood test. Both of these screening tools detect prostate abnormalities or prostate cancer warning signs. They do not confirm a prostate cancer diagnosis. If abnormal results are found after a screening, a prostate biopsy may be performed

to see if cancer is present.

According to the American Cancer Society, men should discuss prostate cancer screenings with their healthcare provider after they have received information about the uncertainties, risks, and potential benefits of prostate cancer screening. For men who are over the age of 40 and are at increased risk of developing prostate cancer due to family history and other risk factors, talk to your healthcare provider about your options for screening.

The decision to be screened for prostate cancer is personal, and should be discussed with your healthcare provider to determine what's right for you.

What are some common signs and symptoms of prostate cancer?

In the early stages of prostate cancer, many men will not experience any symptoms of the disease. Typically, prostate cancer is detected by a doctor during a routine screening.

For men who do experience signs and symptoms of prostate cancer, those symptoms may include:

- A need to urinate frequently, especially at night
- Difficulty starting urination or holding back urine
- Weak or interrupted flow of urine
- Painful or burning urination
- Erectile Dysfunction
- Painful ejaculation
- Blood in urine or semen
- Frequent pain or stiffness in the lower back, hips, or upper thighs

While these symptoms are not always an indication of prostate cancer, they should be evaluated by a healthcare provider to rule out prostate cancer and treat the cause of your symptoms.

What's next?

If you've been diagnosed with prostate cancer, you're not alone. Monocacy Health Partners Oncology Care Consultants are available to work closely with your primary care physician to provide you with comprehensive and compassionate medical care.

According to Dr. Mark G. Goldstein, oncologist at MHP Oncology Care Consultants, and a Certified Member of MD Anderson Physician Network, "when caught early, prostate cancer usually has an excellent prognosis. For patients with high-risk prostate cancer or metastatic prostate cancer, advances in treatment are improving outcomes. At the FRHS Regional Cancer Therapy Center, we offer a multi-disciplinary team approach, which is vital to a patient's success." To learn more about Monocacy Health Partners Oncology Care Consultants, visit www.monocacyhealthpartners.org/occ.

FRHS is a Certified Member of MD Anderson Cancer Network®

Frederick Regional Health System (FRHS) is the first and only hospital system in Maryland to become a certified member of MD Anderson Cancer Network®, a program of MD Anderson Cancer Center. FRHS is the 14th system in the U.S. to become a certified member of the network.

The affiliation allows the FRHS Cancer Program to use treatment guidelines and best practices developed by MD Anderson—the global leader in cancer—to bring new hope to cancer patients close to home.

Being certified by MD Anderson Cancer Network means that FRHS's cancer program has met clinical and programmatic qualification thresholds, and both hospital and physicians have undergone rigorous due diligence. Through this affiliation, FRHS's cancer program can combine the best of what we offer locally with the expertise of a national leader to provide an even higher level of cancer care to our community.

As part of MD Anderson Cancer Network, certified physicians at Frederick Regional Health System, who must also meet rigorous standards, will have access to disease-specific, evidence-based guidelines, treatment plans and best practices developed by MD Anderson experts. They will also participate in routine peer-to-peer consultations with MD Anderson physicians to discuss cases.

For more information about this affiliation, call 301-418-6465 or visit fmh.org/certified.



PICTURED L-R:
 Mark S. Soberman, MD, Medical Director, Oncology Service Line, Frederick Regional Health System
 John Verbus, Senior VP & Chief Operating Officer, Frederick Regional Health System
 Melanie Wong, VP, Strategy and Business Development, MD Anderson Physician Network
 William A. Murphy, Jr. MD, Board Chairman, MD Anderson Physician Network
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For more information

Community honors life of Cpl. William 'Kyle' Ferrell

Over 500 members of the Thurmont and Emmitsburg community came together on June 11 to pay their respect to Marine Cpl. William "Kyle" Ferrell in a memorial dedication held at the Thurmont Memorial Park. The memorial was sponsored by members of the American Legion 168, AMVETS Post 7 and VFW Post.

21 year old Cpl. Ferrell, from Carthage, North Carolina was struck and killed On September 29, 2015 while assisting a motorist on the side of the road on Route 15 in Thurmont. Witnesses said the driver stopped about 100 yards down the road immediately after the crash, but then drove away a few minutes later while witnesses tried to help Ferrell. Collision reconstruction experts believe Cpl. Ferrell was standing next to the driver's side of his truck off the roadway when he was struck. To this day, the driver responsible for the accident has not been found or reported.

The memorial service was dedicated to celebrate Kyle's service, selflessness, and acts of kindness. A sign was dedicated in memory of Kyle and was erected by the State Highway Association under the Catocin Furnace Historic Trail Bridge on Rt. 15. A replica of the sign was presented to Cpl. Ferrell's family at the memorial service.

In addition to members of the community, others in attendance

included Cpl. Ferrell's fellow Marines stationed at Fort Detrick and Camp David. The county delegation included County Executive Jan Gardner, and Councilmen Bud Otis and Kirby Delauter.

Thurmont was honorably represented by Mayor John Kinnaird and Commissioner, and former Marine, Mary Burns, and Emmitsburg was represented by Commissioner, and former soldier Glen Blanchard. In addition, several Marines who call the area home and who were home on vacation came out to honor Cpl. Ferrell by attending in their dress uniforms.

The grounds of Memorial Park, which is dedicated to all veterans that have answered the call of duty, was beautifully turned out. A large American flag, hung from the hook and ladder trucks of the Vigilant Hose and Walkersville volunteer fire companies formed a picturesque backdrop for the service. Members of the Guardian Hose Company were also out in force.

Mayor Kinnaird spoke of the special relationship Thurmont had with the Marine Corps, pointing out that many Marines who serve at Camp David chose to take up residence in the town, and many choose to stay after their enlistments are up. So, "The tragic and unnecessary death of Cpl. Ferrell hit home."

No one spoke more eloquently, or from the heart, of the sacrifice soldiers, like Cpl. Ferrell, are



Over 500 members of the community joined the parents and grandparents (front row) of Marine Corporal Kyle Ferrell in a celebration of his life.

expected to give for their country then Kirby Delauter, a veteran himself: "We can easily look at the military service to understand that when you sign on the dotted line for the US Military, John 15:13 becomes a very real possibility. It's been evident that should the time come, or the need arise, Kyle definitely was prepared to lay down his life for his fellow Marines and his country. You can easily judge the character of a man by how he treats those who can do nothing for him. Kyle died showing his true character, which was in fact, helping someone who at the time, could do nothing for him in return. That is something his parents can, and should be, very proud of."

Following the dedication, all

those present were invited to a pig roast fundraiser held at the American Legion Pavilion. Proceeds of

the fundraiser will be used to benefit the Carthage Police Department in Kyle's honor.



Residents of Fairfield, Thurmont and Emmitsburg gathered on Flag Day for the annual flag burning ceremony - Flags were burnt to the sound of 'Taps' and an 18 gun salute. Veterans like Patrick Gjerde of Fairfield showed their respect with a final salute.



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SATURDAY, JULY 2ND

12:00 p.m.— *Clash at Fairfield* - (Cavalry Battle)

5:00 p.m.— *East Cemetery Hill* - The Push is on

SUNDAY, JULY 3RD

11:00 a.m.— *Custer Attacks Stuart* - (Cavalry Battle)

2:30 p.m.— *Cushing's Brave Stand* - (Segment of Pickett's Charge)

— Note: All battles take place at 965 Pumping Station Road —

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WWI NEWS REPORTS FROM THE FRONT

The Western Front finally erupts

July 7

After weeks of intense bombardment with guns of every caliber, firing 1 million shells daily, the British on Saturday launched a general offensive against the German lines along a front of 20 miles, north of the river Somme. The French on the British right cooperated in the attack. British and French troops penetrated 5 miles, their furthest advance of the war, taking several villages, and capturing a labyrinth of trenches.

The allies are now on the offensive in practically every front of the war. The British assault comes on the heels of the great success won by the Russians in Galicia. On the Italian front the Central Powers have also met with severe reverses, and for several days the Italians have been steadily driving the Austrians from positions in the Trentino.

The British artillery bombardment prior to the assault was one of a degree of fury and number of guns, which were unprecedented in the region. At 7:30 in the morning through clouds of smoke and dust which hung over the whole field as far as the eye could see, the infantry sprang from trenches for the assault. The new British trench mortars, which fire 35 shots a minute played a great part, cutting wire entanglements and destroying trenches.

The front selected for the British offensive was decided upon many weeks ago and the bombardment of the rest of the line, as well as frequent raids which procured for British headquarters important information as to the disposition of the Germans, was designed to keep the German generals uncertain as to the point at which they would be called upon to meet the brunt of the attack.

This is the first time since the outbreak of the war that the intention of an army to undertake an offensive has been so well advertised. A week ago when the Germans attack against Verdun began to make headway, it was feared that the Germans were getting within a distance of Verdun, which was dangerous for the Allies, the British guns began to speak.

Since then, except for the hours when British infantry were raiding German trenches, a continual bombardment has been maintained in the evenings following their daily artillery storm, raiding parties dashed out from the British lines to complete the destruction wrought by the big guns. A French officer who witnessed this plan of operation described it as "the last word in scientific warfare."

As the German trenches are occupied, evidence accumulates on the deadly execution of the artillery. In some cases 80% of the defenders were killed by the terrible shelling to which they were subjected. British losses very. Certain formations being called on to attack defenses, where machine guns remain undamaged, suffered heavily. Others capture positions with very slight losses.

Overwhelming as the power of the guns, the grand and significant spectacle was the site of detachments of infantry, and field equipment moving forward, until finally the dugouts were hives of khaki about to swarm forth for battle. Each of the officers had maps and directions in detail of the part the unit was to

play in the whole complicated scheme of attack. As the battalions marched they sang the tunes they used to sing on the drill grounds at home.

The sector of the German front of which the British have assumed the offensive forms a considerable bulge in the British line. The southern end rests on the Somme, which is a formidable river, which makes military operations difficult because it breaks into many channels, flowing through a broad marsh, especially at places where it has not been surveyed.

At many points on the British front it is possible to see the trenches of the Germans winding about the opposite slopes. A military expert, writing of the offensive says, "it is safe to say the Germans never expected a great attack in this country. We may hope, therefore, for a reduction of the German salient, and the securing of better strategic positions."

The reserves which the Germans rushed to the Somme region has failed to check the Allied advance. An entire battalion of the 185th regiment of Prussian infantry, recruited from the upper Rhine, surrendered yesterday to the British. The battalion had been assigned for duty only a short time before to replace heavy casualties. The British fire was so heavy in the trenches occupied by the Prussians that the men refused to fight longer.

So far as the Western front is concerned, the first phase of the offense is believed to be nearing the end. Both North and South of the Somme the French and the British are engaged in organizing positions captured since Saturday. The French, having taken all the German defensive positions South of the Somme, are now fighting in open country, and cavalry, which has been long idle, is being employed for patrol work.

On the Eastern front, the Russians continue to record successes, along the whole front from Riga to the Carpathians.

The Russians have begun a tremendous offensive on the Riga front, where their artillery is destroying German trenches. Most of their artillery consists of Japanese guns man by Japanese and French officers, and they are using ammunition of Japanese and American origin. In some places the Russian barrage fire continued even after their infantry reached German trenches, and at least at one spot, both defenders and attackers were totally annihilated. The Russians were buried under the earth works by their own artillery.

Further south, Russian cavalry patrols have crossed the Carpathian Mountains and entered Hungary. The cavalry cut telegraph wires and blow up buildings in which food and munitions were stored.

The situation in the Caucasus is somewhat confusing. Turkish and Russian reports are more at variance than usual. Both claiming victories. It appears, that while the Russian right is drawing back towards the Black Sea and their extreme left is retiring across the Persian border, their center is continuing to advance southward.

The Russian army which had ad-



On July 1st, after two years of trench warfare, the Allies began the battle of the Somme in an attempt to break through German lines on the Western Front. The ensuing battle lasted for months and resulted in more than one million casualties. Ultimately, the Allies only advanced fewer than 10 miles.

vanced towards Baghdad has fallen back some 80 miles under pressure of the great Turkish forces which were brought against it.

July 14

The gigantic German merchant submarine, Deutschland, ended her 4,100 mile trip across the Atlantic this morning, when she docked at a pier in Baltimore. Definitive announcements that the submarine is the first of a fleet of such craft built to fly regularly in the trans-Atlantic trade was made here today by Capt. Konig, her master.

The submarine was not fitted with torpedo tubes nor did she carry a deck gun or any arms at all. Thereby she was classified as a unarmed merchantman by the port authorities, and therefore entitled to all privileges due to a belligerent owned freighter under international law.

"This is not the only one that is coming," said the captain, "just wait, there will be more here soon, and we are going back for another cargo, we're going to have a regular line."

The captain said the submarine brought a viable cargo of dyestuff which had been so much in need in America, "...and which the ruler of the seas has not allowed the great American Republic to import. While England will not allow anybody the same right on the oceans, because she rules the waves, we have by means of the submarine commenced to break this rule. Great Britain cannot hinder boats such as ours to go and come as we please. Our trip passing Dover across the ocean was an uneventful one, when danger approach we went below the surface, and here we are safely in the American port, ready to return in due course.

"Our boats will carry across the Atlantic the mails, and save them from British interception. We trust that the whole friendly relationship with the United States going back to the days of Washington, when it was Prussia who was the first to help America in its fight for freedom from British rule, will waken afresh and your beautiful and powerful country.

"There is little to tell about the trip." The captain continued. "We left Germany June 23 and steamed on the surface until the ship entered the North Sea. Everything will went without inci-

dent the first day, but on the second day in the North Sea we were in the zone of British cruisers and destroyers. We cited smoke frequently, but only dived when we thought there was danger of our being detected. Of course, we were difficult to see because we are running so low in the water and gave out no smoke. We did submerge several times in the North Sea, staying under sometimes two hours and sometimes less. Every time I came to the surface, if all looked well, we kept going.

"From the North Sea we went straight through the English Channel. On the night of the fourth day we submerged and remained still all night on the bottom of the channel. There were lots of cruisers, near us, and it was very foggy. So we thought it wise not to take any chances. The next morning all was well, and we proceeded through the channel's into the Atlantic Ocean without incident."

The captain said the Deutschland was built for submersion to a depth of 300 feet. When asked to explain what devices the Deutschland had for finding her way under water and avoiding danger, the captain said he had two. "One is the microphone, the other is a sounding apparatus. With a microphone you

can hear submarine bell believes 6 miles away and the propellers of some ships still farther. By the tone of the noise made by the screw of a vessel you can tell her type. A destroyer makes a loud thumping and a cruiser of low hum.

"The sounding apparatus can be worked while the submarine is running submerged and is let down to the bottom of the boat through valves. For entertainment, the captain said the ship had photographs with about 100 records. There were some American ragtime songs, some marchers in some dances.

"Of course," the captain continued, "all the men smoked while they were on deck. It is forbidden to smoke below deck in the submarine. There is a danger of fire. The crew reads a lot too. The submarine has a library of 40 volumes."

Capt. Koenig has been the recipient of hundreds of congratulatory telegrams or mail from across the country. Many of them came from German societies who are anxious to have their commander and his officers as guest at dinners and other functions. The local German colony is already making arrangements to give the crew a celebration and outing.

The British newspapers, while ex-



THE NEW SUBMARINE PROBLEM.

JULY 1916

pressing aberration editorially for defeat of the German submarine Deutschland, insists that it cannot have the slightest military importance nor can it be regarded as a demonstration of the ineffectiveness of the British blockade. "While the submarine trip does credit to German enterprise, and seamanship, it leaves the maritime situation where it was before. The risk of disaster is immense and the capacity of submarines to carry commodities which Germany needs is insignificant."

It is known that the Deutschland will take back a cargo of rubber and nickel. Her captain, in his declarations to local customs officers, said he expects to sail within 10 days.

Already there is a discussion concerning the return cargoes for other underwater liners, which are expected to follow the Deutschland to American shores. These vessels, it was reliably stated, will carry the most essential food-stuffs that Germany and Austria need. Coffee was specifically named as one of the commodities.

July 21

The second phase of the great battle on the Western front has now begun. The artillery has been brought up to new positions and is again battering the German defenses. In addition to inflicting losses on the Germans in men, guns and territory, the Anglo-French offensive is reported to have compelled them to withdraw forces from the Verdun front.

After the breach was made in the second German line on Sunday, cavalry detachments, English and Indians, for the first time had to reward of two years wait since trench warfare began. They went straight into the face of the Germans, who were forming a new defense line, which the British infantry were attacking,

When some Germans with automatic rifles, which are virtually portable machine guns, blazed from a wheat field, the Dragoon Guards set their lances, charged, wheeled and rode back through them, as might have been done in the Napoleonic wars.

For the first time in 18 months of continuous warfare on the Western front, with its continuous bayoneting, bombing, gassing and shelling, an enemy was impaled from a horse.

At one time, when a machine gun was troubling the cavalry, a British aviator, flying at a height of 300 feet, circled four times as he poured the contents of his machine gun into the Germans.

On the Eastern front the Russians have achieved three important advances at widely separated points in the Eastern war theater.

The first is the successful drive from Southeast of Lutsk. The second is in advance on the extreme southern wing along the high road leading into Hungary, and the third is the improved situation in the Caucasus resulting from the taking of Baibut.

The Russians are in possession of four important lines leading into Hungary, following up their spectacular successes which have taken them within a month across the whole of Bukowina, they are proceeding steadily forward, apparently with little resistance.

The taking of Baiburt, which has been the goal of the central Caucasus armies. Ever since the fall of Zerum, all chances of a successful Turkish counter-offensive have now been eliminated.

Experts in Petrograd believe the final victory over Germany may yet be a year or more distance, adding "for the German grow stronger as the circumference of their defense contracts, and he probably will be stronger when once more driven back upon his own admirable railroad system."

There is still a school of experts who believe that the Germans should be encouraged to attack by steadily retreating before them, as no form of fighting nowadays cost so dearly as attack. Wellington's victories in Europe, Waterloo particularly, or one by retreat.

This game apparently is impossible at present, owing to the fact that Western Europe goes to pieces morally at the very thought of retreat. This is unfortunate; for retirement is every way as legitimate a military move as it stands, especially in such a war as the present, where victory in the old sense is impossible.

July 28

From the same sources that two weeks ago tonight predicted the arrival of the giant merchant submarine Deutschland, today came to the declaration that her sister ship the Bremen, or enter port before Monday.

Despite announcements from Baltimore that the Deutschland did not secure clearance papers at the customhouse, their are reports that the submersible has been cleared to return to Germany, and these caused credence to be given to the reports that the Bremen may arrive soon. Naval authorities here pointed out that the announcement of the clearance of the Deutschland may have been withheld in the interest of neutrality.

There is a constantly growing believe here that the Bremen will pass into the Capes at about the time of the departure of the Deutschland. Suggestion has been made that it is part of the German plan to have the two submersibles in the Capes at the same time so as to confuse the Allied warships now lying about 8 miles out in the Atlantic.

One of the Allied warships, presumably British, fired a shot across the bow

of an unidentified vessel about 10 miles off the Capes today. According to residents. The vessel, which was a trawler, halted upon the firing of the shot, the Allied ships moved over to her and after a few minutes parlay she was permitted to proceed.

Naval circles were flooded with discussions of a unannounced and unexpected visit of an unidentified British cruiser to the lower part of the Chesapeake Bay Wednesday night, news of which became known Thursday after the warship had returned to her patrol duty outside the 3 mile limit, where she awaits the German submarines Deutschland and Bremen.

Opinions differ as to the purpose of the visit. The most generally accepted version was it that the cruiser's commander believed the Deutschland was moving down the bay, and hope that by entering American waters he would be able to follow her out to sea, or force her to anchor at some point just inside the Capes. Regardless of whether the commander had been able to carry out either of these two suggestions, it is pointed out, visual proof that the submersible had reached the lower bay would have proved invaluable to him, and other officers of the Allied patrol.

Much speculation also has been current as to whether the probable attitude of Washington officials will be towards the visit. Authorities here agree that while the cruiser violated no law, the entrance was at least unusual. The Navy Department has been fully informed of the fact by the officers of the battleship Louisiana, who first saw the cruiser inside the Capes.

The war Department said that three US vessels, the battleship North Carolina and three destroyers, would be stationed at the Capes to ensure no further incursion by Allied warships takes place within American borders.

The British ambassador told the State Department that the British cruiser had not entered American waters as had been reported by the commander of the battleship Louisiana. The ambassador said the British ships had strict or-

ders not to enter the three-mile limit of American territorial waters to waylay the German submarine.

The British ambassador was very indignant over the report that one of their cruisers had made an incursion into Chesapeake Bay under the cover of darkness.

The fourth week of the Somme battle began well for the allies and is expected to be fruitful of important developments. Before Saturday midnight the British began a new attack on the whole line and the fact that the British have been able to resume the offensive so soon after the unsuccessful German counterattack of last week, in which very strong German forces were brought forward, is regarded as a good sign.

The French and British, giving themselves no rest, are continuing their efforts to widen their positions North and South of the Somme were and they are now pinned on three sides by German armies. German officers are confident of their ability to hold her own, and are aided by the most powerful collection of artillery which Germany has yet accumulated in any single battle theater.

Lt. Marchal of the French Aviation Corps flew over the German capital, upon which he drop proclamations, and then continued his flight, intended to land within the Russian lines. He was forced to descend, however, in Poland, and was taken prisoner by the Germans. The flight, of almost 807 miles, most of which he traveled in darkness. He left at 930 on June 20, taking with him a supply of fuel sufficient to last 14 hours.

His mission was to cross Germany at a low altitude, in order to drop the proclamations on the capital Berlin and fly on to Russia. According to Lieut. it was the failure of the spark plugs which stopped him, and he was forced to descended to change the plugs. Unfortunately it was necessary to change all the plugs and while he was doing that he was taken prisoner by the Austrians much to his chagrin.

To read past editions of WWI News Reports From The Front, visit the Historical Society section of Emmitsburg.net.



SQUASH CENTER DISCUSSES THE DEUTSCHLAND.



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HISTORY-THE FRENCH AND INDIAN WAR

Toms Creek Frontier

John Miller
Emmitsburg Historical Society

During the French and Indian War (1754-1763), settlements east of South Mountain had been relatively safe to live in. Then, in the spring of 1758, the Indians and some of their French allies raided the settlements along South Mountain. On April 5, 1758, near modern day Cashtown, Mary Jemison, her parents, and some of her relatives were taken prisoner. She would be the only survivor, as to lighten the load the Indians killed her parents. They would take her to Fort Duquesne where she was sold to Seneca Indians.

A few days later, another raiding party traveled along the eastern base of South Mountain to the home and mill of Richard Bard. Richard Bard was born in 1736 and lived at the base of South Mountain where he operated a mill at Mud Run with his wife Catherine Poe Bard and their seven-month-old son. This area today is known as Virginia Mills, and is located on Mount Hope Road, a few miles east of Monterey Pass.

April 13, started like any other day for the Bard family. The Bard family was inside the house entertaining Richard's cousin Thomas Potter and small children Hannah McBride and Frederick Ferick. Out in the nearby fields working were Samuel Hunter and Daniel McManimy. William White, a young boy, was on his way to the mill for a visit.

Hannah was by the front door, when she saw the Indians coming, about nineteen Delaware Indians total. By the time that Bard and Potter knew what was happening, it was too late. The Indians rushed into the house. Potter and one Indian armed with a cutlass struggled for a bit until Potter took the weapon and be-

gan striking the Indian, wounding the warrior.

Bard grabbed a pistol and when he went to pull the trigger, it failed to go off. The Indians began fleeing from the house. One of Indians by the door saw what was happening, fired a shot, and wounded Potter. The main door was closed by the Indians. The Bard family knew they were outnumbered and feared that the Indians would fire the house. The Indians surrounded the cabin and forced the Bard's and their friends to come to terms with a surrender. After working out a surrender, the Bard family and other occupants came out and surrendered.

Hunter and McManimy, who were working in a nearby field, were also captured, including the young boy White. Nine total were captives of the Indians. As the Indians began moving westward over South Mountain, they killed Potter, scalping him. About three or four miles into South Mountain, the young toddler John Bard was speared, repeatedly beaten, and was scalped as well.

The Indians, with their war trophies, moved northward toward modern day Mont Alto Gap. Many deep gorges made the journey difficult. The Bard's were hungry and tired. The prisoners were not allowed to socialize with one another, and the Indians even went as far as to paint red over Richard's face. He thought that he would be the next to suffer the hatchet.

The party continued northward along South Mountain, entering the Conococheague Valley near modern day Scotland. The Indians feared the garrison of Fort Loudon several miles to the west. They also feared traveling too close to Fort Chambers and Fort McCord, which were in line of their route. By nightfall, they had moved some forty miles on foot.

The next day, the Bard's moved through Yankee Gap into Bear Valley,

to Horse Valley, and finally Path Valley. During the day, the Indians killed Hunter, sinking the hatchet into his head as he and Bard sat down. Then they scalped him. They moved to Sideling Hill, where they would encamp for the night.

By the third day, the party made its way between modern day Huntingdon and Raystown (Bedford). During the day, the Indians held a council on whether Richard should be killed. They painted half of his face red, but he lived on. The fourth day, the Indian raiders and their prisoners were the crossing the Allegheny Mountains. That night, snow fell. The prisoners were not allowed to be near the fire. By now, the prisoners were in dire need of rescue. Certain death was near if they couldn't get help. Richard's wife was still mourning the murder of her seven-month-old boy.

On the fifth day, Richard was beaten badly by one of the Indians and almost disabled, as he was crossing a stream. Realizing that death was so close, Richard still was not permitted to talk to his wife. One of the Indians shot a turkey and ordered the Bard's to pluck the feathers and clean it out. There, Richard planned his escape to get help after a diversion was made by his wife.

Richard waited for the right moment. That moment came during the late evening when the Indians began dressing themselves in women's clothing that they had captured along the way. Richard made his way toward a bush and concealed himself inside. His wife Catherine, kept the Indians attention on a gown. One of the other Indians noticed that Richard had gone missing.

The Indians quickly searched for Richard, but came up empty handed. The Indians and their captives made their way to the Allegheny River and to Fort Duquesne. They



A photo of Virginia Mills, on Mount Hope Road.

would remain there for one night before moving twenty miles down the Ohio to an Indian village. There, Catherine was beaten by several of the Indian squaws.

The prisoners were escorted to Kaskaskunk, a village ran by the Glickhickan. There, McManimy was killed after being beaten. The two boys and Hannah were left behind while Catherine was taken to another village. Once there, she would be adopted to replace a dead sister of two Indian brothers. The women who beat her, were punished for their actions.

Catherine was moving with her new Delaware family to the headwaters of the Susquehanna. The journey was painful for her, as she had not recovered from being taken prisoner. She was given a horse to ride upon, until it was used to replace a pack horse that was dying. 500 miles since her capture, she came to her new home, a cabin. The only thing she had to her name was a blanket that was given to her by her captors. Catherine would be forced to learn her adopted native language in order to communicate.

While, Catherine was being adopted, her husband, Richard had a difficult time navigating through the mountains. His feet blistered as his shoes were worn out. He took briars to sew up the deep cuts on the bottom of his feet. He ripped portions of his

breeches to wrap around his feet, giving them some type of soles. He was starving, tired, and fatigued.

By the eighth day of his escape, he arrived at Juniata in the evening. Moving through the night, cold and wet, he made his way through the wilderness. The next day, he ran into three Cherokee Indians who escorted him to Fort Lytleton. Richard Bard was finally saved.

For the next two years, Richard Bard searched for his wife. In 1758, after the fall of Fort Duquesne, Richard Bard headed to the fort to find his wife. At the newly rebuilt Fort Duquesne, now called Fort Pitt, Bard discovered some of the same Indians that were with him on his journey as a prisoner. They threatened to kill him if he came back.

Richard Bard came back to Fort Pitt and found the location of his wife. Bard made arrangements to pay forty pounds for her release. After being held in captivity for two years and five months, she was released and the ransom was paid.

The ordeal had officially come to an end. The Bards would rebuild their lives moving to Williamson in Franklin County. Richard would die in 1799, survived by his wife Catherine. She would die in 1811. They would have four children, all of whom are buried in Church Hill Graveyard, Mercersburg.

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OBITUARIES

Robert Fahringer

Robert "Bob" H. Fahringer has gone to see his Lord after a long battle with cancer.

Born in 1937 in Sunbury, PA he was raised in a suburb of Philly. He joined the U.S. Army in 1964. He married and had 4 children; Chris (Wallace) of Coppell, TX, Doug Fahringer of Trooper, PA, Wendy (Townsend) of DeRidder, LA and Joanne (Aversa) of Thornhurst, PA; all of whom survive him. He had 10 grandchildren, Charles Wallace, Ian Wallace, Sam Fahringer, Peter Fahringer, Corey Townsend, Celeste Townsend, Jack Aversa, Alec Aversa and Connor Aversa. Hope Fahringer, a granddaughter, was taken from us as an infant. He is also survived by his nephews Bob Pessolano of Horsham, PA and Chuck Pessolano, his wife, Flo and their 3 children, Ashley, Chelsie and C.J. also of Horsham, PA and Joe Pessolano.

Bob was with the US Army Military Police, became an Army Ranger/Airborne, served two tours in Vietnam, and attended the FBI Academy before retiring as a Lieutenant Colonel in 1988.

He met and married Rita Vail in 1986 and they embarked on a glorious 29 year life together. If you met Bob you could never forget him as he had a smile that could light up a room. He loved the Lord and it showed in everything he did.

He was involved in his church, Fellowship Baptist in Fairfield.



He served on several committees and was honored to be a deacon of the church.

The Lord blessed us in 2013 when we decided to help a friend in need. This friend, Diane Barry, not only has become a part of our family, she has given 110% of herself to being Bob & Rita's 24/7 caretaker. We cannot thank her enough for what she has done for us and for what she has sacrificed in her life to help us.

A memorial mass will be held July 9 at St. John the Evangelist Roman Catholic Church, Frederick. Internment will be as Marge requested, at her parents' grave at St. Joseph Catholic Church Cemetery, in Emmitsburg.

In lieu of flowers we would appreciate a donation to Best Friends Animal Sanctuary, 5001 Angel Canyon Road, Kanab, UT 84741 or Fellowship Baptist Church, 110 Mt. Hope Road, Fairfield. 17320. Online obituary and condolences available at monahanfuneralhome.com.

Margaret Claudia Houck Callan

Margaret Callan, 86, of Frederick passed away on Friday, June 10, at Glade Valley Nursing Home in Walkersville, where she had been a resident the last few years of her life.

Marge was blessedly freed from her battle with Alzheimer's and has now rejoined her beloved parents, James Edward Houck and Agnes Helena Rosensteel, from Emmitsburg. She was born in their home in Emmitsburg on September 27, 1929. Growing up, Marge was a member of St. Joseph Catholic Church and was married to G. Bernard Callan, Jr. there on February 14, 1953.

Together they had 8 children, and surviving Marge are George B. Callan III (Jill) of Brunswick; Edward Callan of Frederick, Kerry Callan (M. Philip Iverson) of Frederick; Richard Callan (Laryssa) of Braddock Heights; David Callan (Patricia) of Exton, PA; John Callan (Denise) of Middletown; Susan Callan Hardey (Daniel) of Frederick; and Margaret "Peggy" Callan Frazier (Stuart) of Frederick.

Marge is survived by her sister, Mary Theresa Houck Leonard of Philadelphia, and one sister-in-law, Doris Houck of La Plata, MD. She was pre-deceased by her brother, James Edward Houck, Jr. and her brother-in-law, Richard C. Leonard. Marge also leaves behind numerous loved cousins, extended family and friends.

Marge grew up with music in her home. She learned piano and accordion, and family and friends

would sing around the piano on many nights. To keep her sanity while raising 8 kids, she would often sit down in the evening and play organ or piano, singing old classics to lull her kids to sleep.

It was important to both Marge and Bernie that their children learn and appreciate music, and have it be a part of their lives as it was for them. In 1967, using the many skills Marge acquired while growing up and working in her parents' store – Houck's Quality Shop – as well as chairperson of several community committees, such as JayCee Wives, she and Bernie and a few other pivotal parents in the Catholic community raised the funds to start the St. John School Band. In order to fund the band and purchase uniforms, they held "Buck Night" dances consisting of a live dance band comprised of Marge on organ, Bernie on drums, family members, the school band directors and other talented community musicians. Marge managed the school band for the 15 years it existed, with a peak of 90 kids between the Junior and Senior bands, until 1982.

At that time, with her kids mostly raised and her marriage ending in divorce, Marge obtained an AA degree in Hotel/Motel Management from Montgomery Community College. Upon earning her degree, Marge led an aggressive and successful campaign to convince Sheraton Hotels to open in Frederick what was at that time their newest hotel. That hotel continues to exist as the Holiday Inn at FSK Mall.

Marge's professional life continued as she served as secretary to two mayors of Frederick – Paul Gordon and



Jim Grimes; managed the Frederick County Visitor Centers at both the South Mountain and downtown Frederick locations; served as church secretary for Grace United Church of Christ; taught music at St. John Catholic School when it was located in downtown Frederick; and held various other positions helping friends with their businesses over the years.

A memorial mass was held July 9 at St. John the Evangelist Roman Catholic Church, Frederick. Inurnment will be as Marge requested, at her parents' grave at St. Joseph Catholic Church Cemetery, in Emmitsburg.

You may send condolences to the family at www.staufferfuneralhome.com. A main focus of Marge's life has always been children and music, and to continue supporting that interest, donations may be made to St. John Regional Catholic School for their fine arts programs. Their address is 8414 Opossumtown Pike Frederick, MD 21702.

The age old question

Colt Black

As a funeral director, it has always been interesting to hear the varying viewpoints and opinions among the general public regarding burial vs. cremation. One of the most common statements I hear repeated is "cremation is cheaper than burial". The reality is mixed in both, in that what is being stated versus real to life comparison of cost of similar service.

To gain perspective we must look back over time to understand the progression of this thought. Prior to large corporations operating cemeteries and crematory operations, typically in situations of a family having "no money" a church would donate a grave lot and opening of the grave to the family. The funeral director would discount their services and use the most inexpensive container in which to bury the deceased, and usually there would be no grave vault.

So therefore, folks were buried, little cremation was seen at all, plus funeral directors would have had more work ahead of them to find someplace to cremate a body.

Fast forward to today, where cemeteries are ran mainly by large corporations which charge high cost for a grave lot, not to mention opening the grave. Even if the funeral direc-

tor gave away all of his service and merchandise there would be a several thousand dollar cemetery bill for the funeral director to pay versus a few hundred for the crematory fee, thus in comes cremation to being the "inexpensive alternative" for funeral directors to assist families with "no money". As this mantra was repeated by funeral directors to families, cremation became synonymous with low cost in the eyes of the general public.

The reality is one can have a viewing and funeral followed by cremation or conversely have a burial with no viewing or funeral at all.

So the important thing to question is what type of cremation service or burial service is being compared. For example, if you compare a traditional funeral service (viewing/funeral) followed by burial to a direct cremation (cremation with no ceremony or viewing) of course the cremation is the lower cost option.

However if comparing similar cremation service and burial service types then the reality is the cost differential is not that significant between them; if any at all when comparing the cost of services provided by the funeral home.

So the next time you hear "cremation is cheaper than burial" find out the facts for yourself and speak with a licensed funeral director.

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MOM'S TIME OUT

Humor has amazing power

Humor can often times make a day brighter, lighten a heavy mood, or put a smile on the face of a sad friend. Humor has amazing power to do good. Humor when it comes in the form of teasing another person is never a good choice, especially for children. As adults we can handle, even embrace, a comical knock on one of our many idiosyncrasies. Children on the other hand can be negatively affected by this kind of mocking. Humor can be the best medicine. Humor is very diverse in its delivery and its interpretation. Humor is funny (pun intended).

My fourteen year old make jokes all of the time. He actually went through a period when he ended almost every sentence with, "I'm just kidding". It got to the point when we had to sit him down and explain that no one is kidding that much. We also had to get him to understand that the phrase he was using didn't excuse what he was saying. In other words, just because you realized you hurt someone's feelings or said something that wasn't received well, doesn't mean all is for-

gotten when you say it was a joke. If a joke hurts someone's feeling whether intentional or not, you still need to apologize. Then he started telling actual jokes, unfortunately we didn't get them (and neither did he). At this point we got him a couple of kids joke books and cautioned him on using words he didn't know the meaning of. You will be glad to know his humor has greatly improved, to the point that he can make us all belly laugh on command.

This brings me to my girls, my emotional, hormonally charged girls. These two can go from laughing out loud at one another's jokes to stomping out of the room because something was said to hurt their feelings in 10 seconds flat. When this happens it is like Armageddon in my home. The wonderful laughter I heard coming from their room is a sudden memory covered up with the phrases, "She hurt my feelings" and "She was mean". The worst part is that the same jokes that are causing pain were the ones being laughed at only seconds ago. Alright, maybe it

doesn't always happen that fast but the combination of girls plus humor is much more likely to equal disaster than the same equation with the boys. Those few minutes of all out laughter, though, is absolute music from Heaven. The girls are at an age when the laughs from them can make my heart smile.

My oldest son, I am sorry to say, has acquired way too many of my attributes. Including but not limited to my sense of humor. Don't get me wrong we both love to laugh and can be made to do so fairly easily. However, we don't always realize when someone is joking. We also don't understand jokes that are at the expense of another person. I guess we are all about the underdog. He is an old soul with a nostalgic sense of humor. We often comment that he should have been born in Frank Sinatra's day and he agrees. Being an old soul, he loves a good "Knock knock" joke or a "Why did the ____ cross the road"! Taking after his Granddad he also is a closet Three Stooges fan.

My husband has always been the "funny" guy. No matter what the situation he is the one we can count on to lighten the mood. He knows when I have had a bad day the instant he sees me and immediately he is making some joke or doing something completely dorky to make me smile. Even when the last thing I want is to laugh or even crack a small smile he has a way of breaking down my defenses until suddenly without realizing it I am laughing. He has actually gotten in trouble when I am fuming about something and he is making me laugh. Sometimes I need to be mad and he can't stand it. I love that about him. I especially love when he makes the kids laugh. He too has been ensnared by the hormonal females in the house when he is trying to be funny. I remember when he teased my 9 year old about what she wrote in my mother's day coupon book. She had written, "I will not hit". He thought it was a hysterical mother's day gift. She hasn't lost her temper and hit in years and years so to him it was so irrelevant that it

was funny. She was so embarrassed that she started crying. Sometimes humor can hurt, even unintentionally. He apologized and they talked it out and it was fine, but he also realized that he had joked about it a little too much and had hurt her feelings.

Finally there is me. I have been told by my husband that I am hysterically funny when I am pregnant. I guess that means that I have been funny four times in my life. I have also been told by some people that I am one of the funniest people they know, but in specific circumstances. The bottom line is I am funnier when I am nervous. When I have to speak in front of people I get more and more nervous and apparently more and more funny. I have also found when people start laughing I just keep going and then I am also considerably funny. For the most part though I am just your average person when it comes to funny.

Whatever your sense of humor, whatever you find funny, keep laughing! Laughter really is the best medicine. Be cautious when your humor involves belittling other people, but when you are brightening someone's day or turning some's frown upside down, then count yourself lucky!

New substance abuse facility

Linda Clark
Executive Director
The Youth Ranch

One of the most concerning issues facing our teenagers today is the heroin epidemic. In Frederick County alone, there were 140 overdoses and 19 deaths in 2015. Five months into 2016 and we have already had 140 overdoses with 14 deaths. No area of Frederick County is exempt. It is touching Emmitsburg, Walkersville, Thurmont, Brunswick, Urbana, etc. Our high schools are seeing children overdosing while in school.

When the Maryland Sheriff's Youth Ranch closed its doors on its group home in June of 2015, we started researching a new direction. The greatest need that we saw was the need for additional treatment facilities for adolescents in the State of Maryland. Currently, there is only 118 beds in three facilities to cover inpatient substance abuse treatment for all the adolescents in the State of Maryland. Combine that with the statistics that one in four teens has misused or abused a prescription drug at least once in their lifetime, 78% of teens say they have friends who use mari-

juana regularly, and 12% of all high school students have a substance use problem and you can clearly see that we are lacking in treatment facilities for the youth in Maryland.

As a result, The Youth Ranch, a non-profit organization (formerly the Maryland Sheriff's Youth Ranch) in Frederick, Maryland, just opened our new facility on June 1, 2016. We are proud to be doing our part in this substance abuse epidemic that our teenagers are facing. We are a Residential Drug and Alcohol Addiction Treatment Facility for Adolescent Boys ages 12-17, with a mind, body, spirit approach. Our program provides:

- 24 Hour Supervision, Residential Stay
- Intensive Outpatient Therapy from our Outside Provider, Crossroads Center of Frederick
- Individualized Treatment Plans
- Oversight of Schooling
- Life Skill Classes
- Recreational & Leisure Activities
- Team Building Activities
- Nutritional Classes
- 12 Step Program
- Mentoring Program
- Spiritual Program

- Group, Individual and Family Therapy

The Youth Ranch is located on 204 beautiful, rural acres in Frederick County, Maryland. We have a top-

notch facility and 41 years of experience working with adolescents. Our model is new to the State of Maryland – combining a residential program with Intensive Outpatient Therapy – thus giving our clients 1 – 3 months

longer to receive therapy before having to return to their homes. Our facility is private pay for the residential portion with insurance covering the Intensive Outpatient Therapy.

If you would like to visit the Ranch to learn more about our program, take a tour of our facility, or if you have any questions, please give us a call at 301-874-4701.




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The power of blueberries

Carol Cogliano
Hollabaugh Bros

Even if you didn't have the experience of picking blueberries as a child, I suspect you might remember the beloved children's book "Blueberries for Sal" by Robert McCloskey. You are transported to Blueberry Hill, with a young girl named Sal. Sal has been tasked with gathering more blueberries for her mother, and when they hit the bottom of her little tin pail, they make an unmistakable sound: "ku-plink, ku-plank, ku-plunk." Sal and her mother are gathering berries to can for winter, while a mama bear and her cub are eating berries to fill up for hibernation. A sweet comedy of errors follows when the youngsters accidentally wander off and follow the wrong mothers.

Now I want to go pick some blueberries...but without the bears!

Considering they are some of the tiniest fruits we eat, blueberries are massive when listing the countless reasons to fall in love with them. Plump, sweet and juicy, these summer fruits are little powerhouses of flavor and health benefits. Blueberries can be enjoyed fresh, or baked in a delicious batch of muffins; but did you know that they can also be easily frozen, to enjoy for months to come? Although we now have access to blueberries year round at the grocery store, now is the time to take advantage of bountiful local blueberry harvests by stocking up on these tiny treasures.

Blueberries are low in fat, full of dietary fiber, packed with vitamin C, and an excellent source of manganese. Researchers are currently pursuing four tracks to better understand the role that blueberries may play in promoting good health: car-

diovascular health, brain health, insulin response and cancer research

For local farmers, blueberry bushes can be somewhat difficult to get established. They require a certain type of soil makeup and pH balance to thrive – but once blueberry bushes are established in good soil, they will live for decades. Blueberries like good drainage, so they are often planted in raised beds, in a sandy soil (which is why so many are grown on the eastern shore). You may notice that many farms use netting over their blueberries – this is to keep the birds away. Hollabaugh Brothers blueberry yield doubled the first year after they installed netting – the birds ate THAT many berries! To this day, they are still determined – swooping over the fence, looking for a way to get in!

I encourage you to stock up this coming month, either by purchasing fresh blueberries at your local farmer's market, or by visiting a location that offers the pick-your-own experience. Don't forget your little tin pail!

Blueberry Muffins

Recipe courtesy of: Patricia Lowin

The following recipe for Blueberry Muffins originated with my mother, but I hold a vivid childhood memory of waking up at my aunt and uncle's farm to the aroma of freshly-baked blueberry muffins. My aunt was "famous" for these muffins, and upon her death last year a copy of her recipe card appeared on Facebook... with "Pat" (my mother's name) noted in the corner. I'm going to be whipping a batch of these up within the coming weeks!

Ingredients

- 1 ½ cups flour
- 1 egg
- ½ cup sugar
- ½ cup milk

- ½ tsp. salt
- ¼ cup oil
- 3 tsp. baking powder
- ½ to ¾ cup blueberries

Instructions:

- Beat egg then add milk, dry ingredients and oil.
- Add berries.
- Transfer into greased pan (or pan with muffin papers).
- Sprinkle tops of muffins with sugar.
- Bake at 400 degrees for 20 minutes.

Blueberry Buckle

Recipe courtesy of: "The Hollabaugh Family Cookbook"

Hollabaugh Bros cookbook is full of their favorite family recipes, and this is one that I will be trying this blueberry season!

Ingredients:

- Blueberries
- ¾ cup sugar
- ¼ soft shortening
- ½ cup milk
- 2 cups sifted flour
- 2 tsp. baking powder
- ½ tsp. salt
- 2 cups blueberries

Instructions: Mix sugar, shortening and egg together thoroughly. Stir in milk. Sift together and stir in the flour, baking powder, and salt. Finally, blend in carefully 2 cups of washed blueberries. Spread batter in a greased and floured 9x9 pan.

- Crumb Topping
- ½ cup sugar
- 1/3 cup sifted flour
- ½ tsp. cinnamon
- ¼ cup soft butter

Instructions: Mix together and sprinkle over batter. Bake in 375 degree oven for 45-50 minutes or until a toothpick comes out clean.



Frozen Blueberry Yogurt Bites

Recipe courtesy of: www.SkinnyMom.com

Nothing beats a cool, healthy snack in the summertime. These Blueberry Yogurt Bites are simple to make and refreshing to eat! They feel like a sinful snack, but they are packed full of everything that is good for you!

Prep time: 10 minutes. Cook time: 1 hour freeze time minutes. Yield: 10 servings. Serving size: 12-13 frozen blueberry bites.

Ingredients

- 1 pint container blueberries (about 125 blueberries)
- 1 cup vanilla, nonfat Greek yogurt
- 1 tablespoon stevia (or your favorite sugar substitute)

Instructions:

- Line a baking sheet with parchment paper or a nonstick Silpat® mat, and set aside.
- In a medium mixing bowl, stir together the yogurt and sweetener.
- Working in 2 batches, gently fold in the blueberries to coat in the yogurt. Scoop them up with a fork and tap the excess yogurt off.
- Place the blueberries on the baking sheet, being careful not to have them touch.
- Freeze the baking sheet un-

til the blueberries are completely frozen, about 1 hour.

Store leftovers in an airtight container in the freezer.

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. Visit www.hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 for more information.

Hollabaugh Bros., Inc. offers Pick-Your-Own Blueberries! Stop in during the summer months to enjoy harvesting your own berries from our plentiful supply. Blueberries are available from Monday through Saturday from 7:30am – 4pm. Hollabaugh's is located at 545 Carlisle Road, Biglerville.

Cooking events

Kids' Summer Cooking Series – Snack Attack! (for kids ages 9-13) Series Schedule: July 5th: Make it with a grain of salt (Salty Snacks) / July 19th: I've got a sweet tooth! (Sweet Snacks) Cost: \$30 per session, registration required.

Cooking Class – "Healthy Substitutions and Recipe Sneak-ins" – Thursday, July 14th, 7-8:30 p.m. Cost: \$30 – \$5 off for 2 summer classes, \$10 off for all 3 summer classes.

Hollabaugh's 61st Anniversary Weekend – July 16th and 17th.

2 CONVENIENT LOCATIONS!

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 Gettysburg, PA 17325

SCHOOL AND LIBRARY NEWS

Frederick County Library

Linda Frydl

The library is the place to be in the summer for great programs for all ages plus lots of great movies, books and music. There are always many more programs than we can list in the Emmitsburg News-Journal so be sure to visit our website at www.fcpl.org or stop in to pick up our full color magazine, Book-Marks. It has every program from every branch as well as all of the special FCPL events like the free Levitt Amp concerts in Frederick, the many National Park Centennial events plus new outdoor Family Film Festival at the Urbana Library. And there's also something special happening at the Emmitsburg Branch - keep an eye on the changes when you visit us over the next couple of months.

Children's Programs

Hula Hoopin' with Soolah Hoops! - Come join Soolah as she shares the joys of hula hooping. Kids will be entertained with a demonstration of hula hooping tricks with different kinds of hula hoops. Soolah will share her hoops, teaching kids how to hoop, how to do some tricks and play some games! Hoops will be provided. Please be

sure your child is in comfortable clothing and has a water bottle to stay hydrated. Best for grades K-8. Wednesday, July 6, 2 p.m..

Preschool Science Fair - This hands-on event is a fantastic way to experiment with basic scientific concepts using a variety of tools and materials. Explore and learn as you travel through 4 fun science fair stations. Be prepared to get a little messy. Ages 3-5. Thursday, July 7, 10:30am.

Kids in the Garden - Get down and dirty as we learn about gardening and composting with hands-on experiences. Saturday, July 9, 11 a.m..

Vets and Pets - Join a member of the Emmitsburg Veterinary staff to learn about proper pet care and basic first aid for your furry friends. Best for ages 3-18. Wednesday, July 13, 11 a.m..

R.E.A.D.with Wags for Hope - The Reading Education Assistance Dogs(R.E.A.D.)program works to improve children's reading and communication skills by providing registered therapy animals who volunteer with their owner/handler (as a team) to meet with and listen to children read. *Allergy Alert! The dogs and cats are live animals.* Wednesday, July 13, 5 p.m..

Animals in the Park with Fountain Rock - Have you ever wondered which animal is the strongest? Or which animal is the fastest? Join the Park Naturalist of Fountain Rock Nature Center for this live animal presentation. We'll discuss how animals "get in the game" with adaptations that allow them to survive in the wild. Who's the most fit animal player? You decide! Thursday, July 14, 2 p.m..

Here Comes the Fire Truck! - Meet community heroes, the members of the Vigilant Hose Company who will share fire safety information and show off their gear including a real fire engine! Best for Ages 3-5 and Grades K-5. Tuesday, July 19, 11 a.m..

Olympic Challenges and Relay Races - Children will work together to accomplish a variety of physical challenges and races in order to earn prizes. Saturday, July 23, 11 a.m..

Library Play Day at the Park - Come to Memorial Park and join us for outdoor games and water play. Prepare to get wet, get dirty and have fun! Wednesday, July 27, 2 p.m..

Symphony Storytime with Frederick Symphony Orchestra! - Children and their parents experience a live musical collabo-

ration between the library reader and a Frederick Symphony Orchestra musician during this 30 minute storytime! Musicians will play short selections, talk a little about their instrument, answer questions, and, after the stories are read aloud, audience members can take a closer peek at an instrument petting zoo provided by the music specialty store Music & Arts! This program is best appreciated by children ages 2-6 and their caregivers, but is open to all ages. Thursday, July 28, 10:30 a.m.

Teen Programs

Paint Masking Art - Use masking tape, paint and your imagination to create a piece of abstract art. All materials provided and registration is required. Tuesday, July 12, 4 p.m..

Game On! Mount St. Mary's Athlete Meet UP - Register to attend this special two-part program teen event. First come to the Thurmont Regional Library on Thursday, July 14 to meet the Mount's Athletic Director, coaches and athletes and learn about being a 'student athlete' at a Division 1 university. Then on Thursday, July 28, meet up at the Mount Athletic Arena for a mini-basketball clinic. Participants receive a free ticket to a fu-

ture Men's Mount Basketball game. Both Meet Ups start at 4 pm.

Special programs at the Thurmont Regional Library

Local History: From Battlefield to Hallowed Ground: History of the Gettysburg Military Park Christopher Gwinn Supervisory examines how the battlefield was transformed into a National Military Park, and how the veterans of both sides marked, memorialized, and commemorated the battle. Monday, July 18, 6 p.m..

It's All Bluegrass this Summer on the Deck! - This month's Bluegrass band features Carroll County band, Canaan's Land. Canaan's Land Bluegrass is committed to providing top notch traditional bluegrass music with a sprinkling of new era sounds. All music events are free and open to all ages. Sunday, July 31, 2- 3:30 p.m.. Coming up on August 21, The Plate Scrapers.

Nighttime on the Deck - Animal Ambassadors! - Join us out on the deck for a visit from Strawberry Hill Nature Preserve's Animal Ambassadors! Thanks to a generous donation from the Thurmont Lions Club, families are invited to the library on select Wednesday nights this summer for programs related to the natural world. Wednesday, July 27, 6:30 p.m..

To register for programs visit fcpl.org, or call 301-600-6331.

Blue Ridge Summit Library

Monday- Lego and Wee Build Creation night!!! Let your imagination show its genius! All ages welcome.

Wednesday - Coffee house "Coffee, Tea, and Thee" from 3-5 p.m. Mingle with the gang for puzzles, board games, coloring books, etc. Recipe exchange has started! Help us acquire recipes for our cookbook.

Thursday - Teen night. The community room is reserved for teen use from 3:30-5 p.m. Just hang out or play Wii, board games, do puzzles, eat snacks, watch movies, etc.!

Saturday - Join us at 11 a.m. for

story hour and all of it's festivities! What could be better than a great book, a good snack, and a fun craft.

Movies!

July 7th we will be showing the movie, "Mighty Ducks" at 6 p.m., rated PG. "A self-centered lawyer is sentenced to community service coaching a rag tag youth hockey team".

July 19th the family movie "Zootopia", rated PG will be shown at 6 p.m. "From the biggest elephant to the tiniest shrew, the city of Zootopia is a beautiful metropolis where all animals live peacefully with one another. Determined to prove her

worth, Judy Hopps becomes the first official bunny cop on the police force. When 14 predator animals go missing, Judy immediately takes the case. Partnering with a smooth talking fox named Nick Wilde, Judy must piece together all the clues as to where the predators are and who is behind it all."

July 28th "Harry Potter And The Chamber Of Secrets", rated PG, will be shown at 6 p.m. "Harry Potter's adventures continue... Harry Potter begins his second year at Hogwarts School of Wizardry, but is warned by a mysterious creature that danger awaits him at the school. Malevolent voices whisper from the walls.

Soon it's not just Harry who is worried about survival, as dreadful things begin to happen at Hogwarts."

Special Events

July 5th quilting class will meet at 6 p.m. The ladies will be finishing up their donation to the Ice Cream Social.

July 16th is the 3rd Annual Whistle 5K Walk/Run at 8 a.m. This event is the prelude to the 40th Annual Ice Cream Social and Book Sale at the Blue Ridge Summit Free Library.

July 16th the 40th Annual Ice Cream Social and Book Sale will be from 9 a.m. - 2 p.m. at the

Blue Ridge Summit Free Library. Great food, entertainment, books, artists, magic shows, face painting, author book signings, living history displays, fire truck rides, plant sale, crafters, ice cream, and fun for all!!

July 21st we are offering individual computer classes with Jill Yaich. Each class is on the hour from 3-7 p.m. Please call or visit the library to sign up, 717-794-2240.

The June 26th Trail Time Tuesday (Appalachian Trail) club will meet at 6:30 p.m. The meeting will feature a talk about the American chestnut. This club is a family friendly club and open to everyone. 717-794-2240.

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SCHOOL AND LIBRARY NEWS

Graduation day

Kate Groth
Frederick County School Board

As soon as we turn the page on the calendar to May, the excitement begins to build. Graduations and the accompanying activities and celebrations are at hand, and for this member of the Board of Education, I consider this the highlight of the year. After all, when we launch our children into school at age 5, we know they will most likely be attending school for the next twelve years. Graduation, then, is a culmination for both parents and students. This year, FCPS awarded a total of 2873 diplomas at graduation ceremonies held at the Knott Arena at Mt. St. Mary's University.

The excitement began with the Rock Creek School graduation which was held on Friday, May 20, at Rock Creek School. Every year, the excitement becomes the prom theme! This year, 4 students received their certificates at Rock Creek School. These students have plans for future jobs and training.

The next graduation celebration was the SUCCESS program. It was held on Tuesday, May 24, in the Knott Auditorium at Mt. St. Mary's University. Eighteen young people stood and received their state certificates as they celebrated their transitions to the world of work and further education. They also celebrated and remembered the life of a classmate who passed away just a short time ago.

Beginning the week of May 31-June 3, following the Memorial Day weekend, our ten comprehen-

sive high school held their ceremonies at the Knott Arena at Mt. St. Mary's University.

On Tuesday, May 31, Frederick High School led off with their ceremonies at the Knott Arena in the afternoon where 246 students received their diplomas. Their graduation was followed by Governor Thomas Johnson High School in the evening. Their class numbered 347 graduates.

On Wednesday, three schools held their graduation exercises. In the morning, was Brunswick High School. They graduated 159 students. In the afternoon was Middletown High School. 273 students received their diplomas at their celebration. That evening, Linganore High School handed diplomas to 355 students.

Catoctin High School, Walkersville High School, and Urbana High School all held their graduation ceremonies on Thursday, June 2. Catoctin graduated 226, Walkersville graduated 270, and Urbana graduated 374, the largest graduating class in FCPS.

And finally, on Friday, June 3, both Oakdale High School and Tuscarora High School celebrated their graduations. There were 286 students who graduated from Oakdale and there were 337 who graduated from Tuscarora to end an exciting week for Frederick County Public Schools. Most of us on the Board of Education consider this week the culmination of our year's events.

This has been a big year of opportunity for our students. Many of them take the dual enrollment pro-

gram with our local colleges, where they can receive college credit while still in high school. One young man recently told us that he had received 40 college credits while still in high school and would start college as a sophomore. For this he had to take regular college classes at FCC or elsewhere and double up with on-line courses. This year, the number and variety of on-line courses has significantly increased. For some students, this is an ideal way to pick up extra coursework as well as learn the art of time management. Many of our students attended the Career/Technology Center (CTC) and completed programs of study that prepared them to take jobs upon graduation. Others found certification programs that led to jobs and other post-high school programs, such as trade school. Still others take their CTC coursework and continue it in college. CTC has become one of the very successful programs that FCPS offers its students.

As graduation is a culmination, in many ways it is the new beginning for our newly-minted high school graduates. Many opportunities beckon, and today, there are many opportunities to be had right in Frederick County. Some of our graduates will enter military service. Many will take jobs in the Frederick community or elsewhere. Still others have decided to go to college. The world opens its doors to our young folks, and they will find unique ways to make their contributions in that world. We wish all of them the best that life can bring.



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Emmitsburg High School Alumni Association awards scholarships

Phyllis Kelly

The Emmitsburg High School Alumni Association (EHSAA) is pleased to announce the winners of their annual EHSAA scholarship program. Four \$1,000 scholarships are awarded each year. However, this year an additional \$1,000 scholarship was awarded, thanks to an anonymous gift from a member of the Class of 1965. It was given in memory of all those deceased in that class (Kenny Krom, John Wagerman, David Nail, Clyde Hahn, Joseph Beale, Robert Ulrich, Gary Valentine and Suellen Knipple Barbe).

The scholarship applicants were judged on involvement in school and community activities. Their academic work, financial need, and honors were also considered, along with their work experience.

Four scholarship recipients are seniors at Catoctin High School (CHS) and

were recognized at the school's awards annual ceremony on May 31, 2016. Megan Millison, daughter of Sheri Wetzel and Phillip Millison, plans to attend Salisbury University and get a Master's Degree in social work to help trauma patients. Maya Swiderski, daughter Deborah Wivell and William Swiderski, plans to attend the University of Pennsylvania to start her degree to become a veterinarian. The third recipient is Kayla Umbel, daughter of Chad and Sandy Umbel, who plans to attend Virginia Tech to study in their dairy science program. The final senior

is Marah Williams, daughter of Richard and Joan Williams. She will attend Towson University to become an audiologist.

The 5th recipient is Taylor E. Shank, a former graduate of CHS, currently attending Clemson University working towards a Bachelor's Degree in Architecture. She is the daughter of Duane and Anita Shank.

All recipients will be recognized at the Emmitsburg High School Alumni Association's 92nd annual Banquet to be held October 15th, 2016.

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FOUR YEARS AT THE MOUNT

This month we had the writers get in touch with their creative side and asked them to write a creative piece surrounding Independence Day. We hope you enjoy our stories!

Junior Year

In memoriam...

Sarah Muir
MSM Class of 2018

I planned to write this article of a story of my own creation featuring the Fourth of July, of course, and the patriotism and the determination of the American spirit. However, recent events have caused me to stray from this train of thought and while I will mention the beauty of Independence Day, it will focus more on memories very near and dear to my heart.

I might have mentioned that when I was little I went to an all-girls Catholic school called Visitation Academy. It was opened in 1846 and run by the Sisters of the Visitation, an order that would continue to run the school until the order was moved in 2005. I was around eight years old when they left and still remember them very well. They were some of the

greatest and kindest women I have ever met and my family was close to them. My father (along with others who had daughters at the school) would take weekends to help spruce the place up. Sometimes, my sister and I would go with him and play with our friends on the empty campus. I have many memories that originate from that school and they will remain with me forever. I have one in particular that I wish to share.

In my last article, I talked about my most cherished summer memories. I unknowingly left out an old tradition my family used to do on the Fourth of July every year. Independence Day is a great holiday: The smell of freshly mowed grass, and hot dogs and hamburgers sizzling on the grill and friends and relations gather in excitement under the fireworks. My family would celebrate the evening of the Fourth of July at the school. The nuns

would allow my dad to borrow the keys to the topmost floors and our family, along with a few others, would make the dusty, dark, and more than somewhat frightening journey all the way to the final door that lead to the Widow's Walk. This is a small, circular space on the roof of one of the buildings. It did not have a roof itself, only a white and black railing that surrounded the platform. The view, as I remember it, was spectacular. All of Frederick spread out before us and we seemed to be alone up there, above the streets. The warm July evening hung around us and we waited for the fireworks. First, you would hear faint popping noises and expecting ears would prick up in anticipation then the tell-tale whistle of the firework as it went up and up and up and then, bang!

The night would explode in to a burst of color and everyone would start to smile. Up on the roof, with my family, we would watch as the night would thunder and light up over and over with effervescent hues. Our faces would look to the sky as reds, greens and blues would capture our attention, a band somewhere in the distance would play the National Anthem, and the skyline of Frederick would bask in the kaleidoscopic glow of the fireworks.



It is a wonderful memory I hold deep in my heart. We would go up to that look out for several years on the Fourth of July, but after the Sisters left, we stopped. We still saw the fireworks, but it was not the same as from our lofty spot on the roof. So much has changed since the school opened, but it managed to last for 170 years of history. Unfortunately, the school will not make it to 171, by the time this paper is published, the doors will be closed and a long tradition, ended.

While a large part of me is

heartbroken at this, a small part is happy for the memories I have of the Visitation Academy. A piece of me remains with that school and no matter what changes take place. I have lasting friendships thanks to that school and wherever I am in life I can close my eyes and be teleported years away, on that roof, watching the fireworks, as a band somewhere plays the National Anthem.

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

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FOURTH OF JULY

Senior Year

Pizza!

Leeanne Leary
MSM Class of 2017

“Mama mama can’t you see, what the army’s done to me.”

Okay this is the eighth cadence. The first five took about two minutes each and the next two were short – it has probably been about eight minutes – so maybe one click, maybe.

“They put me in a barber’s chair, spun me around I had no hair.”

I turned to McCoy, marching to the same cadence directly to my right. For the sixth time this week, we marched side by side, but no words had been spoken. What better time than the present?

“Hey, McCoy, I lost my watch. Do you know what time it is?”

“0841” he responded.

So it hasn’t been as long as I thought. Normally, time doesn’t seem to drag on this way, but we have been up since 0345 and it is the Fourth of July. We have been promised pizza and two beers by the end of the day and after almost a month of MREs, nothing sounds better. I have

to find a way to make it through the next couple of hours. We’re currently marching from what has been our operating area for the last few weeks. Last year, cadets commented that Cadet Summer Training wasn’t “physical enough,” so they threw in this casual 13 mile ruck march back to the barracks on the last day of the field training. For my particular regiment, this final day also happened to fall on the Fourth of July.

“Mama mama can’t you see, what the army’s done to me.”

I need to find a way to successfully not lose my mind for the next 12 (ish) miles. I don’t *really* want to talk to McCoy. He is the only person whose first name I haven’t even learned yet, but it is almost time to go home. I’m tired, and he also hasn’t made an effort.

“They took away my favorite jeans, now I’m wearing army greens.”

Okay, enough of this.

“Hey, so, McCoy, where are you from?”

“New York,” a grumbled response.

Nodding, I turned back to face the front. How does one even continue this conversation? He didn’t ask where I’m from. He

didn’t expand. He didn’t even seem happy to answer.

“That’s cool, I’ve never actually been to New York! I’m from Pennsylvania, but closer to the Maryland border.”

“Oh, nice,” another grumble. “Mama mama can’t you see, what the army’s done to me.”

Okay, McCoy, if you don’t want to talk to me, I’ll talk to myself.

And so I did, for the next hour and 46 minutes.

“I use to date beauty queens, now I love my M16.”

Finally! I can see the barracks. I can see the place where I will sleep tonight and the field behind it where we should be getting pizza shortly. We came to a halt, faced left, and were told to (finally) drop our rucks.

I dropped mine and tried to sit on it, and my legs buckled on the way down. They had apparently grown accustomed to the weight on my back and the steady “left, left, left, right, left” cadence coming from the Platoon Sergeant. I laughed to myself as I fell backwards and looked around for my friends. Winding was two people down to my left and I could see Burne two columns over on the other side. I tried to make eye contact with Winding, making an upside down triangle with my hands to indicate pizza. Somehow, she knew what I meant, or maybe her mind was on a sin-

gle track to food as well, and she laughed and pointed behind her where three men were walking towards the platoon, each holding what looked like six or seven boxes of pizza. Two people followed behind the pizza carrying water jugs.

The men looked like pizza, their names honestly might as well have been pizza. One was pepperoni, one was ham, and one was gooey and delicious cheese. They walked like pizza.

The pizza men set up at a table to the right of our formation and one by one, everybody’s heads snapped to the front to wait for a “fallout to the pizza” command.

We waited, staring at a platoon sergeant whose name was also now pizza, as he stared directly back at us, unflinching.

One minute went by and he never looked to the tables. Two minutes, now, and he still hadn’t looked. Three minutes finally passed and a smile crept onto his otherwise unwavering face. A tiny laugh escaped from his mouth as he shouted “On your feet!”

“On my command, you may now form a line at the pizza tables, fall out!” he finished.

I remember nothing from the two minutes and 30 seconds that followed that command. When I finally came to, I was sitting back on my ruck, starting my second piece of pizza, ham this

time. The first had been just enchanting. The cheese seemed to drip and ooze in all of the right places. The sauce was hot, but not too hot. The crust was the perfect kind – not fluffy and pointless and not tiny and unsatisfying.

Two bites into the second slice and the pizza seemed to morph shapes. It wasn’t actually gooey and hot and satisfying; frankly, it kind of tasted like cardboard.

I guess hunger and weeks of MREs can play games with your mind. It was okay though, it only took a few seconds to snap back out of it and re-enter my pizza dream land.

I finished my second slice and looked around, McCoy was directly behind me. He had a huge smile on his face and the second I looked at him he shouted in a voice ten octaves too high, “Wow, isn’t this great?” *Bite.* “I can’t get over how good this pizza is!” *Bite.*

Laughing he looked back at his pizza and continued.

I guess hunger did some pretty strange things to him, too.

“Mama mama can’t you see, what the army’s done to me.”

The cadence still rings in my head as I try to sleep. I’m not even hungry anymore.

To read other articles by Leeanne, visit the Authors section of Emmitsburg.net.

Graduate

The real story of the battle at Lexington

Katie Powell
MSM Class of 2016

CRASH! Mollie woke up in a cold sweat. It was dark, past midnight. She lit a candle and crept out of her bed to look outside to see what was causing all the noise, and ruining her precious sleep. She quieted her four year-old brother Mathias on the way out, kissing his forehead as he rolled back into sleep. Mollie was a spunky 16 year-old who didn’t know when to quit. Even now that the revolution against the British was underway, Mollie was always fearlessly heading out into areas that she knew were dangerous- just for the thrills. So far she had not been badly hurt, a couple scabs on one knee and a cut above her eye that left a scar through her eyebrow told stories of nights she had flirted a little too hard with the enemy.

On this particular night, Mollie bit off more than she could chew. She thought maybe she had heard a carriage crash or a barrel tip over or something of the like. What she found was far, far worse.

A battle had occurred right outside of her tiny home in Lexing-

ton. A dead Brit lay on her doorstep, shot in the head. Impressive shot, she thought. Scuffling behind her. She turned and saw her Minutemen marching valiantly on. Her eyes shone in the light of her candle. She loved the Minutemen. She was so impressed with their determination and swiftness despite their lack of formal training. She was especially fond of their youngest recruit, 18 year-old Richard. Mollie had always been close with Richard. They were best friends from a young age, but had grown apart since the battles had started. They had changed Richard. Mollie wanted nothing more than to get her best friend back.

As the Minutemen disappeared into the night, Mollie had an idea. Maybe it was the heat, maybe the wretched smell of the battle-torn town, or maybe it was sincere and absolute desperation to get her friend back, but regardless, Mollie grabbed the dead Brit from the street and dragged him into an alley. She sighed and took the British soldier’s clothes, pulling on the funky white pants and distasteful red jacket before salvaging a gun from the horrible scene. Then, she went to find her enemy.

She walked cautiously, following the sound of crackling fire that she knew would lead her into the belly of the beast. She knew a Minuteman would cut her down before they recognized her fierce green eyes and the scar on her left eyebrow under the huge lopsided hat she got from the Brit. So, she

made her way through the alleys, avoiding main streets and creeping as if she were trying not to wake Mathias.

She made her way out of town and into the woods, avoiding the crunchy leaves. Then she heard it. Laughter. She watched the soldier from behind a tree as he wandered off alone. Bathroom break? Mollie thought. Perfect! She jumped out from behind the tree and ran at him hard, bayonet first. She made contact and he thudded to the ground. Her head spun and she tried to regain her focus. She just killed a man. She rolled him over and realized who it was that she had killed—a British lieutenant. She froze. They would notice him missing. She climbed a nearby tree and waited. Mollie got herself into trouble a lot, but she knew how to get herself out. It was early morning now, the sun had just barely begun creeping out of the ground. The British soldiers were asleep in their camp, so Mollie knew it was time to act. She sprinted back to town, took off her hat and her face, and rang the large bell that summoned the Minutemen. She hoped to heaven they recognized her face before her uniform.

Richard was the first one there, and he walked up to Mollie sword drawn. She raised her hands slowly and said, “Hey Ricky.” He took a step back as if he had just stepped on a rattlesnake, then moved swiftly toward her.

“What do you think you’re doing?” He whisper-shouted.

“I killed the lieutenant,” Mollie gasped. “It won’t be long before they wake up and realize. We have to do something.” The other Minutemen had gathered by this point, and started to formulate a plan.

“No, we have to do something. You have to go back to bed, little girl.” A townspeople sneered at her, condescending and certainly resenting the fact a woman killed a higher rank than anyone in the tiny army. Richard stepped in.

“Mollie is more fearless than any of us, and certainly has more heart. I don’t think anyone deserves to be part of this mission more than she does. If that is a problem for anyone here, than you should be the one to leave, not Mollie.” A couple men left, but most stood firm.

“So what do we do?” A voice from the back.

“They are asleep in the woods.

If we surround them, I think we can take them out. They don’t have a leader. I killed him.” Mollie said, wavering at first but finding her voice.

The Lexington Minutemen trekked into the woods silently, torches ablaze, following their fierce leader. Mollie signaled for them to surround the camp, and on her go, they threw their fires onto the tents and attacked. They killed many of the British soldiers and took several as prisoners.

It was a small victory for the ragtag band of minutemen in Lexington. However, it was the very first battle of the American Revolution. And I swear, that is how it really happened: Mollie, the 16 year old girl in a sleepy town, helped to defeat the British army—along with countless other women dressed as men.

To read other articles by Katie, visit the Authors section of Emmitsburg.net.



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FASHION

For the love of sneakers

Valerie McPhail
MSM Class of 2015

The Fourth of July is the one and only holiday that truly ignites the summer season in my soul. Before moving to New York, my parents, twin sister and I would take the evening to drive down to Washington, DC for dinner together and then walk to the National Mall for fireworks. The evening out always inspired an opportunity to dress up. An embroidered slip dress, suede tasseled boots, cropped tops, skinny jeans and sneakers: all fashioned in the similar vein to how you would find the glamorous and unapologetically trendy parade in Soho. We wore clothes for other reasons: To offer self-expression, utter personality and to partake in the art of dressing, and all efforts served in the spirit of celebration. This consciousness always ensued a photo series of myself cheesing for the camera as the sun begins to set and the Washington Monument stood behind me,

later posted on social media's favorite app, Instagram.

The moment of silence falls in anticipation for the sparkles that light up the night's sky, there is a peace that blankets the journey home. As we drove north, passing the National Zoo, along the brick stone and forest green tresses that guide our path through Potomac, my mom's Buick navigated among convertible Mercedes with their tops down and various other luxury cars, blasting music in order to enjoy their evening as much as one can when stuck in traffic.

As I consoled the exhilaration that thrived around me, the swiftness of these fast cars reflected against the sleek style of a short-sleeved, crisped white cropped button down, American Eagle jeans and black and grey New Balances: my outfit for the day. As the sound of my favorite songs on the radio lifted the ambience, I sank in my seat and relaxed to enjoy the moment. I was comfortable in my own space, in my own shoes.

These in fact were my favorite part of the ensemble. A call to arms for simple statements and need for comfort within the clothes I wear; Sneakers were the best way to relate.

With over-interest in Nike Air Jordans, and Adidas Stan Smiths, a sneaker obsession has raged society's interest in fashion. In the past three years, sneakers have become immeasurably trendy; a piece ladies can pair with their evening dresses and guys with their suits and ties. Among the designer sneakers that reinstate a sporty flare to fashion: Tory Burch, Coach and Michael Kors. My favorite pairs remain loyal to the brands with a heritage of rough and tough appeal. Comme de Garçon x Converse, Superga x Rodarte and a new curiosity for vintage high tops and skater culture has brought my attention to Vans. In the end, the fruits of this interest are significant to fashion's namesake in society. Designer brands have formed a market out from the practicality of a sneaker. As a result, fashion is becoming more relevant and accessible in our world. The shoe has changed the way I approach fashion.

Sneakerhead is defined as one who obsesses over sneakers. Typically spoken to portray a man, yet never used to discriminate, for a female can unashamedly account, the term describes a person who collects sneakers. This person is a connoisseur; they will advise others on knowledge and news involving the latest fashion and advancements in the sneaker world. Those who camp out in front of storefronts before newly released collaborations, say for instance, a pair of limited edition Kanye West's Yeezus shoes, the dedicated and determined can relate. This is a culture that has developed within the fellowship of the fashion industry. They crave sneakers to make a point: they will compromise their time and spend their money on a piece of fashion. In response, brands are listening. Is it inspiration, catering to the customer, the sneaker is the best taste of fashion on the market right now.

A lot can be said about a fashion brand by how they design their shoes. Here in New York, shoes run our world. In this fashion kingdom, what sets footwear apart from other pieces of fashion is how vital they are a part of lifestyle. New Yorkers walk everywhere, and so, the right pair shoes are a necessity. Call it an invest-



ment. The fact that life in New York depends on a well-made pair of shoes must give a hint the future of fashion's relevance. Fashion is, and can develop into a cultural phenomenon. With footwear leading the way, a new perspective on fashion can arise. We can start to see the role of fashion in our world, how it is understood as an industry and a product in our lives.

Footwear was my first introduction into the business of fashion. My first retail job was working in sales at the women's shoes department at my local Lord & Taylor. Typical for the fashion industry, the work was difficult in nature. I literally had to chase my paycheck: the job was commissioned based. As I work and live in New York, it feels that not much has changed, or maybe I was conditioned for competition. From my introduction to footwear sales, I have learned how crucial this piece of your outfit is before stepping out the door. A pair of shoes is like the last corner piece of your puzzle. It completes the final look.

That summer I spent a good portion of my paycheck on shoes. And not just on my first pair of Superga sneakers, but on wedges, combat boots, and ballet flats as well. I found every reason to buy shoes. They complemented every situation in my life: beach bum days in Miami, pub-crawls in Dublin and late night library sessions at the Mount. My new shoes would set the tone for every outfit I wore and every statement I made.

Now that I am in New York, I stick to a strict regimen loafers, ankle boots and sneakers. One could hardly ever see me wear flip flops —or at least I hope, for in a city where dogs use the sidewalk as their bathroom and trash circulates as the wind blows, I cringe at that sight— so then when I feel an urge, I wear wedges. They serve as an

alternative to boots during the summertime and add an extra height for more dressier days to nights. In the city that never sleeps, there is a dire need for a shoe that will allow you to stay on the run. Practicality is a prerequisite.

For men with a more traditional flare:

Sneakers for men are a summer favorite. It is a style I discovered while aimlessly perusing on Instagram, only to find that one of my favorite socialites in the fashion industry had snapped a picture of the shoes while out at sea. The image has yet to cease inspiration on how I imagine gentlemen to dress. These shoes, decorated with tassels, leather tough as concrete and a rubber sole will deem appropriate where flip-flops and fisherman sandals cannot venture. This style launched in the 1930s, is model sent from Norwegian sensibility. Now a style embraced by men and women, the loafer is a design of refined style and high class.

Despite the lack of variety in shoe styles for men, they should consider the different kinds. Runway appearances of this fancy footwear appeared in Etro's Men's Spring 2016 Collection with shining colors as Gucci's Men's Spring 2016 Show recreated its classic style with fun prints of intricate design.

A new type of tennis shoe for women

With celestial grace and minimalist liberty, the silver slip-on shoe fashioned with Calvin Klein's Spring 2016 Collection is without a doubt a summer staple. Tommy Hilfiger offered the same design but with more of a festive attention to color. This design has jet set into a variety of styles including leather, canvas and suede. In the end, these choices do not need to disrupt its purpose: the slip on shoe is effortless, uncomplicated and easy-to-wear.

Perhaps I am shoe obsessed. I have affinity for my New Balances, a fondness for Superga and past for racking up on shoes. Forget the flip-flops, summer can be just as comfortable and stylish in sneakers. However, the progression between high-fashion and luxury collides, there will always be the classic loafer for men and straightforward styles for women. These styles will remain a standard even when footwear trends encourage a little firecracker in your step.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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19th Century Base Ball returns

Brian Vogelgesang
MSM Class of 2016

The town of Gettysburg boasts a seemingly never ending wealth of history. From the legendary battle fields where Union and Confederate soldiers fought for their versions of freedom to the monumental speech given by Abraham Lincoln, Gettysburg thrives off of the stories from its past. One aspect of Gettysburg's historical narrative that some people may not realize is the town's involvement in the making of America's favorite past time. The Seventh Annual Gettysburg National 19th Century Base Ball Festival, which takes place July 16-17, is a symbol of this history.

"Base ball," as it was spelled in the earlier years of the game, is a game that sparks memories in people of all ages. The game is played by anyone, and enjoyed from every angle whether that be on the diamond or on a bleacher. The festival reveals the game in all of these ways. It brings old school baseball teams from across the nation to the town of Gettysburg. It gives players a chance to show the world a bit of history, encouraging spectators to delve deeper into the beauty of the past.

Bruce Leith, president of Elkton Base Ball Club and Exhibition company, suggested "The festival is one of the finest, if not the finest in America, drawing some of the most storied clubs in vintage base ball to Gettysburg each year."

One player remarked that the festival creates a unique experience providing a venue where one knows that he is playing on grounds where war was waged for America's freedom. "Often times they reenact the battle of Gettysburg, and we are reenacting the battle of baseball."

With some equipment changes and a few tweaks to the rules as we know them today, vintage base ball (19th century base ball) illuminates many elements of the game's past. The uniforms fash-

ion the classic pin stripes and the bats are made from solid wood. 19th Century base balls are made with a rubber center that allows for more of a bounce once the ball makes contact with the ground. If this bounce is caught, the player is considered out, unlike the game of today where the ball must be caught in the air for the out to be considered.

Bruce Leith described even more changes saying, "Fans who come out will see what base ball was like in 1863 in Adams County and the rest of the country. Players will be playing by the same rules and customs and using the same style uniforms and equipment as were used in the mid 19th century. Today's modern game of baseball evolved from the closing of loop holes each year from 1857 until what you see today. Fans will immediately recognize the game, but they will also see that no players have gloves or equipment of any kind on."

Among some equipment changes and rule tweaks, the festival will offer players an authentic experience through its venue for play. The vintage variation of baseball is not played on finely cut grass lying on flat fields. No, it is rugged. The fields are like the fields used by the baseball pioneers of the past. The players sport the passion to endure the holes, bumps, and uneven turf that those long ago once had to accept. The fields are similar to the fields on which baseball great, Eddie Plank played on.

Plank is a baseball hall of famer who hailed from the town of Gettysburg. Eddie Plank began his baseball journey that would lead him to greatness at Gettysburg College when he played for the collegiate baseball team for about a year. Eddie's coach, Frank Foreman then recommended him to Connie Mack of the Philadelphia Athletics.

The festival website described the successes of the A's saying, "In 1910, the A's defeated the Chicago Cubs (4-1) to win their first World Series. The 1911 A's continued



Old time baseball returns to Gettysburg on July 16 and 17. Come out and see how baseball was meant to be played! Photo courtesy of Brad Nau.

their dominance, defeating the New York Giants (4-2) in the fall classic. Connie Mack's 1910-1911 A's earned the distinction of becoming the first team to win 100 games in back-to-back seasons and becoming the first AL team to win back-to-back World Series."

Plank continued to play until 1917 when he ended his career with the St. Louis Browns. Through his successes in college and with the pros, Plank showed his passion to the world and made a name for himself and added to that of Gettysburg.

Along with the spirit of Eddie Plank, the players on the fields at the festival display their passion for the game for all to see. Amid the heat and humidity, which some people claim to be the biggest factor of the festival, the players battle not for the score but for the sake of pure sport.

Leith commented, "Most of our players play the game because they love the sport and most have played baseball before. They are also lovers of the history of the game and this brings both aspects together. For most, once they play one game of 19th century base ball (or vintage base ball) they never go back to softball again." This is

what the the Seventh Annual Gettysburg National 19th Century Base Ball Festival is all about, that is, love for the game of baseball.

The festival is a family friendly event that is suitable for all ages. The town of Gettysburg welcomes many travelers each year and this

event definitely is on worth traveling to. The game is a classic and the experience is like no other. Fans can enjoy a piece of the past brought to them in the present. It truly is a beautiful thing when one can see America's favorite pastime played in its truest form.

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ARTS

The Way Off Broadway's Spamalot

Justin M. Kiska

The Way Off Broadway Dinner Theatre, the Frederick area's only year-round professional producing theatre, continues to bring the best of Broadway to the Frederick stage this summer with the smash-hit musical comedy, Monty Python's Spamalot.

Lovingly ripped off from the classic film comedy Monty Python and the Holy Grail, Spamalot tells the legendary tale of King Arthur's quest to find the Holy Grail, and features a bevy of beautiful show girls, not to mention cows, killer rabbits, and French people. Throughout the show, Arthur, traveling with his servant Patsy, recruits several knights to accompany him on his quest, including Sir Bedevere, Sir Robin, Sir Lancelot and Sir Galahad. On their way, they meet the Lady of the Lake, Not Dead Fred, the

Black Knight, and the Knights who say Ni.

In 2005, Monty Python's Spamalot took Broadway by storm. Spamalot has a book and lyrics by Eric Idle with music by John Du Prez and Eric Idle. The show is based on the motion picture Monty Python and the Holy Grail from the original screenplay by Graham Chapman, John Cleese, Terry Gilliam, Eric Idle, Terry Jones, and Michael Palin. Way Off Broadway's production will be directed by Bill Kiska, with music direction by Jordan Stocksdale and choreography by Dee Buchanan.

Monty Python's Spamalot will make its Frederick-area premiere at The Way Off Broadway Dinner Theatre, running July 22nd through September 17th with performances every Friday and Saturday evening and matinees on the 1st, 3rd, and 5th Sunday of each month.

The upcoming production is led by Brian Lyons-Burke as King Arthur, alongside Adam Yastrzemsky as Patsy, both making their Way Off Broadway debuts. They will be joined by the Knights of the Round Table including Ariel Messica as Sir Robin, Brett Stockman as Sir Lancelot, Jordan B. Stocksdale as Sir Galahad, and Jeremy Trammelle as Sir Bedevere. The show also features Joseph Waeyert as the Historian and Tori Weaver as the Lady of the Lake.

The other characters Arthur and his knights meet on their journey are played by Jessica Bilonnes, Sam Buchanan, Sarah Burton, Paul Cabell, Daniel Hafer, Alex Levenson, Matthew Lincoln-Bugg, Carol Niedringhus, and Mallory Rome.

Doors open for dinner on Friday and Saturday evening at 6:00 p.m. with the show beginning at 8:00 p.m. On Sundays, door



Brian Lyons-Burke as King Arthur, Adam Yastrzemsky as Patsy, Jordan B. Stocksdale as Sir Galahad, and Brett Stockman as Sir Lancelot.

open for lunch at 12:30 p.m. with the show beginning at 2:15 p.m. Tickets are \$45 on Friday evening, \$48 on Saturday evening, and \$44 for Sunday matinees.

To purchase tickets, call the Box Office at 301-662-6600. To learn more about Way Off Broadway or any of its productions, visit www.wayoffbroadway.com.

“Celebrate our independence!”

Gettysburg Community Theatre will present 1776 the musical, to celebrate the 240th anniversary of the signing of the Declaration Of Independence.

1776 is a musical with music and lyrics by Sherman Edwards and a book by Peter Stone. The story is based on the events surrounding the signing of the Declaration of Independence. It dramatizes the efforts of John Adams to persuade his colleagues to vote for American

independence and to sign the document. It premiered on Broadway in 1969, earning warm reviews, and ran for 1,217 performances. The production was nominated for five Tony Awards and won three, including the Tony Award for Best Musical. In 1972 it was made into a film adaptation and was revived on Broadway in 1997.

The show is directed by George Muschamp who has been a Theatre Professor at Gettysburg Col-

lege and HACC, and performed and directed in the Central PA area and beyond for many years. Vanessa Rise is serving as the music director and piano/conductor with a live band for the historical show.

The cast includes 27 adults from York and Adams County and beyond, as well as a local artist by the name of Boyd Hetrick in the walk on role of the Portrait Painter who in the show paints a portrait of Ben Franklin.

Boyd is going to be sketching and painting the portrait throughout the rehearsal process and also add finishing touches actually on stage during the performances. Then at the end of the production, he will donate the portrait to GCT who will have the cast autograph a matt border and have it framed to be put in the theatre's silent auction for next year's annual gala.

Performances will be held at GCT Fridays and Saturdays at 7pm and Sundays at 2pm July 15-3. Limited Reserved Seating Tickets are \$18 plus tax/fees of the Gettysburg Borough Amusement



Local artist, Boyd Hetrick, paints portrait of Ben Franklin.

Tax. Tickets can be ordered online at www.GettysburgCommunityTheatre.org or by calling 717-334-2692 for group sales or visit the box office during box office hours 5-7pm Mondays-Thursdays at GCT.

Opening night will include a complimentary wine reception with the cast and crew after the performance. GCT is at 49 York

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The Taneytown arts scene

Jack Williams
MSM Class of 2017

June marked one year for me writing for this newspaper, and it has been an incredible journey so far. The readers I have heard from, the staff, and all of you producing wonderfully complex works of art has made this job not only artistically fulfilling, but also incredibly enjoyable. I had no idea that we lived in such an artistically-centered community when I moved here. I said last year, from a position where I didn't know better, that you might read my little section of the paper because you're artistically inclined or you're just interested in events happening locally, figuring it was one or the other. I certainly didn't expect it to be a passionate interest for both. Before I talk even more about local art creators, which I have happily done for the past several months, I'd like to remind you of the theatrical productions scheduled for the near future!

Last month I spoke with the Thurmont Thespians once again, after discovering that their upcoming show this month will be their last. They are putting all of their energy into making their last show their very best one, and it will be something I highly recommend attending. There's something special in viewing a theatrical performance put on by extremely passionate performers. Certain plays demand a particular kind of passion to be put on effectively, and the Thespians are showcasing the perfect play for such an event, Footloose. If you're in the mood for a night chock full of entertaining dancing, singing and storytelling, stop by The American Legion building in Thurmont! It will be performed July 21st - 24th and July 28th - 31st. Thursday, Friday and Saturday's shows are at 7:30 p.m. and the Sunday show is at 2 p.m.

If you're looking for another play to hold you over before the Thespians go out strong, The Totem Pole Playhouse is set to show One Slight Hitch, a theatrical comedy about unforeseen complications on a bride's wedding day. I have seen this play in the past, and I promise you'll love it! It makes for a very funny evening. It will be shown July 8th - July 24th, with times ranging from 8 p.m. to 2 p.m. depending on whether it's a weekday or on a weekend. Check their website for ticket details!

This month, I'd like to talk about some recent happenings in Taneytown, especially from an arts perspective. Within the past year or two, Taneytown has had a resurging interest in producing art birthed from personal inspiration and through learned skill. A perfect example came just this past month, with the Taneytown Wine, Music & Art Festi-

val, which took place on June 18.

This is the fifth year for the annual festival, and many talented groups have emerged with a variety of artistic creations. Also present at the festival, besides the copious amounts of interesting art, were live performances by individuals and bands.

I find a lot of joy in discovering budding art movements, and in a place like Taneytown, there is certainly a great amount of inspiration to draw from. Taneytown has not been known for as a hub for art until recently. Before this recent surge of interest by members of the community, Taneytown was mostly known for its historical significance. It could have once been the battleground for a major Civil War battle, which wound up occurring in Gettysburg. George Washington wrote about Taneytown in his correspondences, and it holds many listings in the National Register of Historic Places, especially the Bullfrog Road Bridge, which was built in 1908.

But there is so much more to Taneytown than just its history, as its commitment to art reveals. Vintage Colors, an art gallery, antique shop and interior design store all in one, is a great highlight of this local commitment. Founded in 2013 at 1 Frederick Street in Taneytown by Dave Hammond, you will discover an eclectic mix of fine art, beautiful knick-knacks and inviting home décor.

Dave Hammond and Lauren Wieprecht, both a part of Vintage Colors, have been major contributors to the growing arts movement in Taneytown. In January of this year they founded Taneytown for the Arts, a non-profit group intended to foster love for and creation of the arts. They created this group for the exact reason that the Thurmont Thespians and The Totem Pole Playhouse founded their orga-

nizations: to build a closer community through the appreciation and participation in fine arts, whether that be the performing or visual arts.

And like the Thurmont Thespians, Taneytown for the Arts recognizes the importance of having all ages participate in the creation of art. Dave believes that introducing the young into the arts is key in establishing a strong, close artistic community. At the Taneytown Arts Festival, the group set up a booth for most of the day, to set up their presence for locally created art. And following a day's length out in the community, they welcomed visitors to hear the winners of the Youth Artist Award.

The theme that the Taneytown for the Arts group had this year for the Youth Artist Award was "Building a Community of Hope." And like the art at the Arts Festival, there were a diverse number of mediums utilized to express this idea, including the commonly known pen and ink, and acrylic on canvas. The winner of the People's Choice Award, where members of the community voted on their favorite piece, as well as the winner of the Visual Arts Award was Jasmin Snair. The winner of the Performing Arts Award was Maggie Hall, whose picture can be found on The Emmitsburg Arts Scene webpage. It was a beautiful night of community gathered around for a beautiful purpose.

There is an event coming up with the group which you can participate in as well. The group is having a Paint Night Fundraiser, which is a great way to come out and support your community! Anyone can come, experienced and non-experienced alike, and have fun painting a work of art called Jellyfish Dance. Admission price is \$35, which is an excellent price considering that all



Jasmin Snair and her winning art piece "The Phoenix."

the materials for the fundraiser are covered in your ticket. It will take place on Friday, July 22nd. Further details can be found on the Taneytown for the Arts' Facebook page.

There are big changes on the horizon for Taneytown, and Taneytown for the Arts. Vintage Colors, the birthplace of the group, will be closing its doors this month, its last day being July 10. If you read this in time, please check it out! The people there are so friendly and very talented, and the pieces you find

there might have you take out your wallet! I also suggest visiting The Red Door Boutique, a locally owned home décor and gift shop with a beautiful amount of art worth your visit. They can be found at 16 West Baltimore Street in Taneytown.

There is a lot happening in our community with the arts, and it is something we often take for granted, myself included. Let's be grateful that we have so much to do, so much to see, and so many places to be in this lovely community of ours.

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ONE SLIGHT HITCH
By Lewis Black

Set in 1981, the Coleman family of Cincinnati, Ohio - Mom, Pop, and their three girls - on the day of their oldest daughter's backyard wedding. "Mom" Delia is frantic about flower arrangements, bug bombs & other last minutes details, while "Pop" Doc is doing his best to keep Delia calm & the day running smoothly. The bride-to-be, Courtney is marrying Harper, a conservative, straight-laced, all-American guy. That becomes immediately much more difficult when Courtney's long-time ex-boyfriend shows up at the door unaware of the day's significance and will not go away as the sometimes zany and sometimes heartfelt events unfold.

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SPORTS

Summer spent in the field

Michael Donahue

It is now July and 2016 is simply running by. School has been let out and Emmitsburg's regular season has finally ended. After their last mentioned in the June article, the Red Socks visited the Fairfield Royals; the same Royals that will be mentioned ahead. The Red Socks found their offense and beat the Royals on a 12-5 scoreline. Heading into the final game of the season, the Red Socks were looking forward to grabbing a win for the final game. However, matched-up against the Gettysburg Pirates, the Red Socks took a thrashing. In the end, the Red Socks lost the game by 11 with the final 15-4. Yet, while the season did end on a harsh note, the entire year was a success for the

Socks. They ended the year with a superb record 10-3.

Nethertheless, the Red Socks are not the only team worth taking note of. Towards the end of the regular season, the Fairfield Royals were hosted by Littlestown Lightning. The Royals, one of the youngest teams in the league comprised solely of 11-year-olds, had a rocky yet robust season. As one of the more inexperienced teams, it could be thought they'd struggle. However, the Royals pushed towards 500 the entire season. On the other side of the diamond, the home dugout held the Littlestown Lightning. The Lightning had a tough season. While they had struggled, they were looking to end the year on a high note on their home field. They had the means, would they have the wherewithal?

The first batter-pitcher match-up of the game came when Tyler Emory entered the Royals batter's box and looked to the mound where Drew Sheely stood rubbing the ball in the palm of his hand. However, Sheely's rested shoulder would dominate early in the game. The first at bat did not go in the Royals favor when Sheely threw a three pitch strikeout where Emory only found contact once.

Jackson Seymour took the next at bat. After a long time battling, Seymour was sent to first after four pitches outside of the zone. However, he'd be stranded on second, after stealing the bag, when the next two batters were sent packing. Obviously, the Royals were stumped. Their batting had not met early expectations. However, baseball is not won in a sprint.

In the bottom of the first, Trenton Witte did his best on defense. He forced the first two batters to fly out and struck out the last batter of the inning to have a



quick end to the first.

The top of the second ended in the same quick fashion. However,

er, the offense came alive for the Lightning in the second. Cody Glover kicked off the inning with a strong grounder past the shortstop and into center for a single. Glover stole second and third; he did so standing up. After another strikeout by Witte, Littlestown hit a long RBI single to left center to bring Glover in for the first run of the match.

The top of the third, Glover took over the one spot for the Lightning. After an out, JD Heffernan got on first with an error after grounding to second. The ball was muffed and dropped. Emory got on with a walk and, after Jackson Seymour lined over third, the bases were loaded. However, Glover struck out a batter for the second out and forced the Royals' Trenton Witte to groundout to get out of the jam.

The offense continued for the Lightning in the bottom of the third. The inning began when Shifflet out waited the pitcher to get on first. After Unger was struck out and after Shifflet stole second, Burgoon came to the plate. He hit a hard ball down the third base foul-line. The third baseman scooped the ball and threw it across the diamond to catch the runner for the out. However, Shifflet, who had been stealing third on the hit, rounded third on the throw. Turning to home, he was safe as he slid into the home plate just before the tag. This baserunning continued to improve the Lightning lead.

In the bottom of the fourth, the Lightning would continue to increase their standing. Glover would get on base after the throw from third was just beaten. Glover would go on to steal second and third. Finally, on a wild throw, he stole the final bag. It seemed the Lightning had found rhythm. They weren't to be stopped.

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SPORTS



However, in the bottom of the fifth, the Royals' offense exploded. After a pitcher change for the Lightning, the first three batters were walked to load the bases. After a second pitcher change, the Lightning were able to grab their first out when the ground-er to the pitcher was sent straight back to the catcher to force them out on home.

However, the Royals out waited the pitcher twice again to earn their first two runs of the game. Yet, the Royals were not to be slowed. Connor Joy sent a deep two RBI double to center field to grab the lead for the first time in the game. Michael Flohr followed this double with one of his own when he slammed a line drive two RBI double off the center field wall. The Royal offense that had been threatening the entire game had finally broken through. The players, fans, and coaches were elated. Why wouldn't they be? They had rallied. Now, they needed to hold off the Lightning.

However, the Lightning were stunned in the bottom of the fifth. They went three up and three down and were struck out twice. With one shot in the sixth, the Lightning could not find any contact. The pitching was astonishing for the Royals. They were obviously rapturous after their offensive front. However, the defense was the unsung hero of the matchup. Finally, after two straight outs, the Royals forced the Lightning into a hole. After a seven pitch strikeout, the Royals completed the comeback.

It was an amazing game to watch from the stands. To watch a young up and coming team like the Royals come back from a deficit. It was especially interesting watching the offensive prowess in the fifth. With their backs against the wall, Fairfield did not just have the calm nerve to come back; they came back by out waiting the pitcher with patience. It was a very mature inning followed by stellar defense.

During one of the last matches of the regular season, the Fairfield Orioles took on the struggling Gettysburg Dodgers. In the top of the first, Cody Valentine headed to the mound. In fine

fashion, Valentine dominated the inning, single handed. He sent Cody Furman, Jonathan Darnell, and Zac Green back to the dug-out. He finished the inning in less than 12 pitches and set the momentum for the O's for the rest of the matchup.

The domination did not stop in the top either. In the bottom of the first, the Orioles began to show how they were one of the best offensive teams in the league. Bradyn Redding was the first on the mound for the Dodgers. However, his very first pitch was sent back into the infield between third and SS. Valentine showed his offensive power in the first, as well. He hit an RBI single as the second man up. This was the first break in the flood gates that would soon tumble open. Now on first, Valentine proceed-

ed to steal both second and third in an ease. A few hitters later, he was also sent home.

Redding did have a few strikeouts of his own. To end the first, he found some rhythm and stole the last two outs of the inning in seven pitches.

Yet, the Dodgers had a similar sluggish inning. Their offense was still struggling while the O's defense was dominant. However, Redding was amazing in the second, as well. He sent each Oriole packing with strikeout after strikeout.

However, the offensive tempo picked back up in the bottom of the third. The inning began with a lead-off home run over the center field wall. The first pitch was a line drive straight over the wall. Valentine followed the lead off with one of his own, racking up

back-to-back home runs. Just a few hitters later, Andrew "Milkshake" Gastley hit an RBI single to bring in the third run of the inning. Josh Hazlett followed "Milkshake" Gastley by bringing him home.

The offense continued in the fourth when the floodgates stormed open. After a single and a walk, Jake Myers hit his second home run of the day, driving home two runners and increasing the Orioles lead. Valentine, who continued to have an amazing day, was walked, Will Myers hit a double and Griffin Tabler was hit with a pitch. Now, with the bases loaded, Andrew Gastley hit a walkoff two RBI to end the game with the mercy rule.

The Orioles finished the season in amazing fashion. They demonstrated why they were one of the

best teams throughout the entire year. They had a stellar showing on defense only allowing a handful of hits. Inside the batter's box, they were an offensive prowess.

This upcoming month, a few tournaments are going on for your local Emmitsburg All-Stars. A tournament is currently taking place in Waynesboro from July 1-3. As well, the Cal Ripken Tournament will be taking place in our backyard on July 9 and July 10. Emmitsburg will be taking on Smithsburg, Severn and UMAC before, hopefully, heading to the championship. This is a huge tournament for the town and myself. This tournament was the first tournament I covered for my first article for the Emmitsburg News-Journal in July 2014. It was phenomenal time; I believe I've grown a ton as a journalist.

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COMPLEMENTARY CORNER

Summertime is heart time!

Renee Lehman

I hope that you have been enjoying the warmer weather of summer. Summer is nature's season for growth and maturation. Have you been enjoying watching your flower garden become multi-colored with the many blooms? Spring lambs are becoming sheep and cherry blossoms have become cherries. Everything in nature is maturing. It is a time of longer daylight hours and warmth. Of the many gifts of summer, joy, love, and ease can readily be felt and seen.

In the Traditional Chinese Medicine's (TCM) Five-Element framework, summer is associated with the natural element of Fire. Fire gives us light, hope, and warmth. The Heart is also associated with the element of Fire. In TCM the heart is the "Supreme Controller" of all your other organs. In China 3000 years ago, there was an Emperor who governed his kingdom. The Heart is your Emperor/Empress who controls and coordinates all of the Officials within the body (your other organs) and at the

same time relies on them for guidance in "running the kingdom."

On a physical level, the Heart is responsible for circulating blood to all parts of the body so that we feel nourished and strong. On an emotional and mental level, the Heart is responsible for clear thinking, insight, cognition, perception, consciousness, and self-awareness that gives life meaning. On a spirit level, the Heart is responsible for your capacity to feel compassion and demonstrate warmth, joy, and love. The Heart houses your Shen or Spirit, which allows us to connect to the unconditional love of the Universe.

When the Heart is in balance on a body/mind/spirit level, one can fall asleep easily and stay asleep, complexion is clear and radiant, and there is a sparkle in one's eyes. One also has the ability to maintain a sense of inner peace enabling you to have appropriate behavior in any situation, and one will experience a sense of calmness, serenity, feel compassion and demonstrate warmth, love, and joy. When we feel joy in our Heart we too can

give warmth and love to whatever or whomever. When we empty/open our Heart, then we become more childlike and love with a goodness that knows no judgments or boundaries.

The emotion of the Fire Element and of the Heart is joy! The Chinese name for joy is Le. Music has a way of pleasing the heart of us all. The character Le is drawn as a drum over a wooden music stand that has beautiful bells on each side. It represents joyful music. The drum is a ceremonial drum that is used in various sacred rites and ceremonies. The sound of these large drums were used to invite all the ancestors to come and join in the ceremony. Everyone was influenced by their ancestors' greatness and wisdom. It is this joy or Le that allows the Heart to connect to spirit (from Characters of Wisdom, by Debra Kaatz, The Petite Bergerie Press). When this connection is lacking, then there is said to be great disharmony of the Heart. The Heart then becomes full of useless desires. When we are in harmony with all things around us (thus understanding our connection to all things), our Heart becomes full of joy. The Heart is healthiest when it is peaceful, full of unconditional love and joy!

So how can you keep your Heart healthy, peaceful, and full of love and joy?

Feed the Fire within you. This is the season to consider: In what areas am I maturing? Ask yourself, "Is my partnership with a significant other evolving?" "Are my friendships deepening?" "Am I growing?" Listen for the answers within you and give yourself time and space to grow.

Also, ask yourself: "When was the last time that I had a good belly laugh?" "When was the last time that I made others laugh?" "Am I good at lighting up the room?"

Create Special Times. Plan a trip with family, children, and friends who enjoy being outdoors. For example, hiking in the wild, camping, playing at the river, or resting at the ocean can help to rekindle your connection with nature and the Universe. This will en-



rich your whole life.

Take Time to Relax. Lie in a hammock, sit on a swing, or just sit outside on a nice evening. Slow down. When you go out for the day, leave your cell phone at home. Don't wear a watch for a day. You could even try a week off from TV. Observe how life shows up without the constant stimulus of our electronic devices.

Participate in a Spiritual Practice. There are many Taoist, Buddhist, and Hindu practices that are time-honored ways to open the Heart. These practices include special energy exercises like Qigong (pronounced chee gung), meditation, and yoga. These practices are not focused on connecting to the physical heart, but to its limitless spirit. Western religions practice this way as well. Christian religions use prayer to connect with God. Through the act of praying, individuals have the chance to drop their mind. Real prayer has to come from the Heart (from Digesting the Universe, by Nan Lu, OMD, with Ellen Schaplowky. Tao of Healing Publishing).

In TCM, there are traditional Qigong exercises that benefit the Heart. One traditional Qigong exercise is "Smiling from the Heart." By smiling directly from the Heart—not a fake smile but a true one—you can make Qi (pronounced chee) and blood flow throughout your entire body, having a profound physical and spiritual effect. Once you master smiling at yourself

in this way in front of the mirror, try smiling from the Heart at others.

Participate in the TCM World Foundation's 7-Day Taoist Qigong Journey to Heart Harmony from July 17-24. The concept of this week long program is to look inside yourself, to nurture yourself, and create a more peaceful mind. The goal is to allow the Heart to experience harmony. With specific qigong practice and farm to table foods, participants will honor the body with the overall purpose of creating a harmonious energy field for the heart to flourish. Anyone, anywhere, can participate in this program because it is virtual! (Save the dates as more information and registration will be available soon. Registration will close on July 15. Check www.tcmworld.org/calendar/ for more information.)

So, here's to the joy and ease that summer brings! Here's to our Hearts being playful in the fullness of love. Encourage the Hearts of others with this warmth, joy, and love. There are endless possibilities when we realize that we are connected to everything in the Universe, and move into the world demonstrating unconditional love.

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



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FITNESS AND HEALTH

Keep moving

Seasonal veggies can help you lose weight

Linda Stultz
Fitness Trainer

Have you been thinking about eating healthier? This is a great time of the year to start. Vegetables are coming into season and much more will follow in the next few months. Spring and summer are the best times to start preparing healthier meals or improve the menus you use now because fresh vegetables are low calorie, high nutrient, readily available and best of all, great tasting foods that will help with the healthy eating style you are looking for.

Many people think they don't like squash or eggplant or many

greens but there are some great recipes out there that contain vegetables that are beneficial for you and you don't even know they are in there because when mixed with other things you can't taste them. This is a great way to get kids and even adults to eat their veggies without them knowing or complaining about them. I know it may be hiding things from them but it also may be the only way to get them to eat the healthy foods they need and just maybe once they find out what they have been eating and realize that they liked it, they may start eating some of the foods they thought they didn't like.

Check out some of the recipes on the internet or talk with others about the foods your family won't eat and you may be surprised how many ideas people have come up with. There are several cookbooks on the market with recipes that taste great and will surprise you with what is in them. Usually people like fruit and it is easier to get your family to eat fruit than it is to get them to eat vegetables. Fruit is a nutritious food but it is also high in sugar content.

Recently my family decided to do an eating program that eliminated all sugar for two weeks. We thought it may be hard but found that while we missed sugar in some things like iced tea it wasn't as hard as we imagined. Since we were eliminating sugar we also ate very little fruit. We were very happy with the weight loss each of us had and found that some of the



foods we were eating on a regular basis, that had a lot of sugar just didn't taste as good as we remembered them.

We found that soda, ice cream and doughnuts were much sweeter tasting when we tried them after the two week program. Cleansing our pallet of sugar showed us that when we ate the foods again they were just too sweet and we felt much better after losing the weight and not eating the sugar.

I hope this article with inspire you to check out the veggie aisle the next time you go to the grocery store or to stop by the local roadside stand and stock up on the fresh vegetables now available. Eating vegetables are an important part of a healthy diet any time of the year and an important part of a plan to lose weight. Fresh vegetables are the best for low calories but when they are not available

or not convenient for you, frozen are also packed with nutrients and can be stored longer than fresh.

Take a few minutes and get your family involved in planning the next grocery list, this will make them feel a part of the planning process and hopefully they will be excited about the kinds of foods you get and want to try new foods or eat more of the fresh foods and less of the processed snacks they usually eat. Involving kids in meal planning teaches them healthy habits and makes them feel important and may just get them interested in planting a garden, cooking and even coming up with some recipes of their own.

Meals are part of a healthy eating plan along with exercise so Keep Moving and call me at 717-334-6009 if you have any questions or have any ideas that I can share in future articles.

Visiting Angels

Greetings from Visiting Angels! In the months to come, I have been asked to share helpful information for our growing population of seniors and their loved ones. But first, a brief introduction...

Visiting Angels is nationally known and locally owned through franchise offices. Our specific franchise is owned by Richard Ruda and his wife Julie. We are the franchise that covers Adams, Cumberland, and Franklin counties in PA and parts of Carroll and Frederick counties in MD. Emmitsburg and Taneytown are included within our covered areas.

We are a licensed, non-medical, home health agency. We have offices in Gettysburg, Chambersburg, and Carlisle. Our speciality is 24 hour care, but we can accommodate many other requests.

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ASTRONOMY

The night sky of July

Professor Wayne Wooten

For July 2016, the Moon will be new on July 4th. The waxing crescent moon will pass just south of Jupiter on the evening of July 9th. It will be first quarter, half lit and overhead at sunset on July 12th. The waxing gibbous moon will pass 8 degrees north of Mars on July 14th, and 3.4 degrees north of Saturn on July 16th. The Full Moon, the Hay or Thunder Moon, is on July 19th. The last quarter moon rises about midnight on July 8th. The moon is new on July 26th. On July 29th, the waning crescent moon will occult (cover) the bright star Aldebaran, the eye of Taurus the Bull, starting about 4:40 AM CDT for Pensacola residents. Watch this event with binoculars or a small telescope, and look for the star to reappear along the moon's dark upper limb about 5:36 AM, in twilight.

Mercury and Venus are both still too close to the sun to see well this month. Look for both to join Jupiter low in the SW twilight in early August. The Earth passed Mars late in May, and so Mars is now getting smaller and fainter in our telescopes daily, but it still is bright orange-red in Libra in SE twilight skies. But it has now stopped retrograding, and draws closer to the claws of Scorpius by July's end. Jupiter is still well up in the west at sunset in the SE corner of Leo, but will be getting lost in the Sun's glare by August, so enjoy its moons, belts and zones, and Great Red Spot while you can. Saturn is also well placed for evening observing in July, just above Antares, the red heart of Scorpius in the SE. It is tilted 26 degrees toward us and the Sun, and the rings and moons are the most beautiful sight in the telescopic sky.

Overhead, the Big Dipper rides high at sunset, but falls lower in NW each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion is in the SW. Note the Egyptian Sphinx is based on the shape of this Lion in the sky.

Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Cooler than our yellow Sun, and much poorer in heavy elements, some believe its strange motion reveals it to be an invading star from another smaller galaxy, now colliding with the Milky Way in Sagittarius in the summer sky. Moving almost perpendicular to the plane of our Milky Way, Arcturus was the first star in the sky where its proper motion across the historic sky was noted, by Edmund Halley.

Spike south to Spica, the hot blue star in Virgo, then curve to Corvus the Crow, a four-sided grouping. Saturn lies in Virgo's eastern feet this July. North of Corvus, in the arms of Virgo, is where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years distant.

To the east, Hercules is well up, with the nice globular cluster M-13 marked on your sky map and visible in binocs. The brightest star of the northern hemisphere, Vega (from Carl Sagan's novel and movie, "Contact"), rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. At the oppo-



M20 - The Trifid Nebula is located in Sagittarius. Its name means "divided into three lobes." It is a combination of an open cluster of stars — an emission nebula, a reflection nebula and a dark nebula.

site end of the parallelogram of Lyra is M-57, the Ring Nebula.

Northeast of Lyra is Cygnus, the Swan, flying down the Milky Way. Its bright star Deneb, at the top of the "northern cross" is one of the luminaries of the Galaxy, about 50,000 times more luminous than our Sun and around 3,000 light years distant. Under dark skies, note the "Great Rift", a dark nebula in front of our solar system as we revolve around the core of the Milky Way in the Galactic Year of 250 million of our own years.

To the east, Altair is the third bright star of the summer triangle. It lies in Aquila the Eagle, and is much closer than Deneb; it lies within about 13 light years of our Sun. Use your binocs to pick up many clusters in this rich region of our own Cygnus spiral arm rising now in the east.

To the south, Antares is well up at

sunset in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Latins) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Scorpius is the brightest constellation in the sky, with 13 stars brighter than the pole star Polaris! Note the fine naked eye clusters M-6 and M-7, just to the left of the Scorpion's tail.

Just a little east of the Scorpion's tail is the teapot shape of Sagittarius, which lies toward the center of the Milky Way. From a dark sky site, you can pick out the fine stellar nursery, M-8, the Lagoon Nebula, like a cloud of steam coming out of the teapot's spout. This beautiful new photo of it and M-20, the Trifid Nebula north of it, were taken with a new short focus wide field refractor scope.

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Mid-Atlantic Weather Watch: Remnants of tropical storm, heavy rain (1, 2) with storms, cooler (3, 4, 5). Hot, humid (6, 7, 8, 9, 10, 11) with more storms in the southern part of the region (12, 13, 14). Hot and humid again (15, 16, 17, 18, 19). Remnants of tropical storm, heavy rain, severe storms (20, 21, 22) turning hot and humid (23, 24, 25, 26). Scattered showers (27, 28) ending the month hot and humid again (29, 30, 31).

Full Moon: July's Full Moon occurs on Tuesday, July 19th. It has most often been referred to by many Native American tribes as Thunder Moon because of the large number of thunderstorms, some quite severe, that would hit many regions during this month. However, oth-

er tribes in other regions of The United States, called it Buck Moon due the rapid growth of antlers on young bucks during the month, Ripe Corn Moon because of the appearance of young corn on the stalks, or Hay Moon since hay tended to ripen as well.

Special Notes: Get ready for the Dog Days of Summer which start on Sunday, July 3rd continuing into August.

Holidays: This year's Fourth of July celebration falls on Monday, July 4th! On this most famous day in United States History, in 1776, the Continental Congress passed a resolution saying, "these United Colonies are, and of right, ought to be, free and independent states".

Hopefully, you have already 'tried out' the old grill this season well-before the big cookout day. Nobody wants any surprises so it was wise to have already

checked out the major components and made sure that they are functioning properly and replaced anything that looked questionable. And you remembered to fill up the propane tank or picked up plenty of charcoal and charcoal lighter fluid. Time now to enjoy!

The Garden: During the coming dry weather, continue to keep the gardens and lawn adequately watered. Remember, a deep, thorough soaking once a week is more beneficial than a daily light sprinkling. Allow roses to rest in July and August. Do not fertilize, but continue spraying, and give them a light pruning in July to encourage new fall growth. Repot houseplants that have been kept outdoors if roots start to crowd their containers. If you have to divide plants, give them a chance to recover from the disruption to their root system by keeping them in the shade for at least a week. Always remember that when working outside in hot sun for any prolonged period of time, be sure to take salt tablets, drink plenty of water, and take frequent breaks in the shade.

COMPUTER Q&A

The truth about Windows 10

Ayse Stenabaugh

Recently one of our clients shared a post on Facebook that provided a lot of information about what information Windows 10 shares about its users. We were disappointed to find that while some of this information is Microsoft shares is true the article / post contained misleading and false information. We always do our best to provide the best advice to our clients and we spend countless hours both using and troubleshooting Windows 10 PC's which helps us to provide advice and information based on our own experiences.

Claim - Data syncing is by default enabled. (Sends your entire hard drives contents to Microsoft): Truth - If and only if you setup a Microsoft Account (you don't need a Microsoft Account you can setup a local account if you wish choose the option that says don't use a Microsoft Account) None of your hard drives content is automatically synced. Windows 10 does come with OneDrive which will provide cloud storage but contents must be saved into that directly for it to be synced or uploaded to the cloud.

Claim - Collects and sends your Browsing history and open websites. Truth - This information is only sent to Microsoft if you are using the Microsoft Edge web browser which we strongly do not recommend. With other great free browser's like Mozilla's Firefox and Google Chrome we simply haven't needed Microsoft for web browsing for a very long time. If you insist on using Edge you can still disable this feature from edge by going to > Settings > View advanced Settings, and then, under Privacy and services, turn the Have Cortana assist me in Microsoft Edge setting off. If you have already turned off Cortana, then you don't need to turn this setting off because it will already be disabled!

Claim - Sends all your Apps settings. Truth - Again those with a Microsoft Account setup will be able to sync their settings to their Microsoft Account which creates a seamless experience for this logging into their account on multiple PC's. If you access Settings > Privacy you will see a slew of settings that you can disable completely or you can disable individual app access including your microphone and webcam.

Claim - WiFi Sense collects and sends WiFi & hotspot names and passwords. These are then shared to every Windows 10 computer that comes within range! (and also shares them on your Facebook Timeline). Truth - Microsoft does not share your Wi-Fi data with just any computer that comes in range and does not without your permission share with contacts which can include Face-

book friends. Microsoft has never and will never share your Wi-Fi password information publicly on Facebook that's just a lawsuit waiting to happen. When you first connect to your wireless network you will be asked if you want to share Wi-Fi information and each time you connect to a new network it provides the same prompt. You can disable the Wi-Fi sense feature all together by going to Settings > Network & Internet > Manage Wi-Fi Settings then under; For networks I select, share them with my, uncheck any contacts you don't want to share your network information with.

Claim - Your device is by default tagged with a unique advertising ID which is used to serve you with personalised advertisements by third-party advertisers and ad networks. Truth - Yes, this is true because of Windows 10 use

of apps and advertising across them a unique advertising ID is created for your device and can easily be disabled by going to Settings > Privacy > General then disable the unique advertising ID option. Having this turned on does NOT mean that you are going to get unexpected pop-ups or advertising in Windows this affects only apps that use advertising and websites that you visit through the web browser.

Claim - Cortana (Personal Assistant) can - and will - collect any or all of your camera recordings, your keystrokes, searches and microphone input, Calendar data. (Appointments, etc). Truth - One of the first things we do on all Windows 10 machines is disable Cortana because it's not really useful for basic users. While Microsoft does use Cortana to capture entered information the data is either being stored in the cloud for your access

later or being used similar to the ways that Google or Siri store and track your information. To disable Cortana simply click in your search box which will then ask you if you would like to use Cortana. Turn Cortana off and it will ask you if you're sure. Confirm your choice and Cortana is disabled. You may still see Cortana in the running apps list because Cortana is built into Windows 10 however once turned off Cortana will not collect

or store your information. If you want to turn Cortana off later on you can also disable it by going to Settings > Privacy > Speech, Inking & Typing and then click on "stop getting to know me"

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UPCOMING EVENTS

Saturdays and Sundays

Reid's Orchard and Winery's Music in the Valley. All concerts are free and open to the public. Lots of outdoor seating is available, and catered meals will be provided for an additional charge. Reid's Orchard and Winery, 2135 Buchanan Valley Road, Orrtanna, 17353. For more information call 717-677-7047 or visit www.reidsorchardwinery.com

July 1

The Adams County Arts Council will be showing the art work of the 2015 GNMP artists in residence. The ACAC will be having an opening reception Friday, July 1, 5- 7:30 to show the art work created by four artists based on their experience in the park at Gettysburg. The artists each work in their own style.

July 1 - 3

153rd Gettysburg Anniversary Civil War Battle Reenactment. Enjoy the annual reenactment of the Battle of Gettysburg featuring battle reenactments including Pickett's Charge, living history, period music, sutlers, encampments and more. 965 Pumping Station Road, Gettysburg. 717-338-1525 All reenactment activities are held at a reenactment site outside of the Gettysburg National Military Park. Be sure to visit the Gettysburg Anniversary Committee's website for event schedules, updates and tickets as they become available.

July 4

Carroll Valley Borough 4th of July. Come celebrate in an afternoon of fun with friends and family at the Carroll Commons. The Event Committee has planned a full day of fun, food and entertainment. Several tournaments are scheduled including the 10th Annual

Horseshoe Tournament, 1st Annual Cornhole Tournament and the very popular 6th Annual 3v3 Basketball Tournament. The Basketball Championship Game will be played at 8:30 p.m. under the lights! DJ Donnie will be on-hand starting at 2:00pm to play your favorites, incite a little twisting, shouting and maybe some line dancing. Back by popular demand: the 2nd Annual Lip Sync Competition. No fee, No age limit; just fantastic, family fun. The evening entertainment will feature an Open Mic as well. The early evening entertainer is new to the event, Ray Owen, a National Recording Artist, Award-winning Singer/Songwriter and Entertainer will present "Hats off to America," an award-winning show for kids of all ages. Join the fun at 6 p.m. More information including registration information is available on the website www.cvju-ly4th.com.

July 4 - 9

Annual Walkersville Fireman's Carnival

July 11-16

Annual Thurmont Fireman's Carnival - sponsored by the Guardian Hose Company

July 13

Adams County Master Gardener's Garden Chats - Stop by the Trial Gardens at the Agricultural and Natural Resource Building at 670 Old Harrisburg Road, Gettysburg and tour the gardens! Meet a Master Gardener and learn about the demonstrations and research projects that Penn State Master Gardeners are working on and go home with new ideas to implement in your garden. For more information call Mary Ann Ryan at 717-334-6271, ext. 319.

July 16

The 16th Annual Adams County Irish Festival. The festival offers family fun for all with Irish music all day, dancers, food, beverages, Irish gifts, a living history encampment & more! Gates open at 10 a.m. Free parking! Bring lawn chairs or blankets. Sorry, no coolers or pets. The Festival is presented by the Adams County Ancient Order of Hibernians. Benefits the Hibernian Hunger Project to assist local hunger-relief organizations. \$10/person, Age 12 & under - free. For more information visit www.adamscountyirishfestival.org.


Blue Ridge Summit Free Library's 40th Annual Ice Cream Social - Come celebrate with us at the Blue Ridge Summit Free Library's 40th annual Ice Cream Social and Book Sale! This event runs from 9 a.m. until 2 p.m. and is preceded by the 3rd annual Whistle 5K Run/Walk at 8 a.m. Come enter as an individual or enter a team in this year's Whistle 5K. Each participant gets a goody bag and participation award. Prizes are awarded for best times in different categories. Then stay around for all the fun at the Ice Cream Social. There are thousands of gently used books for sale, fire truck rides, entertainment, two magic shows, book signings by three local authors, artists, hand thrown pottery, plant sale, a great silent auction with themed baskets loaded with a variety of items, living histories, Model-A Fords, kid's activities, crafts and vendors, exhibits by local organizations, great food, and of course plenty of ice cream from Antietam Dairy. The event is held rain or shine and is located at 13676 Monterey Lane, Blue Ridge Summit PA. Information: Library 717-794-2240; Lynn or Duke Martin 717-642-5645 or jacksmtn@embarqmail.com

Mt. Tabor Church of Rocky Ridge Peach Festival at Mt. Tabor Park, home of the Big Slide. New to the park this year is a large play area with new accessories for children. Come enjoy good home-cooked food: Soup, Sandwiches, Iced Tea

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UPCOMING EVENTS

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July 16 & 17

7th Annual Gettysburg National 19th Century Base Ball Festival A family friendly event featuring over 36 different 19th century base ball games with 18 clubs competing over 2 days playing base ball the same way it was played in Adams County in 1863. The participants will be playing with the same style equipment and uniforms of the period and will be playing with the same rules and customs of the day. Fun for the entire family. Clubs will coming from Rhode Island, New York, New Jersey, Delaware, Ohio, Maryland, Indiana and Michigan. For more information one the schedule as well as other events visit gettysburgbaseballfestival.com

July 17

Totem Pole Playhouse Free Sunday Night Concerts under the Stars - featuring the Gettysburg Community Theatre. The community theater company based in Gettysburg, offers a variety of performing and theatrical educational opportunities for all ages. "1776" will be onstage at Gettysburg Community Theatre July 15-31. The Concerts begins at 7:30 p.m. and lasts an hour. Performances are free and held under the tent located on the west lawn of Totem Pole Playhouse in beautiful Caledonia State Park. Free will offerings will be collected to support the arts organization on stage at each concert. In case of rain, concerts will be held inside Totem Pole Playhouse. For more information on the Sunday

Concert Series, visit www.totempoleplayhouse.org or call 717-352-2164.

July 18-23

Christ's Community Church's Community Day Camp - a Camp Joy El Day Camp, grades K-6. \$76 (includes lunch and snacks each day) For more information call 301-447-4224 or visit www.cccemmitsburg.org. Christ's Commu-

nity Church 303 W. Lincoln Ave. Preregistration required

July 24

St. John's Lutheran Church's Concert on the Lawn, featuring "Moosic Land Band", a mix of country, rock and gospel music, free hot dogs and drinks. Bring your lawn chairs. 8619 Blacks Mill Road, Creagerstown. For more information call 301-304-2507.

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MOUNT ST. MARY'S UNIVERSITY

Mount St. Mary's Track Athlete Earns All-American Honors



Mount St. Mary's Kelly Yanucil, C'17, was named an All-American athlete after finishing ninth in the javelin at the NCAA Outdoor Track and Field Championships in Eugene, Oregon in June. She is the first Mountaineer woman to earn that honor, since the Mount moved to NCAA Division I in 1989.

Yanucil broke the Mount's school record, which she held, with a toss of 51.07 meters during the championships. The throw was also her personal best – her previous best was 50.53m (166' 9.75") set at the 2015 Northeast Conference Championships.

"Kelly is a true competitor who performs her best on the biggest stages. I'm always impressed by her ability to show up when it matters most, and I believe it's because of her strong desire to achieve excellence in all walks of life," said Associate Head Track and Field Coach Tim Nickas.

Yanucil was also named to the Northeast Conference spring semester Academic Honor Roll, joining 72 other Mount scholar-athletes.

Her performance will also live on in Mount St. Mary's history, while helping shape the future of the track and field program. "Kelly's performance at the NCAA finals reaches out a lot further than we might expect. For future student-athletes, it's a clear sign of what's possible at Mount St. Mary's. It's real and tangible; you see Kelly and you see what's possible at the Mount, the greatest excellence you can achieve in the NCAA – you can get here at Mount St. Mary's," said Head Coach Jay Phillips.

Michelle Dixon was the last female track All-American at the Mount. She earned that distinction in the 400m hurdles at the 1987 NCAA Division II National Championships. The last Mountaineer All-American in track was Tom FitzSimons, who was Second Team All-America in the decathlon in 2012.

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JOHN NIZIOLEK, C'10, MBA'13
Contract Specialist, USAMRAA

"I've gained more responsibility in my career because of my degrees from the Mount!"



CHRISTINA MAY, C'05, MBA'08
Local Business Owner and Entrepreneur

"My business education, combined with industry experience and entrepreneurial drive, helps me confidently navigate the complex world of a small business owner."



HOLLY BARRETT, C'09
Maryland State Police

"I advanced my law enforcement career by developing the skills and knowledge I needed to obtain a commissioned rank."

During the Summer, there is plenty to do at the Mount!



NATIONAL SHRINE GROTTTO OF OUR LADY OF LOURDES

9:00 a.m.–4:30 p.m. (Gates close at 5 p.m.)



PNC SPORTS COMPLEX

Summer Hours*

Monday–Friday, 6 a.m.–8 p.m.

Saturday, 8 a.m.–5 p.m.

Closed Sundays

* Closed July 2 and 4 for Independence Day.

For more information, pool hours and fitness class schedules, visit www.msmary.edu/recreation

YOUTH SWIM LESSONS

Session III

Mornings Monday–Thursday,

July 11–21

Registration closes July 7

Session IV

Mornings Monday–Thursday,

July 25–August 4

Register by July 14 to get the Early Bird price!

Registration closes Thursday, July 21

For more information, visit www.msmary.edu/aquatics

